

SALUMET ON ANGELS:

14th August 2000

Good evening. Thank you my dear friends, for the love that is extended toward me this time. I would like to discuss this time a topic we have touched upon but which I feel you are now able to digest in a little more detail. Firstly, let me put a question to you my dear friends: What is your perception of light and darkness? Does anyone have a response please?

Graham: I think of light as a place with energy and darkness as a place with very little energy.

You would all agree on those words?

Sarah: Not quite. I would say that light is the energy that you are giving out, *your* energy rather than a place with energy — your energy, or your lack of energy making the light —

So you see light and darkness as degrees of energy? Yes.

George: We have our physical expression of light being a vibration and darkness being absence of vibration. But I think this stems well beyond the physical. There are vibrations that the physical world doesn't know about.

Would you see darkness as being without vibration? Is that what you tell me?

George: I think that is our physical way of looking at things. **(Yes.)**

Sarah: Could it be with and without love as well? **(Yes.)**

Mary: I see it as knowledge and ignorance.

Yes. Let me say this to you my dear friends: Your responses here this time are what I would have expected from you, but let me say this to you that each one of you have not yet reached the awareness of the picture of existence, which contains light and darkness. Many expressions are used within your world. You say 'angels of light' and 'angels of darkness,' or you use the terms 'good' and 'evil'. Let me tell you this, my dear friends: Light and darkness are but reflections of the same vibration — that is not contradictory but it is life itself, it belongs to the scheme of life. I hesitate here because I want you to absorb those words. Light and darkness co-exist because they belong to the plan of all existence. After all, can you not see that perhaps the darkness — and we

will use those words in order that your understanding is there — light and darkness, we will hold those words. Without the darkness which you feel to be destructive, yes? Am I right in that assumption, that you mainly feel darkness to be destructive?

general agreement

What if I say to you my dear friends that clearing out, destroying is sometimes the forerunner for rebuilding and re-creation. Would you then view it in the same way?

general agreement

No, then you understand that the vibration of darkness is necessary. The light and the darkness in your world needs to be finely balanced. We have spoken that darkness always seeks the light and that is because balance is necessary.

Sarah: So does light seek the darkness too?

Of course. If one is a reflection of the other, you must have the balance. I want you my dear friends to now consider that the spirit beings of darkness from our world, are in *fact* a necessity for the ongoing of this planet, as in the universe. After all, without the lightness of your sun, would not this planet be complete darkness?

general agreement

You need both. Are you beginning to see where I am leading you to? I want you *rethink* those thoughts that you have maintained and upheld for so long. You could call darkness I suppose, within your own world, 'nature,' when you consider what you term catastrophes, when, in fact, the spirits of darkness are re-creating new form. Do you understand? If you do not, we will stop here and discuss it further.

Lilian: That is their job, spirits of darkness?

Let me tell you, yes. Angels of light and darkness are not far from reality. They are phrases that have been used in past times with the understanding of those at specific moments in your evolution. Light and darkness is definitely needed for the evolution of not only this planet, but of the whole of the cosmos, the whole creation of life. After all, without darkness, how do you know there is light?

Lilian: That's true.

Do you have questions at this time? You all have absorbed my words so easily?! (laughter)

Graham: I am a geologist and I take an interest in the science of geology and now geologists are beginning to unravel some of the things that have been important in the evolution of our planet, such as the death of the dinosaurs and how the death of the dinosaurs enabled other species and animals to progress forward and evolve. **(Yes.)** If this hadn't have happened and the dinosaurs had still been around, then perhaps we ourselves would never have had a chance to evolve —

Yes. The mysteries of your earthly living will gradually come to the forefront of many minds in this world who seek knowledge — you are correct. But you see, to us there is not light and darkness as mankind has given it credit for — you see lightness and darkness as opposites when in fact they belong to the one creation. This is the point I wish you to think about this time, that you *find* the connection between light and darkness and do not view them as opposites. When you come to our world, the only difference is that the *awareness* of light and darkness, shows you that this blending is quite natural and should not be separated in the way that humans try to do. It comes from a lack of knowledge and, as the gentleman has said, many of life's mysteries on this planet and not only this planet but others, have come to the surface of thinking and that has been mainly through the influence of those from our world.

Sarah: Salumet, when we come over to your side, here we have light and dark because we have the sun that gives us light and dark — we have dark moments and lighter moments — but the actual physical light and dark. So when we come over to spirit world, I am slightly confused — how do we get the light and the dark, because —

Yes, you are confused my dear friend, because again you are speaking of *physical* lightness and darkness which is entirely different. I speak of the very essence of life, the lightness and darkness which is the very structure of all living things. Take a flower within your garden — you see it decompose and you see it spring to life. You could say that the elements of the darkness has destroyed that beautiful thing, but the beautiful lightness of spirit reinforces and uplifts and re-creates that beautiful flower once more. **It is a**

working between lightness and darkness that creates the evolution of all planets. Do not confuse it with physical light and darkness, that is something entirely different. Think about it my dear friend and the understanding will come to you. Always I have to remind you gently my dear friends that your physical thinking interferes with what should come from within. Always try to *feel* and *think* on spiritual level and the understanding will be greater. Mankind tries too hard to find answers for physical happenings, when if only he would go inwards, those answers would become so *clear*. But that is the pitfall of having human brains.

general agreement

I do not say that to be derogative to mankind, because that is part of the purpose of your growing. But you understand what I try to tell you.

general agreement

Lilian: So spiritually each of us is a little of both, a little of dark and a little of light.

You strive to find a balance that is human living. Of course you will have many falls that is why we from our world, help to uplift you, help you in life all that we can. But ultimately the Spirit has this job of work entirely on its own. You are solely *responsible* for how life follows this time and many, many other lifetimes — you take full responsibility for all that you think, feel and do. You understand?

general agreement

I do not intend to go any further this time, because the words have given to you is food enough for you to consider.

George: Your analogy of the flower — it made me think of the religions of past times based on the Spring time festival of renewal, when re-growth would begin through the Summer months until the Autumn comes and then the period of more darkness through the Winter. Earth's populations were rather devoted to this idea in early times. **Yes, there are many ideas on all of these things, when in fact the answer is so simple. It may help you my dear friends to move away from the words of light and darkness but to see them as one energy, who is creating *for you* life that you**

can lead to the very best of your capabilities — as all existence is in need of both energies to exist.

Mark: So it would be a bit pointless to try to distinguish between the two really.

It would be easier I feel for you if you could dismiss trying to create opposition between these two vibrations. But, as you know, when ideas are formed, it is difficult to dismiss them once they have been created in the thinking. As we have said, the thought becomes reality — the reality reaches out into words and actions and mankind finds it difficult then to retrace that thinking. That is why I feel this time that just these few words should suffice, in order that you can think more deeply upon my words.

Paul: I was just thinking some night animals might think it's the reverse, like a moth might see better at night, so night is like light to a night bird or a moth and they might see light as darkness.

As I have said my dear friend, yes, it is the awareness which creates the thought. Yes, that is all the difference between mankind and those in our world that because of their heightened spiritual awareness, it is viewed in a much different way, because you can see the wider scheme of life a little more clearly. But, yes, that is a good point that you have made. It is your *perception* of what you see.

Sarah: And also us humans are looking for the opposite light in other person, aren't we?

Yes, always you seek something really which does not exist. You have created opposites when you should in fact be seeing the greater good of all of these things. Remember that opposites need each other in order to become totally balanced. Remember balance, that is perhaps a fine word for us to ponder upon — balance — finely tuned. After all, that is what you are seeking my dear friends, is the balance between the human form and the Spirit. When that finely tuned balance is achieved, then you could say that all aspects of your life upon this planet would be supreme. You understand?

general agreement

Are you sure?

Sarah: I thought you were going to say that when you have got a fine balance then it would be time for you to go back into Spirit because you have

achieved what you have come to do, but that is not the case.

You will *never*, you will *never* achieve that upon this planet. It would take many aeons of time to even achieve a great deal of balance. That is something we can discuss another time. There are measurements of balance, but I do not wish to confuse the issue this time. Have you more questions for me or are you all happy to think upon my words?

general agreement of need to think on it

I hope I have brought to you some little more for you to discuss, to think upon inwardly in quiet moments. I hope that between us we can achieve a little more information, which will help you all, my dear friends, to go forward in your spiritual growth. Therefore, if you are content, I will leave you this time.

Mark: Could I just ask one question: **(Yes.)** The yin yang symbol demonstrates this very clearly **(Yes.)** what you are saying. I wondered where that came from. Did that come from spirit?

Yes, all the expressions within you world have been given or they have originated from different peoples at the time when they were ready to listen. But, as you know, human beings are rather set in their ways of thinking. So, each set of people have created in their own time their own description of light and darkness. That is all, it is as simple as that. Call it light-darkness, yin-yang, good-evil, whatever you would wish. What I am trying to achieve for you, is for you to see on our way of thinking, that you should not have the word 'opposite,' in between these two things because they belong together. They are not separate they are but one reflection of the other. That is what you must try to remember. It is not destructive but creative. If you think along those lines, it will make your thinking easier.

Lilian: So even when we talk about the dark regions in Spirit, where some put themselves, shall I say — even that is not destructive?

No, because out of destruction comes light. The light will always seek to balance the darkness and the darkness always seeks the light. So can you see that each seeks the other?

general agreement

You have to think deeply my dear friends — this is not as simple as it may sound.

George: I think we must accept light and dark in their spiritual form (**Yes.**) and forget our light and dark physical expressions, because they are not the same.

You must erase the preconceived ideas which have been created in your world about light and darkness. Again we have difficulty because of the use of words. They are but two vibrations which need each other for all of life to function. I hope it has helped you. I hope, my dear friends, that when we meet again, these words will have reached that point within you, when you can say, 'yes I understand a little more'.

I will withdraw from you this time, leaving you all with my words, with my love, with peace and upliftment and I ask each one of you that you continue to offer yourself to that Divine Goodness, which all of you are part of.

general thanks/farewells

[21st August 2000](#)

Good evening. My arrival this time has been delayed, because it was felt that most within this room were in need of some peace and some quietness of mind. I hope that those people may leave this time, feeling spiritually renewed and with the knowledge that those close to them are aware of their needs. Because of this delay, we, my dear friends, will have some questions, rather than I embark upon new knowledge for you. Therefore if anyone has questions this time, let me now answer them for you.

Sue: Thank you, I have one. I don't know if you are aware that myself and the lady you are using now, went to a 'Direct Voice' circle, a couple of days ago and saw some absolutely amazing phenomena. I just wondered whether you could comment on it, how difficult it is on your side for this to take place and how difficult it is for people on our side to learn, if you like, to cope with it?

Yes, we are not unaware shall I say. The opportunity has been put forward for you, not because it is necessary for you to experience phenomenon such as you have had, but to enable you, as two people who have given much of their time, to see what is possible and what they too can achieve, given that they are willing to offer themselves in service to this work. There will

come to you my dear friend, other opportunities for new experiences in time to come. We know that not only within this room, but in another place that many, *many* of your years have been given, in the hope of some physical phenomenon. Let me say this to you: There are always difficulties no matter what form communication takes, whether it be clairvoyance, clairaudience, whatever. And I have told you that many new forms of communication will take place. But the phenomenon you speak of, is one which from our world has always been available, but we have to have the dedication and the medium who is willing to be used in such a way, because remember that the medium used has no knowledge of what is happening. So firstly my dear friend, let me say this to you: It is not so much training, as you have asked, but in the giving of oneself to us. We will do the training. You understand?

Sue: Yes I do.

For that type of evidence you must have people who are unselfish, who have given to us of themselves, without wish for any egotism. That, I would say, is the main ingredient of development of that type. You understand?

Sue: Yes I do.

I know my dear friends, that phenomenon of this type, is wonderful in the human eye. It gives credence to our world that so many people crave to see such things. But again, I stress, it is not necessary for people such as yourselves, because you *have* what you need to develop in your own way, and each one of you *are* indeed individual in your service to our world. There is much to come to you within this room. You know I do not come to tell you what is to happen. That has never been my purpose. My purpose is to teach and to enlighten each one who is willing to listen. But I will say my dear friends, that if you continue to travel along the road of development that you have been traveling, you will be rewarded, *you will be rewarded*. Remember I have said that communication is a two-way process — without you, we could not communicate — without us, there would be no communication. Therefore each is essential for the other. Many developments have taken place from our side of life, in order that mankind was willing to give of

their time, was willing to accept our words. Mankind must understand that communication is the very essence of truth, if mankind is to begin to understand what all these things are about. Unselfish service I would say is what you should try to achieve and my dear friends, I can tell you without this unselfishness, I myself would not be communicating with you. Therefore take credit for what you *are* and what you *have been* and what you *will be*.

Lilian: Thank you for those kind words. Could I ask a question? (Of course.) It's for the gentleman sitting next to me, who has a health problem. I know you don't come to sort our health problems out, but is there any word you could say that might help him? (Graham)

Yes. I will say this to the gentleman. We are aware that he has not joined you for much of your time, we were aware of his coming and as you know, all is known within our world. I would say that all steps taken can only be of good, when it comes to spiritual intervention. What the gentleman must begin to realize is that he must go inwards, he must look to his true self, to know and understand what the problem is. I would suggest, and you know I do not give advice normally, I would suggest this gentleman would be a case for what you would term, 'spiritual regression.' He would find this most helpful and can I say that although those in your world who do much good, much healing, he has not at this time found the right person. I will say no more than this, because I do not want to interfere in ones life's path. But I ask him to think upon my words and he will be guided.

