

SALUMET — 12th September 2016

Audio link:

http://www.salumetandfriends.org/resources/2016_09_12+salumet.mp3

Good evening.

All: Good evening.

As I come to you this time, I am aware of a mixture of emotions. We welcome our dear friend who has not been with us for some time, but we are always pleased to see her.

Jo: Thank you.

Spirit has been close to you for quite a long time and we know that you are aware of spirit and all that we can do to help. My friend, once connection is made with spirit, it will never disappear, even if you wish it to. So I say to you, be rid of any doubts or fears which you may have had. I will say only that there are those who stand *behind you* at all times, and of course, you may not always be aware of them. As for all our regular friends, we know when life is harsh for you all, and we do our utmost to lift the spirit; and yes, you are correct when you say much help is given to you.

This evening, when I have finished speaking to you, there will be by each one of you, a loved one from spirit, who will be here to give you that upliftment which you seek. It may always be one that you recognise, but I assure you that you are well known to them.

I will say about the dear one (*George*), our dear friend who is missing this time, but indeed he is not missing, he is with us for some time during your earthly day—a time, when the body is rested and the spirit too is preparing for that journey. So I say to you, allow our dear friend to be the judge of what is best for him, at this particular time. I can reassure you that he is surrounded by many loved ones—yes, and I know there are many here who would wish him a safe and lovely journey when he is ready. I can only say to you, my dear friends that this one has helped you all in some way, during your times together and for this we in spirit are eternally grateful to him. After all, each one of you play your part in allowing me, and those with me, to come to speak to you. therefore my dear friends, for this time I will take any questions that you may have and then I will allow you all to feel the love and the spiritual energy of those who will be

by your sides. Do you have any questions this time?

Jo: I would like to ask, are the Angels close by? **Yes, the Angels are always close by; as soon as you call them they are by your side.**

Jo: Thank you.

Yes, and it may be that some of you will have your helpers and your Angels with you, but that is for *you* to sense and to feel; but trust in your Angelic friends, they are always close by to take heed of whatever is needed for you.

Jo: Thank you.

Paul: Thank you for that message about George, I know it will really help the family.

I have a question about a book I read recently. It was a channelling from quite a few years ago by Charles Simpson, a medium, who had a Doctor Lascelles, come through on many occasions I think (a group that were called The Seekers) and I was fascinated by one thing he said about the dawn chorus and the birds, when they're all singing together, he said it was like all the vibrations—the songs, actually helped the Earth itself to awaken, like setting up a chain reaction of vibrations.

Yes, I would like to tell you my dear friend that not only is the dawn chorus from the birds of your world, they are accompanied by the Angelic Beings in our world, which, if only you could be aware, you would see the strength and energy and how the Earth can be transmuted from darkness to light.

Paul: I thought the Angels must have something to do with it.

Yes, it is a whole choir of not only the physical birds and energies of the world, but also from our world; they are united, they are in unison with the vibration of sound.

Paul: Mm, because we've talked a bit about sound before, and I thought that's a wonderful working example (**yes**) of how these—it's a beautiful sound the dawn chorus...

And I would say to you that sometimes when people are ready to return *home* to us, they will often say they hear music; that is part of the changes that are made within your world by those of us in spirit. It is a sound, an energy that is more beautiful than you could be aware of here. But yes, that dawn chorus, as it has been named, is a most beautiful happening within your world and within ours.

Lilian: So that's why the early morning, the very early morning is really quite beautiful?

It is, is it not?

Jo: Before everybody gets busy.

Yes, there is a quietness—in that still time, there is a quietness of spirit when most people have been resting and the spirit has been allowed to be free in order to rejuvenate the body. So of course, it is a most beautiful time, as also at the end of your days.

Paul: That's right, they do sing at the end as well, don't they.

Yes—is that helpful to you?

Lilian: That's lovely.

Paul: Yes, it made me wonder if there must be a benefit—I'm not always up at the dawn chorus, but there must be a benefit to be *present* and *hear* it, for us humans.

Yes, you will have the benefit even if you are unaware of it; it is for *all* to benefit from it. But yes, if you have that sense of knowing, you will of course be much more aware of it.

Paul: I just wondered—maybe this wouldn't help, because as you say it's the Angels who we can't hear as such, but it wouldn't help to record it and play it sometimes?

I would say that is a very *good* thing to do, because in listening back, you sometimes catch the vibration which is not audible to the ear sometimes, but in the replaying of it, these tunes or notes as you say, would be available to you.

The more you listen, the more you *capture*.

Paul: Mm, because I also thought—it says in the book that certain parts of the world where there are no birds, so there's no dawn chorus, they're often very barren places (**yes**), so I thought well maybe you could *play* some of these dawn choruses...

You smile my dear friend, but that is not a bad idea. Yes, the lack of beautiful spiritual energy in these places is quite tangible sometimes, and it would be wonderful for thoughts to be given to those pieces of land which are barren, although I have to say, nowhere is completely barren. They are not always neglected, because spirit would never allow that to happen.

Paul: Would it improve even maybe the fertility of the soil of the Earth?

Yes, along with the thought of the humans, who would wish to cultivate in some way. The thought has to be powerful enough, you understand?

