

SALUMET ON NATURE SPIRITS

23rd January 1995.

Yes. As all of you here will probably know, you are guided, by a higher being. So too do all the elements of your earthly plane. Each one is dedicated to that task. Whether it be water, trees, whatever, the list is endless. But yes, there are those of us higher beings, who dedicate themselves to these matters. We must talk about energy, when we go to these subjects. If you all are a spark of divinity, so too is each element on the Earth; the seas, the plants, the mountains, whatever. Each has it's own spark of energy, of God-love, shall I say. Yes, they are looked after by higher beings.

Les: They definitely are?

They are.

Les: Thank you. Yes I've held that opinion for a long, long time. I'm glad to have it confirmed, because it did occur to me, that that was what the so-called 'primitives' were aware of, without being able to explain it.

They were much more aware of Nature Spirits, that is true. Unfortunately, as your evolution has taken place, a lot of this has disappeared. We know the ridicule that this causes, but it is a fact.

24th July 95

Can I say something to you, you may think it is a fairytale, I think you call them. Where do you think the stories originally came from? The small creatures which are seen with the eye of knowledge, that is where the stories come from, from people who have vision, who can see, they are only shown to those with great vision. That is why I say, you within this room, are not yet knowledgeable enough.

28th August 2000

How many people in your world, have dismissed the creatures of the Earth? The water? The air? The fire? What I wish to say to you dear friends, are you of the opinion, that all these beings are only figments of imagination. Or do you so believe that there is more than what you can visibly see? We are not speaking of spiritual beings, but different elements of beings. This is something we will discuss fully, when the other members are present, because I feel the time is

right, now, for your understanding to grow, about your own planet. Who here would dismiss the fairies in the woodland? Who here would dismiss all those beings who help your nature? Who here would dismiss the fire elements? So many beings who inhabit this world with you.

4th September 2000

Good evening. Your welcome this time is very strong. For this I thank you and say it is good to join with you once more. I do hope that those of you who were here last time thought just a little about what we discussed. Yes. For those of you who were absent, I would like this time to discuss with you about the existence of what we would call non-human beings. You understand I hope, those who were not present last time. Let me firstly say to you my dear friends this: there is much within your world which has been discredited by many and for this reason I feel now is the time to tell you, with the understanding that you have gained so far, that it is time to put right many of these wrongs in your world. Most of you will be aware of what you would term, I believe, 'fairy tales'. Every country within your world has its own tales to tell. These have existed for many, many thousands of earthly years but always it has been dismissed by most peoples as fanciful imagination. Let me tell you here and now my dear friends that these tales are based on truth. Thus far it has only been available to those who have clear vision and even those who believe in an after life in whatever form, have dismissed these tales as imagination. Let me tell you that these non-human beings are as much part of this earthly evolution as you humankind are. Without them you would not evolve in the way that you do. What are these nature spirits because that is what they are? They do not originate in mankind's thoughts; they are, as you yourselves are, the creation of the Divine Creator, the great architect of all things. What do you say when you look at the trees and the plants and the flowers? You say, do you not, it's God's masterpiece? Of course it is but these great things need workers to empower that masterpiece. I know each one of you are aware of the four elements in your world: the earth, the air, the fire, the water. Within these four

elements there are many, many others. Now we come to the beings of these elements. They are created within their own elements, the earth element, they are created in the earth ether. That is why they are not visible to the human physical eye, that is why you need clear vision to be aware of them. Let me say, my dear friends, that all of existence interpenetrates every particle of life. Let us take the earth. When you see those plants, those trees, those flowers, you are not aware of the workings behind them. You say, 'it is nature'. Yes, you are partly correct but behind what you term nature are those small beings who empower the plants, empower the trees, empower the flowers. And I will address the earth beings by the common name that you would know them by. You know all too well my friends that we are limited when it comes to names, therefore we will call them gnomes for the sake of your understanding. Without these small creatures who work tirelessly within your earth, there would be no life substance as you know it now. Yes, these little gnomes, as we will call them, have the appearance of tiny small men. They have been seen and they respond to harmonious conditions and to love. These earth beings work within the earth, on all layers, from the mineral they work on the jewels of the earth, they work on many aspects of the earth. But perhaps you will not fully understand that, unlike the human form which you possess, these beings are not immortal. They can exist for as long as one thousand of your earthly years or until such time as their task is completed and then they will return to a group soul but they do not have the advancement of the human being, that is their only difference. You are most quiet my dear friends! Before I continue, do you wish to say anything at this point?

