12th January 1998

Ernest—what happens when you die:

...it's usually different from what they expect, or who they expect. Cos you all know you're gonna be met by somebody, don't you?

Agreed

But it's not always who you think.

<u>Les:</u> No, it's not always relatives, because of the emotion.

Yes, not only the emotion...it's not always true what ya feel when you're living here. You might think it is, but it's not always. So sometimes it might be a bit of a shock. Well don't worry cos there's people like me standing by to help, specially when we've made some physical contact, while you're still alive...but you know all that I'm being told, somebody's saying don't keep going over old ground.

Chuckles

They'll get bored.

<u>Les:</u> No, no, we shan't. So you might be there to meet one of us?

Well not meet you, but I might be standing by, that's my job you see; helping in the beginning.

<u>Les:</u> So what does happen when we come over to you then?

Depends on what you expect, depends on your last minutes, depends on what you believe and it depends who wants to meet you.

Chuckles

Whether they've got other things to be doing. I don't mean that, I'm just being...

<u>Les</u>: They couldn't have anything better to do than meet us...

Well let me tell you that's not true.

Chuckles

Not that I want to disappoint you or anything...
Les: No, I'm sure they'd have better things to do...
But if they love you, yes, they'll meet you when
the time's right.

<u>Les:</u> So, somebody meets us. And then what do they do with us?

Depends on you, again it depends on you and the conditions in which you come to us. If it's been a long illness, then you'll probably awake in one of our hospitals.

<u>Les:</u> Yes and they're very nice, I've been shown them.

...but of course if that happens, you'll have many loved ones around you, helping to bring you back to full strength and energy, because that's the natural progress of somebody who loves you. But you'll be well protected, if that's the case. But the most traumatic moment, is the moment when you see everything before you.

Les: Yes, when we see our own lives...

Yes, that's the traumatic part of any passing.

And that's why we have people such as myself,
to stand by to offer help, if we're needed...only if
we're needed.

<u>Les:</u> And to help us overcome the shock of what we've done?

To help buffet you and surround you and help you over...probably the shock, because most people are shocked at what they haven't done.

<u>Les:</u> Quite, what they haven't done, more than what they have done!

Yes, it's not what they have done, it's what they haven't done and all their missed opportunities.

Les: Yes that can be a shock.

It's a very big shock I tell you and of course it's very traumatic for many; there're many tears, cos we do have tears; it's not all happiness to begin with. But that soon dispels and you go on, to where you should belong.

<u>Les:</u> And my friends and I know, that we go to a place suitable, that we have earned.

Oh yes, yes, you can only go to what you're entitled to, yes, yes. And I have to tell you, that there's places that you wouldn't want to know about, but I'm not coming here to frighten you. Cos none of you'll be going there, if I can help it. Les: Good, that's comforting to know.

Yes, the lady Dawn doesn't sound too sure?Chuckles

Don't you worry my dear, I'll take your arm, don't you worry.

Dawn: Jolly good.

Yes never mind...

<u>Les:</u> And then we go to whatever place has been prepared for us?

Not straight away, you could meet other people you've known first, before that takes place. There's no set pattern, that's something else I've come to tell you, there's too many stories about this that and the other happening. Remember that you're all individual people and as such, you're dealt with in that way. There are certain factors which must be dealt with, of course, but

it depends what your desire and expectation is, you understand me?

<u>Les:</u> Yes we do understand thank you. Yes it's interesting what you're telling us.

Yeah, you remember that before you pass in most cases, that people are waiting for you.

Les: That's the main thing, isn't it?

Yes, people are waiting there for you, so it's only right, if that is what you're entitled to, that your loved ones meet you, at some stage.

<u>Les:</u> Yes and then after that, it's just like going obviously into a new...phase of existence? **Probably one of your loved ones, will introduce you to your new place, yes.**

<u>Les:</u> Which they no doubt will have got ready for us?

Yes.

<u>Les:</u> According to the materials we have sent them?

It all depends on how you've lived your lives.

<u>Les:</u> That's it...if we don't send them the spiritual material, they can't prepare a place for us. *Of course not.*

Les: And...