Paul: I see, yes—maybe that could help some of the desert areas. (**yes**) Thank you, that's very interesting.

Of course a lot of these places have been manmade, with the neglect of mankind in thinking about the whole spirit of the place. They just see the land as something to be disregarded and disrespected. So mankind has some answers to give.

Paul: Well, I'll cherish even more the sound of those birds in the morning.

Yes. Become a part of it; you *can* become part of it, if you allow your meditation to take you with it. But of course you have to forgo your bed!

Chuckles

I hope that has helped you just a little.

Paul: It has, it has, thank you, yes.

Are there any more questions please?

Lilian: When a woman is expecting a baby and you think the baby is safe and cosy inside the lady. If there's an upset and the mother is terribly upset about something that's happened in the family or whatever, does this in any way affect the baby? Can the baby pick up the feelings of the mother?

Of course—the baby and the mother are living as *one* and any emotional turmoil will show itself in the baby. They are united by a cord of life, and yes, in the same way as a child has connection with the mother at birth, so too is that connection with the baby within the womb. I am sure there are many who could tell you stories of how the baby can become agitated or active, whenever there is some disquiet in the woman's life.

Lilian: Right, so when they're born, they would have forgotten that, would they?

It may remain, it would depend on the spirit—it may remain with them or it may be forgotten, there is no actual definitive answer to that one—yes.

Lilian: I see, thank you.

Pause

So, I can see you are all so weary of questions.

Smiles

Lilian: Any questions Sarah?

Sarah: No I'm afraid I missed some of that. I would just like to say—it's not really a question, but that dad came through—I saw him put his hand out to me. So, both mum and dad have been through, so to thank you.

Yes, you are fortunate that they both wanted to come. Not always do people wish to make

communication so soon after their passing. People are always a little wary when they are told this and will often say, *'But we were so close'*. It would depend on what spirit feels, whether they truly believe that communication even is possible. So, you know, I would say thank you to both your parents, who have come to you so soon.

Sarah: Yes, I was grateful. I did say to them both before they died, to come back and say 'hello'—so they have done that, yes—I was very happy to see they both.

Yes. If only people would develop that side of them, where they would not need mediums, or people of that kind, where they could make communication of their own, because my dear friends, you all have that capability.

Now, as I take my leave of you this time, I say thank you for your love and your patience, which allows me to come to you at certain times. I will leave you with our dear lady, who will take control after you have sat quietly; and please to let each other know what you feel and who is standing by your shoulder, because I can reassure you that they will give you upliftment and much live this time. So my dear friends, until we come together once more, I leave you cloaked as always within my love, with all the help that we can give to you, and to please unite yourselves each and every day, with that Great Energy.

General thanks

Sarah: We're grateful for you coming Salumet—it's no hardship to wait for you to come Salumet.

Paul: We'll try and have more questions for you, because it's so lovely to listen to the answers.

Lilian: That's where we miss George, isn't it—he had so many...

We then tried to tune into those around us as instructed earlier by Salumet. Eileen said she had two Angels with her either side—Michael and Raphael. Raphael was telling Eileen that she asked too many times for people and that she should trust him more. Salumet has said in the past that we only need to ask once in our healing thoughts and prayers and that asking many times can be negative...it takes only one loving thought, if it is genuine and sent with love, for it to be dealt with. There is no need for the repetition of thought... If you have sent one genuine loving thought, it is received. If you continue to ask for help over and over and over, do you not see that you have created a doubt?

(18/01/2016)

Other sitters mentioned deceased friends and relatives. Sarah got an impression from her grandmother that some of her thinking wasn't right whilst on the Earth and she's glad Sarah is not thinking in that way and that she is helping her to think in the right ways. Paul felt a similar connection with his auntie Sue, who got angry at worldly events at times, when it would have helped her to step back a little more with forgiveness. Paul said he had a similar issue sometimes.

Finally Eileen had some clairvoyance for Natalie concerning a trip to India, with possible connection to name Marikka. Jo also got clairvoyance regarding a small man in a flat cap, who was familiar to Sarah from the past. There was also the name Percy and the number 12. Eileen was also given the message from her mother to check on her brother, who says he is okay, but in fact is not. Eileen also had a message for Jo from her mother that her husband's knee needed checking out. She also said Jo took after her dad with her love of the countryside. She said Jo had managed her life very well and she was proud.

Finally there was one through Sarah:

I have come because you have all missed those who are not just beside and behind you, but there are several in front of you as well. The ones in front of you are those who have more recently passed into spirit. They are not quite so strong as those who are standing to the side and behind you, but I wish to make you aware of them, so that you can try and connect—and that it my message to you.

Thanks

Finally Eileen said that Michael who was still by her side would protect everyone on their way home tonight, which seemed a lovely note to finish on.

Notes:

The Dawn Chorus: According to Wikipedia, "The dawn chorus occurs when birds sing at the start of a new day. In temperate countries this is most noticeable in spring when the birds are either defending a breeding territory, trying to attract a mate, or calling in the flock."

Wikipedia is a work in progress of course and in time the vibrational awakening of the Earth may perhaps one day even be considered the main purpose of the dawn chorus as outlined in 'A Pilgrimage with the Animals.'—A Seekers Publication

<http://www.theseekerstrust.com/>

