

SALUMET — 4th September 2017

Salumet spoke this evening about the Earth and other universes, DNA + instinct, artificial intelligence and the need to reject fear in our lives—audio link:

http://www.salumetandfriends.org/app/download/7931918/2017_09_04+salumet.mp3

Paul/Graham: Good evening Salumet.

Good evening.

Greetings

As always we feel great joy, my dear friends, when we see how you have gathered together for the good of others. I would say to you that each one of you will feel uplifted by the time that you leave this room.

Thanks

I wish to say to you that your planet at this moment in time seems to be quite disruptive, and no matter how many times I tell you not to worry, you cannot but help do so, only because you are human. I wish to say to you, my dear friends, it is not only disruption on the earth planet, but it comes from the nearest universe to you; and you know that there are many. So again I will repeat words that I have said to you so often: accept what is happening, give all of your love to those who are disruptive and spread your love to all people; but not only that, but to send your love to the universe—spread it wider. So, we thank you again for the thoughts that are given to all who dwell here upon the earth planet.

Sarah: Salumet, how can the other universe affect our planet?

Because you are all joined; one cannot exist without the other.

Sarah: So does that mean that everywhere around, not just us, is being affected by this?

Part of the Universe, not all. As I have said, there are many universes that you will never become aware of in a lifetime.

Sarah: No, but there are an awful lot of planets in our universe.

Yes, and it is a universal thing, it is something that has happened before throughout all time; but when you are here in the flesh, listening to all that is happening, you cannot help but let your emotions go out of control.

Sarah: Are you able to tell us what's going on in the other universe?

That is of no consequence at this time; all you need to know is that the problems that you see is not confined to the planet Earth. You know that the Planets influence each other, (yes) each hour, each day, each week, throughout all of your earthly time. (yes) So, I say to you again, my dear friends, what you have is the most powerful weapon, and that is your love for all mankind. You have to become Love. (yes) We have spoken many times of love, (yes) but I say again to you, don't think of it, but FEEL it. When you FEEL LOVE, there is no need for words. Do you understand?

Agreed

Paul: Yes, I don't know if it helps at all, it's much like as you said, the planets are all influencing us, the earth and everything and the astrologers knew all about that, but it seems a step further, the other universes, particularly the one nearest to the earth also has an influence, so **(yes)** it's all worth ... we don't need to know, I guess, but I suppose it would be lovely to have some inkling as to the other universes, but we can't I guess, so it's just a question of embracing them in our love as well. **(yes)**

Sara: And we know that it will pass in time—the troubled time will pass.

The troubles cannot last, because time continues; it will not last.

Sara: And love and joy are our greatest protection **(yes)** for everyone.

Yes, you have to *feel* the love, feel the love for your planet, for other planets, for the universe that is close to you. These happenings have happened since I do not know when, but they have always been, there has always been upsets and wars and natural disasters, which we have discussed in past times; and what you consider to be disasters are just part of the evolution.

Sarah: I tend to think of wars being created by a person, but that person is perhaps being influenced by the other universes, so it's not ... **Yes, you have to go to the energy of all things, and when you have an imbalance that is when upsets are created, down to the very basic level.**

Paul: So if we can somehow restore the balance, that's all that's required maybe?

That is what we try to achieve, not only here upon your earth, but from Spirit; there are many working, many angelic beings, who are around all of you at these times, but I do not want you to think that these are unusual times.

Sarah: We've got the imbalances, are we talking about the energy of physical things? What about in Spirit, are there imbalances over there as well?

Not the degree that you would understand. There may be a slight imbalance of energy, but it is not disruptive, like it is upon your Earth.

(Thank you) **The subject of energy is a great one and I do not feel that this time, the capability from you, of understanding, because not only here does mankind feel he does not have the wisdom, but also some of those who have already passed to Spirit feel they do not always understand what is happening.**

Paul: The energies—does that relate to the dark and the light?

Of course, yes, you have to always go back to my words; if you question anything, reread the words that you have placed upon your papers and see what has been said before. How many times on your planet has there been ceaseless worry, misunderstandings of, 'Will the planet survive?'

Paul: It always comes back to fear, doesn't it? **Yes, you are quite correct; and how many times do you see the people in your streets saying, 'The World is nigh?'**

Agreed

So often ... So you must, my dear friends, try to keep everything balanced within your own hearts and mind, because unless you can do this, you cannot help others. And your understanding—the people's understanding is growing. I know you do not feel this, but I assure you that people's understanding is becoming much greater.

Sarah: When you say that, '*becoming much better*', about Spirit, or everything?

About understanding life on the Earth and, of course, about Spirit; that is the most important part.