Mary: How does this tie in with the American Indians? Did they have a real grasp of spirituality? They most certainly did. They called upon their nature spirits, not only earth spirits, but they truly believed in the fire spirit as you may well know. These spirits we will call by the name known to man as Salamander. These Indians were well versed in spiritual matters. Because of their beliefs and their knowledge they had much success, not only with their animals but their crops. Yes, indeed, those people and even to this day those who remain true to that kind of living

have great success with nature spirits because, as I have said, they respond to love and harmonious conditions. You will find them in many, many numbers in open spaces, in hills and woodlands and forests where mankind has not caused too many harsh conditions for them.

Lilian: And would those places feel peaceful because of them?

Yes, yes. If you send loving thoughts, create harmonious conditions, it should be possible for anyone who is spiritually aware to see these creatures or beings or gnomes or salamanders. The beings of the air you would know as sylphs and of course water beings you would know as undines. I am sure each one of you is aware of these things but all I wish you to know my dear friends is that they do exist. All I ask is that you think about these things more carefully, that you consider the working behind every element in your world. I know, especially with the earth spirits, that your geologists would give another explanation for many of the things that occur, but let me tell you my dear friends, they do not have the full picture. Do we have some response before I go, do we?

Lilian: They are obviously very much aware of us as humans.

No, they are, spirits, largely unaware of human form. They are more aware of conditions but they will respond to love and harmonious conditions. Under these conditions they will work well.

Lilian: So if we admire the flowers, they must be pleased. Will they pick our thoughts up?

If it is loving thoughts, yes. What you may not know, and I will speak mostly this time about the earth beings because on each element of beings there is so much to be said. Would you and could you understand that they almost live in their own way like human beings. They live as groups deep within your earth. They exist on a type of air which is different of course from the air that you would breathe because it is partly physical air and air in the ether which is, of course, much finer.

Graham: Do they have children in the same way as children do?

They are capable of having families but of course not in the physiological way that human beings would. You must remember that all nature spirits are controlled by those other beings, non-

human beings whom we would term angels, and that is a subject we have to come to at a later stage but they are governed by them. But within their own element, yes they exist as families and groups such as yourselves. I know these facts seem strange to you but it is time, my dear friends, that your thinking goes more deeply, that your understanding of all of existence is widened, that you encompass all life as it exists within this planet. You are not alone. The evolution of mankind and this planet is not reliant on humankind alone. That is my purpose of my speaking to you about non-human beings.

Lilian: Could we in any way harm them by different things we do to the earth?

Of course, it would not harm them in the manner that you mean but in damaging and corrupting your planet then you make their task doubly difficult. You would not of course know or understand that by the power of their thought they also can change the way they look. They can become taller or smaller to suit the situation within which they work but they cannot enter to another element. Earth cannot change into the air element, water or fire. They are restricted to the element to which they belong. Am I making sense my dear friends? I sense that you are a little stunned by this knowledge.

Mary: Am I right in thinking that they give out an energy which enhances our own energy?

Of course, because by looking after and appreciating the work that they are achieving, then you give back to them. Everything is penetrated by each other. Nothing is isolated. All form is interpenetrated. Can you begin to understand my dear friends what I am trying to tell you? I know it must be difficult. I have chosen the earth spirit this time because I feel that is the element that is probably closest to most of you. Most of you have gardens. Most of you feel the beauty and love which nature provides for you.