Lilian: Thank you very much.

George: Mankind over the years, or in the past has had communication with other beings and I think in our literature we have given them names, such as angels and archangels. Would that be an accurate statement to begin with?

Yes. You know that I am not fond of the names, but yes, I would say to you my dear friends, that those descriptions are apt enough for mankind to use. There are indeed, what you term angels and archangels, but probably not in the same way as you would *think*. I can tell you that the true angels have never lived upon any planet. They are supreme beings, and because of this, it gives an

aura of lightness, which creates in mankind's eyes, the look of an angel as you visualise them.

Are you following me?

George: Yes I think so.

What would be your question upon this matter?

George: Yes. I just think it is nice to look back in our literature and observe that there has been communication with non-physical beings, (Yes.) and mankind in the past has given names to these, perhaps unsatisfactory names.

Yes. I can tell you my dear friend, that this part of what you call 'Literature,' is indeed correct. This is a topic that we have not touched upon, but is a subject for a future time.

George: Thank you for your confirmation on that.

But let me tell you there are such beings in our world. They have never been 'mortalised,' shall we say, on any planet, because they are supreme beings. But they do come to many planets, in the form of help, and many people have become aware of them in your world, and as you have stated, have given them names — to which I might add, they are pleased to respond to. And if perhaps I could give one more piece of knowledge to the last gentleman, (Graham) let him call on the one known to you, I am sure, on the one known to you as *Gabrielle*. If he will but call upon him, he will help. But we will touch upon these beings at a future time.

George: Thank you for confirming some of our records on that topic.

Lilian: I feel I want to ask, do they have wings?

You know the answer to that. (laughter)

Do we have more questions?

Mark: You've said that these supreme beings, they appear as light to us. I wondered if that was always the case with supreme beings?

In what way?

Mark: Well we were talking about light and dark last week and how we were to see them as continuous, or not separate anyway. But if a supreme being always appears as light, I was just thinking, that's a bit —

I have not said that any supreme being appears only as light. Have I said those words?

Mark: No you haven't no.

Thank you, I am not understanding you correctly then.

Mark: No, I thought these supreme beings that we

were talking about, these archangels appeared as light and I was just curious to know if this is how supreme beings generally appear?

Yes, well until we discuss them, I do not feel your understanding would be great enough just at this moment in time. But yes, I am beginning to see where you are going. We will discuss it more fully. But are you confused by the topic of light and darkness?

Mark: I wouldn't say confused, but I think I've got to think about it more.

Yes, I think you have. I think that you need to go over my words last time. You need to digest until the knowledge becomes more acceptable to you. It is a new concept of thinking I feel, for each one of you, what we discussed last time. I do not expect any of you to fully understand what I told you, without some questions. But when you speak of supreme light and supreme beings, we have touched upon a topic which is far in advance to what we have spoken of. Do you understand please?

general agreement

Paul: Could I just ask one question about the dark and the light. As I understand it, they are one and the balance is the thing to aim for, so that presumably if a being had too much light that would be a problem, an imbalance, just as someone who is too dark would be unbalanced as well. Is that right?

Yes, thank you for your question. May I suggest that you take yourself away from the thinking of persons. Light and darkness are vibrations. One reflects the other and the balance would come automatically, because each would seek the other to keep that balance. There cannot be imbalance in the universal laws. That would not be right, do you not agree? (Yes.) Therefore light and darkness always seek each other. Is that helpful?

Paul: Yes, it happens naturally.

Yes because the darkness would always seek the balance of the light.

George: I think it helps me to see it in reference to a great painter called Rembrandt, whose specialty was to work with light and dark and achieve balance in his paintings. Of course without both, there would be no painting.

Of course, look at all of life upon this planet —you always have the balance. That is why when first I

came, when you found it difficult when I said that those who seek to, how do you say, abuse young children. If you can look at it from light and darkness, it is the darkness seeking the light. Always the Spirit will seek the balance. If you can put aside the human form and the human thinking, then all can become clear. It is a difficult subject, and not one that I would expect you to fully understand for some time to come. But I would wish that you keep it in your thoughts, until such time as it becomes clear to you. But yes my dear friend, that is a good analogy, that to bring the whole together, you need the balance of both.

Lilian: Yes we'll give it some more thought. Any more questions?

George: I have a very brief one, to which the answer is probably no. I have read that in regard to physical happening in séance, a red light is a help. Is there any substance to this idea, or is the lighting quite irrelevant?

Let me say this: For those who are on the first steps of this development, it is something that has been suggested from our world, to help in the vibrations necessary for those who are within that group. But of course as you are well aware, there has been phenomenon in light. But these are exceptional mediums, who have been born and who have been chosen to do this type of work. They have been chosen and are fully protected by our world. But I would say that it is essential in the first degree of development. George: Thank you.

Lilian: So what's the answer, say when someone's lost a partner or a child or whatever, they have gone back to spirit. Sometimes a person left on this earth in a sleep state, just before they go to sleep or when they wake up, actually sees the person who has passed into spirit, say at the bottom of their bed, or wherever. How does that work? Is it thought again?

No, not always, again there are no straight answers. They can be seen clairvoyantly by a person and not always those in a room. But as you say, in sleep-state your consciousness is raised to such a degree, that you are more aware, you are more able to see with the spirit eyes. Sometimes that is when these things will occur. It is a different matter from what the gentleman

was speaking of. We are taking from the medium within those conditions, much of her own body energy, as well as spiritual energy. We are speaking on an entirely different subject here. You all know and understand of course, that when you enter the sleep-state, that the Spirit is free to remove itself from the physical body, and in the sleep-state, it is possible to see, to do and to achieve much. And remember, those loved ones who have passed over to our world, for some time after their removal from the physical being, are still very close to your world. So you see, the raising of the consciousness, of the one who remains and the closeness of the departed, are but a blink away. Do you understand?

general agreement

I hope that has helped your understanding. Again, my dear friends, I hope my words have brought you comfort and knowledge and understanding this time.

general thanks

Next time we meet, we will embark upon something that is new to you and which I hope you may find of interest. I leave you in the knowledge that each one of you is surrounded by that Great Love. And until such time as we come together, I ask that your thoughts be directed not only to those that you know and love, but to those many souls in your world, who are lost, not only in your world, but in ours.

general thanks and farewells

[5th February 2001](#)

Good evening. Firstly let me say welcome back to those old friends and welcome to our new friend. I wish to say to you this time that although this instrument still has a little problem, as I said to you last time, it does not create a problem for us. If the lady should have to physically cough, then I will just withdraw a little. So, please assure her that it is not a problem. We know she is concerned a little about it, but there is no need. To our new guest I will say *'welcome,'* and although she joins us at a time of information which she may not understand, she will feel great benefit my dear friends, for being in your company. She is on a trail of new knowledge, of different acceptance and of seeking more truth.

Now, my dear friends as I said to you last time, we will embark upon a conversation which was touched upon before I left you for a short time. This subject is not something that can be discussed fully in one meeting, therefore if you are in agreement, I suggest that as I speak to you, if you have questions about anything, I may say will you please ask me now, so that we can continue along this topic with full understanding and with greater knowledge. Is this acceptable to you?

general agreement

We discussed about the natural beings within your world, about the elementals, and we touched briefly upon the subject of angels, the angelic beings, did we not? (Yes.)

The first thing that I wish to say to you is this: That within your world many people are confused between the angelic being and what you term *'guide'*. Angelic beings have always been, they were here at the creation of this planet and all that it was to be. Angelic beings of the *higher realm* shall we say, have *never* been of human form. There are many angels that you call *guides*. This band of angels, have human form and have come to you for different purpose. Let us, for your understanding, call them Greater Angels and Lesser Angels, although they all belong to an angelic (order?) Firstly, my dear friends I hope that you understand that mankind and this planet Earth is but a small part of the whole, that everything is intertwined, that mankind is not the only form with a spiritual counterpart. But I wish at this time to speak to you of the Greater Angels, the Higher Angels. These are the angels that are given to you and shown to you as figures of imagination, drawn with the human form but with the occasion of small and large wings. Firstly let me say that because these angelic beings have never had human form, they are purity of light — they are the life force, not only of this planet but of all Creation. We touched upon the wings of these angels last time, did we not? (Yes.) What I wish to say to you is that this purity of light emanates from the top of the head and showing themselves in the form of humans, makes them seem to have wings which *are* in fact purity of light which surrounds the whole form. Angelic beings such as these are with each one of you.

Every human form has an angelic being from the time of conception, to the time of dying, or rebirth as we would wish to say. These Greater Angels are responsible for the consciousness, the soul of each human being. That is where they differ from the other angels, or *guides* as you like to call them. I will stop here, on the introduction of them to see if anyone wishes to question what I have told you.

George: Yes, could I mention St. John's writing about his vision in which he describes angels and four intelligent beings and twenty-four elders, which I took to be some of those who would be watching over the planet. Does that connect at all? **Yes, you have to understand that these elders as you describe them belong to the group of angels of whom I speak. These angelic beings are responsible for much of what governs this planet. There are many, many types of angelic beings who all have differing stations of work. Much of what has been written in what you term your bible, is in fact quite correct but also as you well know, much is man-made. But when we speak of visions of angels, I can assure you my dear friends we speak not of visions of the mind, or self-seeking visions, but we are speaking of that form of Divine Light which was much stronger in the days when your so-called bible was written. There are many, many variations along this evolution of angelic beings. You have *Angels of Healing* — they are one form of the Great Angelic Beings. Anyone who steps within a room of healing may or may not be *aware* that that Angel of Healing is there with them, that they know that healing is about to take place. They are responsible for the soul consciousness. We have angels of many types of work, but I will say to you at this present moment in time, it is important for you to realize that this *Greater Angel* and the evolution of these angels, has existed and they are closer to what we seek, than any other form. Again I will say to you, they are *Purity of Light*. They come from *The Source of all life*. They have the knowledge, the wisdom, the understanding and the love of all things.**

Lilian: As each child is born into this world, an angel will come with them?

Yes, you *all* have a *Guardian Angel*. These

***Guardian Angels* come from this group of angels. They will never leave your side from the moment of conception until your death or rebirth. Whether you become aware of them is dependent upon your own consciousness, your own spiritual growth — and remember what I have said, they are *not* your guides — you must not confuse the two. These angels *govern* the soul consciousness, the whole consciousness of this planet Earth, besides those of many others. I will tell you now that many of these beings have come from a spiritual planet of light to help with the evolution and lifting of consciousness of humankind. I believe this fact is not widely known but we will discuss it if you wish.**

Lilian: Could I ask a question about the healing? The energy that one can feel, would they be behind the energy? Is that the way to tell that they are there?

I would rather say that the healing guides, which superimpose themselves upon you, would be the energy that you would feel, because the angels of the group I speak of, come only for protection for the soul. You have the interaction in healing of both the angel and the angelic guide. Try to differentiate between the two if you can.

Lilian: Would they be aware of one another? **Not necessarily because remember your guidance is of a much lower order and in fact, I would prefer not to use the term '*angelic guides*' for these beings. But they are known as angels and for your sake of understanding we must use your own terms.**

Sarah: I know that each one of us has one of these angels and I know it might seem a silly question, but what would happen if we didn't have one of these angels?

That is not possible. Each one of you has a *Guardian Angel*.

Sarah: Is that the case of all life on other planets, would they also have a *Guardian Angel*? **Yes, in different form of course — that is something we will come to. But for this time we are speaking of angels in the human form as you would recognize them when they have been seen. But let us perhaps say that these greater angels, because they are purity of light, are therefore able to change their appearance. Remember what I told you about the elementals? If they have the**

power to do this, what do you suppose the angels, the *Greater Angels* have the power to do? **They are the closest you can come in this form, to what we seek, to that all-encompassing life force from which we come. They are the messengers from that all-encompassing Light.**

George: Would the Guardian Angel have the power to influence consciousness to prevent a physical accident that wasn't meant?

No, you are speaking of the guides. They are the ones who would look after FORM in this human existence. They are the ones who will try to influence you in many ways. The Greater Angels are more responsible for the whole outcome of consciousness on the planet. And although you are given one Guardian Angel, again they do not have the right to interfere with your own freewill. This is a complicated issue and that is *why* it will take many of our meetings for you to come to the full understanding of what I tell you. I do not feel that you will understand it so easily without many discussions.

Sarah: Could I go back to something you said? In the time that George was talking about in the bible. Did you say the light was greater than it is now?

The understanding.

