

SALUMET — 12th May 2014.

During healing prayers Sara expressed deep concerns for her daughter's health and became tearful. We all felt for her and voiced exchanges naturally followed on. Jan also had been experiencing health problems and we also felt for Jan. Then after a short silence, Eileen's arms were raised and Salumet was with us:

http://www.salumetandfriends.org/resources/2014_12_May+Salumet1.m.p3

Lilian: Good evening Salumet and welcome.

Good evening.

All: Good evening.

Firstly let me say to those here in distress that we are not unaware of your problems. Rather than speak personally I will say only that all human conditions are caused by an imbalance of mind and body. We of course, cannot interfere with the pathway of each individual, but what I will say is that the power and the knowledge lie within each one. As far as the young woman is concerned, she will be okay. And that is all I will say in that respect.

Thanks

The other lady has had much difficulty, and as a consequence her body is now telling her that all is not quite balanced, and she is being positive most of the time—which indeed will help. And of course, as you know, your Earthly doctors are doing wonderful things within your scope of medicine. I would say: trust not only those doctors, but trust your inner voice. And I will leave it there for you. And of course, as always, your voices reach those who wish to help with healing within our world. No one is ever alone; so take those words my dear friends and know that we are close by each and every one of you.

General thanks and appreciation

Sarah: I was saying earlier that Emily is a good example. She said to me just the other day that

your words Salumet are what brought her through, and she is most grateful to you. And everything has happened just as you said. So that has been a huge comfort to everybody and an example of how your words actually 'work,' and it's lovely to see the outcome. So thank you very much!

She has been a young woman who has listened, and listened well, to our words. Therefore, and I do not say she will never feel *well* at *all* times, but what I will say, is that she has the knowledge and understanding to help herself.

Sarah: Yes, thank you.

But of course, the human spirit has all of the emotions that go with being human, and that is what we will try to help you all with at all times (thank you). I wish, now we have spoken about power and knowledge—I wish to say to you this time: it is all very well that you hear our words of all the mediums in this world who have a connection with spirit. They do very good work, but what I wish to say to you, my dear friend, is that it is time that each one of you—and we understand that each one of you are on a different pathway—varying skills of recognition of spirit. But each and every one of you can now seek to find that deeper inner power which you all have. In this world it has become increasingly difficult when dealing with mediums who work in trance, because of the many electrical and electronic goods that you have in the world at this time. It therefore means that those who work in trance have to be taken that little bit deeper; and I say to you: it is by going that little bit deeper that you come to recognise the true Spirit.

George: And would it also, Salumet, be helpful to switch off many electrical gadgets in the home? **If you wish to go into a meditative state, I would suggest that you do. It is all energy, as you fully understand (yes), but it is not in meditation so much that it interferes, as when you go that stage further. You understand (yes, thank you).**

Sarah: How do the electrical waves affect the transmission of spiritual words?

—Because the energy interferes with the purer energy of spirit. It is a much more *base* energy—the power that is used on your Earth planet. Remember that those of us who come to speak with you, come from a place of pure Spirit. Do you understand what I say to you? It is delicate and detailed and not easy to understand.

Paul: Is it a little bit like certain *music* would also interfere?

Music can either lift the energy, or it can make it become negative. There are always two ways to look at that, and all of you must know and understand the power of *music*—and beautiful music as opposed to what young people would find acceptable to them. And I am sure my dear friends, that as each one of you have grown older, that you appreciate beautiful music much more (that's true), and it lifts your own energies. So never underestimate the kind of energy that is being used.

George: Yes, it is obvious with plants—when they have beautiful music played to them, they respond well in growth to it. But when they receive 'acid rock' music, they respond in a negative way. I have carried out this experiment myself in greenhouse conditions.

Well, perhaps I can compare you all to larger plants, if that would make sense to you—
Chuckles

—After all, everything that exists is energy, and you will respond either positively or negatively—but the negativity is a platform for growth; so we will not say too much about it.

Sarah: You were talking about the plants, I was just thinking today: you said we shouldn't eat animals preferably, and they have spirit, but then plants have spirit as well, and we eat them. So, what is the difference?

—In what way? There is no difference—all is energy.

Sarah: So, if we shouldn't eat animals—as you said, it would be preferable if we didn't—

—Because they are on a different plane of existence. Their evolvment is different.

Sarah: So we're not actually harming the plants when we eat them then? Well, we are, aren't we, because we're killing them?

Well, you are becoming too complicated in your thinking. The Great Divine Creator brought to us natural goods. After all, you have to sustain the human body in some way. You have not reached the point of being Spirit; therefore the body has to be sustained and fed and watered, in the same way that the plant does. The only difference is in the evolution of both. You understand? (Yes, thank you).

