

~8TH February 1999~

Good evening. *(General welcomes)*

This time, I will not speak many words, but will work with this one. But I wish to say to you this time, especially to you, my dear friend: There have been many around you, since last we met.

Les: Yes, I have been quite aware of them on a number of occasions, and I appreciate them being here.

Not only do they come close to you, but you have come to us many times.

Les: Good, that's very nice to know, because I have been hoping that that has been happening **You know and understand that this is so.**

Les: Yes, I have been following what you asked some time ago. It is as I say, very pleasing to know that it is happening.

I will leave it with you this time. What I wish you all to know is next time we come together I will bring to you someone who will discuss more fully with you about colours and light. *(Good.)*

This I promised to you some time ago, *(Yes you did.)* **and we do feel that now the time is right.**

So be prepared next time, for someone of knowledge about, light, colour and vibrations.

Les: Good, because we know that that does have a very important impact on living here. None of us fully understand the benefits which we can get from it. I have been personally trying to absorb the gold and white during the silence that I've been having and I feel that it has been very, very beneficial to me.

Yes, well I know that your understanding will be greater when the explanation comes to you.

Les: Good, we'll look forward to that.

It was necessary that your understanding was more fully developed before we could bring this to you.

Les: Yes, we can accept that, because much as we wish to learn and much as we have learned, at times, they are still only words, **(Yes.)** which do not have the spiritual impact, from which we could benefit.

That is why there have been many repetitions of the same advice, because in the repetition, there comes knowledge or understanding.

Les: Yes, you're quite right.

But now I will say this to you, there is someone to speak with you through this other lady. I ask only that whilst I remain working with this

instrument that there be no sudden outbursts of noise, please.

Les: Quite, yes we'll keep it all at one level.

Know always I am with you.

Les: Yes, thank you. *(Les becomes emotional/tearful at this point)* And I would like to thank those you are with my son, **(Yes.)** and his wife; I know they come in with them—they are on holiday locally at the moment, and I can't explain the feeling of the group which comes with them.

Yes, I know there is no need for explanations.

Accept what is — accept what is.

Les: Oh yes, I shall—I do. It's a wonderful experience being aware of them coming in with my children.

This is your spiritual awareness reaching new heights. With it, with the spiritual awareness comes the human frailty of emotion — but accept what comes to you.

Les: I do and I am extremely grateful for it.

We know and that is why your consciousness has raised so much in the past few of your years. Know and accept what comes and what is to come.

Les: Yes, I accept it very, very gratefully.

It is hard for you humans to know and understand that spiritual light which is around and about you at all times. In the darkest of your moments, there is light. In the joyous moments, there is light, and I hope, next time, to bring to you a little more of the understanding, which will help you to understand the words you have uttered to me now.

Les: Yes, thank you very much indeed. God Bless you.

There then followed on through Sue, giving information about tapestries in the spirit realm:
Good evening *(General welcomes)*

It is a great honour that I come and sit with you.

I hope you will be happy with what I say to you.

Les: I'm sure we shall be.

Please forgive me if I am a little hesitant to begin with, because it has been some considerable time since I have worked in this way.

Les: Is that so? We are very happy that you should have decided to do it for our benefit again.

I think we are becoming compatible this time now, the lady and myself. Yes, I feel that we are

bonded—this one and myself. Have you ever been told about the life tapestry? Has anyone ever been here and told you about the workings of myself and my ladies?

Les: No I don't recall it. We have had people in the past telling us that they were making tapestries, but they were doing so as a communal effort, in order for them to be displayed elsewhere. But we have never had any in depth teaching on what you do.

I have not come to teach this time, but if you and your friends are interested I can tell you a little of what we do, but it is not teaching in the manner which you know. Let me begin by saying that since Creation there has been what you would call a scroll depicting everything that happens in all the different spheres of life. You understand what I say to you.

Les: Yes, are you speaking about just this planet at the moment?