Sarah: Ah, the understanding —
Let me say that only those who *have* come to that stage of quietness and self-knowledge if you like, only they and they alone will have a glimpse of these magnificent beings. And remember, they *are* magnificent beings. They have never touched or been in human form — they are purity of light. We are speaking now of Creation in its almost pure form. This is what I wish you to try to understand. These *Guardian Angels*, their task is try to protect you throughout your life if they can, but their *purpose* is for the *expansion of soul* and *consciousness* and all that is *spiritual*. They are not concerned with every day living as your guides are. They are the essence of being, they are the providers of this planet, of love, wisdom, power and many, many more spiritual attributes, which is your right but because of the form that you inhabit, it will never be achieved in one lifetime. Are you beginning to understand my

dear friends? (Yes.) I feel an awe amongst you that I can touch. Therefore it is important that we take each step slowly.

Lilian: With each reincarnation, would we still have the same Guardian Angel?

Yes, you will always have the same Guardian Angel, no matter how many incarnations there are.

Lilian: So, as we progress, they must be very pleased.

Of course, that is their purpose, to increase awareness and spiritual consciousness and all the attributes of spirit. But let me say this, they are not pleased in the same way that humankind would be. They would *absorb* that knowledge back into themselves, but that is another topic to touch upon. All I wish you I feel to try to understand this time, is that we have this group of beings, spiritual beings, which are little known about, but which are separate from those you call guides. Do you have more questions?

George: During our disastrous periods when we've been having wars, would they be saddened by what has happened, or would they simply not have that sort of reaction?

They are beyond human reactions of that kind. This is the point that I try to put to you, that they are *beyond all of these emotions* and, in fact, until you can place emotions to one side, it is highly unlikely that you would have a glimpse of these beings. Do you understand?

George: Yes I understand.

Sarah: So when we have finished being back here and we no longer need to come back to Earth any more, the job of that Guardian Angel is done or does it go on to something else?

It is never done, it is always interested — your progress will always be known. Imagine a room full of children with one teacher. If one advances a little more quickly than the another, it will not discard it to go to the one left behind, it will continue to show interest in *all* of those children. Would you agree?

Sarah: Yes I would.

Try to imagine these angels in that type of work and remember, you cannot put physical time to these things — *understanding* and *time* does not belong to these angelic beings.

Sarah: I just wondered if the angelic being was just

simply for that one person and that when it had finished its time on this Earth, it no longer needed to go on to somebody else perhaps, because you said that you keep the same Guardian Angel all the time.

Yes, but remember, your view and your vision is limited. Remember these beings are the Source of Pure Light where knowledge is ever-expanding. They do not see it as you would see it. This is the difficulty in trying to teach you about them, that your understanding of them is so limited. We are speaking of beings who have never, ever had to learn the lessons that you as beings have. They go along a different line of evolution.

Lilian: Like the animals do.

Yes, yes.

Lilian: I was listening to a radio programme not too long ago about angels and different people were ringing in to say that they had seen an angel and they left behind a white feather. I couldn't quite see the point, but is that true?

It is possible, of course. It is just a manifestation that is within the power of all angelic beings.

Lilian: So they could leave behind a white feather. I wondered why a feather?

I cannot tell you that, but there must have been some symbolic meaning I would think.

Lilian: Maybe the wings?

No, you must dismiss this idea of the wings being made of feathers.

Lilian: To the human person?

I am sorry, I am not understanding you.

Lilian: If we as humans think of the wings as being made up of feathers maybe that would be why.

Perhaps if that is your conception of what it should be — without knowing what happened, I cannot comment. Without knowing what happened, I cannot comment. But yes, why would it seem impossible for some manifestation to be made? Many apporpts are given in your world, are they not? (Yes.) So remember that all things are possible from our world. Do you have more questions or are you happy with what I have told you this time?

George: Just going back to St. John's account again, he mentions one Great Angel with one foot on the land and another foot in the sea which would suggest enormous size by our standards.

Yes, remember that *form* means nothing to these

beings. They are not limited by conditions as we would know them. And of course, how they show themselves to those who can perceive them is something that seems amazing to humankind. But yes, we do have the hierarchy as you I believe call it, even in the evolution of the angels, that these beings do have some semblance of order, some form of hierarchy in order that the Divine Plan can be played. There are indeed what is termed in what you call Bible, many angels and also archangels. They are the highest of all these angels, not because they have more power over them — that is not how the Divine Plan works. But there has to be order. For this purpose alone you have that group of angels who are called archangels, because of their magnitude, of their great knowledge and wisdom.

Sarah: Eileen, the instrument you are using at the moment, she saw an angel. I believe she was in meditation and it was her Guardian Angel she saw. Is that right?

When you have the right conditions, if you have the right *frame of mind*, if I could put it to you that way — if all of these conditions are right, then it is possible to have a glimpse of that angel who is with you for all of your life. It is open to each one of you to become aware of who your own Guardian Angel is. They would be only too willing to allow you a glimpse of who they are.

Jan: Are they there for a part of our own consciousness?

They are always within your consciousness at all times, but it whether your consciousness will allow them to come forward or not. That part must be played by you. There is nothing to prevent each one of you from having that knowledge, if you so desired. But I would say to you that the time which is best for any of these visions, is not a time of seeking but in a time of quiet resignation, when your spirit comes to the fore. So, do not consciously seek, but allow that inner being to be still, to be quiet and ask quietly that when the time is right, you be shown your very own Guardian Angel.

Jan: From your own teachings you say to ask for help and guidance. Is that almost the first port of call, when we look into ourselves and ask for help, is that our guide that answers the questions or tries to help first?

Your own guidance, your own Higher Self, would be the first port of call, as you say. Remember, you have that guidance but it is not these Higher Angelic Beings. They will not step forward to offer guidance. That is the second form of what I call angelic beings or guide. That is the word that humankind has given to your guidance. And remember, you do not have just one guidance, there are many who come and leave within your lifetime, who are there to help and guide you. But your own Higher Self is your first step of guidance. Do you understand?

Jan: I, like many, presume it is very difficult to separate and I realize what you saying is to separate our physical from our spiritual. **(Yes.)** And what you are talking about is purely spiritual **(Yes.)** and it is very difficult for us, isn't it as human beings to, as you said, cast away the incumbencies of every day life and accept. I can accept it, you realize I do accept it, but it is very difficult to understand, isn't it?

Yes, that is why it is important that we go slowly as we have always done at these meetings — that slowly, slowly the understanding and the awareness becomes greater, that each one of you travels at your own pace of knowledge and development, that each one of you seeks that, that you *will* in your own time. We cannot rush you — anyone from our world will not rush you. You are in control of your own spiritual unfoldment. But all I say to you is this: That these Greater Beings, these angelic beings have a much greater responsibility than is imagined or understood within this planet. Their connection is not only with this planet, with humankind, but as I have said at the beginning, with all of the planets in your solar system. And there is my dear friends a planet of light where these beings do exist.

Jan: Often I have heard of guides having lived here before, having been a physical being. **(Yes.)** That obviously is a lesser angel as originally said but do they progress on to the hierarchy of angels? **No, they travel along a different evolution. The line of evolution for these beings is entirely different. What I speak to you tonight about is a divine and purity of light which cannot be intermingled with the evolution of Earth. I do not like Greater and Lesser, these words create**

confusion, but I am not sure how else to put it to you.

Jan: I think we all understood the term.

Yes, but I want you to understand this time how much wider, how much greater the knowledge that these angelic beings have, how much more expansive is their knowledge and the help that they can give to this one little planet. That is what I would like you to try to think about this time — the greatness of these beings and how important they are to the evolution of so many, many things. All other forms of beings come back to these greater archangels, shall we call them, and their line of helpers and those who come and stand close by humankind.

I think I have given you enough this time to think about. I will accept your questions next time, because I know you will have some for me and then we will go just a little further if you are willing to do so.

Lilian: As always, lots of food for thought.

I will leave you my dear friends with these many, many thoughts. My desire for you of course would be that each one of you became aware of these beings who stand so close to you within your lifetimes — that you could feel the love that they exude, that you could *feel* their own beauty — and indeed, it is something to behold.

I leave you all my dear friends as ever with my love and my thanks to each one of you for your time and dedication and for listening to my words.

general thanks/farewells

19th February 2001

Good evening. This time my dear friends I bring to you not only my love but an element of understanding that will bring to you the meaning of what I wish to tell you this time. Firstly, I wish to address our lady friend and say to you that I ask you to tell the instrument I use that I am working with her on a spiritual level in order that she may understand causes of physical problem. I will leave this in your capable hands.

I know my dear friends that each one of you has considered my words of our last meeting and that we do have some questions, but firstly let me say this to you: What I would like you to try to

consider this time, and I did touch on it before on another occasion, was *how much* you humans are *mirror images* of the angels which I called *Light and Darkness*. Do you remember our discussion? Do you remember that I told you that they were but reflections of each other?

general agreement

You *do*. What I would like you to consider this time is that you as human beings, display the qualities of both of these angels. Shall — for your benefit we will call them *Good* and *Evil*. Do you remember that I told you that the angels of darkness, if you like to call them that, were not destructive but *constructive*, that the angels of Light or Goodness were just that, but that they balanced each other out? This, my dear friend is what you as human beings *are*. There are times when you give out good, there are times you have thoughts of darkness, but you *need each* to balance out. Can you begin to *see* how you reflect these *Angels of Light and Darkness*? Can you see within yourselves that these two scopes of light make up your own physical being? Do you understand that?

Lilian: I'm sure we do —

I would say to you that of all the angel beings that are in existence, you are most closely related to the *Angels of Light and Darkness*, because you are so much alike as humans. Do you have questions about this please, because I feel it is in your interest to fully understand what I mean by destruction and reconstruction, when we speak of these angel beings. Do you see that within yourselves, or do you see yourselves as something quite separate?

Lilain: For myself I can see Light and Darkness.

general agreement

Each one is happy then with that explanation that the link between you is so close?

Lilian: There *has* to be the light and darkness?

Of course, it is part of Law, it is the part of all things functioning equally. Remember what I told you: How can you know only good, you would not understand it without having had evil. I use those words for your understanding, but in fact all that they are, are two different vibrations, which when brought together, balance themselves out. Do you understand, please?

general agreement

As we speak of Angels of Darkness, there is in your human vocabulary, angels who are called '*Angels of Darkness*,' and I believe they are called this, when it is angels who come to you when your time upon this planet and the time for rebirth to our world is imminent. Then many of you say, you are meeting the *Angels of Darkness*. But I will say this to you my dear friends that if you pull back the veil of the *Angel of Darkness*, what you will encounter is beauty, love, compassion and all that is good. So again can you see the balance lies there also? (Yes.) What I would like you to understand also, is that there are many, many angels — many. You cannot exist in this world without an angel of some kind. We spoke briefly of the *Angel of Healing* last time, did we not? (Yes.) I have spoken of the *Angel of Darkness*. There is the *Angel of Thought*, which we touched upon briefly and which this dear lady asked me about in another way, about *thoughts* being helped — there are my dear friends *Angels of Thought*.

Before I continue further, would you like to ask me any questions?

George: With regard to the previous teaching, you mention the planet of Light as the origin, or place of some of the angels. I appreciate all the beings on that planet would be beings of light. Would the planet itself be of light or would it have a physical counterpart?

Yes, you have picked up on what I intended to discuss with you next. Of course I told you these beings are beings of Light and come from planets of Light. These beings belong to the hierarchy of angels. These beings have never experienced the vibration of human living, such as the angels which I speak to you about. The vibration that they belong to, must also be the same vibration as the planet from which they come, in the same way that the *Angels of Light and Darkness* use the earthly vibrations of this planet, although they are of a different vibration to yourselves. I will tell you my dear friends that in the hierarchy of angels, the *Angels of the Sun* are the more advanced.

Lilian: Of the sun?

Angels of the Sun. We are speaking here about things not widely known upon your planet. And again I say to you my dear friends, if it *is* beyond

your understanding, then I fully accept your rejection, but what my purpose is in this one of your earthly years, is to take you a little further from the knowledge that is already well known to many on this planet. I wish to stretch you spiritually, in order that you can see the wider scheme of life. You know and you understand and I believe you accept that there are other life forms other than this one planet. (Yes.) You know and you understand and accept that human beings are of the lowest form of development. Therefore, does it not make sense to you my dear friends, that there are beings of much quicker, much lighter vibration, who belong to planets again of lighter vibration? They could not exist in a planet such as Earth, because it is too dense, too full of heaviness and in all of universal law, they *have to* exist, where all is harmony and balance. You know that when you leave these physical bodies, when you come to our side of life, you will gravitate to that plane of existence, which is suited to you spiritually? (Yes.) It will belong to the vibration from which you come, that you will go to it. So does it not make sense that these finer vibrations, these angelic beings should come from a planet such as they *too* belong to, the lighter vibrations, the love, the harmony and the balance? Can you accept this, my dear friends?

Lilian: I can accept it, I'm sure we all can, but it needs to be thought about.

Sarah: I find it difficult to have an Angel of the Sun. It is *fire*, so —

No, no, you must not look at it from the *physical* eyes. We, my dear friend, are speaking *spiritually*. Again this is where things become complex, because you are so limited in the way you think that it is difficult to think *spiritually*. But I know my words are difficult, I know I am going onto new ground for you. That is why we need to discuss and speak about it slowly, in order that each step can be taken at your own pace. And after all my dear friends, you know each one of you has your own pathway, have your own understanding, have your own lifetimes of spiritual activities. I know that it will be difficult for you at times to accept my words, unless you have thought about them carefully and *given of yourself* to those who stand close by you, in order that they too can help to bring to you that

understanding and knowledge.

