

## **SALUMET - 24th January 2022**

We are usually given the heads up by our gatekeeper Cho, the week before Salumet speaks, but to our delight, Salumet made a surprise visit—  
audio link:

[http://www.salumetandfriends.org/app/download/11760958/2022\\_01\\_24+Sal.mp3](http://www.salumetandfriends.org/app/download/11760958/2022_01_24+Sal.mp3)

Paul: Good evening, you're very welcome to speak if you wish to.

**Good evening.**

All: Good evening.

**It is good to join with you once again.**

Paul: It's very good to have you back, we weren't expecting you, thank you.

**I understand, but I felt it would be of great use to speak with you all now.**

Paul: Wonderful, thank you.

**I was listening to you speak about illnesses in people and also yourselves. (Yes) I would like you, my dear friends, to remember all of the dear children in this world, after all, they will be the ones who make the future of this planet.**

*Agreed*

**I have told you that these children will grow and Spirit will surge at a great pace when they are ready to join the earth planet.**

**There is so much discontent in your world today and we know from Spirit, that there is much unhappiness and bewilderment amongst the people. I say only a few words to you, my dear friends, and that is to hold on to the knowledge that we in Spirit have tried to bring to you: BELIEVE that ALL GOOD, is the way forward. It is difficult, we know, to believe that everything will be FINE, but IT WILL BE. No matter how dark your days or years may be, remember that Spirit is always alive. I wish to thank you all for the good work that you do, you all are teaching angels, you are all bringers of Good News and we thank you and hope that you will continue along this pathway.**

Paul: I'm sure we will, it's a great honour, I just wish we could get more people to listen.

*(Chuckle)* We've got the websites, we don't know how many people read them, we hope lots are gradually finding their way to them.

**Yes, I feel your ingredients must be placed with a little patience also.**

Paul: Yes, hopefully we've got plenty of years to continue to spread this wonderful knowledge that you've given us.

**Yes, you must be positive about these things, even when all seems dark, no matter how far you go in your world, remember that we are always, always with you.**

Paul: I think these dark times, are the times when you really need it the most, **(Yes)** and you really grow, yes. And absolutely it seems like it's one thing after another, on planet Earth, when one 'catastrophe' finishes, gradually there's talk of other things brewing, and I guess it's going to be like that for a long time, but we just have to, as you say...

**You have to FIGHT DOWN FEAR. Remember that fear can be very successful in people who are unsure of themselves, or unsure of what life is about and although it is most worrying for you all, I ask you, my dear friends, that you remain strong and look to the future with LOVE and BRIGHTNESS.**

**And remember also, it is not just the earthly planet, it is those who surround them, the nearest planets to you.**

Paul: I fully accept that and feel it's in ALL of our interests, to *understand* and *project* that GOOD. It can be a *beautiful future* for us. It's a *Belief* of a *Knowing* that this goodness is *coming*; we have to be patient, but it's coming, even if it doesn't happen in our lifetimes, it's still coming!

**Yes, yes, try to remember, it is not just one day, one year...**

Paul: ...or one lifetime.

**...or one lifetime, it is many sometimes—but I had to come this evening, just to let you know that you have our support and our Love.**

*General thanks*

Di: It's not the *fear* I struggle with so much Salumet, it's the *anger* I feel when I see people being so cruel and horrible, **(Yes)** and then I find it difficult to think *lovingly* about those perpetrators.

**But you must bring forward that deep Love, which you have for humanity, and you DO have that Love. Do not allow *fear* to disrupt the Love you have for others. I do not say it is easy, it is not, but I know and I trust you all to continue within the Love and Light of Spirit.**

*Agreed*

Graham: Salumet, I wonder if I could ask a question? **(Yes)** At the moment, my wife and I are reading an author called David Hawkin, who's a very influential author in the world at the moment, and he's produced a map of

consciousness, which goes from one to a thousand. A thousand would be Jesus and the average level of consciousness on this planet is about two hundred. This scale has been put together by using Kinesiology—the kinesiology approach to all sorts of things which concern our planet at this time. I was wondering if this was a useful tool for mankind at the moment?

**I understand. Anything that helps mankind can only be good at this moment in time. Whether the data or the facts are as good as they seem, we will leave it to your attendance in the coming years. But yes, consciousness, how can you measure consciousness, (Yes) when it is able to transmute at will? But, if the gentleman is sure that he is on the right pathway, then I say to him, 'continue'. Anything that brings happiness, or lessens fear, can only be good for the planet. (Yes) You understand?**

Graham: He's written about twenty books, he's died now, but his teachings are just so uplifting and they're so in parallel to **(Yes)** what you've taught, it's wonderful.

