

SALUMET — 8th January 2018

This was the first meeting of the New Year and after healing prayers and discussions, Salumet spoke—audio link:

http://www.salumetandfriends.org/app/download/8535837/2018_01_08+salumet+1.mp3

Lilian: Good evening.

Graham: Good evening Salumet.

Good evening.

All: Good evening.

Sarah: Thank you for coming.

Jan: Happy you are with us again, it seems a long time to us.

As you enter into another year of earthly life, I would say to you my dear friends, as I have listened to you all, as I have felt your pain, as I have felt your desires and your hopes, I can only say to you: All is moving in the right direction. I know, these are not words that are taken easily, especially when life feels like it is against you. Let me say this to you my dear friends, we never promised that life would be easy for any of you, but take a moment, look back—and you know that is something I do not advocate, looking back, but rather to move forward—but on this occasion, I would like you all to look back to happy times, to understand how you have grown, how you have understood yourselves, just a little more, and then, you will understand that life continues forward. Sometimes, with your free will, you do not allow yourselves to feel in the moment, whether that moment be one of joy, of happiness, or of sadness, I still say to you, continue forward, and in doing so, spiritually you grow greater. I know this is not always easy to accept, but if you do not move forward, you become stuck in a kind of a spiritual fog; so you must say thank you for whatever good has coming into your lives, even if that good has to disappear for a while, give thanks to that Great Creator, that he is helping you at ALL times. Do you understand what I am telling you?

Agreed + thank you

For the past few years, we have been encouraging all of you to look deeper into your Soul, to find that part of you that is eternal, to recognise in others your own weaknesses; do

you remember that teaching? Where there is fault, look only to yourself. Do you remember?

Agreed

I would like you to think about this a little more deeply, and you will find just *how* much you have grown. How many times have you stopped in your tracks and said, ‘I must not do this, or I must do that’? It is that Soul within which is guiding you all. So I am saying to you my dear friends, that this your new earthly year, holds many surprises for you, brings more knowledge to you, and I know brings many blessings to some of you. Few words, but a very deep thought, and I would like you my dear friends, before we meet again, that you have discovered within yourself that little piece of the Creator which will continue to ever move forward. Never allow life to become static, allow thinking to be filled with Love and, when I say Love, I mean Spiritual Love, the kind of Love that overflows all things, you understand?

Agreed

Do you have any questions at this time?

Sara: Can I ask a question, Salumet? **(Yes)** I was recently asked a question about homosexuality: As we know, human beings exhibit different sexual behaviours, involving either the same sex or the opposite sex. Fortunately, our world is becoming more accepting of all choices. Why is it, and why has it been such a problem for so many people to accept homosexuality? I assume that people are afraid of it, and if so, why are they afraid of it? My other related question is, is the sexual orientation or choice of a human being linked in some way to our previous incarnations and gender? Sexuality in general on our planet seems not to be very well understood or viewed with much balance. Could you comment on that please?

I would say firstly to you, that perhaps you are not quite correct in saying it is not accepted. I would like you to think back one hundred years, or a little less, where it was frowned on and many things were hidden from the majority of people. I have spoken on this subject before, and if you remember, I told you that as human beings, you are both male and female in gender. How it happens, why it happens and why people do not feel connected in any way to people of this sort—and I do not say ‘sort’ derogatively,

because it has been their choice to do this. What I have said previously, when there is a problem of any kind, you must look towards *YOURSELF* to see where that problem lies; it may be that your thoughts are a little unbalanced, because every human being upon this planet is in the image, and I will use the Christian faith, in the image of their God. If that is so, and that is acceptable, why should there be a problem to another being? As long as no one person hurts another, how can it be wrong? But, the problem is, anything that is different or not of 'the norm' as you would say, is frowned upon. It is fear, basic fear, that you do not want to become as they are; it is a deep fear, an understandable fear, and one where opinion has to be considered, because you do not have the right to tell another human being how they should live. It may not be what you like, but in that case you just leave it alone and focus upon your own lives. Does it help you with your question?

Sara: Yes, thank you, I think it would be nice to have that as a public, you know, a few words for the public on it, because I think there's a lot of confusion.

Well, I believe that is has been dealt already.

Sara: It is

People are much more open in your world today.