For myself, yes, but I am sure you are aware that whatever myself and my ladies do, is mirrored in different parts of the cosmos.

Les: I'm sure it would be.

Since Creation, every aspect of Creation if you will—let me say that it is not quite the right word but it will suffice. Every aspect of Creation has been noted and there has been someone to write down everything — I believe you are aware of that — you know of the books of knowledge, you have heard of this before?

Les: Yes we have.

There is also the life in picture form, can you understand this?

Les: Yes — one picture can be much more evidential than many hundreds of words.

You are quite correct in that. I can only say to you that there are many, many people involved in the tapestry life. It is their chosen work, you understand? (Yes.) Some people will work on it for many, many of your years, others for a short period of time, as a learning process. They may work on part of life that they have been unaware of up until now, do you follow? (Yes —) Therefore they are learning about times past that they have had no knowledge of.

Les: Yes, I understand.

Some work in groups, others alone — it is difficult to explain to you, because your knowledge is not quite sufficient to understand how they put the life onto what you would call a canvass.

Les: Yes, am I right in thinking that although you call it 'writing,' it is not physical writing as we understand it. They are transposing words from thoughts of themselves and thoughts they are receiving and those are being transposed unto the tapestry, without the need for physical writing.

You are partly correct, but I must say to you that the word 'writing' is not correct. The writing is done in the mighty tomes of knowledge — the tapestry is as you would know a tapestry on this Earth, it is picture form, not words.

Les: Yes quite, but it is formed by thought.

Indeed, yes I am sorry, it is formed by thought, you are quite correct.

Les: And your various ladies have responsibility for the correct thoughts being positioned onto the tapestry.

That is so. We can go back to the start of civilisation as you know it and it is all there for anyone to see. And it changes — I cannot explain fully, but imagine we are working on a period where there have been great wars, you understand?

Les: Yes, we understand.

The start of the tapestry for this time may be done in darker shades of colour — by that I do not mean 'dark' colours you must understand, I am talking about a darker shade of a bright colour. But as the person who is working on that particular 'scene' — I use the word to make things easier for you — as their knowledge of that time becomes greater and their awareness and their understanding—then the colours that they are working on brighten and lift, as does the knowledge of the person working on that piece. It is a continual round of understanding and knowledge which brings happiness. We have people who work on the tapestry who come from a darker plane, you understand — they have come into the light and they work on the tapestry; possibly they are working on a time that they were physically involved in on this Earth. And we all know that if it was a dark and terrible time or they were doing dark deeds, then they have to go through a process of reconciliation — you know of this I am sure.

Les: Yes we do.

They would start to work upon this tapestry and the colours would be darker.

Les: Because the whole period was darker and all the thoughts were darker.

Although of course after having come into the light, their thoughts would be lighter and less traumatic, but still they would work in darker colours. And then as their understanding and their understanding of forgiveness goes into the mind, then they see as they are working, the brighter colours shining forth, and like an aura surrounding them. Can you begin to imagine a little of what I'm saying?

Les: Yes I think we can all imagine a little of what the work is, that is being done. Now we come to a question. What happens to the tapestries when they are completed? There is never completion I know, but each portion of the tapestry is devoted to a certain aspect of living here. So what happens to the finished article?

It is never finished as you mean — finished and perhaps hung for those people to look at. Past and present and future I know you know are like—intermingled. Therefore there is always a changing pattern. But I understand your meaning when you say finished. It is taken into the halls of higher knowledge and people, who wish to continue with their spiritual education, go there and watch as the tapestry changes before their eyes.

Les: I see. And who is responsible for those changes occurring, your ladies?

My ladies are also those who go to look. As greater knowledge comes to them, they see the changes occurring. Some people may go to the tapestries to a certain time that they wish to have more knowledge of and nothing alters. Nothing changes, they can be withered, they can sit and meditate and look at the beautiful workings and the picture stays the same. They can move on to another time and as they arrive and look at this tapestry, there will be an alteration, because they have understood what they were looking at. It is a complex and complicated thing to try to tell you, but believe me when I say it is a most wonderful form of education.