Sarah: It is surprising the number of people ... I always try and bring in a bit of Spirit somewhere along the line and it's amazing how many people are interested, **(yes)** many more than don't want to know.

Many seeds have been sown, yes, and remember I have told you there are those coming to this world; children who have great knowledge and love and wisdom to help this planet—remember that also, send out your love to them, even although they have not yet arrived.

Paul: Yes, I don't know, why it's a very exciting thought that they are preparing to come and bring all that love and balance.

Yes, their understanding is much greater than many who have already come, including yourselves, although I have to say it took quite a while to gather you all together. We feel that as human beings and Spirit, you are indeed great ones.

Sarah: Nice of you to say. Well, we've been helped an awful lot by you Salumet. We'd never have reached anywhere near where we've got to if you hadn't have come to us ...

I thank you for those words, but it is I who needs to give thanks to all of you. There have been many changes over your earthly years, and yet you still come together and give of yourself, of your spiritual love in order that others may live a decent life, with understanding.

Graham: I think one of the reasons we come, is that you were talking about feeling love, and yet this is one place we really do feel it, (yes) we really do feel the love amongst us and from Spirit as well—it's very tangible.

Sara: Yes, definitely, and it's not only that, because we've been coming for so long, I think all of us have experienced the wonderful impact on our own lives, of the knowledge that we've been given—we've felt so many results, positive results and ...

Yes, you cannot deny what you feel, (no) you can disregard the words of another, but you cannot deny what you feel within your soul.

Sara: And in many ways it's been one of the most important learning processes of my whole life really—this group has helped me so much to understand more—you've helped us so much to understand more.

But you see, when you come within a body, to live a life upon this planet, you are not perfect beings. You know, people say beautiful babies would never have a negative thought. Let me surprise you and tell you that those beautiful

babies have already existed with all the love and emotions, the *range* of emotions that go with living a life here.

So, have you anything to ask?

Graham: I was going to ask you a follow up question, because I think it was Sarah a few months ago, who mentioned somebody who had a bash on the head and they were able to play the piano, where they hadn't been able to and you said that it was recorded in the DNA from many lifetimes earlier, **(yes)** and I just wonder if this was really how instinct comes in, that we often talk perhaps rather glibly about, you know, *'that's instinct'*, how a baby knows how to suckle, how animals know how to find their way across a continent and things. I was just wondering if all of this again, is written into their DNA from perhaps many lifetimes earlier?

All genes have knowledge, (yes) I believe I said, yes, of course you can never destroy energy and memory from Spirit is energy; you can forget with the brain, the physical brain, but you can never destroy or forget that which is part of Spirit. So yes, there is always knowledge available within you as human beings, but that energy exists in a wider sense throughout all of the universal energies. Again you go to deep matters, where one answer would not be enough. (yes) You understand?

Graham: Yes, so one way that this energy can be expressed is recorded in the genes, but that's just one way.

Yes, and once you come to human form that information can be tapped into, (yes) of course.

Sara: And that's where we have memory from perhaps other lives too—there may be some memory of something we've done before that could be developed.

Yes, of course, yes, you are all capable of many things, but if the physical brain does not seek and search, it will never know.

Sarah: There's a girl recently who started playing the piano and she started composing when she was around about 3. I think she's 12 now and she's giving concerts and has written operas and all sorts, **(yes)** and that's obviously also from what's happened before?

Yes, of course, you all have retained memory from past times, whether you understand or accept it, it is *there*, it can never be destroyed.

Sarah: So if you've done bad things in a previous life, **(yes)** or things you know you shouldn't have done, could you start doing them again in this life, if you felt that's what you needed to do?

That is possible, that is possible, it would depend whether the Spirit was ready to change or not; and yes that has happened, where people have returned and carry some of what you consider to be unhealthy ways of living.

Sarah: Because you wonder sometimes why some of these people do some of the things they do; but maybe that's not necessarily brought from a previous live, it's something they've decided in this lifetime?

Yes, of course, that is why you cannot judge, you do not know that answer until you return to Spirit, yes.

Sarah: On a slightly different tack, you've said to us that cancer—well, all illnesses are something that we have created ourselves, maybe not in this lifetime, but in previous lifetimes. When animals get cancer, is that the same thing, have they done something wrong?

Yes, it is an unbalance, the animals as well as humans, become unbalanced. That should not surprise you.

Graham: They *think*, but not perhaps in the same way that we do.

No, that is true, their thinking patterns are different; animals are different from you as human beings, but they are still 'prone', shall I say, to imbalances.

Sarah: How would they get imbalanced, an animal? Could you give us an example?