Sara: Yes, much better than it used to be. **(Yes)**

Sarah: There are countries though that don't allow it, so...

There are many countries who do not have the same thoughts as you do, whether it be gender, whether it be the way that women are treated, there are many issues in your world, and it is up to each individual to be responsible for their own thinking. I think that is the issue here that people have to be allowed to be who they want to be. (Yes) The time of looking at yourself comes when you pass to Spirit, you understand? (Yes)

Sarah: So when two men or two women are attracted to each other, are they...

Unfortunately... I beg your pardon, I interrupted.

Sarah: I was going to say, are they attracted spiritually or physically or is it both?

It is a physical thing whilst upon the Earth, but it is an attraction of spirituality in a sense because it's two units of life and light which are drawn

together, (Yes) and if you can understand that each man, each woman is of male and female gender, how can that be wrong? You have to look at it on a higher level.

Di: It's names that we've put on it in this world really.

Yes, there are many things you do not agree with, there is nothing wrong with disagreeing, but, if it affects your attitudes towards another being, then you have to be careful why you are feeling that way, and that is when I say, *look within yourselves.*

Lilian: Am I right in thinking that you once said, sometimes the spirit comes back too quickly without taking advice on coming back as another person?

Yes, that can affect gender, we do have Souls who are far too anxious to return to Earth, and sometimes you will find, and this is the reason why small children tell you that they feel they are in the wrong body. (Yes) Yes, it happens.

Sarah: What I find difficult about the 'looking within yourself' and we should never judge anybody, but when you feel that somebody in our society is doing something that I think most people would consider not to be right, then it's very difficult not to think, well, that really wasn't good what they were doing, and I know you were saying we shouldn't judge, but that is what I find very difficult. You can have differences of opinion, but when you see somebody doing something that is not nice to another person...

That is a different matter altogether, I have just said, as long as it harms no other person.

Sarah: Ah right, OK yes.

Of course you have laws, you have rules and regulations as human beings, but what must never happen, is that you deliberately hurt or abuse another person, because of something they believe and you do not.

Ben: Can I ask a quick question as well please? **(Yes)** While we're on the subject of relationships and things, I read somewhere once that, who we choose to have a sexual relationship with is important, because when you come together with somebody else, you're blending some energy together, and, people who maybe have sexual relations with lots of people on a regular basis, is that damaging to their, sort of Soul?

It would be something for them to look at when they pass to spirit, the reason behind their acts. Some people, and after all, I would say, between two human beings, the sexual aspect of it can be what you would call, the icing on the cake, especially if you have deep Love for the other person. But, you have to accept that when people are with other people sexually, that is their free will and their choice. You cannot put everything down to being a spiritual activity. The most you can do for another person is to Love unconditionally; and I would say that is the most powerful words I could give to you.

Lilian: That's the hardest...

Di: That's the hardest thing to do, isn't it? **(Yes)**

Ben: Being able to forgive...

Forgiveness must take place, no matter what the subject matter, no matter what the problems; if you cannot forgive, you are then living with anger and probably hate for some reason. You have to be able to let go.

Ben: And forgive yourself as well?

Forgive yourself first and foremost, because until you can, you cannot do it for another human being. You understand?

Ben: Mm

Jan: Yeah—on a relationship, I've been struggling the last week or so, with my mother.

You have a love/hate relationship.

Jan: I know, but this time when I blew—it's like a red mist comes over me when I do blow—I've forgiven myself a lot quicker than I ever have before.

Which shows how you have grown.

Jan: Yeah, I have noticed that, whereas before, I always joked that I was born guilty, cause that's how I've always been, I've always *felt*, where my parents were concerned.

But it is a very good lesson to learn, but what you have to do now, is learn to let go. (Yes) You can feel upset, you can feel the anguish, but you do not wish to create more trouble. So what you must do is *feel* those emotions and then, to gently let it all go, (yes) and you would find, that if your demeanour is that of gentleness and Love, it will have a great effect on the other person.

Jan: Yes, I did come to the understanding this morning, **(Good)** inwardly, that it's much better to be with a *negative* person while they're *here*,

to be with them than be without them, **(Yes)** so unconstitutionally, I've eaten humble pie, as they say, I've...

