

SALUMET - 19th December 2022

http://www.salumetandfriends.org/app/download/12090701/salumet+2022_12_19.mp3

Paul: Welcome Salumet, lovely to have you back, with a full room of people.

Good evening.

All: Good evening.

As always, I am happy to join with you once more.

Paul: We're very happy to have you back on this quite special time of year, around the Equinox and heading towards our festive celebrations. **Yes, as well as your earthly troubles, there is also so much joy within people, joy that will not be kept down, that is there, ready to help each one of you. Even though you do not always hear this voice, I can tell you, my dear friends, that we are aware of all that you say and do. You have been told how you have grown in such a short time, a time of worry and a time of joy—both seem to go together. So, I say to you, my dear friends, *be aware* of the Spirit within you, *be aware* of the Love and the strength that binds you closer together. One thing I would wish to say to you is that you must always *be aware* of those who are around you, because they are there for good reason, to help you, to Love you, to uplift you. I know that when you are on the earth plane, so many daily thoughts and feelings pull at your heart strings and I say to you, allow these feelings to happen, whether they be of joy or whether they be of distress of some kind; recognise them and allow them to work for you. I wish to say thank you to all of you within this room. You have worked hard throughout this past year, when there have been so many problems, and that strength, my dear friends, comes from within.**

Are there any questions that you wish to discuss with me?

Graham: I was wondering if I could ask one about enlightenment. I've been reading a book by somebody who claims to have achieved enlightenment, as a phenomenon that happened as a result of being an advanced spiritual student, where he no longer was separate from everything, but became everything. In our physical living we live a life of duality, where we see things, observe things; so, we are the seer

and we see things, so there is a split, but this guy claims to have achieved the state of enlightenment, where he is really at one with everything—there's no separateness anymore., even to the point where the past, present, future are combined. Apparently, it only happens one in many millions of lifetimes. I wonder if this is a real phenomenon? it does sound very interesting. **You are already living in the past, the present and the future—that is not unusual. It is something that you achieve, and I know what is being said seems magnificent, but to be able to separate all things, is something that we know nothing of, not in the sense that the gentleman is talking about. You *can*, to some degree, and it does depend on what your meaning for 'upliftment' and 'separation' and all of these words that you use; how can you explain to someone who has never experienced complete joy, that that is what they are heading towards? (Yes) It is not easy and I say to you, each and every one of you, at some point up till now, have achieved enlightenment.**

Graham: Gosh!

Yes, to achieve that, you have to belong to a realm of much greater power, where there is no need to tell yourself that you have experienced enlightenment. You understand? Because enlightenment is within each person from the onset of their birth, to grow and grow and grow. So, my request and my answer to your question, is that it is a wonderful experience, but it is not unique. (Thank you) Many people think they have reached enlightenment, when in fact they are only just beginning to understand what Spirit is about. Does that help you?

Graham: Yes, it does. Is this the state that we have to reach, in order to no longer need a future earthly lifetime, unless it's for a specific purpose? **I would say that there are many stages, many steps to—we will use the word 'enlightenment', but you have to have existed in some form, for many eons of time. (Yes) It is not something that is freely given to Spirit, you only move on when you are ready.**

Graham: Is this something where we need an advanced teacher such as yourself to help us, because the human ego holds us back so much?

Yes, there are many who are like me, at this moment in time, helping to teach you all a little of what the Spirit really means, and yes, there are steps. If you take, for instance, the union that I have come from, it has taken so long, that you would never understand how it completely works—it is impossible for you to understand. But if the gentleman is happy to think he has reached enlightenment, he has many surprises in store! *(Chuckles)*

That is all I can tell you.

Graham: Thank you for that answer, there is much food for thought there. **(Yes)** These questions have been going round in my mind now for a considerable period of time.

But that is only good, because it makes you realise and think about the larger steps of Spirit. And again, I will say, it all begins for the human being, when they are born—from that day forward, you start to learn and things begin to change, even if you are unaware.

Graham: He does talk a lot about the importance of Unconditional Love at great length, which I find particularly wonderful—I love reading those words, **(Yes)**, because he's saying, it's like the sure way to reaching higher spiritual growth and awareness.

It is the *hub* of all life, it is, and each and every one of you, can only try to achieve what is right for you, at this particular time in your existence; and unless you continue to try to secure...