Because like people, you can have angry animals, you can have animals who become so afraid that they do not mix with other animals—there are many, many reasons.

Paul: They can become depressed, I think.

Yes, the same as any human being.

Sara: So they can all benefit from healing ...

Graham: ...and love.

And animals will give you unconditional love, if they are treated properly.

Sarah: Because I've watched some of those vet programmes and the owners are absolutely distraught that the animal's got cancer, so it isn't a case of them not loving the animal.

It is what the animal *feels and does* itself. You cannot blame another for any illness that occurs,

either in an animal or in the human body. You see it happen when so many are told they will not survive, and they do. You have to then give an explanation for why this has happened—why does it happen with some, but not others? But remember, you all have to pass with something, unless you have the capability of understanding your own Spirit.

Pause

Paul: There is a question from a reader, can you take another question?

I will take one more before I leave you.

Paul: They expressed concern that the way artificial intelligence or 'AI' as it's called, is developing so quickly with computers and robots, they wondered if at some point these computers and robots will get so ... they'll develop an intelligence of sorts that goes beyond humans, and they could even annihilate humans at some point; but there's that general fear I think, being expressed about how quick, the rapidity of technological development at the moment.

Yes, we are well aware of what is happening in your world and, yes, your technology is taking 'leaps and bounds', I think you say.

Agreed

Yes, do not forget that all information originally comes from Spirit, so it would be for us to try to temper the way this knowledge is used. All throughout your history mankind has interfered, has not listened to Spirit and the love that comes with it; this will always be, because of your free will. All I can tell you at this point, is that we in Spirit are aware and will do all that we can to make sure this knowledge is used for good.

Paul: Yes, it comes down to free will I guess ...

You will never stop mankind's free will, you will never stop man doing deeds against his fellow man, which he should never do; but these things are part of life's existence on this earth.

Paul: I wondered if even computers are *capable* of really *thinking*, even advanced ones—I think some people think they can almost develop a consciousness, but I wouldn't have thought so myself. Would you have any comments on that?
I do, and I feel these comments are unfounded; that is all I will say, I do not see that they can become ... you are speaking almost as if they would become a god.

Paul: Right, yes, but actually they can only really do the tasks that have been programmed into them, **(yes)** they can't really go outside of that **(yes)**

Sarah: Surely consciousness, what Paul was speaking about, is a spiritual thing, and they're not Spirit, they're a machine?

Pause

Paul: Yes I think so ... so, yeah, they are just machines at the end of the day.

Yes, yes. (Thank you) But I would say, do not concern yourself too much about that, they are making great progress as far as that goes, but we are aware and we are trying to temper what information they are using.

Paul: Ah, yeah, I'm that's very reassuring to them, thank you, thank you.

You see, what is happening here, and I will say it before I leave you, is that they are trying to bring much fear to the world, because with such negative thoughts come the fear, (yes) and you must reject all areas of fear in your lives.

Paul: Yes, and technology can bring so much good, can't it?

Yes it can, that is why the information has been given, but as I have said, mankind is very clever at turning everything around.

Chuckle + agreement

Sara: And I think often many humans, they don't always realise they're doing it, but they create a big drama, **(yes)** and people seem to hook into that drama quite easily, without realising they're doing it. **(yes)** So it's very unconscious often.

You are quite correct, it is so much easier, it would seem, for human beings to find more fear in any situation, than they do love, and all of the positive aspects of love. And I hope, my dear friends, our conversation will help you to rejuvenate the thoughts of positive thinking, (Agreed) that it will help you in everyday life, (yes) to send out so much love (yes) and to allow negative thoughts to dissipate.

Thanks

Now, my dear friends, I will leave you this time.

Thanks from all

Cho followed—audio link:

http://www.salumetandfriends.org/app/download/7932167/2017_09_04+Cho.mp3

Hallo!

All: Hello Cho.

I thought you all asleep.

Giggles

Sarah: Did you listen in to what he was saying to us?

Mm?

Paul: Sarah asked if you listened—did you listen to Salumet?

No, no, not allowed, no—I just come to wake you up!

Giggles

Mark: I needed to wake up, I nodded off I'm afraid.

Ben: We heard the snoring.

Laughs

He naughty—lady need to kick him.

Laughs

I don't mean, I don't mean it. I need to ask if the gentleman would like to take us on a journey today?

Graham: Do you mean me?

Yeah, you!

Graham: Ooh right! Right, OK, I will try.

You let me go first. I go—I keep being told 'Edward', I don't know who he belongs to.

Sabine: My grandfather was called Edward.

Yeah, right. Let me see.

Sabine: My mum's dad.