But you have not eaten humble pie, you have *grown* my dear. You have grown spiritually just in that recognition. Do you not understand that?

Jan: Yeah, I do, because I can *feel* it; **(Good)** occasionally, I'm not quite sure how to deal with those *deep* emotions that I have surrounding it.

Yes, but you will. It is much better to try to sort things out whilst you are on the Earth plane, because if you carry them with you to Spirit, you know very well, just by being within this group that people come back with their problems. So, it is better you can only work upon yourself, you cannot change quickly the other person, but you can influence them.

Jan: Your initial speech, talking about recognising it in ourselves and basically working on ourselves first, **(Yes)** rings very true. I can't change this person while we're together, it's just the way I deal with it that's the important thing.

We also in spirit understand these emotions and feelings. After all, we would all like to change your world for a better, brighter, more *beautiful* planet, but we have to take things as it comes, we have to deal with things as they come, we have to feel Love for everything and everybody upon this earthly planet, (No matter...) No matter. So you see, we understand, I know sometimes that we feel we tell people what they should do, but they don't fully agree or understand our words, and I am going to leave you this time, I think you would probably call it, my favourite word, you know what it is?

Jan: Is Love.

It is Love. Please, my dear friends, think about this and perhaps next time we come together, we can discuss how that one word can affect each individual. So think about it closely.

Ben: Can I, before you go, I wondered if you could help me with any specific comments on the situation that I've been through recently with Zuzana? And any upliftment for myself would be appreciated, and also for her as well.

I am sure your dear friends within this room will give you all the support and upliftment you need, but we are aware of what is happening, and I will tell you, and I do not often tell individuals, that lady is a Soul mate; but Soul

mates, it is misunderstood sometimes, that people think that Soul mates are special beings that you are meant to be together forever. Yes, you will be together forever, but it does not mean that everything is rosy in one lifetime.

Ben: OK, so there's a connection there deeper than...

There is a deep connection there for you, but, she has made a choice, and you must agree to let her make her own choices.

Ben: Because she has free will.

Because both you and she has free will. But even for a short time, if you meet your Soul mate—and not everyone does in every life time, if you meet your Soul mate, the strength of feeling is so strong, and this we understand my dear friend. (Thank you) We will try to give to you, not only upliftment, but upliftment and understanding for your friend.

Ben: Thank you. Can I also ask, you talk about Soul mates, do we just have one or is there a number of Soul mates that we have?

You can have Soul mates... there is one particular Soul mate who may come in different forms, in different lifetimes. It is not always man/woman connection, a lot of people seem to think that it is man/woman connection—not so.

Ben: But she was my Soul mate? **(Yes)** OK, thank you.

Sarah: When you say not always man/woman, is that when you're saying it could be man/man, woman/women?

Di: Or even child

Or your child...

Sara: Sister or brother...

Yes, any two people, because of course you know, you can transmute, it doesn't necessarily, but I know from my workings upon this Earth that most people assume that it is a man/woman connection—not, not so.

Sarah: Could I just go back to what you said to Ben, that you said that they will always be together.

Spirituality...

Agreed

Jan: We very rarely I would think, marry our Soul mates anyway—very rare.

You may never even meet them, yes.

Agreed

Ben: So why were we, were we brought together for a reason then? Was there a higher purpose for why we found each other?

There would be a higher purpose, I cannot tell you that, I cannot give to you why that has happened. That is something you could look into; I am not here to lead your life for you, that is not my purpose, but I feel at this time it is necessary for you to know, for your own understanding and your own peace of mind.

Ben: Thank you.

Jan: In time that may be of a comfort to you Ben.

Ben: Yeah, I think it will be and hopefully she might reverse her free will.

Gentle chuckles

Yes, well, only *she* can be responsible for that. And only *you* can be responsible for your way of thinking.

Ben: That's very helpful.

Jan: A privileged meeting, really.

Ben: Yeah, it does feel like that, which is why I'm not angry, I'm just disappointed and hurt.

But what comes after disappointment and anger, is Love and Joy. It may not be what you see now, but, on looking back you can see how things improve. Well my dear friends, I will take my leave; as always it has been a great blessing to have joined with you. I feel your Love, I feel your pain, your anguish and your puzzlement of life; so I leave you cloaked in my Love and those in Spirit who wish to bring only Love to you all.