Les: I'm sure it must be. And are the tapestries available for anybody who wishes to see them? **Nothing is hidden to anyone who wishes to see; and by that I do not mean 'look,' I mean wishes to 'see.'** There is a difference, do you understand?

Les: Yes, quite! Yes I do.

Looking and seeing are two very different aspects.

Les: Yes, looking is merely a superficial acknowledgement of what is there.

You can look at a painting in a gallery and you can appreciate it. But you can see a painting in a gallery and you can see and you can feel the presence and the soul of the artist, would you not agree with me?

Les: Yes you are quite right, I would agree completely. Right, I'm going to ask my colleagues if any of them would like to ask a question on this? (Pause) No?

I cannot believe that I have been so succinct that everyone understands what I have said.

(Chuckles) **Goodness me I am quite proud of myself. I apologise for the humour, but I cannot expect you to understand fully the workings of the tapestry makers. It is something that cannot be fully explained in physical terms.**

Les: No, we do understand that.

I will perhaps confuse you a little further, by saying that those that 'see' the tapestry can 'enter' the tapestry. Can you understand a little of what I am saying here?

Les: Yes it is a process of their wishful thinking, to become incorporated into the thoughts which have already been incorporated into the tapestry. **Indeed, they can become part of that particular time, especially if they wish to understand something that escaped their knowledge at a previous time. They can learn from it by seeing what has always been there. We all know that we miss things, do we not? There is a saying I believe on your plane: 'It is as plain as the nose on your face,' am I not right?**

Les: Yes, you're quite right.

But it is not always easy to see what is in front of you.

Les: No, because we are trying to see with a physical brain, whereas those who are fortunately enough to be there to see the tapestry are approaching it with a spiritual mind. **Yes they are, but of course there are some that still have a small part of the physical mind and until they can see, see what is in front of them, they cannot lose that last vestige of the physical life, you understand?**

Les: Yes, we understand that.

I am sure you — I know you have worked in 'rescue' and you have spent many, many hundreds of hours explaining this to poor souls, have you not?

Les: Yes we have indeed.

So you will understand, if there is a tiny part of the physical mind that needs to be gently pushed away.

Les: Yes, that leads me to another question I was going to ask. If they go into a *time* in the tapestry, which was very traumatic for them — say a great war — would they not feel those conditions again, by being involved in the tapestry?

If it was their desire to feel it, if it was necessary for them as a learning process — but it is not traumatic for them in that respect, it is — how would you call it? There is a word, 'déjà vu,' yes? It is opposite to déjà vu.

Les: They would be sheltered from the trauma whilst they were learning?

Indeed. My ladies are there to shelter and protect. I have many, many ladies from many orders, who spend all of their time in this work. I cannot tell you what rewarding feelings we have when we do this. And let me say the tapestry is always moving and changing for those that can see it. It is something that ***I hope in time you will be able to appreciate yourselves. I will be honoured to welcome you all and explain fully the workings of the life tapestry. But jokingly I say to you, I don't wish to see any of you for some time.***

Les: No, we understand. (*Chuckles*)

I am too busy you see, far too busy. You will have to wait until it is your turn.

Les: Yes, and I think I would be right in saying— you say the tapestry is moving all the time — well of course it is a thought of Creation, isn't it?

Exactly.

Les: Or a creation of thought, I should have said. It is not the formation of a tapestry by needle and thread, as we understand it.

My goodness, wouldn't it take a long time—

Les: I wanted to make that clear for my colleagues.

I know, sorry I should have explained that at the beginning. You're not using needle and thread, it is —

Les: — the creation of the combined thought of all your ladies—

— coming through unto — I use the word 'canvass,' but you understand it is not as you would say a canvass.