George: Yes, I think I could say that as we go along we are learning that there is more and more that is beyond the detection of our physical science. This is no problem so far as I am concerned in acceptance. We do look at things from our physical eyes sometimes and we endeavour to see things spiritually and we are discovering that there are more and more aspects of spirit. But I can assure you that this is not a problem.

Yes, I know that the scientists in your world, would say that all of nature is a natural happening, but what they do not fully understand is that *behind* the natural happening is a *Natural Law* which guides — that is the point that they miss, that there is an *intelligence* behind all *Natural Law*. But I know and I would not tell you if I did not think you could not take my words and *digest* and use them for your own individual spiritual growth.

Lilian: Would it help us to understand — I am speaking for myself, we each have a *Guardian Angel*, (Yes.) and so everything, just everything — the sun, the other planets — they *all* have their angels?

What you must try to understand that all is not left to chance. You know that there is *structure*, there is *Law* in all that is around — there is *intelligence*, there is *Creation*. We all know and understand this. What I am trying to tell you and teach you this time, that there *is* a state of hierarchy, and again I use that word for your understanding and your use, because there *has to* be harmony, there *has to* be order, no matter which planet you come from, whether it be in this solar system or another, it matters not. There *has to* be *order*, there *has to* be *Love* and that is what these *Angelic Beings* are in existence for — not your *Guardian Angels* who come to you on this planet, not even the angels that are above them, but there is a hierarchy of *Supreme Beings*, that is what they are, they are mirror images of *all* that is *Love*. *These* are the beings which put structure and order to all of the planets. I do not feel that at this time, you are able to see spiritually these Great Beings, who have so much understanding and love for all things. They are a state of existence. In fact, to speak of them almost in human forms is wrong — they are so much more

than that. But they are the ones who govern the spirituality and the construction of all the universe. Above them comes only the **Supreme Beings** and I have no intention of going that far, because my own knowledge does not extend thus far. But I hope that I have given you a little insight into what you are and how small in comparison you are, to all of these angelic beings. They have so much influence, not only in your lives, but in all of existence.

Sarah: Have these Supreme Beings always been and will always be or do they change in any form or how are they?

Supreme Beings always have been. They are the closest you will come to the **Creative Force**, I believe. You are not likely *ever* to have contact with these ones. They could not possibly come in *any way* to a vibration such as this, but it does not do you any harm spiritually, to know of them.

Lilian: We are very grateful for the knowledge. Do you have any questions Izumi? (A guest from Japan, with limited English —)

Izumi: Sometimes I feel and pray and think — **Let me say to this one, because she has difficulty**
Izumi: Yes difficulty (to speak)

But that does not prevent your Spirit being open to us. For you, my dear one, there is much knowledge to be gained. I would say to you, this one has the virtue of patience and because of this virtue, she will learn quickly. She has reached a point in life, where not only does she seek interest but she *will* go forth and she *will* be used, perhaps not in the way that you within this room are being used, but we in the Spirit world have much work for her in the future. Just to be here in this room with us, is part of her life plan, although she may not have been aware of it, but she is treading a straight pathway thus far. Children will be most important in her teaching — she may not know it at this moment in time but it will be so.

Lilian: Thank you, any more questions about the angels?

Mark: I was thinking about the sun and I was thinking we think of the sun as a central thing physically down-casting light in this part of the universe. You made me think about it spiritually as casting spiritual light much, much further. Thinking of it physically, it seemed like it was a bit of a

parallel (**Yes.**) and it seemed like it was much, much more important than I had thought of it before really.

Yes, of course each one of you knows there are many suns. I do not speak of one sun, but there is such a planet. Let us take the words you have said and spoken, that the sun gives light, it gives warmth, it gives hope. And if you think about these things on a spiritual level, can you not see that all these attributes are what we seek? Light, warmth, love — all of the good things that we *try* to seek towards, that are natural things for the spirit. I wish you to think perhaps this time, about the **sun and its qualities and how they relate to you as spirit. This is an exercise for you my dear friends that I hope you will take up. Perhaps the next time we meet, we can have a discussion about it.**

Lilian: I was just thinking, the lady next to you (Sue), someone came through her one evening and said if we looked at the moon or stood in the moon's rays when it was nice and bright, it would be beneficial. I think what they must have meant was *spiritually*.

Yes, again, I say to you all, look with spiritual eyes *always*. If you seek answers, look inward, see the spirit grow. If you go inwards spiritually, you will find the answers to *all* things. I am here only my dear friends to *help* you, to help you to understand yourselves, to know yourselves spiritually. Again I say to you, we can help, we can try to uplift you, but we cannot live life for you. That is your task to grow spiritually and if you can grow whilst clothed in these garments, these human clothing's, then you will find that when you are born into our world of spirit, your knowledge will be so much greater, *so much greater*. This is our purpose, all of us who come to your planet, that we are trying to find more of our world in your world — that those who are blind spiritually have their eyes opened, those who have their hearts closed have them opened, those of little compassion, understanding, charity and compassion. There is so much work we have to do with you human beings. But I say to you my dear friends, as I have done in times past, if you can but help one person grow and move along their own pathway, your lives have not been in vain. But that is not to say that you must neglect your

own growth. All I wish you to understand about the angels, is that there is a hierarchy, there are angels around you every step of your existence and especially so at important moments in your lives, that you do not confuse them with your *Guardian Angels*, who are responsible for you, whilst you are upon this planet. Do not confuse *Guardian Angels* with these *Higher Angelic Beings*, because they belong to different vibrations. Think about these things and my dear friends, all will become clear.

Sarah: Salumet, could I just ask one thing before you go? If our Japanese friend has trouble speaking to you in English, is it possible for her to speak to you in Japanese and you could reply to her or do you need another voice box for that?

I could not use this one, I have not trained it enough yet but of course we are aware of all that is happening in her life. Yes, of course it is possible, but not with this instrument. It is not that we cannot but we need the instrument and conditions to be right. Is that helpful to you?

Sarah: Yes, thank you.

Lilian: Are you taking any more questions?

I feel for this time that we should close. If there are others to speak, I am sure they will, but I will withdraw from you my dear friends.

general thanks/farewells

26th February 2001

Good evening. Since last we met I have been with you on many occasions, although you have mainly been unaware of it. I know that my words to you last time have given you much time to think about what is new in your awareness. I hope my dear friends that as discussed last time, we can have some questions to clarify what I have told you and to place to one side the topic of these angel beings. So, if I can leave it with my dear friend here, shall we begin to discuss what we have talked about?

Lilian: Shall we start with you Mark? Any questions

—

Mark: I think I am quite happy with the topic so far. I would just like to say to this dear friend that when he gives time to himself his thinking is quite deep and there comes to him in the very rare

quiet moments that he has that understanding, slowly but surely, the understanding that is needed to go forward. But I have to say also those times of quietness are not often enough.

Lilian: Izumi, would you like to ask a question?

Izumi: I want to believe in angels. Sometimes I have a hard time (Yes.) — it is difficult to —

Understand? (Yes.) Yes, I know what you are trying to say my dear friend. When you come from different cultures, and there are many on this earthly planet, many teachings, many religions, many ways of thinking — you as children are given *ways to follow*, which lie deeply within your subconscious minds.

Therefore for many, when a new awareness is given to you, it is more difficult to accept for some than others. This is what is happening with our dear friend. Because it is a topic not spoken of within her culture, it would be more difficult to accept. But that is not to say she will not come to the full awareness of all who surround her. It will come because she has an openness of mind which is seeking Truth. Do you understand my words? If not, I am sure our good friend next to you will explain. May I leave that with you please?

Lilian: Yes. Yes, she must be searching otherwise she wouldn't be here, would she?

Yes, yes.

George: Looking at some of our literature, I have found seven named archangels, (Yes.) including Gabriel, and I believe Gabriel is said to have given the Koran to Mohammed. Are you able to confirm this that the Koran came about in this way?

Yes, that, I have to tell you my dear friend — of course Gabriel does exist, it is a name given to one of the Higher Beings of angels as you fully know and understand. But as for giving the Koran, which is part of another religion, different from your own, I would have to say this is *not* so, it is not true. Why would an angel of such divinity give to one group of people? That is not their purpose and especially not the angelic beings of the hierarchy. (pronounced higher-archy) So, I would say to you my dear friends, that is not the complete truth. It may have been that the angels were close by at the time, but not one would have been singled out to present that book, that Koran as you call it, to one set of people. After all, the task of these angelic beings is for *all* of this planet

and not one group of people. Within their understanding or their thinking, they could have, if they had wanted to, brought forth from their minds and their thinking that the Angel Gabriel had presented it to them. Do you see the power of thought coming into action in this case?

George: Yes, thank you.

Many things have been written in your world about what has happened in the past history of this planet. I would say to you, be careful that you do not accept everything as being the absolute truth. (Yes.) Mankind has the ability to fabricate and to make use of what is suitable for his own needs. May I put it to you that way?

George: Yes, thank you. That's interesting. I came across one reference which simply said that an angel named Gabriel was in charge of what was described as the 'Fifth Heaven.' Would angels be concerned with the heavens or astral planes?

Yes, I know what you are saying. Again we are speaking of physical words. Of course words such as 'Fifth Heaven,' are words that have been used for people of the time. Of course, these angel beings, as I have told you, exist on a very different level from that of your Earth plane, and of course, you know my dear friends that there are many planes of existence. *The Fifth Heaven* is just one statement of one plane of existence. And again I say to you that these angelic beings are aware of many planes of existence, because of their very *nature* and what they bring to the many planets of this universe. Try to widen your horizons, try to see how these angelic beings work for the good of all — for truth, for expansion and for that *Great Creative Force*, of which they are a part. Do not limit your thinking to this planet, otherwise you will become laden down with minor details. Is that helpful to you?

George: Yes thank you.

Always I say to you my dear friends, see the wider scheme of life and you will not go wrong. That is what we are trying to achieve with you, that the expansion of your mind is what we are trying to achieve for you, to help you to *think* for yourselves spiritually, in order that spiritually you can cross those boundaries of *physical thinking*, into the realms of Spirit. Do you understand what I say to you?

general agreement

Lilian: Sarah?

Sarah: Actually, I think I am alright with the angels but I would like to pick up on one thing that Salumet said that in Izumi's culture they do not have angels —

May I interrupt you? No, they *think* they do not have angels. Angelic beings cover this whole planet, whether cultures or religions are aware of them or not. These angelic beings belong to no one religion.

Sarah: Yes, that what I was surprised at. Surely, they perhaps know of angels maybe in a different way?

In a different form, of course — interpretation is everything as we have discussed often. Where we are limited from our world, is in finding the *correct words* for so many *areas* of people with different viewpoints, different upbringing, different cultures, different religions — this is the difficulty that we have.

Sarah: So if they were aware of the angels, they may not even see them with wings either?

Of course not — their interpretation may be different but that matters not. You cannot change what these angelic beings are.

Sarah: Actually that is good for us, as we picture an angel, or at least I do, as we have learnt to know but perhaps it is better not to picture them like that but picture them more just as a —

Let them come to you as they wish to show themselves to you. Remember the form that you see is *Pure Light*. Try to imagine *Energy* as *Pure Light* and then perhaps your understanding will be easier.

Sarah: Yes, yes.

It is so difficult for you I know, when your thinking is so limited within these physical brains. But allow that thinking to expand into the spiritual aspects of life and all of these questions that you have become so much clearer.

Margaret: I found it difficult to imagine angels but this last week I have gone to bed thinking about it and I don't know if it is my imagination, but I have slept so peacefully and woken up so fresh. I don't know if that has anything to do with my thinking of angels?

But again we come to the power of your thinking.

Do you not see that the power of that thinking which is peaceful has created within the physical being peace and quietness. That is all it is, it is again the power of how you *think*.

Margaret: I have had a very peaceful week. When I get into bed and put my head on the pillow, I have just floated off. It has been wonderful.

That is when we are close to you. That is good that you feel that sense of peace surrounding you.

Mark: I was wondering whether what scientists refer to as 'black holes,' were like a counterpart to the sun, because you were talking about the balance of light and dark, **(Yes.)** and the light angels of the sun being the highest **(Yes.)** and coming from a planet of light — being light. And I wondered if the dark angels maybe came from a black hole?

Yes, it is a way of thinking, is it not? But I would have to say that, although there is complete balance (*Eileen coughed and Salumet asked for a minute to deal with it*) there is always balance within the universe — light and darkness that we have discussed. But remember, although we call them *Angels of Darkness*, they are angels of *regeneration*. So, they therefore do not belong to the dark areas of the universe but to a different planet. Is that quite clear to you? (Yes.) Although we call them *Angels of Darkness*, they are but reflections of the *Angels of Light* — that is what you must try to keep in your mind and not to use the word 'darkness,' as something evil or not 'good,' because I believe we have discussed their task within this whole universe.

George: Again, looking at our literature, there is probably something that we have got entirely wrong, I don't know, but there seem to be quite a number of angels listed that are described as '*Fallen Angels*'. **(Yes.)** I think one named Ariel and one name Beelzebub, are names given. Can you say anything about that?

