

## **SALUMET** — 1<sup>st</sup> May 2017

After prayers Salumet spoke—audio link:

[http://www.salumetandfriends.org/app/download/6927695/2017\\_05\\_01+salumet.mp3](http://www.salumetandfriends.org/app/download/6927695/2017_05_01+salumet.mp3)

Graham: Good evening Salumet.

Sarah: welcome to you.

**Good evening.**

All: Good evening.

**As always, I am happy to join with you all once again. (Thank you) As I come to you this time, I would like to say to you, my dear friend, a little about the conditions of your world. (Thank you) I do not make an individual case for this planet that you call Earth; what I wish to speak about is the larger and bigger picture. We know and are aware of the fears within your world—that you feel so many things are wrong. My message to you this time is to say, and I wish you to accept my words, that this planet Earth is on its correct course and is only part of the whole picture. So, although there is fear and dread in your world, I would like you, my dear friends, to consider the bigger picture and how small you are in all of existence. I have spoken many times to you, but the evolution of this planet is on course; hard as that may be for you to hear, I can assure you that it is all part of what is happening in every other universe, in every other part of existence.**

Sarah: Could you just repeat that Salumet, I didn't quite understand. What's happening on the Earth at the moment...

**...is part of the evolution of the planet (Yes) and although it has created fear and anxiety on this planet, I wish to say to you that it is just part of its evolution.**

Sarah: Yes, and how it fits in with other...

**Yes, as part of other planets, of other universes, it is but a small—I will not say in...**

Paul: It's not insignificant?

**Yes, yes, so I don't want you to be continually fearful of what is happening in your own world. (Thank you)**

Paul: Some people are fearful because there's certain world leaders with nuclear weapons, who seem to be... **Have we not been here before?**

Paul: That's right, I was going to say, you *did* reassure us in 1994 **(Yes)** that the planet would not be destroyed in that way, so...

**What concerns us for you as human beings is that all of these actions create much more *fear*, and that is what we don't want; we do not wish to create negativity and more fear; but you understand, my dear friends, what I am telling you? (Yes) Since time began on this planet there has always been some kind of friction—that is happening. I would like you all to try to understand just a little more and to take that mind, that powerful mind that you possess, and go further afield in becoming aware of what is happening around your world. You understand?**

Paul: Yes, it's a bit like what they call the Second World War—it was done, but so much good came out of it—all kinds of medical advances and peaceful conversations and the fact that people realised that war is a really bad idea. **(Yes)** That stayed with people for a time, until perhaps those lessons were not exactly forgotten, but...

Sarah: Took a back seat?

Paul: Yes, but nevertheless there *was* a lot of good that came out of it and we can see that today's struggles are the new pathway to learning.

**Yes, in the same way as your space travel has brought to you many good aspects of knowledge. Always look to that wider field, my dear friends, always look further and allow your mind to be aware of what is happening elsewhere. I know that for some of you it is almost impossible to go to that place, but let me assure you that nothing is impossible if you so desire.**

Sarah: So, you're saying the planet needs all these troubles, in order to move forward, to get to the right place?

**It does not *need* them, but it is part of the change; with it will come, as the gentleman has said, more understanding, more knowledge of what your own planet is all about.**

Graham: I think we're getting better at recording events now through history, **(Yes)** and all of this information will be passed on to future generations; **(Yes)** so, mistakes of the past are more likely to be learned in the future.

**Yes, and that is what you must focus on—focus on what good will come from all of these deeds.**

Sara: I think also the common man is finding a voice really, because of all the government changes and camaraderie and a sense of

community—I think all of these things will become stronger.

**Yes, it may seem such a small thing to say, but in fact it is a big step forward.** (Yes)

Sarah: But all the strife that goes on, there's an awful lot of innocent people who suffer.

**But you cannot individualize everything.** (No)  
**Again you must forget, and I do not mean that in a harsh way, but you must forget the small world that you are living in and you must see the bigger picture.**

Sara: Because we can't carry all of the burdens; **(No)** there are many who would perhaps like us to, but you can't actually contribute anything positive, unless you...

**You can only use your minds—that is why it is imperative that you *do not* allow fear to overrule. I know all of you, my dear friends, understand these words and I apologize if I repeat them so often, but it is necessary I feel for you all to understand.**

Sarah: What I was going to ask, actually Salumet, I know you were saying this is only a small thing, but the people who *are suffering*, were they aware or did they come back knowing that, or you can't generalise like that?