Lilian: In other words, it's all there for us, whichever planet we're on. It's just eating the right things.

Yes, and of course you must remember the way in which it is taken for *you*. You should give thanks for all that you have—all that is supplied for you (yes). But not many people on your planet today, thank the Great Creator for all the food and nourishment that is there for them.

Sarah: I think a lot of people on the planet don't believe in a Great Creator—

Well, I will only say this to you: that we in Spirit are much happier at this present time than at any other time in existence.

Exclamations of surprise and appreciation

Minds are opening to spiritual matters, and therefore although you have many problems on this planet, we are happy to see such growth.

George: You mentioned recently Salumet that there would be great advances in medical matters—

Yes, I still stand by those words.

George: Oh yes, of course. I have recently become aware of what is known as the ASYRA system, which is a computerised program of kinesiology basically (**yes**), which measures electrical human response (**yes**) and feeds information into a computer program. Three of us here have recently sampled this process, and it seems to me that it is a wonderful advancement

and probably part of what you were saying earlier.

It is an old system with new words. Yes, the body energy pulses are able to be detected. But this is a prime example of how machinery can be used for good. So I would say to you, there are many things in your world which you would still term 'borderline'—I think you would say (yes)—but if it is helpful to only a few people, then that can only be good (yes). Your body tells you ALL. I only wish that human beings could recognise this.

George: Well the computer program seems to recognise this! So perhaps—

—It is cleverer than the human—yes!

Laughter

Do we have any questions this time?

Sara: We have to nurture the body as well—in order for it to—

You have to give thanks for all that you have (yes). Yes, even in times that are not so good (yes—more so probably!). Yes, you are correct, more so in times when the human element overtakes the spiritual aspect.

Sara: Yes, it's easy to give thanks when things are easier—yes, that's right.

Yes, but, in a way, humankind has lost that ability, of giving thanks for the most simple of things.

George: I have been reading recently Salumet, about a wonderful spirit of the name: 'Zabdiel,' who came through the Rev G Vale-Owen in the year 1913, and he describes his place in spirit as 'Sphere 10'; so I think he is a fairly well advanced one in spirit. Much of what he says is in line with what you have told us.

He is one of the Angelic Group.

George: Ah! He is Angelic! Yes, and in particular he was mentioning '*cosmic energy*' as being more fundamental than the aether; and the process of creation involving both cosmic energy and the aether, and this leading to the material Creation. And I couldn't help thinking there is so much in line with your teaching in that.

Yes, he still has a way to go, as we all do. But yes, when you speak of Creation you are speaking of '*prime energy*'. You are speaking of that Great Power who creates all things. And in creating the material worlds that he has—and I use '*he*' very dubiously—because he is '*energy*', not a person. Yes, all energy comes from the same source; whether it is to create universes or to create a planet such as Earth. You have to realise that no matter what you call it—cosmic energy—*aether*—it does not matter. To us, who have come some way, we recognise it only as the God Power.

George: Yes, I felt that his medium was perhaps not quite a pure channel. He mentions '*Lords of Creation*', as if there are actual beings responsible for the material creation.

I believe if you look to the name it will give you something as to why that was voiced.

Paul: —Because he was a *Reverend*.

Yes (yes!)—Still being influenced, even although he says he comes from level 10 I believe you said. I am not at one with these levels. I would prefer to say that is a *blending* at each stage of progression.

George: Yes, so it reflects that—

There is still a reflection of the medium.

George: Yes, not quite a pure channel. In the case of Eileen here, her consciousness is placed entirely to one side, so—

Yes, if you are being used in deep trance then of course consciousness is placed to one side. Whilst there remains any chance of human elements—human thoughts, then they will creep in eventually, yes.

George: Yes, so we can say that your channel is a pure channel, whereas a *partial* trance medium cannot provide quite a pure channel.

Most of the time their *channelling* as you call it, is perfectly good, but always as I have said, there is always the risk of the human mind coming into play.

George: So perhaps describing '*Lords of Creation*' isn't quite right.

There are no Lords of Creation.

George: No, the Creation is simply a natural **(yes)** process I believe **(yes)**. Thank you for that.

Lilian: Did you have a question Jo?

Jo: I would like to ask Salumet please: What happens to the spirit babies? Do they all go into a pool when they pass over stillborn to wait for their mums, or do they grow up in spirit world?

This is not quite as straightforward an answer as you would think. Of course, the babies who pass to Spirit, if they have had the love bond, they will be nurtured and raised in Spirit. And of course, they will know and recognise their mother, as you would say, when their time comes to pass to Spirit. There are a small element that, let us say I think you would call, when babies are aborted early. They are still Spirit, but they have never had the love connection. And those Spirits—and it is very few I have to say, will return to a *pool* of energy. But mostly they grow in Spirit, these children; they are loved and raised in Spirit by those who wish to do this work, and they know of course their parents.

