

## SALUMET — 19th November 2018

After our healing prayers, Salumet spoke—audio link: [http://www.salumetandfriends.org/app/download/9591740/2018\\_11\\_19+salumet.mp3](http://www.salumetandfriends.org/app/download/9591740/2018_11_19+salumet.mp3)

Sabine: Good evening Salumet and welcome. Good evening.

All: Good evening Salumet.

**As always my dear friends, we are happy to join with you on this evening especially, because we have one who is about to leave us; (Sarah) but remember that it is not a goodbye, but just a parting of the way for a very short period.**

*Agreed*

**Once connection is made with us, we do not abandon those who work so well, and for this, we thank the lady and know that her spiritual growth will continue.**

Sarah: Thank you.

**So, it is a great pleasure for us to see how much energy is within this very full room; and it makes us feel when we listen to you, just how much you have all grown, how much you have grown in your understanding of Spirit. We take the thanks that the lady and the gentleman (Graham and Sara) have given, and we thank you for allowing this condition (Graham is suffering from a very bad back) to make you grow stronger—because that is what it does. When any condition is adverse, then it takes a greater will, spiritual will, to go forward; but you have been prime examples of this, and as someone has said this time, it is most common when it comes to problems in the body that you as human beings will suffer because of it; but always the question lies open, ‘why do some suffer and why do others not?’ We do not look at it like that, you are all loved, you are all part of the Great Spirit, and when you start to think: ‘why me’, that is not quite correct. My dear friends, be thankful that that Great Creator has allowed you to experience whatever it is you are going through at this particular time.**

**Yes, I want to say to you, my dear friends, I will be with you only one more time before your holiday season begins. I feel that the time is coming for you all to take a bigger part in your own expansion, to grow, to wonder, to change and above all, to continue to love others, which is in fact what you do each day; whether it be for a stranger, or a person that you know, my dear**

**friends, you all have that Love and capability, and I feel our journey through many years have contributed to these happenings. So, continue, continue and continue to grow. I am only staying with you for a short time this evening, so if there are any questions, please ask them now.**

Sabine: I have a question in regards of the energetic portals? **(Yes)** There are some astrologists who are talking about them—I’m not quite sure of what they are—then some people are saying they’re true and some are saying they are false; they said there were 2 this month, one on the 11<sup>th</sup> and one on the 22<sup>nd</sup>, next Thursday. Can you comment about those energetic portals? **Those energies are only a small part of the Universes. It is only that as human beings you have to place a name with these happenings. Let me just explain to you, my dear friend, that it is all part of the Universe, it is nothing unusual and it is happening all of the time, even if you as humans are not aware of it. So, I would only kindly suggest that you do not worry about all of these things, and as in your world, you know, there are always agreements and disagreements about many subjects. (Yes) I would say, just think of the wonder of it all, think of the place within the many worlds that you are aware of, and just to let it be. (Yes, thank you) I hope that helps you.**

Sabine: Yes, it sounded like they were sort of saying you need to open yourself and be connected and all that, **(Yes)** but everybody is anyway, **(You are, yes.)** living on the same planet, it doesn’t matter...

**There will always be many happenings in your world, or outside of your world that take place, that need no explanation; you do not need it to grow spiritually, it is used only for some kind of recognition. Human beings are always looking for new beginnings, instead of allowing the knowledge of what they have today to be honoured. (Thank you) You understand? (Agreed) Yes, you as human beings, have very small human brains and sometimes happenings in the bigger scheme of life, seem to be very confusing, I say, and I am probably repeating myself again, just allow these happenings to happen naturally, allow yourselves to grow, know the wonder of Spirit, not of the Universes, because there are many; (Yeah) take control of your own Spirits**

and it will take you and guide you to many, many forms of life.

Jan: Just go with the flow.

**I believe that is an earthly expression, (yes) yes, but it is a very true one. Why complicate matters when you can have acceptance? It is like the form of Love—you would not expect a deep explanation for something that happens so naturally—no. Are there more questions please?**

Serena: Could you explain when we ask for healing what actually happens and how it differs, if we ask in the room, and if we try and do healing ourselves at a distance for people?