Yes, but of course there always is two sides, is there not? Again we are speaking of Light and Darkness — within the angelic beings there have been those. Remember they have freewill as you do, although you are 'lesser beings,' if I may put it that way. They also have a will that they may use for one way or another and there have been in time those angels who have not lived up to what they have been given. But they are the angels not

of the *Higher Angel Beings*, but of, if I can put it for your understanding, the '*Lesser Angels*.' Do you understand?

George: Yes I see.

The angels of the hierarchy shall I say, that has never happened to them. They are pure light, they are pure love, they are here to help and do the work of the Truth that is around each one of you. Remember, I have told you there is a hierarchy, and I use that word only for your understanding and yes, there *are* those beings, *Angel Beings*, who have as you like to call it, '*fallen*.' Is this helpful to you? It is only a matter of their own freewill.

Sarah: So once they have fallen, they are no longer angels? Would they ever be able to —

Of course they are *still* angels.

Sarah: But they're lesser angels.

They are lesser angels —

Sarah: So 'once an angel always an angel?'

Well, yes, they belong to that line of angelic beings, but let us take an example in this world of yours, where you have a group of men who *all* begin on the same level, who *all* have their own freewill. Let us say, for example, that half of those men decide to live their life for *good*, but the other half decide to take another pathway. They do not change what they *are*, but they have taken a different pathway. To use the word 'foreign,' is rather a strange word, but it again is a word used for the time and for understanding of your language. Is this helpful to you?

Sarah: Yes thank you.

Lilian: I was thinking about all the planets and stars. Some we can see and some we can't. A lot of them we have thought of as without human beings on them, we thought of them as empty planets or no life. But really they are full of spiritual life, aren't they?

Of course. Not all inhabited as you would imagine, of course not, but remember there are many universes, many, many universes in the cosmos. Therefore when you begin to imagine that this one universe, which amazes most of you because you cannot understand it — try to imagine then that this vast universe to which you belong, is only but one drop in another ocean. Then your understanding will begin to grow a little more and a little more and a little more. This is what we are

trying to achieve, that mankind uses his spiritual knowledge and uses it for *growth* and *truth* and *understanding*, that he *seeks* that from which he came, step by step by step. But in understanding the other areas of living, of existence, then mankind begins to understand his place within the universe.

Lilian: If we have an angel from conception to our death, do they then continue with us or help us after we go back to Spirit?

They will return with you, but then they will leave you. Once you have returned to Spirit your awareness is already there. But they will stay with you in other lifetimes, if that is what the Spirit intends to do. You always have each one of you, a *Guardian Angel*, and again these are angels on the lower scale of life. Do you understand?

Lilian: Yes, I see.

Because they are able to come closer to this physical existence, but they cannot go where the *Higher Angelic Beings* go, because they do not belong there. Can you see? (Yes.) Can you begin to understand that there is much difference within this range of angelic beings?

Sarah: Before we come back, do we get to know our *Guardian Angel* or —

No, no, that is not necessary for you to know. Your awareness would be there when you return to Spirit, but once the decision is made to return to a physical body, then all thoughts are erased. Otherwise you would all know who your *Guardian Angels* were, would you not?

general agreement

But you need to *seek* for them, ask them to show themselves to you, because that is possible my dear friends. There is nothing difficult about coming to know that angel who walks every step with you in this lifetime and many others. That is their purpose and it would bring no more greater joy to them than to know that you are aware of them. But again, I put the responsibility back to you and your spiritual growth.

Are you happy with what we have discussed or is there more, because I would like to leave the angelic beings of this time to finish with any

questions this time. If you are unsure of any point, please let us discuss it.

Lilian: I think we are very well satisfied. Thank you once again.

I will leave you my dear friends. Let us, when we meet next time, let us hope that again your thinking has enabled you to go just a little further in your understanding. I leave you all, as ever, with great love.

general thanks/farewells

5TH MARCH 2001

Good evening. Forgive the delay my dear friends but it has been necessary this time to make some adjustments. I know and understand that there has been much thinking since last we met, so I say to you my dear friends that I will give you the opportunity to discuss further that which we have begun in order that we may move forward next time.

Lilian: Thank you, you have obviously been listening to us.

I will leave it with you my dear friend to ask the questions.

Lilian: Mark?

Mark: I have been trying to think about the way things are organized. I understand there is a hierarchy of beings and you have the Light Angels and the Angels of Darkness, which are of a lesser power to the Angels of Lightness, and I understand that everything in the universe is evolving. Is everything moving towards a higher vibration, closer to the 'Source Energy?'

Yes, I understand what you are trying to say. There has to be of course, some form of hierarchy, although you know full well that these difficulties with human words and terms can be confusing. But of course there is a perfect plan, there has to be, and that is what all, not only those beings responsible for this planet, but *all* the beings responsible for *all* worlds within all existence. We *seek* perfection — it is as simple as that.

Mark: I was trying to imagine — the *Angels of Darkness* or the dark energy, they are necessary now for the work they are doing now, but do they in the future evolve into, for example, a lighter

angel? Will that darker work be less necessary later?

I feel my dear friend you are becoming rather confused about darkness and lightness. Firstly I have told you they are but a reflection of each other. They exist not only for this planet, but they exist within the whole cosmos, because remember what I have told you, the *Angels of Darkness* are there to recreate and bring all back to near perfection.

Mark: Right, which begs my question, why are they then seen as lesser?

They are *not* seen as lesser. You must see lightness and darkness as two aspects which work together. You are trying to separate the two which cannot be done. Without the lightness, darkness cannot exist — without the darkness, light cannot exist. They are the two equal balances of the one whole. Try not to think about it on a *physical* level. Raise yourself above your own thinking and think about it *spiritually*. You understand that all of the cosmos, all of the planets within your *own* solar system, all is governed by law. You accept this? (Yes.) Within the workings of those laws you must have balance and balance is lightness and darkness. Try my dear friend to think about it on a spiritual wavelength and not with the physical thinking, because if you do, you will only remain confused.

George: I wonder if it would help if we enquired if the *Angels of Light* and the *Angels of Darkness* have different work to do, or are they simply connected?

They have different tasks, of course, but they cannot be severed, they do belong together. What I *think* is happening with you, is that you are seeing the *Angels of Lightness* and *Darkness* as being entirely different group of beings. They are not, they are part of a whole.

Mark: My problem was the idea of the *Angels of the Sun* being the highest. That was my problem thinking like that.

Yes, but we do have those beings who come from the hierarchy shall we say, they are a separate group. They are *Angels of Light*, who would never work upon the planets, because they are almost **Pure Light. You are confusing — they belong to a separate line of angels. Does this help you? They are the group of what you would call '*archangels*'.**

Is this clearer for you? If not, please let us continue.

George: I think there would be a number of tasks which would come under the heading of 'evolution,' (Yes.) and a different set of tasks which would come under the heading of 'regeneration.' **Of course, yes always the difficulty is having the correct words for your understanding. This is always our difficulty.**

Mark: Yes, it struck me that it was all about the definitions of things.

Yes, please forgive me if I have not been clear.

Mark: No, no, I think you are doing an amazing job. *general agreement*

But it is always the problem to explain spiritual matters on a physical level, because you see, you cannot fully understand these things whilst you belong to such overcoats of little spirituality. It is a problem I know, but we try to keep it as simple as we can for your understanding.

Mark: In theory, would it be possible for an *Angel of Darkness* to reach the energy of the archangels? **No, you must not confuse the line of angels which are known to you as archangels, are a line of Great Divinity, if I may use that word. All of the other angels have the possibility of evolving, but they would not evolve to that higher range of angels. But within, shall we call them, the lower range of angels for your understanding, within that range of angels, much can be achieved, because after all, all is evolving, all is changing. In the same, way that one day you too my friends, will have evolved into much more spiritual beings, than you are at this present time.**

Mark: So the supreme ones — it is not a question of the very high ones being older?

No, they have always existed in that line of evolution. Does this make your understanding a little easier?

Mark: Yes, so they are made up of something quite different.

Quite different yes — perhaps to simplify it for you, can I say that the archangels are the *Supreme Beings*, whereas the *Lesser Angels*, are the workers, who are helping evolution and mankind and all other planets to evolve. You have to try to separate these two, although as I have told you, all works together towards perfection of the laws.

Lilian: Would there be any time in our evolution

that we should be aware of these *Higher Angels*? **Not the *Supreme Angels*, no. But there are many types of angels who can make themselves known to you on this planet if you so desire.**

Lilian: I was thinking spiritually as we leave the Earth plane.

Yes, because your awareness is so much greater. As you leave behind these overcoats of physicality, then the awareness, the consciousness has grown and you become that part of you which is all-knowing. Therefore your awareness of these beings is so much greater.

Mark: We were wondering whether what people call *Spirit guides*, were what we were referring to as the *Lesser Angels*, for want of a better term.

Yes, I did say to you that people refer to their *Spirit guides* as angels, but that in fact, is not quite true in the sense of angels. But, if it satisfies their need, then so be it. But *Spirit guides* are none other than people who have gone before and wish to return to help each one.

George: Yes and that is the same as the term we use, '*Angelic guide*'?

Yes. It is a term that is used by you people upon this planet, not by us. Does that clear it for you?
general agreement

George: I read very recently about a lady who had a psychic reading and it sounds as if it was a very informative psychic reading, and at the end of the session a reference was made to her Downs syndrome child. The psychic said that this was not an ordinary child but an incarnated angel. I wondered if this would be possible or if there might be sufficient reason for this to happen. Could you comment on this?

Yes, I will, I will try to clarify this for you. You know that all things are possible from our world. But I would say — and the instance you speak about is of course a term used by the psychic and not in fact an angelic being, who has reincarnated into the physical body. But, in saying that, I do wish to say that on very rare occasions this is possible, if indeed there is a *special mission*, but only then would this happen and, I have to tell you my dear friend, it happens very rarely. Of course what I would wish you to understand, and I know full well that you *know* that anyone who takes a body in whichever way disfigured or disabled is indeed usually an old soul. So, of

course they are special beings in that sense. So I would rather say to you, think upon those lines than rather that they are angels who have come into the physical being. It can happen but very, very rarely and there would have to be a *special mission* on this planet for it to happen.

George: Yes I understand that, thank you very much —

Lilian: Any questions Jan?

Jan: Just to say thank you for making me more aware than I was before.

That, my dear friend, is our purpose. There are many within this planet at this particular time in your evolution, who are coming to that point where awareness has reached the point of no return. If you will remember my dear friends, I said when first came to you, that we could not allow mankind to slip back like he has done in past ages. At this time there was a concerted effort for mankind to raise his consciousness and to go forward — not only mankind but the planet and many other planets within the cosmos.

Jan: I have a feeling, as I am sure all of us do here, in general people you speak to here in the physical, everybody seems much more aware than they did five or six years ago and television programmes, the media coverage seem to be far greater, which is wonderful because it enables us to speak more freely and you just feel that people are in touch with one another again. Am I correct?

Yes, that is of course what we are trying to achieve and to come to groups such as yourself, who we know and feel will pass on the words of truth. That is what we are seeking, that humankind reaches out and understands his true nature, in order not only that his understanding grows, but he can be of help to his fellow man.

Jan: Yes, I do believe that way, way off in the future, there will be no need for conflict and wars — I honestly believe that that will not be the case, there will be no need as people's awareness grows more and more.

Yes, that is our aim but I am afraid it is still some way off.

Jan: I agree, I agree, but it will happen I am sure. Of course, it has to.

Izumi: I have to think about the future and I have to decide something and I have fear and I am worried about this. Could you give me some — **Yes, that is why you came to us, because we know and understand what you are feeling. You, my dear friend are a most spiritual being, clothed within a small body. I would say to you that just by being here with my dear friends, there has been an element of strength, of upliftment and courage. These attributes are not easy to come by. What I would say to you my dear friend, is that as you approach your sleep state, ask your questions and you will be given your answers. If you do not understand my words fully, then my dear friends will explain it to you. But I told you when you came, that we had been expecting you. And remember, no matter how difficult life's decisions are, the right choices can be made when made in *silence*. Can I leave that with you my dear friend, to explain my words?**

general agreement

Are you all happy because I wish to continue on new things next time we meet. So if you have questions, please ask me now.

Sarah: Salumet, when you said that we were going to grow spiritually, did you mean us as the human race, or us individually?

Well all is part of the one thing. If you do not grow individually, you could not grow as a whole and the planet could not grow. Yes, I mean all things must evolve.

Lilian: I found it interesting about the children with the disabilities. They really are special.

They are special, of course, because you know you choose to come to the life style that you have and only those old souls feel strong enough spiritually to return to such deformities.

Sarah: And actually often the disabled people are very nice people, very happy people and — **Yes, that is because the spirit shines through. Yes, perhaps it will help you my dear friends to look at your fellow man in another way.**

Lilian: It certainly will. I think that is all the questions, thank you.

