KINGSCLERE GROUP EVENING.

11th January 2016.

Following our healing prayers, one spoke via Eileen about healing:

Audio link:

http://www.salumetandfriends.org/resources/2016 01 11+one+thru+Eile en+on+healing.mp3

Lilian: Good evening.

Good evening.

All: Good evening.

I've come to speak a little on what you call 'healing'. If only you could see the cascade of energy which is your healing thoughts. The amount of energy which comes from your planet when others are wishing help and love and security for another, it is the most beautiful of sights—the most beautiful of colours; and I wish that I could endow upon each one of you the vision that we have. We are so grateful for those of you who take the time and the effort in your everyday lives to help another human being. For most people it is a natural action or thought, but for many it takes just a little nudge for them to understand how much is needed—how much love for another human being when they are in trouble. When children come to your world as newborn infants, they have already all the ingredients of love—of healing. They have the sense of touch, to feel, to look, to speak and to give love; only because they are a being from spirit. So you see, even from the birth of the human into this Earthly world, you are all endowed with the gift of healing. But it is in groups such as yours that we truly see and are grateful for that spiritual love which you send, because you see my dears, the love that you send from groups such as these, is indeed spiritual love. I just wanted to tell you that those thoughts—those actions in your everyday lives your deeds—everything; we are most grateful for. And I just wish to say to each and every one of you: we return that love threefold. You may not even be aware of it, but I can assure you that this is so.

<u>George:</u> These words are most reassuring to hear. Yes, thank you for them. Are you able to say how

this compares with our standard medical health service? I imagine both are needed and sometimes the two aspects of healing would be concurrent I think.

Yes, I believe you have already been told, so I am being informed, that the medical profession as you know it—those people who have desire to help another—they are indeed healers in their own way, and that must be appreciated also (yes); but so many of you are healers, without even realising it. The spoken word is a healing, listening is a healing—the very gifts that you have come to this planet with—you have been given that great gift of healing.

Graham: It's interesting what you said about very young children, because there was a remarkable case in America, where two babies were born together as twins. They were premature and very weak. But after a while, one of them started to not do very well, and the other one was much stronger. And the doctors became very, very concerned about one of the babies. And somebody had the idea about putting the healthy baby with the baby that was failing. And they put the little baby's arm around the other baby and the transformation was almost instant. The failing baby started to recover and eventually was fine and grew to full strength.

Yes, when you speak of babies who you class as twins, there is an energy between them that shouldn't be broken. That is why, as you say: as soon as the energy was felt again between the two, there was an equilibrium.

<u>Graham:</u> Yes, it amazed everybody in the hospital and it went onto the Internet. This was just a remarkable thing which I think people were in awe of.

But for you my dear friend, it should not be surprising (no), because such as yourselves who are developing their spirituality, everything about themselves, allowing the spirit to be the stronger part of the being. You should never be surprised by anything that happens in your lifetime.

 $\underline{\mathsf{Sara}} :$ And touch itself is so very healing.

Touch, yes.

Sara: To feel the human touch.

Yes, all human beings have the capability to heal. Of course, there are some in your world

who take it a little step further and who are working with us in spirit to help others. But this in itself takes a little dedication.

<u>Sara:</u> You mean to work with the energy? **Yes, you all have the ability, but again, you also have the choice, and not everyone will make the same choices.**

Sara: Sometimes it's quite hard to choose. I'm sure it must be, but know only this before I leave you: that if there is love in your hearts for other people, that love will grow and become stronger. So therefore the healing factor becomes stronger (ah yes) and I am sure you must be aware of people not known to you who have had some impact and have allowed you to help them with your words. I am sure everyone in this room has experienced this (yes). Thank you for listening. I did just feel it was time to say a little about your healing thoughts.

General thanks

<u>Sara:</u> Can I just ask, are there any colours—you say you see a cascade of colours—

—A cascade of energy.

<u>Sara:</u> —Energy—Are there any colours you would associate more with healing thoughts than other thoughts, or is it quite a wide spectrum?