Forgive me for one moment... *(Pause)*

Yes...we are as a '*friendly group*', that is what I will call you, a friendly group. We are gradually becoming more and more aware, not only of the individual Spirit, but Spirits from all existence, and this is what the gentleman perhaps likes to feel, that he is part of the union of Spirit, when in fact we do not know or understand, because the Love is so great, that you will never fully understand—but there are always steps forward to gain that knowledge, if you so desire.

Graham: Yes, he describes it as the '*Presence*'; **(Yes)** once you lock into the Presence, it's unbelievably powerful, but gentle and all-enveloping, all-loving—he uses many words.

Yes—you are aware, all of you *here*, how much Spirit can do and tries to help. Well, it is more

than just one union, it is innumerable and if indeed you learn to have a teacher whilst upon the earth, I would say you are fortunate and it really does help, it really does help, but you must follow your own pathway.

Graham: Yes—thank you for that in-depth answer, thank you.

You have been here before at this point; that is what I wish to say to you. You are part of a bigger union and one day you may even become re-joined with them again. Take that piece of knowledge with you my friend, because it is important for your growth. (Thank you) I know, for example, that as a group, you have grown much, you have given your Love and your Heart and your Spirit to those who need of your help and knowledge—use it wisely when you can; and you all have that capability, all of you within this room. I hope that helps a little. It is difficult to explain, about something you have never achieved or wanted to achieve, but you know within your Soul, what is right and what is wrong.

Graham: What is wonderful Salumet, is that you have given us a goal, you've made us aware of these things...

It is endless, your goal is endless, and that is a hard concept to take in, but you can, if you so desire.

Di: It's taking the small steps—by becoming *kinder*, it makes everybody else *kinder*...

Yes, you are the *stepladder* for others.

Di: That's right, that's what I'm trying to say! *(Giggles)*

Yes, yes, you are quite correct.

Paul: I wonder if that word '*enlightenment*' is a bit misleading, making you think there is an '*all-complete*', but you are never complete, it's a never-ending journey.

Yes, you are quite correct, you see how your knowledge has grown from a few of your years, how much you have taken in and understand—that is growth, yes.

Mark: It should be a verb really: '*enlightening*'.

Yes. Do you have any more questions?

Sarah: You told us that the other beings came to help us build the pyramids and maybe move the

Stonehenge stones, and I wondered why they'd come? Was it just curiosity, or to help mankind?

You wish to know why it was built?

Sarah: No, why did these people from other planets *came* here? You told us that the pyramids were built for space travel...

Yes, because we are all of one energy. There are many planets, where others who have been estranged from their other planets, who come forward to help whenever needed. It is the history of existence, that is my words for that—it is the history of existence. (Thank you)

Paul: So is it like a natural thing, as we evolve...

No, they were built, I can tell you for good reason, for improvement, for all of the things that a society might need, but like in all of your history books in modern times, it is not always correct, it is not always straightforward.

Sabine: Have they been altered, in a way that they are no longer working in the way they were supposed to?

I can tell you a little only of that, that there were problems on many occasions on many planets that were not fulfilled, many problems, and you have to realise that the people of the other planets have been very much more advanced than you upon this small planet are. So, would it not be natural for a neighbour to help? (Agreed) **Even though they may be different, in the same way as there is a difference in the countries of your world.** (Agreed) **But they will help if need be.**

Paul: Because, as you said before, they're like our cosmic brothers, like *family* (Yes!) So, it would be *natural* for *all* to come together and form greater unions.

Yes, and of course that union is very important for the growth of *all* of the planets, *all* of existence. It's difficult to explain, because energy is expanding all of the time, yes.

Di: And our media fills most human beings with absolute fear and dread that we would be communicating with other life forms and things like that. I'm not sure that they know that they wouldn't come with any bad intentions. (No.) They're very fearful of any of that.

And I am sure, and I know there were many problems back as far as the pyramids, and of course in time, in existence that is a very short time, do you understand? (Agreed) **The world**

and your world and all of the worlds are growing and expanding and doing all they can to exist, and that existence is to *EXPAND* the use of *LOVE*; do not forget—the word *LOVE* is the most important one in all of existence.

Graham: Spiritual truth is exactly relevant here as it is everywhere else, throughout all that there is, (Yes) and I should think there's no difference.

Yes, there comes a time when parts of the universes grow into one another, but we are getting into complicated places and statements. You cannot understand what you have no ideas about, but the *UNION* that is made between these planets is a noble and a true one.

Paul: And that's all to *come*.

You have a very long way to go, my dear friend. You are almost like a *baby of existence*.