I will take my leave with you this time and give you some time for discussion if you so wish.

general thanks/farewells

Good evening. Firstly let me extend a welcome back to our dear friend. (Paul)

I hope, my dear friends, that this time you have felt peace surrounding you, because we feel that there is some need of it. Your healing thoughts too have been received and will be dealt with. This, my dear friends, leads me to the discussion which we will have this time. It is about thought once more — that very important thing in your lives. We have spoken briefly about *Angels of Thought*, have we not? (Yes.) I would like to tell you my dear friends, a little about their work. There are many workers in our world, whose task it is to deal with the many thoughts which emanate from all people. I have told you in past time, about those people who intercept thought which is negative to another. Do you remember?
general agreement

I have also spoken recently about *Angels of Thought*. They are beings who are in control of all 'workers of thoughts.' But I wish to tell you this time my dear friends, about those *Angels of Thought*, who work within our world, who help many people. Their work in our world includes work within what we call hospitals — that is your earthly word for those places of healing within our world. I believe we have spoken briefly about the many colours, about the openness of these healing places. But what we have not discussed, is the work of those beings within these healing places, who are there to help all who are in need. The *Angels of Thought* my dear friend, have worked and take *control* if I may use that word, in these healing places. They are responsible for the thoughts which emanate from the people who are within these places of healing, because remember, when you depart from this earthly plane, when you are unaware of your passing, when you are in one of our healing hospitals, still the Spirit is thinking. Do you understand? (Yes.) The spirit is unaware but is still able to think — much in the same way as when clothed in the physical body, the Spirit is still active. This, when in Spirit, is just another dimension of the spiritual body. Do you understand? (Yes.) I will go slowly, because it is a new aspect of our teaching. If you do not understand what I say, please stop (me) now, and we will discuss it.

14th May 2001.

Lilian: Does everyone understand?

You seem a little confused.

Sarah: There is just one thing Salumet. You said the spirit carries on thinking although it is not aware that it has died. Surely it does know that the human side has died. Is that what you meant?

No. When the physical garb is left behind, if there has been a traumatic passing, if there has been great illness, then they are not aware of their passing. The etheric body is, how shall I say, is affected by the physical passing also. The etheric body, is in the state of existence closest to the physical. So the etheric body is the one which will need spiritual healing in our places of healing. Do you understand?

Sarah: Yes, thank you.

But within the etheric body, there lie many others — many stages of existence. Do you understand? (Yes.) In the same way as the Spirit is separate from the physical, so also is the Spirit separated from the etheric body. You have many bodies within the Spirit body. Do you all understand this?

Lilian: It's a bit puzzling to me. Anyone else understand?

Sarah: I understand that there are two — there is the physical and then there is the etheric, but it goes more —

You have the emotional bodies, you have the many other types of spiritual essence. Do you understand? Until you understand that my dear friends, I cannot go on with the explanation.

Lilian: So similar to the physical body, the emotions, all that goes with us here —

Remember, there is not just one part of Spirit. You are made of many, many finer bodies. That is why you pass from one plane of existence to another. You leave behind that part of the Spirit which is no longer necessary and you become lighter and lighter and lighter, until you become that Pure Energy, which I have touched upon on another occasion.

Do you understand my dear friends?

Lilian: Yes, beginning to understand —

Sarah: So, once you get into Spirit, the etheric body, the Spirit body is changing —

Yes, it cannot stay still, you understand? (Yes.)

Sarah: But the *human body* to the *etheric body*, there aren't really any stages there?

No, that is the closest to the physical state of existence, you understand?

Sarah: Yes I do.

Therefore the *Angels of Healing* are making contact with the *finer essence* shall we say, of the Spirit, in order to help it understand the conditions which it finds itself in. These *Angels of Thought*, possess the ability to heal with *Thought* and *Colour* and many, many more ways of spiritual thinking, which are much too complex at this stage of your development to understand. But their task, as you can well imagine, is a most important one.

Lilian: And quite difficult at times?

It can take much time for the etheric body to awaken and realise that it has returned home, yes of course. Much depends on what has been learnt on this earthly plane, you understand?

Lilian: Yes, so when 'rescues,' as we call them, happen, does that help the *Angels of Thought*, in their work?

The *Angels of Thought* will not be really used for that kind of work. There are many, many other beings who are involved in what you call 'rescue work.' The difference being, that these people who come for 'rescue,' do believe that they are still physical beings. It is being worked upon at a different level in those cases. So the workers for 'rescue,' from our world, are much more aware of earthly conditions and so forth. The *Angels of Thought* are a hierarchy of thought, who are dealing with the Spirit and not the etheric body as such. You see, they operate on a higher level of existence. Do you understand my friends?

general agreement

This is a little complicated for you. I do feel perhaps at this point, that you do need time to soak this small piece of information and gather it together in your thoughts and perhaps we can discuss it further on another occasion, because it is important that you take this slowly.

Lilian: Would everyone that leaves this planet, would they have to go through this process, or would some of us maybe not need it?

No, no, only those who have had traumatic passing to our world, would need healing in that way. Most people pass to our world of Spirit,

accepting and knowing what has happened to them. It is only those, as I have said, passed under difficult conditions who require healing.

Sarah: So, I was just slightly confused about the people who still believe they were in our physical world and those people who were going for healing. So the people who still think they are in the physical world, they haven't necessarily had a traumatic passing?

Yes, it could just be their time to go.

Sarah: Right, because I was slightly confused about the difference between people —

If you could — if I may interrupt you my dear friend, if you could imagine someone who has been very ill for many of your earthly years, this has to affect the etheric body also, because illness is passed through to the physical from the etheric and the emotional bodies and even more spiritual bodies. This is a little understood thing within your world and a little understood thing amongst those in your world who call themselves healers. They do not fully understand *all* that is necessary to create a physical healing, because you see, this dis-ease of the physical body, begins in Spirit, as all things do and manifests itself through to the physical body. Do you understand?

Paul: When you say it begins in *Spirit*, does it begin with *Thoughts*?

Yes, of course. Thought is *the* most powerful thing. It is *thought* and mainly *wrong thought*, which starts off many of your earthly diseases.

Sarah: Sometimes we have brought diseases with us from a previous life.

But still they have manifested from the original thought. Yes of course you are correct, you *can* bring them with you and that is why it is advisable and *advisable only* for that case, to find out what is holding you back in this lifetime.

Lilian: It's a pity there's not more awareness of this in everyone.

Yes, but you see, whatever you think, eventually passes through the spiritual body and manifests into the physical. I feel it is something not fully understood that as human beings, you have this feeling that the *physical* is the only body which creates disease. But of course, the mind belongs to the Spirit, does it not?

general agreement

Therefore think along those lines my dear friend

and perhaps it may become a little clearer to you.

Paul: Would you say the diseased person has to change their *beliefs* and then their *thoughts* will change?

They do not change beliefs, but they have to change their *way of thinking*. It is the *thought pattern* which is at fault. Let us take an example and perhaps you will begin to understand a little.

Let us for example, say we have a person who is highly critical, who is highly critical not only of others, but of themselves. And have I not told you, you have love for yourself, before you can extend it to others? (Yes.) So let us take this emotion of being over critical. People of that *thought pattern* usually have the type of disease in your world, of the body becoming *gnarled*. I am trying to get the condition — yes you call it *arthritis* in your world. That is because the thinking becomes reality and the criticism begins to twist and become embittered and shows itself into the physical body. Therefore the way to dissolve that type of dis-ease, is to learn to love, not only your fellow man, but yourselves. Can you see the pattern?

general agreement

If you try to follow this line of thinking, I feel it will be a little easier for you. It is the *power of thinking*.

Sarah: So children who come over with arthritis, they have brought it from a previous life?

Yes. Yes, that is probably — I do not say *all*, but that is probably why they have returned to this lifetime, to undo that pattern of thought. It is a *powerful thing* I say to you. It is something each one of you should consider most seriously, because you *can* change what you think. And have I not told you in the past my dear friends, that if you constantly find fault in another, then look inwards to yourself — therein lies the fault. I *feel* from you that for this time I have said enough. I would like you to dwell upon my words my dear friends, because *thinking* is so important to the kind of living that you do and the power that it has over all other people that you meet.

Lilian: So with the right kind of thinking and thoughts, our physical bodies could stand us in good stead for as long as we are here?

Yes and you would have the ability to help others as do the *Angels of Healing* in our world. After all,

that is what *they* are doing, with the power of *their* thought.

Lilian: So, although the body gets frail, which I guess is natural, that it can keep you —

Of course, it is part of your physical evolution. You cannot live here forever — you have to return home. But your purpose here is to learn all of those things, which are *only* for your own soul's growth, that you may return home and say that you have learnt something. That is your purpose of living. But your purpose of living is not only for yourself, but for your interaction with all other people who come into contact with you. You have great responsibility my dear friends. When you meet with others, you do not fully understand or grasp the effect that you have upon others in your world. That responsibility is a great one.

Lilian: Yes, I'm beginning to see that.

Do you have any questions before I leave you this time?

George: I think we are beginning to grasp the connections between physical ailments and Spirit. I was reading something recently about buildings in the latter days of Atlantis, which were described as *between a hospital and a temple*, where spiritual connections with healing of physical matters were looked into. This came out of past readings of one *Edgar Casey*. **(Yes.)** I think he was probably a very genuine individual. But the idea of something between a hospital and temple rather stuck in my mind and seems to connect with what you are telling us now.

Yes, I can say to you, this gentleman was a man of vision. But I have to say to you my dear friend that these ancient people have, or *had* a much closer unity with Spirit. Their knowledge was much greater than it is today. Therefore their knowledge would have been such that they would have understood spiritual matters much more deeply.

George: Yes I can see that.

Yes, they were much more aware of the spiritual aspect of man and of course, healing and places of healing would have been influenced from our world. Yes, thank you.

May I say just a few words to the young gentleman (Paul), that he has felt closer to his own Spirit on his latest journey.

Paul: Ah yes.

Yes I think you would agree.

Paul: Yes, it was an uplifting journey. **(Yes.)**

Sarah: May I just ask one more question? Going back to these spirits who have just passed over, we do have rescues with people who have been handicapped all their lives and by the time they leave here, after the rescue, they feel they have lost any problems they had. Surely these people would have suffered spiritually as well?

Not in the same traumatic way. They would have lived their lives on this planet, as handicapped, as you say, people. But let me say, most of these handicapped, *badly* handicapped as you would call them, are usually old souls, who would be much aware when they return home, of their existence shall we say. So their handicaps would no longer be with them.

The people I speak of, are people who generally would have no knowledge of Spirit, who have been ill for many of your years and the spiritual light has diminished to such a degree, because of the illness of the physical body — because you cannot separate the two, while it is enclosed in physical garb. Do you understand? (Yes.) You cannot make the connection I feel. The etheric body suffers with the physical, therefore when it is released to our world, still it is confused and the Spirit need not be healed. It is the Spirit which is being healed, not the physical body.

Sarah: I remember you saying to us once that the Spirit was aware of *all*. When you said if we want to wake up early in the morning and then we suddenly wake up, and you said that it was the Spirit who had woken us up, because it is aware. How much is the Spirit aware and not aware? So, in this case the Spirit isn't aware that it has been traumatised, as it were?

I think you may be confusing Spirit and Soul. We have discussed that it is the Soul, which has many aspects. You have many Spirit bodies, but the Soul is the unit to which you return, the Soul is all-knowing. I think you are a little confused, but you understand now.

Sarah: Yes, thank you.

It is the Soul, which is what you are working towards. That is the all-knowing part of us all. Is that helpful to you?

Sarah: Yes thank you.

Are there any more questions before I leave you?

Lilian: I was just thinking that there is so much to learn.

That is why it is important that we go slowly, that you ask questions while we are discussing it, so that your understanding becomes clearer. And as you piece together all of this knowledge, then you will see the wider scheme of life and how life goes on in our world. There are many planes of existence within our world and it is important that you understand a little of how it works.

There are too many confusing theories that go around your world, which confuses people. So it is better that whilst you have the opportunity, you ask about anything that you are not clear about.

George: Perhaps I am over-simplifying, but one could say that long illness can drag down the Spirit, can diminish the spiritual light, (Yes.) but this can be recovered, with the attention of those in the hospitals.

Yes, it can be diminished but of course cannot be extinguished. Perhaps that is a way to put it to you. It may be drained of energy for some time, but it will come to *full glory* if you like, with the help of those loving beings, who surround it at all time.

Sarah: So the loving beings as you call them, whilst these people are in these hospitals, really what they are trying to do is to get their thought patterns right?

Yes, that is the importance of the *Angels of Thought*. That is their task that whilst they remain in these hospitals, not only is the Spirit strengthened, but the *thought patterns* are helped to be changed. They cannot change them for them, but they can help and encourage. Do you understand? (Yes.) I will leave it there for you now my friends. As always I stay close by each one of you. I am aware of *all* that is going on with your lives. I will always be close by.

general thanks and farewells

4th Feb 2002

Good evening. It is good to be here *with you my dear friends*.

Lilian: It is nice to be together again. We do have very bad weather at the moment so a few of them have not been able to make it.

They are with us in Spirit.

Let us begin this time by giving thanks for all that we are given. Let us be aware of the great love of this union. Let us know how much we have achieved in the name of Love.

Because we are few in number this time, I say to you my dear friends, do you have questions for me?

