

Salumet - 6th November 2023

Salumet didn't speak for long this time, but the energy in the room felt particularly powerful and deep.

Healing prayers were more extended than usual, focussing largely around Israel-Gaza and the Middle-East. We then sat in silence for a long time (over 30 minutes).

Sara at one point got the vision of a mole tunnelling deeply into the Earth and gave the message that we also need to tunnel deeply into knowing ourselves as deeply as we can, and only then can we know and understand others.

Paul saw a white angelic-looking lady (somehow plain and yet beautiful at the same time) and felt she was there for our healing, encouraging us to offer up any niggles for transformation.

Sara also saw a young girl with bright lights with the name Primrose.

Meanwhile, the energy in the room was building and attention turned to Eileen. We didn't realise it was Salumet at first, partly because there were not the characteristic raising of the hands from Eileen. Audio link:

http://www.salumetandfriends.org/app/download/12371105/2023_11_06+sal.mp3

Good evening.

All: Good evening.

Paul: Welcome to you.

I am happy to be with you all once more.

Paul: It's lovely to have you back Salumet!

I wish to say standing behind me are 3 beautiful beings who are here to help with all situations at this present time.

All: Thank you.

These are beings of Light that you would never naturally come across, but we felt so much Love is needed that we must come together and help you.

All: Thank you.

I have to say my dear friends, that the Love that is given out to all of you can never be matched—it is a Love that is enduring, a Love that comes directly from Source.

All: Thank you.

I wish to continue for just a few minutes and to hope that you all feel the gentle touch of God or

the Superior Being, or whatever name you call the one that you wish to be with.

Paul: We are very honoured—I don't have the words to express it.

Do not despair, I only wish I could help the 3 beautiful beings that are with me this evening. To you all my dear friends, we will try to help and protect you at all times.

All: Thank you.

Paul: is there anything we can do to help with these 3 beautiful, wonderful beings with their work.

Yes, you are on the brink of doing good work, please remember these words, because not everyone has the opportunity to create such a life.

So I will take my leave of you now. Know always I am with you and now we have the help of those beautiful beings. Until we meet next time, I surround you all with much Love, much Strength, much Patience.

All: Thank you.

Paul: Our Love goes with you and with the 3.

Eileen took longer than usual to return after what was clearly an extraordinarily deep trance. Her first words were "**Beautiful**", followed by: "**It felt really Special.**"

The only thing Eileen could remember was that the 3 beings were so **bright** behind Salumet.

One was like the **brightest diamond** you could ever imagine, the second one was like an **Opal**, with different shapes and the third was like a **huge ring of Light**.

We spent the rest of the evening discussing the words and how in our individual lives we are finding more opportunities to spread the words and Love to friends, family and whoever we come into contact with.