(*Chuckles*)

Paul: And yet it seems like our ancestors *did* forge some nice unions with our cosmic brothers, building pyramids and maybe other temples and structures and things; but then I guess they returned to their own planets or somewhere else, I don't know, but they were here at various times in our history, but maybe we've needed to go it alone for a bit?

How would you explain in the future, what this planet you exist on, how did it exist, without help from others? You are always a step behind what is going on and it *is* very difficult to give you an answer that is understandable.

Paul: Perhaps they're still here, perhaps we are getting so much help...

I think I have to say, the best way you can cope with your existence, is to do it with *PATIENCE* and *LOVE* for your fellow Man. (Agreed) **And where no 'Men' as you know it exist, then you give Love and allow *that* energy to grow—It is all about *LOVE*.**

Paul: Keeping it simple.

Keeping it simple.

Paul: Love for *ourselves* as well, as we have been working on...

Love for another person.

Paul: And for others, yeah. (Yes)

Sara: And just working in our communities, patiently with people and I find individuals and then how they interact with each other, (Yes) helping the Love to expand within groups of people, so that all the little negativities get ironed away and you can create loving *groups* of people...

Yes, and then they all unite together to make one beautiful bubble.

Sara: Yes, and it feels like a family to them. And I just think in terms of individuals strengthening them, then groups—I feel it's a contribution anyway.

Yes, you have to remember that the simple beings that you are on this planet, is the normal for this planet at this time. Try not to be too concerned about what has gone and what is to come, I will repeat what I have done so many times, told you TO LIVE IN THE MOMENT. And you then, gently travel along life's pathway, as you would put it, along the pathway of existence, of knowledge, of LOVE.

Sara: And I think if we surrender ourselves to Spirit, to just help each day wherever we are, (Yes) I find people come, things happen, situations are there.

Yes, that's right, they are placed before you to do what you should, you are given the opportunity to change how things work, and it is then up to you to decide which way you want to go. Man always has a choice and that is his responsibility; but yes, we live in a world... (Pause) I'm being told: "Your day will come."

Paul: Thank you. That is good advice to be in the now—we've had reminders about that recently. **And you must always remember, before I go, you are being taught by a conglomerate—people who have had different experiences, but come from the same energy group. Always remember that—there will be some who will surge forward and some who will fall back, whilst on this planet; but you do have the opportunity to move forward at all times.**

So, my dear friends, it has been a great privilege to speak with you, I know it gets more difficult as we go forward, but I ask that you remember: YOU ARE ALL ENERGY OF LOVE.

You work tirelessly to help others who are ill, and I know you have seen the results. So, continue in any way you can, to continue to grow at all times—I will say, and take my leave.

All: Thank you and our Love goes with you.

Paul: Until we meet again.

Notes:

Enlightenment:

Graham's question on enlightenment, is based on the author David R. Hawkins MD. Ph D.

Conglomerate beings

2000/02/29:

I told you that I was a conglomerate of beings... One aspect of my soul aspect is here with you—the aspect that is able to lower the vibration to *be* with you, to join with you. There are parts of my soul aspect, which would not be able to join with you in this manner. I do not want to complicate it for you, because it is complicated, but you are meeting with me and I am but one small aspect of the whole of the soul.

2000/07/10:

...I told you that I was a conglomerate of beings. I am not given information one-to-one, as you would say on this Earth, but the knowledge which I bring to you is, how shall I say, knowledge that has been obtained by many over many, many years of your time. That is why I used the word '*our*' rather than '*I*', or '*me*', or '*mine*' or '*my*'. Remember that what I bring to you is knowledge from a *Source*, not a knowledge of one being. That is what you must always remember, that what I bring to you is knowledge gained by time and beings of great knowledge; but for the benefit of you here on this planet it would have to seem as if I am one being.

2003/05/12:

When I say '*I*', I do not speak as a single entity. I am speaking for that conglomerate of being that is all-knowing, all-growing and always evolving. When it was decided that we must come to you as a group for the purposes of information and growth, you were not chosen lightly. I told you that it had taken many, many years of time for me to come to you... One aspect of the beings from whence I come to you has indeed trodden an earthly pathway, but to give you a name, a time, a place would be of little use to you, because that being was not one with recognition—but no matter, was indeed a great soul; but one aspect of this conglomerate of beings has indeed trodden an earthly pathway. Another aspect of this self has lived on other universes, on other planets. So, you see, the knowledge which I bring is indeed varied and wide.

2016/05/16:

You can see a conglomerate of being as a universe of Truth—the University of Truth, if you like...