George: Yes, perhaps I could go right back to the beginning. Your mission was to raise awareness and to help prevent mankind from destroying himself. I have recently read about White Eagle and the White Brotherhood and of Arthur Conan Doyle who passed to spirit in 1930. And around that time they also had a mission to raise awareness and to help prevent mankind from destroying himself. In view of this delightfully parallel and similar mission, I wondered if you would care to make any comment about White Eagle and the White Brotherhood.

Yes, I am aware of all of these soul energies and have I not told you my friend that many of us from our world have congregated in order to help human beings reach awareness of what he is about to do, what has to be prevented, and so forth?

George: You have told us indeed.

***White Eagle* is a name known to many, many people throughout your world. He has given many talks to those close to him. Those people have indeed given his words to many. *White Eagle* belongs to a group of beings who have given themselves the mission of assisting and helping through communication with others. He is guided by the *Angelic Group*, as many more are. You may be aware of some other names, but as you know my dear friend, names are not important, but I would say to you that *White Eagle* and *Silver Birch*, another name well known in your world, are composed of the same energy — there are many, many of them. These energies came to this planet to achieve something which we have all striven for, for many, many of your earthly years. This mission first was conceived, not just a few of your earthly years ago, but in many thousands of your years ago, because you understand that time means nothing in our world. But the progress of**

this planet Earth had to be viewed in advance before mankind could destroy himself. I am happy that you have taken some of *White Eagle's* words, because he — I will not say 'was' because he still exists as energy and is still teaching upon this planet, not as *White Eagle* but in many other guises. Do you understand what I say to you?

George: Yes and I would say that it is most refreshing to find such wonderful agreement between his teaching and your teaching to us. But that is how it should be. There should be no difference in **TRUTH**. As I have told you in past times, when there is disagreement, you must look to lesser degrees of form of energy, who are not shall we say, not *changing the truth*, but they can only give you as much as they know. Always keep this in mind when you read your books or you listen to different channels in your world. Where there is disparity of words and actions, it is only that they do not *hold* the wider scheme of existence in the same way as those energies that call themselves *White Eagle* and *Silver Birch* — they were energies of teaching that come from **THE SOURCE**, therefore their words and mine should agree.

George: Yes, they certainly agree wonderfully. There are many teachers, and did I not also tell you my dear friends that *all* that I would give to you, would in some way around this planet be clarified or repeated or given to others in order that the truth *overflows* among you humankind?

George: Yes, and one of your more difficult teachings to us, as I felt, was about the *Angels of Darkness and Angels and Light*. But the *White Eagle* teaching includes a section on those angels, and it was particularly nice that I found such wonderful agreement.

I will repeat once more, **TRUTH** cannot be changed — it is as simple as that. And who is there but those who come close and come from **THE SOURCE**, who have the full knowledge of teaching. Many and I would like to refrain from using the word '*lesser*,' but I cannot find a more apt description for you, but these beings would not be to *lesser* communicators known — they would not understand the energies involved. Do you understand? (Yes.) Have you more questions, please?

Sarah: I don't know much about *White Eagle*, but did he come through at any time on this planet as an Indian, because it seems that quite a lot of the communicators we have coming through, were on this life Indians? (Native American Indians) Is there any reason for that or is it just that they happen to come back to *us*?

That is two questions. Let me try to answer them for you. The one you speak of as *White Eagle*, is known to those who were close and used by him as of Indian origin. It is as we all do for the sake of communication, we *need* to give to you human beings some form of identity. I have told you that names are not important. When *Beings of Light* come to this planet, they are energy form, they are shapeless, they do not have form as you would know it, but for the sake of communication they use the energy of the human mind to make a form. I hope this is not too complicated for you. Because the human mind looks for explanation, we have to present ourselves in some kind of form either by name or some vision that you can clasp hold of. So, *White Eagle* shows himself as he does to those he uses. There has been in those Indian nations, one who would be called *White Eagle*, not once but many times, but what I wish to say to you my dear friend, is that the energy known as *White Eagle* was not one who trod this Earth.

Lilian: Would that go for *Silver Birch* as well? Yes, but this is where it may be confusing to you. To have acceptance, to have form, you must remember this: Many times those energies have been given form by drawings, paintings and so forth. Remember that the thought form is so powerful that it would be created in the communicator's mind and also that of what you call on this planet '*psychic artists*.' We are returning to the power of thought form. Do you see what I am trying to tell you?

Lilian: Yes, I believe there are drawings of *Silver Birch*, but I am not sure.

Indeed there must be but what I tell you is that these teachers, these energies that inhabit these forms for the sake of communication, are *Beings of Light*, who have not walked this planet, but who have devoted and given of their time to teach.

Lilian: Such as yourself?

Yes. When first I came I told you that I was a conglomerate of beings. This is something we have not yet fully discussed, but in time we will. So too are all teachers of any type of powerful stature that appear in your world. No matter what you are told of these people, let us say *White Eagle*, because that was the name given to me. That being would have projected himself for the benefit of the communicator. Does it make sense to you?

general agreement

I am explaining to you on a higher level of energy that would not be fully understood by those with lesser knowledge.

Sarah: Something else actually has come into my mind, while thinking about these Indians that come through to us. Eileen, your medium — one day she saw an Indian and when the Indian turned round, she saw her own face — does that have any relevance?

Yes. Before I answer that, let me say and answer the second part of that question. The Indian nation whilst on this planet — not only the Indian nation but all nations that have gone, which have been extinguished from this planet, had a great spirituality about them. They respected the laws of life, they were close to their own spiritual guides and the very nature of their living entitles them to be Great Souls when they returned home. That is *why* you find that many of them will return, to help those less fortunate than themselves, because whilst upon this planet, they had already grown to such a degree that it is an obvious step forward for them, to return and help others. It is as simple as that. They wish their knowledge to be returned to the place that they have left.

Now let me speak about the lady I am using. She did indeed *see* and I believe (was) much surprised by that vision of her own face. I have to tell you that the face was superimposed for her benefit, because at that time we did not feel that she would have readily accepted that it was her from a past time. You can give her those words, because I know at that time she was taken aback to see that someone so alien in form, had the look of her own facial features. But it was to help her to realize and I now know that she has fully accepted many things, but in that time she was not ready for it. Does that help you?

Sarah: Do I understand that she was once a Red Indian once herself? (Yes.) Yes, thank you very much, she'll be interested to hear that.

My dear friends let me say this to you: I say it not often, but I do thank you for these periods of question times. It gives me the opportunity to go over many of the points that we have spoken of, but it also gives you my dear friends, the opportunity to reiterate those points which you are not fully clear on. So you see, we help each other as always, or I hope I help you.

Enthusiastic agreement

I believe I have told you that this your coming earthly year, should be a time of great advancement for you. And during this coming time there will be the opportunity for each one of you to go on a journey inwards, and I will tell you now that next time I will send to you someone who will take you on a journey to find for yourselves, that thought, that knowledge, that inner being, that inner guidance, which is there for you. You probably all will experience something different but that is part of your own growth and we would not wish it otherwise. So, I will leave you now and give you time for your own thoughts and I will speak with you again, not next time because next time it is your turn to work with yourselves, and we will discuss what you have discovered.

general thanks and farewells

19TH APRIL 2004

Good evening. I thank you for your welcome this time. Of course it brings gladness when we join as one on these evenings.

Lilian: Yes, I know that you are with us at other times, but at times like this we can actually talk to one another.

I would like to welcome back into our little fold our dear gentleman friend.

Paul: Thank you very much. It is lovely to be back. **This evening there are so many who wish to stand by you all. I would say to you that as time continues, they come even closer to you. Your awareness of those who come may not be strong, but I can tell you that each one of you this evening, has by them a soul of much strength and upliftment.**

thanks expressed

As always it will help you with your daily lives.

We have spoken recently about many things, but in particular about the state of your food crops. You remember? (Yes.) I would like to bring to you this time, another thought for your *consumption*, shall I say!! We have spoken much about civilizations of long ago. Perhaps my dear friends you are not aware that those ancients called upon *Angelic Realms* for the nurturing of food crops. Might I say to you that perhaps with knowledge growing as it is today, and the *wave* of thought of going back to growing more natural foodstuffs, should I say that perhaps man might take a *leaf* from the book of the ancients. There remains even to this present day, a part of what was. After all even in your churches this day, do they not bless the food and ask for heavenly help? It is a remnant of ancient times.

George: Yes, I think you refer to what we know as 'Harvest festival' in the churches.

Lilain: Yes, saying 'thank you.'

But it is similar also to those people who love to be with the Earth and the growing of all foodstuffs. They have a love, which attracts to them the elementals of the Earth. But they are slightly different from the *Angelic Realms*, who are waiting for the *whole of your planet* to ask for help in this way.

Sarah: I think there are still some tribes today who ask for help from what they would term 'Gods'. Yes there are people still upon your planet, but they become fewer and fewer. I hope my friends that you will think upon this matter and perhaps we may be able to discuss next time, what you *feel* or perhaps even you could *create* your little experiments and use your thoughts to those in the *Angelic Realms*. Yes?

enthusiastic agreement

Sarah: It has come at just the right time for me too, because I have just made a vegetable garden, so I shall certainly call upon them!

Yes, try my friends. I am sure you would be amazed at how *healthy* these plants would be.

Paul: I would imagine you could also use them to control what we term 'pests' — I know that's a bad word really, but the parts of nature that damage the food that we grow.

With help from the *Angelic Realms*, there would be no disease, the plants would be naturally healthy.

George: I think there is a certain amount of relearning from ourselves, (Yes.) in working *with* nature instead of against.

Yes, you must not allow any negative thinking, such as our dear friend has broached about pests. You must *believe* in that power and I can assure you all of your plants will be most healthy. *more enthusiasm expressed*

Help my dear friends is always available, if you would but ask.

Sara: Presumably any type of work whether we work with nature or whether we work in other fields, communication or anything, it is a silly question, but we can all ask for angelic help with whatever we are doing?

Yes, it will not come to you — they will not help unless you ask. They will not encroach upon your lives, but always they stand close waiting for that *thought* and the more those thoughts are used, the stronger the connection with that realm, *then* it becomes more natural for you.

Sara: Whatever it is you are doing. (Yes.) It gives extra inspiration to whatever is being done. Remember that the angels are many and many who work with them. We have spoken of this before, but I would like you now my dear friends to use your own thinking to make the connections with them. It is their desire always to help those of you on the earthly planet. Have you any questions?

Sarah: If ever I have asked for help, I either have asked you or the Great Creator. So when do we ask the angels and when do we ask the Creator and when do we ask you?

If you go to **The SOURCE** of all life, there can be nothing more. People go straight to the **Creative Force**, when they feel and know and understand a little more about their own souls. *The angels* have been accepted in your world through many types of what you call religion. They are more acceptable to people, even through drawings within your literature. They have become known, therefore they are more acceptable to many people. **The Creative Force** as you speak of it is not available to that many people, because they do not have that awareness or understanding.

George: Perhaps imagination or visualization comes into it, because as you say, there is mention

of our illustrations in the literature and it is easier for people to visualize an angel than it is the Creative Force.

Yes, if you were to ask someone who was spiritually deficient shall we say, they would not understand 'Creative Force,' it would be too much for their thinking. But of course to ask for help — but may I remind you my dear friends, you do not ask for help, you *place yourself* to that Creative Force — you *know* that the help is there, you do not need to ask. That is when your understanding has grown to the point of knowing. Do you understand?

general agreement

But until that time I would suggest that you use all other forms of energy and power that are available to you, each day of your existence.

George: The times when people do sometimes appeal to the Creative Force, are in times of great distress.

Yes, almost when they feel that all is lost. (Yes.) Yes.

George: Does that belittle or change in any way their request for help?

A cry for help is always listened to.

George: Ah yes, whatever the situation? **(Yes.)**

Sarah: Would it not be that they've got into that situation in order that they *can* ask for help, that they are beginning to turn their thoughts in the right direction?

There can never be one answer to that. Of course it depends upon each individual and their life's situation. But yes, I see what you say. The Great Creative Force is what we all belong to. We can never be separated from it in the sense that we all belong. There may be differences for a short time, especially when you come to the earthly planet for a small period of time. Then you are burdened by the physical overcoats, the physical body, which demands much from you — food, understanding, clothes, every day living. But when the soul is stripped of these things, then it is exposed to its natural force and a cry for help from those exposed, will always be listened to.

Sara: Salumet, if I become aware for example when I am working, that I feel that I am in the presence of angels or light beings, because there is much joy and laughter — for example today when I was

teaching, I felt there was much laughter in the class. It was very happy and lots of fun and it was very lively. Is it appropriate then if you feel the presence, just to say 'thank you,' for being with us and please join with us again?

Always I would say give thanks for those who help. In that way a connection is made and they are always available to your next word. The more you connect, the stronger the connection becomes.

Sara: Yes, I try to — I often give thanks for my students and for my job and I am sure it must help. But yes, today I felt very much that there was an extra ingredient and there was more light —

If only more of people could understand by giving thanks for all situations, *bad* as well as *good*, then you become empowered within your own lives and in giving thanks, you are then open to receive more. You understand? (Yes.) But yes, you my dear lady friend, have always had connection with the angelic realms, although I have to say you have not always been aware of those around you.

