

KINGSCLERE GROUP EVENING

19th September 2016

This was a short evening which began with prayers as usual. There was then a rescue via Eileen involving an eleven year old who was caught in a fire at home—audio link:

http://www.salumetandfriends.org/resources/2016_09_19-rescue+11+year+old-fire.mp3

Eileen then received clairvoyance for Jan, regarding a property she had viewed recently. There was then a second rescue, but unfortunately the recorder stopped working at this point.

26th September 2016

After our usual prayers, a gentle one spoke through Eileen. It seemed particularly apt that this evening's theme should be beauty in spirit. Perhaps this was an example of orchestrated love from spirit realm, helping to remind us of the wonderful journey our dear George was now taking, having passed a few days earlier—audio link:

http://www.salumetandfriends.org/resources/2016_09_26+flowers+sing+and+dance.mp3

Good evening.

Paul: Good evening.

Lilian: Can you tell us your name?

Miriam.

Lilian: Hello Miriam—I think you've been before. **I'm looking around—it's very quiet.**

Agreed

Lilian: There's only 5 of us. We're just a very small group tonight. **(Yes)** It's quite unusual to be so small.

Sarah: We normally keep quiet, so that it gives people a chance to come through—they don't feel they're interrupting us.

Yes. I like quietness—I've always liked quietness.

Lilian: Yes, I can agree with you there. Sometimes I like to be with people, but yeah, to be in the garden and quiet is very nice.

Do you speak to the garden people?

Lilian: I do forget—In fact I'm glad you've said that.

Why do you forget?

Lilian: Why indeed! I haven't got a very good memory. Though I *do* thank the flowers—things like that—maybe that... especially when they've

come to the end of their life and you know, thank them for the flowers that have been...

Yes; you've seen nothing yet!

Lilian: No.

There is a lot to see and flowers are some of the things that a lot of people are taken aback by; not only their beauty, but their scent—yes.

Lilian: Can you pick up their thoughts as well?

They dance! They sing! So yes, you should be able to know what is being said. It is almost—I believe you would say a choir!

Lilian: Amazing!

Have you ever stopped in a garden and wondered why? Or just enjoyed the peace? But when you hear the **flowers sing, it stops you in your tracks.**

Paul: That's a lovely reminder for us to spend more time in our gardens.

Yes and the flowers are never separated in our world—never apart—always mixed.

Mark: Like a meadow...

That is good yes. Meadows in your world have their own significant song. Did you know that?

Mark: No—they have a much more sort of...

...Basic sound.

Mark: Yes, because they'll allowed to form more naturally without so much human interference.

...interference yes.

Lilian: I've just had a thought, can they communicate with bees, flies and so on?

Everything that is living has the ability to communicate, yes. That is why when you walk in a beautiful garden your spirits rise and you feel so good. So imagine when you come over here, can you imagine how greater that joy is; to see the colours, the flowers, the singing, the swaying—everything...

Paul: And even in a winter garden in this country there are—some things remain flowering and seem to be alive still I guess—well, they're always alive, but they're still in *flower* often.

Sarah: There are winter flowering plants, are there?

Paul: That's right.

The Great Creator has thought of everything. Yes of course, there is a different kind of beauty in your world in the winter time; but yes, you have all of those flowers too—it is a sight to behold and one that leaves people in awe.

Paul: We just need to have a little more time and to open ourselves a little more to these things, don't we?

You do, but you are doing well if you tend your gardens well here; you are at the beginning of a beautiful journey.

Sarah: I remember the one who comes through known as Salumet, he told us we should actually really look at the plants, look at the flowers, look inside them and just see the beauty in them—and it's absolutely true!

Yes, and speak to them, yes, and listen—listen.

Sarah: Yes, I hadn't thought about the listening part of it. **(Yes)** When you say they're singing, what are they actually doing? Are they singing?

I just say singing—it is a vibration, a higher vibration than you would be aware of here; and the different vibrations together is the most beautiful thing you will encounter.

Paul: I remember when I was walking in a lot of nature on my own in New Zealand. I could sometimes clearly tune into some kind of—it was like a choir of Angels, you could say, singing. I wondered if it was coming from the river, but I couldn't say for sure where it was coming from, but I was walking along this river. There was some kind of wonderful orchestra of music and sound.

Yes and you were privileged to hear that in this world. That is why when you encounter beautiful quiet areas in your world that you should take the time and appreciate what they have to offer you, because it is indeed beautiful.

Sarah: All things are wonderful really; I was actually watching a programme on the telly about the *singing sands* **(yes)** and they get so hot they start to move and then it creates this noise, but actually you can hear that, you don't have to be in trance to be able to hear it.

Yes, it's wonderful, isn't it?

Agreed

And the whole of your Nature on this planet is wonderful.

Agreed

And I'm afraid it's little appreciated by many.

Sarah: Mankind has done it's best to destroy it! ***Yes, but there are those who work towards re-educating man; that is going on even now as I speak.***

Paul: It feels like a bit of a battle sometimes, between the big money corporations and those who are trying to protect the wildlife, but I hope we're winning—I hope we're gradually persuading people.

Yes, good people such as yourselves, with insight can only help those of us from spirit who wish to correct all of these wrongs. We try to influence as much as we can.

Sarah: You're doing a very good job, because are beginning to talk a lot more about it now **(yes)** and things like the ivory trade—there is no point in killing these wonderful animals just for their tusks **(no)** and the general public is becoming much more for the animal and against the people who are doing the trade.