General thanks

Sara: Our Love goes with you.

As Salumet withdrew, Eileen was seeing lots of people and the word: 'REFORMATION'. She also had the names 'Joseph' and 'Alexander'. Eileen felt that this may connect with what Salumet had spoken about this evening. It was explained to Eileen that indeed Salumet's words connected here, particularly about 'Acceptance'. (Eileen works under full-trance' when Salumet speaks, so is not aware of what is said until she hears about it or reads the transcripts afterwards—the full-trance allows for clearer communication / no personality interference)

Eileen was seeing a cross and men being struck down. Clearly in the past, the 'Church' stood in judgement and millions perished or lived in fear, and spiritual teachings became corrupted. But

Truth and Love can never be destroyed—they are our essence and little sparks of light have endured through the ages, and though it's not always easy to measure these things, Salumet has assured us that this planet is getting lighter, as Love and Truth spreads and grows.

Notes:

Sexuality: This subject has 'arisen' a fair few times over the years...

08/08/1994 – the merging of the sexes

01/02/1999 – paedophiles / perversions – dark seeking light

04/12/2000 – homosexuality and transgender

04/11/2002 - homosexuality and transgender

Soul mates: The subject was spoken about on 17/10/1994:

As your soul develops, so you gain in knowledge and love, throughout the many ages and developments of your many lifetimes. Your soul mate, is in actual fact, a part of the original spark. Can you understand that? It is like the pea that is split in two. It cannot ever be divided, in a sense. When the two come together, they form as a whole. Remember, I am trying to explain in simple terms. You separate the two parts of a pea, they can go in their separate ways, but when they reach the point they can be joined together, they become as one. Soul mates are intimately one whole. It matters not what their sex is, male or female, that is not important, but the meeting, the joining of the two 'Sparks', I would prefer say, when the joining comes, nothing or no one can separate them. They can in actual fact, meet down through many lifetimes, not always as soul mates, but in other degrees of relationships, can you follow me?

On 12/11/2001, Salumet also stated:

Let me say this to you: that Earthly words become much confused when spiritual matters are spoken of but we know that your Earthly words have to be used in descriptive language in order for you to understand. The problem lies that one avenue of ideas becomes what you term 'the normal'. I am here my dear friends to tell you this time what the difference is. I have told you previously that the soul-mate does not often meet in the physical world. That statement still stands. I will not change those words because, you see, the soul-mate—without becoming too involved in highly technical details, because my friends that indeed would be foolish because you would not understand—again we are speaking of energy. The soul-mates were created together for all

time, from the beginning of what you know as *time*, and that subject is much too complicated for us to discuss here. I could speak of molecular energy, I could speak of all kinds of energy but I feel that, for you, would confuse the issue. Soul-mates were created together. They vibrate on the same electromagnetic wavelength. They are counterparts of one another. That is the simplicity of the soul-mates; that they are energy which is vibrating on the same energy line. Do you understand? It is an issue of words again. That is why true soul mates do not meet in incarnations except very rarely: there is no need when they incarnate at the same frequencies. Does this make sense to you my dear friends? Now we come to twin-souls. This indeed should be the term you use instead of your soul-mates, which is used most often in your world because twin-souls meet many, many times in different incarnations and their purpose is in recognition, in coming together to try to form and create and blend into one energy; that is the purpose of their coming together. All of you in this room are twin-souls. You have met in other times, in other lifetimes.

Exercise for self-development:

Salumet stated earlier:

For the past few years, we have been encouraging all of you to look deeper into your soul, to find that part of you that is eternal, to recognise in others your own weaknesses—where there is fault, look only to yourself. I would like you to think about this a little more deeply, and you will find just *how* much you have grown. How many times have you stopped in your tracks and said, '*I must not do this, or I must do that*'? It is that Soul within which is guiding you all. So I am saying to you my dear friends, that this your new earthly year, holds many surprises for you, brings more knowledge to you, and I know brings many blessings to some of you. Few words, but a very deep thought, and I would like you my dear friends, before we meet again, that you have discovered within yourself that little piece of the Creator which will continue to ever move forward. Never allow life to become static, allow thinking to be filled with Love and, when I say Love, I mean Spiritual Love, the kind of Love that overflows all things, you understand?