It is a wide spectrum, and different colours may be used for different conditions. That comes when you work with us in spirit. It is not as straightforward as a lot of people think. They tend to choose colours for specific complaints when in fact the unity between you and us can make a complete difference to which colour is to be used. But colour healing is most helpful.

Sara: I have had the experience when sometimes I've been giving reflexology to someone that I've felt that I've been impressed with colours that would help that person, so I've communicated that sometimes, when I've felt really sure.

Yes, and if you are so sure, that knowledge is coming from our world.

<u>Sara:</u> Yes, it's only when I feel certain that I say it—if I see it, as well.

Yes, do not become too rigid in how you feel about certain colours—be changeable if you must—you will be guided (yes).

<u>George:</u> And some are versed in the use of crystals. I imagine that crystal use also relates to colour—

Yes, crystals are full of colour. Crystals are pieces of energy—little understood even now. But yes, crystals can be used quite successfully for healing—and many other things. But before I leave I am to tell you that the one known to you as 'Salumet', will be here with you next time.

George: Thank you—thank you for that—for both your timely messages (yes).

<u>Paul:</u> I'm sure we will be doing more healing with our thoughts and trying to send out more healing, after your inspiring talk.

I sometimes feel that the purest healing is when you yourselves are unaware that you are giving it, because then it is given with pure love. Now I must leave.

<u>Paul:</u> Ah, that makes sense, yes—thank you. <u>General thanks</u>

There followed clairvoyant messages via Eileen for Sara's family and Sarah's family, with assurance of help from spirit. Then following a pause, one was with Sarah:

Audio link:

http://www.salumetandfriends.org/resources/2016 01 11+one+thru+Sarah++xmas+tree+planting.mp3

Lilian: Good evening and welcome.

Good evening to you.

All: Good evening.

I have brought a Christmas tree with me (oh). It is one that has been used by the children in spirit. They have been grateful to you when they have visited you at Christmas time, and this tree is a reconstruction of the one that they visited last time, but it is now a tree that is being brought to you that is full of life. It is a tree that is giving of all that Nature needs and because of this, you will also benefit from this tree. This tree will be planted in each place where you are. It is a tree that can be divided and divided and divided, but it is a tree that will bring much love to all of you. If at any time you see a tree that makes you feel what a wonderful tree this is, it is because you have been influenced by the tree that has been brought to you by these children

(mm). It is their way of giving thanks to you for the time and love you have given them.

Sara: Lovely gift!

Paul: Yes, our love goes to them—lovely

thoughts.

Some of these children had never known Earthly happiness, and your kindness to them has meant so much, not just to them, but to all those who care for them. So I will leave, giving thanks and love to you all, and this tree that can be divided will be planted near to each one of you.

George: What a wonderful gesture—thank you so

much for that!

General thanks

I will return.

Another then spoke via Eileen:

Audio link:

http://www.salumetandfriends.org/resources/2016 01 11+Cho.mp3

Lilian: Good evening.

'Allo.

Paul: Cho?

Cho.

General enthusiastic hellos:

I hope you like who came.

<u>Sara:</u> Yes—very nice! Thank you. Paul: Yes, it was a lovely idea.

I just want to say: thank you for letting me speak again.

George: You are most welcome.

Yes—just to finish off this evening, I thought I will speak.

<u>Lilian:</u> Yes, I thought of you maybe behind the

Did you? That's because I sitting beside you.

Chuckles

Lilian: Before that.

Before that, yes. I am pleased that you enjoyed this evening. I think you had very nice people come.

All agreed

So now I'm going to say: it's time for you to go and to drink that stuff you drink.

Laughs

It's a strange name isn't it?—'tea'. Yes, anyway, I go now. I'll see you all again.

Cordial agreement

<u>George:</u> Thank you for your few words—thank you for closing the evening.

Bye.

Bye-byes

Afterwards, Eileen declared: he's been nudging me while the one was with Sarah, saying: how long's she going to be?!