Jo: Thank you very much.

Does that answer your question?

Jo: Yes Salumet—thank you.

Do we have any more questions?

Serena: I'm not sure if this has been asked, because I haven't been here all the time: The fragment of the soul that was rescued a few weeks ago **(yes)**; is that the same as the *Soul Retrieval* that the shamans talk about?

Yes, exactly the same, it is as simple as that. It is something that not all people recognise, but it is there and it happens often. And remember—or perhaps you do not remember—that the soul is many aspects. Therefore it is feasible that you can lose an aspect of the soul. I do not actually like the word 'lose'—that is not quite correct. It is a disconnection for a very short time. That is what it is. You understand? (Mm)—good.

Paul: I don't think we've had a rescue quite like that one before, but there's obviously some need for it.

It happens—yes. It is nothing to be concerned about, but it does happen, and I know that you were all quite taken with that particular rescue. It is just another variance on what happens with rescues (yes), and of course we are ever grateful to all of you who are involved in rescue work.

Paul: Have you got time for one more question?

I will take only one more this time.

Paul: I could ask one if no one else has one—
Agreement

We've touched on this subject before—what they call 'abductees'—people who have experienced being taken off into spaceships of people from other planets. I was reading a little more: perhaps they were actually *taken* as they appear to be—perhaps they had given their consent for these meetings to take place between us and people from other planets. And the reasons seem to be: in some cases they are being educated on these ships. In other cases, from what I read and hear, there is a little bit of investigation into their DNA etc. I'm not quite clear whether that is connected in some way to helping, possibly in the future, those from other planets to find ways to one day to adapt a bit more to living on Earth maybe. Anyway, I don't know if you can say anything about that?

Yes, firstly let me say about abductees in your world: I will confirm that this has happened. Not all of whom you call 'aliens' are of pure and goodness; they are not pure people. They are energies and people who come from other planets—of this there is no doubt. Whether you are ready for this in your world as of yet we remain dubious. But apart from those people who have mental conditions—human mental conditions, and there are some—those who have been abducted, of course meet people who are curious and wish to explore further. This is also true but the element of investigation from others are not pure thoughts. So there is a range

of abductees, and there is so much controversy in your world at this time of your evolving that this—it is too much for people to accept readily just at this moment in time.

Paul: Yes, it's a difficult subject to go into, I guess.

Yes, it is for most people, but for those people who know differently, it is *fact*. But be careful that you do not just accept everything that is written about this (yes). As in your world, there are good and bad people—so those beings from other planets—there are usually good and bad.

Paul: Yes—I suppose it could be comforting to know that those bad ones are still subject to the laws of karma (**yes**) just like we are, and we're also protected by our own spirit guides, not just from other humans but from everybody; so we shouldn't have any fears.

No, you should never have fear. As I have said on many occasions, it is negative—fear is negative. Fear can be your downfall.

George: Perhaps we could generalise and say that such news about abductions and UFOs appears freely on our Internet, but it is not appearing on our more traditional news channels, *because* certain people in control feel that the population is not yet ready, as you suggest.

Yes, it comes down to 'fear'. It is as the gentleman has said: it is a topic still in your world which is hard to understand. But truth will always OUT (mm). Truth will always be there, and that is what you have to look to.

Paul: Yes, it's more and more opening up, we feel.

As your world has become a smaller place, so too is space. It is becoming smaller all of the time, and that is why you now hear—and of course in times past as we have spoken before—there have been visitors. But again, that would be readily denied today. So I would say on that subject: just to be patient.

George: Would it also be true for us to generalise and say that the majority of visitors who are extraterrestrial *are* of good loving mind?

Yes—of course, yes. It is curiosity at the moment with those—

George: —Because if they had not advanced spiritually, they would not be able to space-travel. Is that true?

It is not to do with their advancement of spirit. It is to do—that it is a completely different type of energy that they have; although it all comes from the same source, they live on a different type of planet. So do not assume that all from one planet are good. You are only good—not even in Spirit are all souls *good* straight away. You understand? (Yes) It takes time. So when you speak of aliens from other planets, you are speaking of just another group of people. They may *look* different, they may *feel* different, but nevertheless, they still are not Spirit.

George: They are a mixed group of people.

Yes, I hope that makes sense to you.

George: It does indeed—that's very helpful Salumet. Thank you.

Sara: Salumet, could I just ask one quick question?

—If it is *very* quick.