**You must not generalise in that way, otherwise it becomes—your vision becomes clouded and that is not what we wish. Of course, we would wish that all human beings could live together in peace and in harmony. From time beginning on this planet there has always been disturbance of some kind; even before the human being was here, the planet was in turmoil. So, try again, as I have said, to read that bigger picture.**

Paul: That's interesting that it is was already in turmoil **(Yes)** before we got here—that makes us feel a bit better.

*Chuckles*

**I am glad, my dear friend...**

Sarah: *A bit* better...

**...a little better.**

Mark: Which beings would they have been then?

Graham: It was the Angels, wasn't it?

Sarah: The planet itself...**(Yes)**

*Pause*

Mark: I was wondering where the turmoil was—who it was between?

**In the land, in the air, in the seas—there was a gathering together, trying to neutralise and to bring love to all things.**

Paul: So, there wasn't fear though then, I suppose?

**Not in the sense that you would recognise—no, there was not that.**

Sarah: Was it because it was such a young planet? **All planets have turmoil to begin with; some just are better at going forward with love, going forward and accepting knowledge.**

Sarah: You have told us that we are the least intelligent beings in our universe...

Paul: Well... *'bottom of the ladder'*.

**Yes, I would rather say, 'bottom of the ladder'. Perhaps intelligence—that indicates physical attributes, so let's just say as far as planets and life goes, you are quite young.**

Sarah: Yes—are the other planets in the universe—they too are going through struggles? **They will be having their own problems—I do not like the word 'problems', but it is for your understanding, (Yes) because we are speaking of complicated matters here. Every planet struggles to go forward.**

Paul: Yeah, I mean it's a bit like childbirth I suppose—it can be painful and a struggle, but it's a necessary process.

**Yes, and the result comes further along the way in time—yes, that is a good way to say it, yes.**

Mark: So, when a planet's in turmoil, is there some kind of debate going on there, some kind of argument about direction?

**Within the planet? (Yes) I would not say so, I would not say that, it is a natural progression.**

**We are looking here with physical minds and making assumptions about what is happening elsewhere, when, in fact, it is a simple progress in all of creation; it is a very, very small part of going forward on every planet that exists.**

Mark: It makes me think of the yin yang symbol with the movement **(Yes)** and the white and the black and the little dot in each one.

**Whatever comes to you and helps with your understanding is perfectly fine, and there are many situations in human life, where you can come across happenings that help you to understand, and that is good by us.**

Sara: So, it's an evolutionary pattern really? **(Yes)**

Graham: Going forward in time, there are planets in our universe we know are millions/billions of years older than this one, **(Yes)** where life has so much more time to pass through these changes and evolution; **(Yes)** so there must be some truly amazing civilizations in our universe.

**There are, but that is not for you to know of at this time; but, yes, if you can look upon it in that sense, then you come a little nearer to understanding all of creation.** (Yes)

Sarah: You did tell us some time ago Salumet that the beings on this planet were actually more advanced than us at one time and we went backwards. Have we begun to catch up with that time now?

**Yes.** (We have?) **Yes, the understanding of ignoring what was given has returned, although very slowly, yes.**

Sarah: And you did tell us—I forget how long ago it was you came—in 4 or 5 years we would be able to treat all known diseases, and now they're able to treat an awful lot more and every day practically you hear them saying, **(Yes)** we can now do whatever, so...

**Yes, and I am sure also that you are aware of the discoveries being made from your seas, as I told you.**

Sarah: Yes, that's right, yes.

**Always, always be positive; there is so much good on this planet and hence my talk to you this time about *acceptance*, because really that is what it comes down to: acceptance of the evolution of your planet.**

Paul: And it was very comforting I think, early this year I think you mentioned that there would be children coming—special children, the first to be born within the next few years and *they* would be able to sort of be able to steer the leaders of the world into better directions.

**Yes, we are always trying to help, help you to become a better place, better to become better human beings, who will then go forward and be in spirit, yes.**

Paul: Yes, we really do have—there is so much help available and yeah, I think—I certainly feel in very safe hands, **(Yes)** with it all.

Graham: There's a lot to look forward to in the future.