Sara: It's very much in line, yes.

Graham: He's talking about Unconditional Love... **...which we all know is to be the *one thing* that all of you possess, but not all of you use. (Yes) I say the gentleman has written from the heart and that is all I can say about it.**

Graham: Yes, he's given people many tools to help raise their consciousness, like on the subject of Unconditional Love, **(Yes)** he's said that many of us are held back by our fears, which is what you're talking about, **(Yes)** and one of the ways, when you approach and you raise your consciousness through your lifetimes, you get better and better at re-contextualising all things, from a negative to a positive, by simply looking at the situation with different levels of consciousness, will give you a totally different feeling, but as you get into those higher levels of consciousness, then re-contextualising into Unconditional Love type thinking, is so powerful, **(Yes)** and it just fits in so well, with what you've been teaching us.

**Yes, once you have this knowledge, this ability to extend your own lives and understanding, then we begin to see that there is more to life than living a life on earth, (Yes) or travelling to another planet, which in your case here, is not**

**quite so good, but you are pointing in the right direction. (Yes) You understand? (Yes) Yes.**

Sara: I believe he reached a point where he was not fighting with anyone or *anything* and he accepted everything that he *saw* as perfect, in its stage or evolution and everybody being at their own level of consciousness. I felt that he must have reached an incredible/beautiful place, where he didn't see the need to change anything, but just to be giving and loving of himself, to whoever was in front of him.

**You are speaking to a being, who understands fully what is being said. Remember that what you see and what you *feel*, is from *your thinking*, *your Love*. And there are many, many levels of consciousness. I would perhaps, not use the word 'disagree', but I would say there are so many levels that you may never know about consciously. You understand what I am saying? Agreed**

**Yes, it is wonderful when you reach a level of understanding, which puts forward to you and all of the Universes, this sacred, sacred way of thinking.**

**Now, I am so pleased, my dear friends, to have joined with you this time. But I feel for now, we must say goodbye, until we meet once again.**

Paul: It was a lovely surprise.

*General thanks*

Graham: An absolute joy!

Paul: Our love goes with you, as always.

Notes:

1. *Graham's question refers to author David R Hawkins, who was a deep-thinking Psychiatrist in his working life, who explored consciousness and enlightenment. He wrote 'Power Vs Force', and many other books.*

2. *Salumet reminds us to remember the children, who of course are the future.*

*Much has been spoken about children, here are a few snippets:*

Millennium children: 20/01/2014:

**So much has been said and written about what you call 'millennium children'—that they have come with special spiritual gifts and so forth. I would like to say that at this time in your earthly evolution—that all people, not only millennium children, take great pleasure in coming to this world at this time. Because we have amongst them so many wise souls, these children will**

grow and provide the knowledge and the wisdom of spirit. They feel honoured that they have been given this opportunity.

Indigo children 10/03/2014:

I have spoken of Indigo children. I do not consider them particularly special—only that they are expressing more spirituality when they come to this Earth. Let us refer back to my question for you this evening, about why you choose your parents. These souls who come to Earth with difficulties are souls who wish to use those bodies to gain the insight that they need—the lessons in earthly life that they need. But they are not any different from another soul who comes to work out their own pathways—only different in as much as the earthly body is different. Do you follow me? (Yes) So I would personally refrain from saying *special* children. They are children who have come at a particular time for particular work (thank you) I hope that helps your understanding.

Children of Peace: 17/10/2016:

Throughout the world these children will appear. They will become known for their peace and their skills of being able to talk and calm. Let there be no mistake that this is a great gift from Spirit, but I wanted all of you, my dear friends, to know of this knowledge now... There will be in every country throughout your world one of these children...

21/01/2019:

You can start, my dear friends, if possible to help the young people and the children of this earthly world, to try to inspire them to goodness and to thinking of others; to help them to understand the beauty that surrounds them and the people that surround them at all times. I have told you that the children who will be coming soon will bring a great change to your earthly world. There will be seen in these children a beauty and a strength not yet seen, and after all, they will be the ones to continue to help with the expansion of *all knowledge*. So take note, my dear friends that you must take any opportunity to help young people, to listen to them, and to speak to them only the Truth of the Spirit. It is indeed a heavy burden for those of you who at times feel despair of your world, but again I say,

do *not* despair, allow the Love that you feel at times when you are together, allow that strength and Love to support you and uplift you all of your lives. It may seem a simple task as I say, but indeed it is not, and we in Spirit, my dear friends, are giving you a challenge for this New Year.

*And finally, as Salumet reminds us this time:*

Look to the future with **LOVE** and **BRIGHTNESS**.