His fingers used to hurt, this Edward.

Sabine: He's not with us anymore, he's in Spirit.

Yeah, I know, his fingers used to hurt him?

Sabine: I wouldn't know, I was 7 years old when he passed away.

Ah, you don't know.

Sara: Your mum might know?

Sabine: Yeah, she may know.

He show me some kind apron. I don't know why he show me, that not my job!

Chuckles

I go, I go let the man to his work.

Sabine: Thanks Cho for bringing my Grandad.

He might come back, but now, I have to go.

All: Thank you/ciao Cho.

Graham then took us on a fun meditative journey—audio link:

http://www.salumetandfriends.org/app/download/7932179/2017_09_04+Graham+acorn+med.mp3

Ker plunk! Ouch! I just bashed my head! I'm in a very strange place. I think I might be an acorn. I just fell out of a tree. I rather like where I am, because it's full of woodland smells; I can feel the damp earth around me and I can feel myself

being covered in leaves. This is a very cool, moist place—very comfortable, perfect for an acorn. And I'm an ambitious acorn, and I want to find out about the world.

I don't know what an acorn is supposed to do. But I feel as though I want to send a root down into the ground—so I'm going to do that.

Pause

So, I start to split my shell and I send a root down into the ground; but at the same time, I want to send a shoot in the opposite direction, upwards. So, I got two jobs to do, send my root down and I send my shoot up.

Shyly at first, but then with more courage, I decide to push upwards—I want to know what's going on. I lift myself up now above the leaves, and I can see light.

I grow stronger and stronger and the desire to GROW becomes greater, I can feel now strong and sturdy, so I'm able to push upwards. I can see lots of leaves in every direction and I want to push upwards higher and higher.

I start to unfurl branches, my buds open into leaves; but I can't see very much, so I want to grow higher.

What is this that I am feeling? It is a breeze. I want more of this, so I decide to grow higher. My branches become stronger, break out into twigs and leaves and I push on up through the wood, getting ever higher and higher.

I can glimpse now sunshine. I want more of this.

Pause

All around there are interesting things, amazing things, flying insects, buzzing sounds, knocking sounds, rustling sounds. I pause and feel all that is around me.

Pause

I realise that I'm not alone. There are many other trees all around, but still, I want to grow higher to get a view of the world from far above. So I keep pushing upwards and now become hugely strong, enormous, powerful. I absorb all the Love that surrounds me in this wood, all the trees are emanating Love, I give Love, I receive Love. Everything around me is in balance.

I now pop my crown up above the trees and I have a fantastic view of thousands of other trees just like me.

Pause

As the sunshine fades and the clouds gather and I feel the changes in the air—the flowers that I've had are now replaced by more acorns. Like all the trees around me, I start dropping my acorns and they fall all the way down, down, down, down, to another Ker plunk! And an ouch! And it starts all over again.

And that's that.

We then sat quietly and Eileen suggested we speak out if we pick anything up clairvoyantly. We shared our impressions, with several sitters seeing animals and Graham experienced himself as a weather front, sweeping across the UK, cleansing the land. Meanwhile, Eileen was seeing a man in a boat, clinging on in a storm, determined not to drown. Sara was seeing the cartoon character Jiminy Cricket, jumping around, having a marvellous time. One then spoke through Eileen—a merry farmer from bygone days—audio link: http://www.salumetandfriends.org/app/download/7932171/2017_09_04_small+holder.mp3

Hello maties!

All: Hello

OK to talk?

All: Of course, yeah!

I think you've been talking about my life—animals on the farm, on the sea—I wanted to join the Navy. Never did—wouldn't take me, you know. Yeah, but I loved my animals; yeah, I loved my animals on the farm. Anyway, I've just been listening to you all.

Paul: Yeah, we've got quite a variety of animals there. (Referring to the clairvoyance from the sitters)

Yeah, very good—weird lot.

Giggles

Only joking, you'll get used to me. Yeah, always wanted to join the Navy, never could get in—they always had an excuse. Anyway, I'm as close as I'll ever get, you know why?

Paul: Why?

Because I'm a lifesaver at the swimming pool!

Ha Ha Ha ...

Laughs

Sara: That's all right, isn't it?

I thought that would make you laugh. Somebody is saying, go cheer them up.

Chuckles

Quiet little bunch, aren't you?

Paul: We're all a little bit tired tonight I think.

Tired? You don't know what tired is!

Laughter

Tired? What does that mean, tired?

Sara: I think we are just a bit relaxed. We're interested in what you've got to say.

Yeah, am only joking, they just said, go on in there, give them a laugh.

Graham: Thank you.