George: I think we have a feeling for nature and nature spirits. What concerns me sometimes is modern farming and farming methods and this must be seen as a distortion of nature and I imagine this might well cause some problems due to lack of respect and deviations from the natural process. **Yes, let me just say, my dear friends, of course anything which causes disharmony within the earth is distressing to earth beings, of course and,**

such as they are, like human beings, they can be mischievous. This is where, let me give you an example. Let me give you an example of the fire spirit, salamander. Let me talk of the fires which rage out of control. They are absolutely ecstatic at such a thing because they are vibrant, they are alive but they are also mischievous. That is one example, if you come to the earth spirits while distressed then you will see a deterioration within that ground, you will see the dying of the tree, you will see the plant which is diseased. This is all to do in part with conditions which are not harmonious to what you call nature. Do you understand.

George: Yes, I think we have seen problems arise within the farming process and this is to be expected and would stem from lack of respect.

If only mankind would acknowledge the work which goes on within the earth, if only mankind could offer thanks to those beings who work so tirelessly and hard for your benefit then things would be more acceptable to all. Can you see? But because mankind in his ignorance believes that he has total control of the earth and what he calls nature, he is in fact destroying much of the good work that these beings have created. When next you touch the soil, the plant, the tree, the flower, why not give thanks for all that they have done. Think about it my dear friends, that is all I ask of you. As always I will say, if you cannot accept my words, then leave them for another time but I feel that now is the time for you to open your minds to the existence of these non-human beings.

George: I have a very special place in my heart for the bee populations. They are so industrious, they are so intricately part of the nature system, they visit so many plants and flowers and pollinate them that the natural order would be totally different without them. I have always felt that there is some sort of guidance behind the work of the bee and its visits to so many plants and the way that it pollinates.

Yes, there is guidance, there is guidance in all things. You are correct in that assumption but of course the bee belongs to the physical, it is only another aspect of what can be achieved in this world. But the underlying power lies with the beings of the earth and I would say even more so the bee population is guided by the air beings, the ones we would call sylphs and who people have seen close by to plants and water and who do

appear in smaller human form and with what would appear to the physical eyes as the formation of tiny wings. There are many beings but we will speak of the air beings another time. I feel your bafflement my dear friends!

Lilian: We are deep in thought. I am sure when we are in our gardens we shall be thinking of them all the time and hopefully seeing one or two.

It is possible when you are spiritually aware. Speak to those people in your world who have evolved spiritually and I am sure they would be only too glad to tell you of all that they are capable of seeing. But again, because of much ridicule and disbelief in your world, they are loathed to speak of these things. They are afraid of being called foolish, they are afraid that their fellow man will think of them as not being quite the thing, I think you would say, therefore they are hesitant of speaking of their visions.

Lilian: I must all this week I have been thinking, as you say all over the world, there are the little people in Ireland, in Cornwall it's the pixies and different names for different places.

Yes, all over your world, every country has its own fairy tales.

Lilian: So how did they start?

That is what I say to you my dear friends, they are based on truth but, as in many things, it becomes distorted, it becomes to mankind in general a figure of fun, to be dismissed as fanciful imagination. I am here to tell you, my dear friends, that there are such beings in existence. As I say, I use the names which you would be familiar with, but all that they are, they are part of the great creation which enables this planet and yourselves to evolve. You are not alone and never will be alone because there is too much that belongs to the great scheme of life. Humankind has been at fault too long in thinking that he is a superior being. This idea I would wish you to try to place within the scheme of the great plan of life and to understand that humankind is but one small part of what exists, not only on this planet but on all others. You cannot isolate yourselves from all the other energies and beings that exist on this planet. Let me just finish this time, I say, that when you look into water, do you not see the power that liquid? Can you not feel it, can you not see it, can you not understand that beneath that power there lies beings who are constantly at work to create a living force of that water?

Water is very good element for trying to capture the power within. Think about those few words and next time we will continue this discussion and I will be more than interested to see how each one of you has interpreted my words. My dear friends, there is much you need to learn and if I can open your eyes just a little wider, then I am sure that your understanding can only help you to grow. If this is so, what more can we ask of you because in growing and understanding, with your vision how can you not go through this existence and not give to others what you have achieved. Would that not my dear friends be remarkable? With these words I will take my leave this time. I do hope that you have a little more food for thought but we have much more to discuss but I feel especially on this topic that we must go slowly but I feel that we must discuss it as we go along.