**Absent healing, I believe you call it? (Yes) Yes, we need to talk a little about energies, because that is what is happening. As the thought is made to exist, the energy which surrounds it is carried to those who can help. Remember that all things are *energy*—that is the key word here. That energy is affiliated to other energies around you, in the same way as you have radio waves that you never see, but can still create noise, so too can the healing energies that you send or give to another. And you have to think, how does it happen? All I can say is that you allow the energies to do what they have to do, and it is up to the Great Creator to decide—and not in the way mankind speaks of it, but to decide who will be helped and who needs to learn just a little more. It is not a judgment, never a judgment; so, what you have to do, is accept whatever comes.**

Serena: So when you say '*learn more*', this is *learn more* through the pain or the illness or...

**Yes, it is still an energy, whether you are of what you call, good health, or have complaints, it is all energy, and that is why you are able to control it, because with your spiritual mind, you can transmute any energy that is available to you. It is not an easy one to describe, because it is something we have never really discussed in *full*; but again, I say to you, why do you try to dissect it, why can you not just allow it to happen and know that you are part of that healing service?**

Serena: So when we're here and we ask for healing in this room, **(Yes)** it is again another form of healing, the absent healing, but, how does it *differ* from us asking *here*? Who's doing the healing here, is it *us* or is it people in Spirit? **It is both, it needs to be *asked* from here, because you are dealing with a human being. If**

**it was spiritual contact, that is something quite different, and contact with the human on the Earth is quite different, the energies are the same, but used differently—that's what you have to remember. All energy comes from the same Source, but in the same way, as let's say, the table within this room is a much denser energy, but it is still the same energy of Creation. It is all to do with the transmuting of different energies; but at the end of the day, if you wish to have a healing, you have to accept that the main healer is the Great Creator.**

Graham: You have mentioned on a number of occasions that healing can happen when the Spirit is *touched*.

**The Spirit has to be touched—that is the whole idea of spiritual healing. Yes, if the Spirit is not touched, then the conditions can continue.**

Graham: And the Great Creative Force decides that?

**It depends on the energies; again, we are talking difficult subjects when we speak about energy. (Yes) Yes, but once the Spirit is touched, then, when you ask for healing for someone, those energies are ready and willing to be used. Do not forget that energy, in a sense, has mind, has feeling, has all the things that you, as human beings, have, because you are the same energy. It is probably very difficult for you to accept the workings of healing energy.**

Jan: So, you can ask for somebody, but the energy can only help if that person is willing to help themselves?

**That is part of it—that is why we say, when the Spirit is touched, there *will* be a healing.**

Sara: When you say, '*the Spirit is touched*', could we liken that to a sort of awareness of the *unity of life* and a feeling of *oneness*?

**When you have the feeling of oneness, you are allowing the energy to be refined, which of course, puts you on a different level. Yes, it is complicated, there is no simple explanation that I can give you that would explain all the factors of healing.**

Sara: Yes, so there are a few things that need to be in place for the Spirit to be touched?

**Yes, but if you realise how people are attracted to Spirit, then it is not so strange that they would be *touched* by the healing energies. There are no mistakes, there are no accidents, and if**

someone comes for healing, or whatever kind, then they are ready to receive that energy.

Paul: Perhaps another word for 'touched', might be *moved*?

**That kind of implies, when you are being moved, it is more of a physical attribute. So, no, I would not quite agree with you on that one. But to be touched, means to be touched spiritually.**

Sabine: And not emotionally.

**Not emotionally, thank you, yes.**

Graham: Yes, that has helped a lot actually. That has been a difficult subject to understand, but that's made it a lot clearer, thank you.

**Yes, it is just, you have to think, it is like when you pass to Spirit, your energy changes, and although you are the same person, you are not the same person. Can you understand that?**

*Agreed*

**I'm not sure you all do, but that is what happens. It is basically the use and energy transmuting itself, for the right cause and the right purpose.**

Lilian: The energy, as we pass, will be a little bit more pure?

**As you move closer into Spirit, it refines, yes, becomes more pure, yes. Not too much to begin with, because you do not alter that much, you still have *thinking*, which needs to be dealt with, and it takes a little time, depending on how you have lived your lives, yes. So, when it is your turn, any of you, and I'm not saying *who*, do not expect miracles, because that is not what happens. You are already a miracle, you are already here upon this Earth. But I hope it has helped you to think just a little more about energies.**

*Agreed*

**Yes, and of course, to finish the question the lady put about absent healing, you have to remember that *Thought* and *Action* are instantaneous.**

Jan: Yes, we don't have to be in this particular room, to send healing thoughts (**No**) or love, at all, it can happen anywhere.