**Yes, and that is what we would like you to do: be more positive and you will feel in your own**

**bodies, in your own mind that power and that strength; it will come! And you are beginning to see it within this circle of friends, where spirit is trying very hard to make contact in order that you go forward and help others.**

Sarah: Well, I certainly do feel that I've been helped and guided, **(Yes)** and Paul was saying the same...

**We will always try to protect those who work for spirit.**

Sarah: We're very grateful, thank you.

*General agreement*

**Now, I feel that you are quite happy with my words**

*(Strong agreement)* **and please do meditate upon them, because you will be surprised what comes to you.** (Thank you) **So, I will leave you all again with my love; I do hear your prayers sometimes and cries for help and let me assure you once again that your prayers are always heard.**

*Thanks and farewells*

*Cho then followed, amusing us with a quick chat about how he was trying to keep those who had gathered this time, in order—suggesting they were a bit of a rabble etc. He said he would leave it to us again to see who was around. We then recapped methods of protection as discussed last week, particularly as Martin had not attended last week—audio link:*

[http://www.salumetandfriends.org/app/download/6927722/2017\\_05\\_01+Cho%2B+protection.mp3](http://www.salumetandfriends.org/app/download/6927722/2017_05_01+Cho%2B+protection.mp3)

*Eileen then had a message for Natalie. A friend had lost a watch recently and it was said that this would be found. There was then a message for Sabine, concerning Beatrice, who'd been complaining about her shoulder—there was also the letter 'M', which was the initial of Beatrice's grandson. Eileen also enquired if Sabine's grandfather had an interest in trains. (This could not be verified at this time)*

*We then sat in silence for around 5 minutes before Eileen enquired how individuals were feeling. One through Sarah then spoke briefly, giving advice—audio link:*

[http://www.salumetandfriends.org/app/download/6927738/2017\\_05\\_01+Sarah+info.mp3](http://www.salumetandfriends.org/app/download/6927738/2017_05_01+Sarah+info.mp3)

**Good evening.**

All: Good evening.

**Your energy in this room is not quite as strong as sometimes. I would suggest you do not try to seek for those who wish to come to you, but**

*relax, because when you get tense, you push the energy away. So, I will return and hope that this information has been helpful.*

*General thanks*

*Sara then said she felt the urge to make a sound like a chicken. Eileen replied that we should do whatever we feel. After a short pause, Sara indeed began to cluck like a hen, which made everyone laugh and served to lighten the atmosphere.*

*Sarah was then seeing the image of a caterpillar emerging from the ground. Mark then recounted a story of when Russell Brand met the Dalai Lama. Apparently, they were both so happy to shake hands that neither wanted to let go and they carried on until they ended up in the next room still shaking hands. The mentioning of the Dalai Lama seemed to connect with the one with Eileen. She sensed this was a powerful holy man.*

*He was in prayer position, though the hands pointed downwards towards the Earth, instead of upwards and the head kept changing from male to female. Eileen was not able to get the name clearly, though it was something like Kalamon/Kahamon/Kahamoun...At this point Sarah was seeing a temple complex. Eileen then felt very tearful. She explained that this Master was trying to show her the Book of Life, but she was unable to look—it was simply too much at this time and so she had to close the book.*

*Sara suggested that the symbolism of the caterpillar emerging from the Earth, the temple and the Master bringing the Book of Life were all connected with what Salumet had been saying earlier about the evolution of the planet and the transformations that were ongoing at this time of change. Serena added that the Akashic records are sometimes referred to as the Book of Life and we discussed the world at this time in a new light, where the problems and tensions were actually lessons and evolutions—all has been written in the great book, no need to get bogged down in the details. As Salumet once said: **All things are known, all things have been. But do not forget, you are on a cycle of time. Therefore, without being too complicated in my explanation, I will say only this: What is to come, is past, what is past is the future; we are on a never-ending cycle of events.***

*Salumet 4<sup>th</sup> July 1994*

Notes:

No nuclear Armageddon: Salumet stated emphatically On 18<sup>th</sup> July 1994: **Many Masters have come to tread this Earth plane, at this particular time. There will not be a nuclear holocaust. That is our mission at this time in your evolution! That will not occur.**

Book of life/Akashic records: U-Tube link: [https://www.youtube.com/watch?v=EjDBU\\_3Hf6Q](https://www.youtube.com/watch?v=EjDBU_3Hf6Q)