[11th September 2000](#)

Good evening. This time my dear friends we will continue to discuss other the topic which we began last time. I hope each one of you has given some thinking time to our discussion..

Lilian: I am sure we have.

Yes. We spoke last time mainly about earth spirits. I said we would discuss the others. We discussed the four elements of earth, water, air and fire and I believe I told you that within those four elements there exist many, many more. I began with the earth spirits because I feel, my dear friends, this is perhaps the closest and more acceptable one to you but what I wish you to know and understand is the relationship between yourself and these other spirits of this planet. I told you last time that you do not stand alone in spiritual evolvment. These spirits are not seen easily with the physical eyes because they are within the ether: the earth ether, the water ether, the air ether and the fire ether. All of these spirits are formed mainly from the elements to which they belong. Therefore let us take an example this time. Shall we discuss the water spirits or sometimes in your history they have been called mermaids in the larger expanse of your seas. Why should some see these things, I hear you ask, and not others? Well my dear friends I have already partially answered that question, because they belong to the ether and

not seen with the physical eyes, unless with those physical eyes you have momentarily clear vision and only with clear vision will you view these creatures. The water spirit or undine can be seen on the waves of your seas, can be seen close to water of many kinds. Their task is to work with plants in water and the very motion of water. They are created from the ether of water. They can be seen as shimmering creatures in the smaller places where water abounds and upon the larger areas of your seas then you have the larger undines which are seen to many as the mermaid. Remember I told you last time that these spirits have the ability to increase or diminish in size. Sometimes the water spirits will seem to shimmer as mist or fog. They are there again, as the earth spirit, they are completely captured by loving thoughts by spiritual development. Now at this point my dear friends I would wish you to understand that the water spirits are drawn to the human spirit by the very water element within man. And what is that, I hear you ask? It is the seat of your emotions. Therefore can you see that they would respond to good emotion? Let me try to say this to you, that when the waters rage, these water spirits are working to full capacity. They can be stilled, if you like, by the extension of love and the offer to work with them. Those human beings who have clear vision, who have love in their heart, who have the best intentions for all fellow creatures, not only their own kind, they will in their evolvment have the ability to have clear vision and to view these beautiful creatures. Their only intent is to work on this planet for their own spiritual evolvment although it varies from your own but they respond to human spirit with love and kindness but the undines or water spirits will be found anywhere there is water, even on your marshy grounds where you probably would be surprised to find them.

Now let us speak of another element, the air spirit. Again it is fashioned from that element to which it belongs. The air spirit is known as sylphs. They, too, can increase or diminish in size but what is important once more is their involvement with human spirit, with mankind. What would you suppose my dear friend attracts them to humankind. We speak of the air element.

Lilian: It's the love again.

All are attracted to love but what is it within humankind that would attract the air spirits to you.

Mark: I was thinking the same as Sarah, the respiratory air/oxygen.

Yes, but it is the mind. The mind, the intellect, they are attracted to many artistic people. But the air spirits or sylphs are indeed shown to you as beautiful creatures. They show themselves to you as tiny people or large people dependant on the setting. They are the ones that you would call fairies. Fairies? Yes, who would have shimmering wings because they are fashioned from the air. These creatures are indeed beautiful and attracted once more to love and beauty. And last but not least we have the salamander or the fire spirit. We spoke briefly of the fire spirit last week, did we not? Yes, and of all the elementals, the fire spirit can indeed be mischievous, as indeed the human spirits can be mischievous. Why should there be distinction but all spirits, no matter what element they come from, respond to love and will always work with mankind providing you give those loving thoughts. I would like to make clear to you, my dear friends, that oftentimes mischievous happenings have been accredited to human spirit when it is in fact sometimes the salamander at work with his mischievous ways, especially when there is anger or trouble in households and such places. They thrive upon psychic disturbance. They oft times are amused when they hear of human spirit taking the blame for their own mischievous ways. Think upon these words. I wish you to know, my dear friends, that you exist in a world which is inhabited by many, not only the human spirit but those I have mentioned and many, many others, some who have the ability to evolve and some who will never evolve in the way that mankind will. But what I want you, my dear friends, to understand: you upon this planet coexist with many others of various shapes and sizes but all belong to spirit. Each interpenetrates the other, no one group is isolated. Although mankind in his, shall we term 'wisdom' (a word I am not fond of) considers that he is the sole beneficiary of this planet, now is the time in your evolution my dear friends, and I know that I have approached a subject not easily accepted but I do feel that you have reached a