**Just one thought is enough to create what you are wishing for. That is the part that the human being has lost and needs to regain at some point. That is why, when your senses are heightened that you can look at another human being and feel and see their pain; that is the**

**spiritual aspect of yourselves that is at work.**

**You understand?**

Jan: Yes, the difficulty is when you recognise that in somebody and that person closes themselves off in such a way that nothing can help them, it seems.

**But you have to respect their wishes; you cannot live another's life, and it is up to you then, to say I have done my very best and now I will go.**

Jan: Mm, not so easy when it's family, but yes, you do have to withdraw and protect yourself.

**As you all must do. You are all responsible for your own selves; that is why you are here, to grow, to love others and to recognise that Spirit that you ARE, here and now.**

Sarah: Also, when you're asking for help for somebody and you're thinking of however it should be that's maybe not what should happen, so maybe that's why it doesn't work either?

**No, you cannot wish for what you want, you have to offer—that is not the correct word I wish to use, but you *give* that person to the healing energies of Spirit and you allow Spirit to decide what can be done with those energies.**

Jan: That makes total sense, putting it that way.

**Yes, this is always the problem, trying to explain in simple terms, what in fact is something not so easy to discuss. But, my dear friends, you have no reason to worry, continue to give your love to others, those who are well and those who are not so well. Every single human being, at some time in life, will feel the point, where they wished they knew just a little more, and that is up to each and every one of you.**

**And now, my dear friends, it is time that I left you. I always feel that when we come together that your energies have grown so much.**

**Thank that Great Creator that you *know*.**

**Give thanks for all that you *have*, all that you *know*, and all that you *know you must know*.**

**Until I come next time, I leave you, leave you cloaked in that energy of Love, which is also the energy of healing.**

All: Thanks.

Paul: Our love goes with you.

*After Salumet withdrew, Eileen was shown a white house, outlined in blue. She also had the name 'Jeremy', with a long beard and salt and pepper hair, who Sarah recognised as one of her*

*relations. Eileen sensed this gentleman was now in Spirit. Eileen liked his sense of humour.*

Notes:

Healing when the Spirit is touched:

17/10/1994: **Why do you suppose there are cures, as you say, and some are not cured? The problem lies within. If the spirit part of you is touched and that is what spiritual healing is all about, then there is a cure.**

26/04/2010: **When the spirit is touched, all healings take place. Remember my friend that you will never be able to use your Earthly word ‘cure’ people, because some conditions are ‘meant to be’. It is part of peoples’ pathways to have certain conditions, but when the spirit is touched, then the best of health for that person will be attained.**

**...Almost like a light comes within the human being, and they know which pathway to follow. Like we were speaking of treatments, they will be guided and helped to the right people at the right time.**

Paul: So it’s almost like a little enlightenment suddenly occurs.

**Yes, perhaps that might be a good word to use for understanding. Yes, the spirit is touched— enlightenment takes place. I am sure each one of you in this room knows of someone who is *never* better, no matter what is happening, or whoever they see, and that is because the spirit is not ready. I am sure you are aware of someone like that.**

The Healer:

27/01/2003: **There should be *no* thoughts of the healer. The healer is but an instrument, a channel that comes from that Great Creative Force. All that a healer offers is either their mouth, their words or their hands. The healer should have no participation and *does not* have any participation in the healing; that is between the person and God, if you like, or as I prefer: Creative Force.**

*For more on Healing, see website:*

*Angels of healing: 05/02/2001, 08/05/2006*

*Absent healing: 21/04/2001*

*Healing colours: 23/07/2001*

*The healing process: 20/02/2006*

*Healing thoughts: 01/05/2006*

*Self-healing: 21/09/2015, 20/06/2016, 28/11/2016*

*Healing thoughts + prayers: 18/01/2016*

*Healing rays: 07/11/2016*

*Healing genetically inherited disease + karmic debt: 20/02/2017*