Yes, it takes people some time to become aware of what is wrong and what is right. It does not mean they are bad people, only misinformed or misguided; but education is a wonderful thing.

Sarah: And also when people are very poor and struggling in life, you can appreciate that some of the people do this because they just need something to live on—they haven't got anything. ***Yes, they need just to be guided away from that form of self-survival. But yes of course, it is understandable why it has happened in the past, but once people become more educated there is not excuse—there is a limit to making excuses for people who do damage to other, not only human beings, but your animals. They are loved dearly in this world.***

Yes, so it has been most pleasant to have a few words with you and I can assure you there is much—whenever your time may be, you will be amazed.

Paul: Mm you've inspired us and I'm sure you'll inspire others who listen and read these words. ***Yes.***

Sarah: Paul and Mark's father (*George*) has just passed into spirit and he learned a lot from this group, from the ones that came through and he was a keen gardener, so I'm sure he's thoroughly enjoying all the beauty...

There is so much beauty, not only plants, everything that you have on Earth is just multiplied. You cannot really imagine it until you see it, but I just wanted you to know that the peace and the quietness also benefits the wildlife—the plants and all of those things.

So I am going to say goodbye to you all and perhaps we can have another talk another time.

Enthusiastic agreement + thanks

Yes, and I'm sure the others who are usually here will be told of the beauty that I have described.

Agreed

Lilian: Thank you again.

There then followed another through Sarah— audio link:

http://www.salumetandfriends.org/resources/2016_09_26+sarah+naothe+r+in+beauty.mp3

Lilian: Good evening and welcome.

I am finding this quite difficult to breathe in this atmosphere.

(Lilian approached and placed a healing hand on Sarah's back—this lasted a minute or so, though the pause has been edited from recording)

Lilian: Is it getting better?

Yes, thank you. I was wondering whether I should come to visit or not and when I decided I would, I began to feel that tightness.

Lilian: Yeah, the heaviness of being back again.

But I have become a little more used to it now.

Thank you for your help.

I was listening to you speaking and I was interested to hear the chatter again of human earthly beings—how different in spirit our chatter is, because we do not have the burden of your earthly life to contend with. I was drawn also to you, by the one who was telling you how beautiful everything is in spirit, and indeed it is; but there are some beautiful things on the earthly plane as well.

Paul: Yes, we're blessed with some beautiful flowers and animals and Nature things.

I too was here, but I used to live in the forests and at that time we did not have the pollution that you have today and when I returned the air did not feel clean.

Mark: Yes, in the forest it would have been much nicer air, I'd imagine.

It was a harder time, but life was a lot purer, everything was purer; and then when you return to spirit, you realise that what you thought was pure on Earth, was not as pure as when you return. So I have not come for any reason other than I was drawn here, but I would like to say to you and reiterate what the other one said: Life in spirit is so wonderful and the beauty is

outstanding. So when your time comes to return, you will indeed feel overwhelmed by the beauty, but in a short time you will remember that this is how it used to be.

Acknowledgement and light chuckles

Paul: And is it still the case as here that beauty is in the eye of the beholder, so perhaps the more aware you are, the more beauty you see in spirit as well?

I think to an extent it is true, but not as true as on the Earth plane. When you return to spirit, you cannot help but be aware of everything that is around you. So I think really there is no hiding from it, not that you would want to do so. But I think here, you maybe have to look a little harder and then you see—that is a little different.

Paul: That makes sense.

Yes. Well I have accomplished my mission; I have returned and I was so pleased to come to you as a group, but now I will return and thank you for allowing me to have this experience.

General thanks

Paul: Yes, it's been a beautiful evening!

Notes:

Developing the Senses: In 22nd August 1994

Salumet said:

You need to redevelop all of your senses—your eyes, your hearing, your smell, your taste, your touch. There is so much you need to relearn and it would take such a short time of your day to do that.

Les: Right. Could I ask you what you would recommend? You'll probably say meditation and quiet, which I understand. Is there anything else you could recommend to guide us into the best way to develop these lost things within us?

You, of course, could not regain all so quickly. You need to do it a stage at a time. Let me take the eyes for looking. How often do you really look, stop and look? Let me take for example, a flower. Can you really describe a flower to me? Can you close your eyes, can you smell it, can you feel it? If I was going to bring a flower into this room, were you blindfolded, if you had gloves on your fingers, if your nostrils were blocked, that would be the state of your senses. You could not tell me what the flower was like. That flower is a living energy, as you too are. Take a flower from the garden. Sit, hold it, there goes the development of the touch. Look at it with your eyes, study it. Look at its shape, its form, its colour. Feel that living energy from it. Then you begin to develop.

***George:** So George passed very peacefully at home where he wanted to be and we had a most joyous, celebratory and at times wonderfully light-hearted funeral in the lovely natural burial and sustainability centre in East Meon. It's comforting to know that George is now with his beloved wife Ann, who passed a few years earlier and is now enjoying those wonderful, beautiful and awesome gardens in that amazing world we call spirit realm and Salumet calls our true Home.*

Thank you so much wonderful George—you've worked tirelessly for spirit. Enjoy your beautiful journey home. So much love goes with you and when the time is ripe, it would be lovely to hear from you at the group sometime in the morrow.

In the meantime, we will do our best to help finish George's book and I'm sure he'll guide us in the right direction with that. And of course, all our beautiful individual journeys continue and the work of this group will continue, towards Light, Love and Truth...