stage when you can at least begin to think and open up your heart and minds to other beings. Before you reach for the planets and the stars, look inwards to your own planet and those who are here to work for you in your own evolvement of spirit. Therefore my dear friends I say to you this: open your minds and hearts, give love and thanks to all those who are around you, and you will find that your lives will become enriched by the knowledge of these small creatures; their beauty is something to behold. And again I hear that the earth spirit or gnomes who we have discussed do not present such a pretty picture. Who are you to judge. Do you suppose my dear friends that you seem attractive to them? So, once again I say to you my friends, do not judge but accept and keep an open heart. I feel I have given you enough to think about, to open your minds and hearts, or if you have any questions my dear friends, now is the time to ask them.

Lilian: Would they be more aware of us than we are being of them.

Only if you extend your love to them they would be most unaware of you. Disharmony would bring you to their notice, violent feelings. I must say, that the air spirits are greatly disturbed by what goes on in your atmosphere – the noise within your skies – but as all creatures, they adapt well but of course they thrive more in conditions of harmony and love.

Lilian: So that's where we'd go perhaps to visit a beautiful garden, or woodland or stream ..

If your love and your expectancy is for good, it is possible for your vision to be clear enough to see them if they so desire but they, as all spirit, know only too well those who seek them for the wrong reasons. Harmony, love and the right reasons will bring you into touch with them but it is entirely an individual goal for you to achieve, but it can happen if you so desire. Again I say to you my dear friends, the power of your thought is crucial.

Mark: Are very young children aware of them?

Their awareness would be greater than those of you have existed on this earth plane for a longer period of time because, you see, young children still retain some memory of spirit. We have touched upon children in other matters and their psychic ability. Yes, they would be much more aware.

Mark: And I guess the elementals would be more attracted to the children as they are more loving and purer.

Yes, their purity of spirit, their light and their love would be the attraction. That is why their awareness would be so much greater. Yes, you are correct. Again I say to you dear friends, if only you could behave as small children, then your awareness would be greater also.

Sarah: We are here together working for this earth but with the fire, I can understand the other three elements, but with the fire, are we trying to be careful of them and they are trying to antagonise us or how exactly do they ..

No, do not become confused. I have said that they can be mischievous but the majority of their working time is for good. It is just the element of fire and fire is as necessary as water, air and earth. After all, when there has been fire, what then happens?

Sarah: Regrowth.

There is new beginnings, new life, so do not dismiss fire as some kind of hazard. It has its place in the plan of life, you understand?

Sarah: When you said, if we gave out thoughts to them, if there was a raging fire and we gave our thoughts out to the fire people, the salamanders, if our house was on fire, could we help to reduce the flames if we all gave out our thoughts, or would that be interfering?

Good thoughts are always helpful but the salamanders are governed by angelic beings. This is a topic we have not as such discussed but we will. They have the control over the salamanders. Therefore I would suggest that if you were disturbed by any destruction, I would give thoughts to those angelic beings who would take control.

George: The salamanders must be rather different from the beings of the other three elements. Earth, air and water are nice permanent and stable elements where fire is much more starting and finishing and moves round quite a lot so I would think the salamanders would be very different for that reason.