Sara: Yes, that is true, not until I listened to you and your words. I enjoyed it but I wasn't aware of it.

Yes, but the more the connection is made, the more your awareness will grow. I might say, of all within our room here this night, you are the one who could make the strongest connection to the angelic realms, but it is up to each individual as to which pathway of thought they take.

Sara: Actually I had an interesting experience today that in the past I would have possibly hung onto negatively for longer. I felt a little bit short-changed by something that happened, but I thought about what you had said a few weeks ago, about trying to see it from the other person's point of view and also expressing. I didn't say it to the lady, I wrote it in a letter on the computer, my feelings and then I became aware that I didn't want the connection anyway and I was actually very happy and just now I have said thank you for that. In my mind I said thank you for that experience, because in fact I didn't want the connection to continue really and I don't think she did. In the past I would have been cross about it for longer, but it was a very short-lived experience.

Yes, that shows to you your own spiritual development, when you can allow these life

situations, which do not sit comfortably with you, when you can allow them to pass over you.

12TH DECEMBER 2005

Good evening. As I join with you this time, let me extend a welcome to those who visit with us this time. They feel a little tentative, but as they leave this room this evening, they will feel much upliftment.

As you know my dear friends, this is my last visit in this your year of earthly life. I will withdraw as usual during your holiday period and return once more when you welcome your New Year. If I may continue from last time when each one of you discovered the colour, which was given to you, and within the colour, you met one of your guides. I would ask my dear friends that you continue this practice whilst I am absent from you. I would suggest to you that you remember my words and remember the difference between your *Guardian Angel* and those you call '*Angels and Guides*.' Do you remember the difference?

George: Our *Guardian Angel* is the one who is with us always.

Yes, you have remembered well my dear friends, but keeping those thoughts within your minds, will help you to recognize and come close to those who stand by you.

Sarah: So this practice we do whilst you are away, we won't necessarily meet up with the same person as we met last week?

I would like you my dear friend to try to differentiate between them, to see if your recognition has grown. After all we have devoted much time this past year in your own individual development, and this, my dear friend, is to continue. But in your new year, when we have gathered together with more of our group, I will be bringing to you information you have not heard before, but it needs to go hand-in-hand with your own spiritual evolvment. Now because again we are few in number, this time I will take questions and try to help you understand anything that has troubled you in this past year.

George: Shall I begin with a question? (Yes.) You have told us about our planet and the way it has a consciousness and you have explained the nature of planetary evolution and what we call 'natural disasters'. I have been thinking: What we do and

think must feed into, to some degree, that planetary consciousness and that planetary consciousness may well have its connection with planetary evolution and with some of those things that we call natural disasters. So I am really putting a very direct question and saying 'what we do to the planet, and not all the things we do to the planet are nice at all, but what we do to the planet — does that have direct or indirect result in regard to natural disasters, such as the hurricanes, the earthquakes, the tsunamis?' Can you elaborate a little further on that please?

Of course — I understand your question my dear friend. Let me say this to you: We have spoken much about the power of your thinking and yes, as you have helped to create this planet, therefore also must you take responsibility for the evolutionary pathway, which this planet takes.

(Yes.) **You cannot separate your responsibility from the natural disasters as you call them, of the Earth itself. Each goes hand-in-hand and whatever pathway this Earth planet takes, must have an effect upon all of the planets around this solar system. You must always keep in mind that there is great responsibility on each individual's thinking. Of course, there would be what you term *natural disasters*, even if mankind did not exist upon this planet. But what I will say to you my dear friend is that mankind has accelerated some of the *disasters* which have occurred.**

George: Yes, thank you, I felt there must be some input from ourselves in this.

Yes. I am not always happy to use the word *disaster*, after all we have *cause and effect* and mankind is growing at all times. Therefore these situations have always occurred and will continue until such time as mankind recognizes his part in this pathway of life.

George: Yes. Perhaps I should use the term '*major event*'?

Yes, that I would suggest is a much more suitable term. I hope that has helped you.

George: Yes, indeed. We rather suspect that some of what we are doing physically to the planet, results in the hurricanes, or results in some change in the hurricane cycle.

Yes, you are not responsible for *all*, but there lies within mankind a great responsibility.

George: Yes, and I think we appreciated the planet

must have its own evolutionary process as well.

Yes of course.

George: Yes, thank you, that does help to clarify.

Lilian: So if something has contaminated some of the Earth, could we call on the elementals to help to restore the goodness back to the Earth?

The elementals of course, as you well understand, have a great deal to do with the health of this planet, but they can only do so much. They also are limited by the thoughts of man. And although their work is in some sense *superior* to the thinking of man, they still come under natural laws, which in fact would deprive them of doing all that they would wish to do. (Yes.) And never forget my dear friend that they are governed by the *Angel Beings*, who see for themselves the far greater plan of every planet. So as in a way you cannot interfere in another's life, so too the elementals have their limitations. I hope that is helpful to you.

[8th May 2006](#)

Good evening. You may remember that last time I said to you I would speak to you more deeply about what you call '*absent healing*,' and also the planetary forces which surround you.

Lilian: Yes, we're looking forward to it.

We have begun this time, by asking for help for many in your world, who are in need of some help. You know and understand that your thoughts are powerful, but I wonder if you understand just how this operates from our world. As human beings you think much of space, when in fact in our world, there is no such thing. Therefore as the connection is made to us, those *Angelic Healing Beings*, already have those people amongst them in an *instant*. I want you to dwell upon those words just for a second. As you speak their name, so our *Angelic Healing Beings*, have them in their midst. And because of their knowledge and wisdom, they are able to see for themselves, what problems these dear ones have. The *Healing Angels* come to you, in the vibration of *Colour and Light*. What you may not know my dear friends, is these *Healing Beings*, take from each one of you, a little of the healing colour, which is necessary for healing to take

place. And they are the ones who will distribute these rays to those in need. So therefore can you see the workings of healing and how each one of you are responsible for healing to take place? You are connected by your colours of light, not only on this planet, but on many others — it helps with planetary evolution. Do you have any questions at this point?

Lilian: Yes, I remember questioning you about my youngest grand daughter and you said to put it into the hands of the creator and all would be well. Well I do ask for healing for her, but what would the difference be?

She would be receiving help, but it may not have the outcome that you desire. She will be given the help that is sufficient for her in this incarnation. Do not always assume it will be a physical healing. You are closing your mind to the wider picture.

Lilian: Yes, it's difficult to see when it's a child — **No, no matter whether it be a child or an adult, healing is given to all who ask for it, but healing is on a much deeper level than the physical being. You touch the *physical*, you touch the *emotional* and you touch the *spiritual*. But do not doubt that she receives help.**

Lilian: Yes I'm sure, thank you.

I know you wish me to say that her physical life will be free from all things that you *consider* not to be good, but again my dear friend, you do not judge, you do not know what she has to achieve in this lifetime. It is making her stronger spiritually. I hope that helps you.

Lilian: Yes.

George: You mentioned the involvement of colour. Is there any connection to the colour healing that is done on Earth, is that an earthly equivalent to what you've just described in Spirit?

Yes, colour healing does take place, but what you must remember, is that the instrument using colour, is giving of their *best*, although they do not have that wisdom that the *Healing Angels* have. Therefore it will be down to those beings, to bring the right proportion of colour for that person. In every room where there lies a healing thought, you have an *Angelic Being of Healing*. If only you could but see with the inner eye, you would see a shining being of Light in every room. And many of them are recognised by the colour vibration, which they use. All is connected, but what I wish

you to try to think about is this *connection* between all things. You do not have separate healers in this world and you do not have separate entities in our world and separate *Angelic Beings*. Each has a part to play in a united way. I do not feel my dear friends that you can understand the *grandeur* of the *scheme of all things*.

Sarah: When you talk about healing colours Salumet, depending on what needs healing, is there a separate colour for that, or is it a combination of colours?

All life is colour. It is that you cannot see it, unless you use that inner eye, that inner knowing, which you all have. If you could see a human body from within, from the Spirit, you would see that you are made of *many* colours. But it is not so much the colour, as the use of the vibrations and which vibration is used. Those *Angelic Beings* come on the vibration of Love, which is one of the most powerful rays. Do you understand what I am trying to communicate to you?

Sarah: Yes I do, yes thank you.

Yes, there is much spoken about angels, there is much that is misunderstood also. There are *two kinds* for you to understand, whilst in this world. We have those angels, or '*Planetary Beings*,' as I would prefer to call them, because they come from the heart, they come from *THE SOURCE* of all love. They abound on all planets that have form. And here we enter deep waters, but your understanding has grown because of the mind projection brought to you from another planet. You cannot fully understand or grasp I feel, the evolution that is taking place on many other planets, because until now, you have not had any connection to them. But I assure you my dear friends that those who inhabit other planets, are as well aware of the planetary forces as you are here on this Earth.

George: Yes we are beginning to feel this pattern that runs throughout the universe and it's been so good to be able to compare notes with our friend who visits.

But it is just a small drop in your ocean, that you have had communication in this way. What I want you to try to focus upon, is the connection between all things — the love connection, which ties you all together. I would like you to try to

recognise the workings in your everyday lives, of these planetary forces, which are here to help each and every one of you. And they come as I have said, from *The Source* of all knowledge. Do you have questions at this point?

George: The *Source of all knowledge*, being the *Creative Principle*?

Yes and these planetary forces, these *Angelic Beings*, belong and come from that *Source*. They themselves have never had form as you would know it, but they are capable of changing form as they wish. I have told you this previously, but it is most important for you now my dear friends, that you begin to understand that there *is no space*, that all is *ONE*, that all is joined and all is striving towards the centre of all Love.

These may sound simple words to you, but they have the most powerful meaning for each one of you, for every human form upon this planet, as it does for every inhabited planet in this cosmos.

All is connected!

Sarah: So when you think spiritually you can begin to understand. When you drop the physical overcoat then you begin to understand.

You must use your inner eyes and you will begin not to see, but to sense and to feel and to be.

George: There's a question I would like to ask if I may. Is one of the differences between the *Angelic Beings* and yourself that they assigned or connected to a particular planet.

All *Angelic Beings* of the higher order are connected to all planets. But there are those advanced *Angelic Beings*, who are connected to the human form and they are the ones who help, in the everyday living in your world. But the planetary forces who *are the Angelic Beings*, who are *masters* if you like of *Karma*, who are masters in *Love and Organisations*, they are the ones who have not existed in any human form, or indeed in any form on any planet. So there are differences, it is just a matter of form. Is that helpful to you?

George: Thank you yes.

Sara: Can I ask a question? (Yes.) You mentioned that *Love* is one of the most powerful vibrations, in connection with the *Healing Angels*. (Yes.) What are the other most powerful vibrations?

Wisdom and I would say to you *mercy* — mercy in the sense of understanding. That helps you?

Sara: Yes it will, in more ways than one. **(Good.)**

George: Does that connect to forgiveness, the mercy?

Ah — All of these words come under the umbrella of Love, as does the negative feelings and emotions, they *all* come under one umbrella. But the vibration of Love is the most powerful that you can use and it is that vibration, which brings to you the *Angelic Healing Beings*. I feel that I would like you my dear friends, to consider my words and to now think a little more widely, on how healing works and of those planetary forces, which are used for that purpose. I want you to think about '*space*' and how wrong that is for the correct picture in all things.

George: Yes I feel very much immersed in the tremendous beauty — yes space doesn't come into the equation.

No, but mankind is so immersed in *thinking about space*, but it is now time my dear friends, for you to dismiss this from your vocabulary. There is much for you to ponder upon this time I feel. And let yourselves *FEEL*, rather than think.

Lilian: Yes, I was just thinking how we are surrounding by love aren't we, by all these different beings.

But you are a powerhouse of *Love*. Every individual here is a powerhouse for *Love* and therefore you must raise your vibrations continually.

George: We seem to be immersed in this greater powerhouse.

Yes, you must see yourselves as being the *connective* energies, you understand?

Paul: In the sense that perhaps we are the ones to instigate the healing?

Yes, we need your help of course, but without your help it would be more difficult, you understand?

Paul: Yes, these beings won't do it until we (pause)

—

They need your *connection* yes. But do not underestimate your own *beauty*, your own *inner beauty* that is used for healing. Each one of you strives for it and it is up to you and your own responsibility also, to make sure you are

constantly striving to raise your own spiritual gifts. And I feel for this time that I must take my leave of you.

George: Could I just say that when angels have appeared in visions in the past, these visions as described, don't seem to particularly relate to space. They may be huge, they may be small, they may be light, but I suggest these visions, they don't really appear to relate to space on reflection.

But they do on the planets that you have no knowledge of. They would be viewed in a much different way, although their love and energy would be recognisable by their colours.

Remember I have told you they can change form, they can present themselves to you, with the *human face* if you like, surrounded by great light and beauty. That is the way that they show themselves to you as human beings. But they can change form, as they so desire.

George: Yes, they are clearly not fixed in space.

No, again you must look at the *WHOLE* of existence. You have to find *that connection* between *all things*. As you feel the closeness and the connection within this room every time you meet, try to then expand that feeling to all of existence.

Now I will leave it to you to think about this and when the time is right, we can take it a little step further.

general thanks and farewells