Les: But it must be focussed for our benefit, otherwise we would not be able to observe what is there. (*Of course.*) So the canvass is merely a focal point for the thoughts that have created the

pattern, which constitutes the learning that we have to accept.

Indeed. I will say to you the one factor on each part of the tapestry is Love. In dark times there is always Love and when you see the tapestry, Love is the first thing that comes towards you, you understand?

Les: Yes, it is not a tangible thing, but those who are examining the work, feel an involvement with the *Love* that has permeated the work which they are examining.

Indeed. The tapestry here is also here, can you understand that? Behind and to the side and up above—

Les: Yes, we don't actually look at it, we enter it, enter the radiations of it.

Indeed, and that is how the knowledge comes to those that wish it. They Live that part of the tapestry — they live it, they breathe it for as long as they wish it. And then when they have absorbed everything that they wish then the tapestry subsides. And then if they so wish, in time they can go on to the next part and the next and the next.

Les: It is something we shall look forward to.

It is quite amazing, even though I do say so myself on behalf of my ladies. I say one last thing to you: If in your quite times you project your thoughts towards myself and my ladies, I will endeavour to into your minds a picture of what you may see in time to come.

Les: Good, that would be very interesting for all of us.

I give you a name if you would like, so that you may call upon me in your quite times.

Les: Yes please do that.

My name is Sister Beatrice Mary, but please do not hesitate if you wish to call me, call me Sister B. I find Sister Beatrice Mary a little bit of a mouthful.

Les: Right, we'll call you Sister B.

That will be most pleasant and just call upon all of my ladies and they will hear you, just call for Sister B's ladies and they will hear you.

Les: We shall certainly practice that in the silence, won't we? (*General agreement*) Thank you very, very much for your description and explanation.

I am most proud to have been able to come to you this time. I hope that one day I may return and perhaps explain a little more about our wonderful tapestry.

Les: Yes, we would be very pleased —
***We work in conjunction with the 'Book Writers,'
you understand. (Yes.) No one has a separate
job, everything as I'm sure you are aware, is
intermingled and is all part of Creation.***

Les: Yes, it's all interwoven. Just for the benefit of those whose ability to understand one particular thing, can be catered for. I think I would be correct in saying that some who wish for knowledge, would prefer to have it from a book as such in their thinking, while others can penetrate the tapestry as you have said. And yet others go to other halls, where they are much happier with the spoken word.

Of course, it would be strange if all our spirits were the same, would it not?

Les: it would be very awkward and very boring I should think.

And wouldn't there be some long queues?

Les: There would indeed.

You are quite right, not everyone would benefit from the tapestry, any more than they would benefit from pouring over the books. It is as you say, each to their own particular ideal.

Les: Quite — and to the development of their spiritual awareness.

Of course. Not everyone wishes to develop at the same pace. We all know that some can go quickly through, others return time and time again — others stay in the same place absorbing knowledge for eons of time. Everyone works to their own abilities and desires. It is the same in all spheres of life and spirit and cosmos.

Les: Of course, it must be.

I leave you know. I hope I have given food for thought.

Les: You certainly have.

And I say once more, how proud I am to have come here this time.

Les: That's very kind of you Sister B. We feel very privileged to have had you with us. Isn't that right my friends? *(General affirmations + thanks)*

I send you all much love and I will endeavour to show you all a little as soon as you ask me to. I bid you farewell for this time. (General farewells + thanks)

There then followed one through Eileen requesting us to sit in complete darkness and focus on the centre of the room. We sat for about 10 minutes as instructed until the one through Eileen returned. We then tried to describe what

we had seen with our spiritual eyes. Sitters described what they had seen in various ways, such as lights like little fireflies — sparks of gold + movement, crystal patterns, yellow circular patterns, kaleidoscopic repeating patterns, fluorescent mists, energy balls, swirling lights— Les suggested afterwards that they were trying to show materialisation.