Sarah: Sometimes when we're quiet, it doesn't mean to say we're unhappy or whatever...

Oh, I know all that, my dear, I'm not a complete fool.

Giggles

Sarah: I didn't think you were.

I know you didn't, but I did. Nobody's mentioned my pig.

Paul: Pig, no, we didn't get any pigs.

Who's had my pig and not mentioned it?

Sabine: I don't know.

Sarah: That's probably because the pig was quiet.

Giggles

Cute little things, pigs.

Sabine: So, you had a lion?

No, no, the lion's OK just to show him, show it big enough so he'll say, I've seen something—yeah...

Mark: They're very clever pigs, aren't they?

Very clever pigs, yeah...

Sarah: He was obviously a lucky pig.

I don't know why people are so derogative about pigs, myself.

Sabine: They're lovely, they are lovely.

You know they say, 'greedy as a pig', I suppose they are a bit—a bit greedy.

Mark: But we're quite greedy ourselves, us humans, we like to...

Don't you talk about me like that son!

Laughter

Sara: Don't they say, 'happy as a pig'?

Mark: Yeah—we even eat pigs, we're the ultimate greedy pigs really.

I won't argue with you son, you probably know more about pigs than I do.

Sarah: You worked on a farm then, did you?

Yeah, I had me own little. Well, I called it a farm, it was probably a field or two.

Sarah: A small holding?

Yeah.

Sarah: So what did you have then?

What, you want me to make a list? (Yeah) What you usually get on farm? I had a cat, a dog,

pig—just one pig and sheep; yeah, I like sheep; a goat, in fact, 4 goats, cow—1 cow and chickens.

Sara: Lovely.

That OK?

Graham: That's a good list.

Paul: You must have been very busy.

Yeah, it was very busy, thank you very much—not much help going about.

Paul: Not much help?

No, nobody wanted to come and help me.

Sarah: So what did you do with all the animals, did you eat them?

NO, no you silly little mare!

Laughter

Eat them? I loved them!

Sarah: Because most people that have a farm, they have a farm so that they can make some money to live.

No, I wasn't into all of that. Sometimes I'd sell some things—me eggs I used to sell, just enough to keep me going.

Sarah: Did you milk the goats? Were there female goats?

There was 2, but they didn't get on, I had to have them separated.

Sara: I like the expressions on the sheep, and the lamb's faces. (***Yeah***) They're very innocent, aren't they? (***Yeah***) They have an innocent look about them.

Very good, I'd recommend it to anybody—that peaceful quiet, humble life. Anyway, it was just all your talking that drew me back, so I better be off else, you know that one that tries to organise everything.

Knowing chuckles

Sabine: You'll have Cho on your back.

I got words for him.

Paul: How long ago was it then your farm?

How long?

Paul: Yeah, how long ago was it? Can you remember the...

In time oh, I can't tell you son, I can't remember all of those things. They don't matter anyway, does it? Who's bothered about how long?

Paul: I don't know, I thought it might be... these days, it's kind of harder to have little farms like that.

Yeah, I think there was an old queen on the throne.

Sarah: Victoria? Would that be queen Victoria?

Yeah, sounds about right, I don't know.

Sarah: I remember listening on the radio once, and there was a man, a farmer, who got to 100 and they said, you've seen lots of changes in your life; what was the best change in the life? And he said, when they brought in wellington boots.

Yeah, hehehe—that's a good one. Yeah...

Sarah: So, did you have wellington boots?

Oh no, I had leather boots.

Sarah: A bit cold in winter?

Yeah. Anyway, I haven't got all day stand talking to you all.

Chuckles

Mark: Thank you, I like the sound of your farm.

Agreed

Yeah, no strict rules, I just love them and they loved me back. And don't you be going eating them.

Agreed

I'm off, I'm going now.

General thanks

Eileen commented after that he looked like he needed a good scrub, which ending the session with more laughter.

Notes:

The Special Children referred to by Salumet were first mentioned on 17th October 2016: [2016_10_17_Sal-.pdf](#)

Salumet describes the topic of 'energy' as being a great one, hence the need to reread previous words on the subject. For eager beavers, wanting to reread previous transcripts on Energy:

Understanding energy—28/10/96

Recognising own energy pattern—9/12/96

Sexual energy—1/02/99

Love energy—26/03/01 + 27/11/06

Transmuting energy—4/03/02

Thought and energy—27/09/04

We are energy—5/09/06

Changing energy—4/06/07

It has come up many times over the years, and these are just a few. Here is a link to a chronological index, which may help locate others:

<http://www.salumetandfriends.org/app/download/7933675/Salumet+Transcript+archive+index+94-16.pdf>