I wish more people could understand that, yes.

<u>Les:</u> Only a few evenings ago here, I had somebody investigating our work and he was surprised when I told him, it wasn't all roses milk and honey there.

If you think that, then I'm afraid you're in for a big shock, big shock, big shock. People expect everything to change, when in fact very little changes to begin with. You'll still be you, just without your old body.

<u>Les:</u> That's it, our personality continues, just as it is here.

Yes, yes, same as I've still got mine, you see? Yes. I still use my old name when I come back, don't I? (Ernest)

<u>Les:</u> Yes, you don't need to use that where you are though.

No, but you don't forget it do you? Les: No.

Anyway, that's what I came to tell you. Don't have any set ideas and you'll accept those conditions much more readily.

<u>Les:</u> I am right though I think, in saying that the soul can reproduce the physical body, without any complaints, illnesses and diseases, that sort of thing...but a spiritual replica of the physical body, for recognition?

Yes of course, that's the power of the thought...a land of thought, that's what it is. Not everyone can manage to capture that to begin with. It takes time sometimes, to discard that old body...to realise that you don't need a voice and you don't need physical things.

<u>Les:</u> No, we do a lot of rescue work here, for people who are in that sort of condition.

Oh I see. That's very good work, that's very good work.

<u>Les:</u> We do a great deal of it here. We're pleased to be able to.

Yes, there's lots of it needed I'm told.

<u>Les</u>: There certainly are some poor souls over there, in need of help.

Yes we have those who help those in need on my side of live, of course there is, there's got to be, otherwise we'd be in a poor way, wouldn't we?
Les: We certainly would.

Yes

<u>Les:</u> We're all got to help each other, in whatever way we can.

Yes, of course you must. That's what it's all about.

<u>Les:</u> How do you spend your time mainly Ernest? What do you do?

I've just said, I'm there to help newcomers.

Somebody's telling me you've been told before, that going through the tunnel, that there's recognisable shadows. Sometimes that's part of my duty as well. But mainly I'm at the other end of the tunnel, when you've arrived and the confusion and the traumatic experiences. I'm there to help and guide and protect.

<u>Les</u>: Yes somebody told us that they show themselves as lights in the tunnel.

Yes, but sometimes souls recognise them as outlines of people. It depends on their own spiritual knowledge of course. But yes, it's visible within that tunnel of light. So that's mainly my tasks.

<u>Les:</u> So, everybody has to go through that tunnel, irrespective of the way in which they pass?

Not always...that's the main function of passing. It depends if it's traumatic, sudden passing, then it could be that they just find themselves on the other side.

Les: I'd wondered about that.

Yes, it's not...it depends if it's a sudden death or an expected death. It may just be that they're confronted by someone, who's waiting for them. <u>Les:</u> Then comes the difficulty of persuading them.

Yes, at least if you're travelling through the tunnel of love, then you're being prepared for the transition. But no, that's what I say, you shouldn't expect just one happening, because there's many ways of passing.

<u>Les:</u> Of course, we don't know in what way we are going, when the time comes.

No, so don't be surprised and don't have fixed ideas about what should happen.

<u>Les:</u> Well that gives us a lot to think about and adds to our knowledge considerably Ernest. **Good.**

<u>Les:</u> So if you hear us shouting for you, you'll know who it is.

Well don't all be shouting at once, will you?

Les: Oh, I don't suppose we'll all go at once.

I hope not...I don't mind keeping busy, but that's ridiculous.

Chuckles

Anyway, I'll wish you all good luck in your lives and I hope that you all carry on to the very best of your abilities, because that's all you can do. You can't do more, just try your very best.

Les: Just as you did tonight in coming through.

Yes, with a lot of difficulty.

<u>Les:</u> But you surmounted them and you're glad you did I hope.

I'm pleased to have spoken to you all, yes, yes.

<u>Les:</u> It's been very nice to have you Ernest and we do thank you a lot.

Just take care of you. Thank you for allowing me here.

<u>Les:</u> Our pleasure to have you and our love goes with you Ernest.