Sara: Is it common to hear a spirit voice out loud? I have been hearing, and have over the years heard a voice loud in my bedroom. I heard this morning, and there seems to be a lot of activity at the moment. My husband saw a spirit walk past, and my daughter started coming in our bed again. I'm guessing it's because she's sensing it. Would you be able to comment?

Of course it is—Spirits are able to do many things, and to be able to project a voice is not difficult for many. Yes, so there is no problem. The answer to that question is: yes, you can hear spirit voice.

Sara: Yes, so it's somebody communicating. Hopefully it's just a well-wisher—

It is often done when the spirit becomes a little frustrated or when the people around are not aware of them and that is one way to catch their attention—

Sara: Yes, because I've had things falling off, bangs, windows opening and lots of things.

Just be aware that it is not the emotion of the young girl that is causing these things.

Sara: Okay, so I'll just be welcoming (**yes**) and then they'll probably feel more happy.

Yes, when she is feeling happier, these things should stop.

Sara: Okay, so we're being supported really.

Yes (thanks).

Jan: My father died five months ago and there's three of us: my sister, Cheryl and myself—have all heard him. But it's not in a frustration way. He said 'hello' to my sister and Cheryl and he said 'goodbye' to me, because I believe that in my dream state, we went off somewhere together and as I came back and woke up, I took a sharp intake of breath in as I saw him, and then his voice in the bedroom was so loud, as he said 'goodbye sweetie'. It was wonderful.

Yes, it is more common than I think you feel.

Yes, it is just your awareness also that you are able to hear, but yes, to us these things are to us quite normal.

Jan: Well, I would have been very disappointed had I not been able to hear it.

Yes, and of course it depends on the strength of intent from spirit who have gone. Yes—and now, my dear friends, I wish to take my leave of you this time. I hope our meeting has brought you love and joy.

Acknowledged with thanks

And as I leave you this time, I leave you cloaked with our love. I ask for upliftment for all of you in your daily lives, that you have love, strength and the great knowledge of Spirit with you always. Until we come together again, my dear friends, I take my leave.

General thanks and fond farewells

There followed clairvoyant messages, firstly via Eileen.

Let me state at this point that the order of seating in this corner of the room was: Jan—Sara—George—Natalie.

Jan was asking: "George, are you having trouble with pea plants at the moment? Several plants have died."

I assured that it was not peas but tomatoes—being invaded by aphids—never known such trouble from aphids before! There was some debate, ending:

Jan: The green things I'm seeing *could* be tomatoes. And your water butt—is that overflowing?

Yes, I explained at length how in the rainy weather it has sunk into the ground so that it overflows instead of excess water continuing down the downpipe, and I must raise the butt an inch to correct this. But it seems that the one with Jan was my dear wife Ann:

Thank you very much for that long explanation! Just SEE to it!

Much laughter all round

George: Is it Ann?—wonderful! Wonderful that you've come through to us! I meant to ask last time about your wonderful friends and family in spirit—Are you with them?

I am.

Me being a bit deaf these days, Sara added: Mum said "I am"

George: I would like to send my love to you all. *Now, actions can speak louder than words, and Ann/Jan leaned across and put her arms around Sara. They, with emotion, hugged each other, and the tissue box was passed across*

George: That's beautiful! Thank you for being with us again. Thank you for giving Sara a hug!

Sara: I needed that!

Meanwhile Natalie (Ann's granddaughter) was wondering if she should speak and Ann picked up the thought

Natalie! Ah!

Again, actions speak louder...Ann/Jan leaned forward, clasping Natalie's hands in hers. Then

my own hands were clasped while Ann managed to say: "I have to go now."

The after-chat included: "She's told you about that water butt before" and "Naughty George!" and "Don't you start now!" and there were more laughs.

NOTES:

1: ZABDIEL: Zabdiel spoke with authority through Rev George Vale-Owen in December 1913. He speaks on the creation, referring to spiritual energy obeying the dictates of will of spiritual beings to create matter. He makes frequent reference to aether as preceding the material creation. And he refers to what he calls the 'aether atom'. Although the existence of aether was dismissed by our scientists through the 20th century, it is recognised by certain modern cosmologists (DSSU theory) today, and the term 'quantised space' is used. There are many terms in use, but 'aether atom' and 'quantised space' sound very much alike! Zabdiel also speaks of how energy can be transmuted. So, allowing for some understandable imperfections, this is an interesting source.

2: Purity of channel: As Salumet says, it is possible for what is spoken via a trance medium to be influenced by the medium's consciousness. We would stress that Eileen is a pure channel for Salumet, because her consciousness is placed to one side and she knows nothing of what is spoken using her voice box. And this is the essential difference between a full-trance and a partial-trance medium.