Yes, I would perhaps use one of your earthly words to describe our salamanders: combustible. Perhaps that would make a clearer picture for you but what I wish for you my dear friends, is that you find the connection between yourselves and all of these spirits, that is the point I want you to come to realise that they do not stand

alone and neither does the human spirit. That is the connection, that is why it should be imperative, I should say, for you to open your eyes to these other beings, to give them your love and understanding and help whenever you can. Give thanks for the work that they tirelessly do for your evolution. I know that mankind has developed an intellect which allows him to praise himself to think that he stands alone. That is not true my dear friends, that is not true.

George: Modern mankind has tended to think of fire, not as an element as did more ancient people, but more as a process of oxidation and perhaps we could think of the salamanders as masters of oxidation.

Yes, I did say last time that your scientists and your, shall we say, more developed mentally clever would always give you explanations for all that I have said but I did tell you, they do not know or understand or accept the full picture.

George: I think the truly clever people are clever enough to realize just how much they don't know. **Yes, to keep an open heart and mind, that is the intelligent person.**

Sarah: I know this diverts away a little from what you are trying to teach us but you did say last week that these spirit beings can live for as long as a thousand years and then they go back to a 'group' spirit, I think that was the word you used. Would you mind explaining just a little about that?

Yes, of course. Group spirit, you know that spirit has always been and always will be, there can be no altering that statement but there are some degree of spirit that it is not necessary for them to evolve. Those who I have mentioned will work perhaps for a thousand years have completed their task. Humankind has much to evolve for. It is a much longer process but the day will come, as I have told you, when the human form will disintegrate and you will become but thought form. It is only that these elemental beings have a much smaller task to complete and then they will join their group spirit to become blended with that greater mind. Do you understand? No.

Sarah: Yes, I understand that but I am just thinking about the group spirit.

It is just a blending my dear friend. Perhaps I have confused you by using 'group spirit'. It is just that those who have succeeded in their task will return to spirit in the form that they know best. Is that clearer for you? You all return to

that part of spirit from whence you came, and after all you understand that you are more than one. So are these other elemental beings so they immerse themselves in a group spirit. Are you sure you understand?

Sarah: Yes, I think I do.

It is difficult I know. This is a topic much maligned by mankind and we see all too often so many people who think of those with clear vision as, how is your word, crazy, crazy? But that is not true, they are the ones with clear vision. You also have to accept, my dear friend, that although these nature spirits are different from yourselves, all spirit returns home to the one source whether it be a group soul, or individual group spirits, it matters not. What is important is that the task that is undertaken on this planet is done and dealt with and spirit can return.

George: I think you inferred that the elementals of this planet are just a tiny part of the general cosmic pattern.

Yes, of course, as you also are. Mankind needs to begin to view himself as part of the planet, not as the keeper of the planet. This is what you must try to understand. I am afraid that mankind's intellect has interfered in his spiritual nature for far too long, that now is the time to return to be childlike, to a simpler way of thinking. If you are to understand all that goes on within this planet, then you need to be simplistic in your outlook. Surely that is not a too difficult task for you who are so intelligent! Are there more questions.

Paul: I remember once we had a lot of moles in the garden and we put out the thought to them suggesting to them that there was another place they could go to a field nearby. I think we tried to do it with love, a loving thought that they could move to the field nearby and it seemed to work. Would that have involved any of the elementals?

Of course, the earth spirit would be helping because of the love though, yes of course.

Paul: So the gnomes would have helped out there. **If the thought was given in love and for the benefit of the small creature, then of course you are being helped by the earth spirits. It is not only the power of your own thought in these instances although I have taught you well I hope that the power of your thought is of utmost importance. It is just that you have a little help. That is what I would wish you to try to accept. You are never alone. Are there more questions,**

please? You are all going home with your eyes wide open. I cannot ask more of you my dear friends, only that you dissect my words in any way that you wish. When first I came to you I said, accept only what you can after all you are each in your own roles. If you cannot accept my words, it does not matter, you will come to them in time. Therefore my dear friends, if we have not more questions this time, I will leave you and let you think about my words and I will leave the rest of this time in your very capable hand. Let us see what else is to come.

23rd October 2000

George: This relates to the elemental beings that you talked to us about and to our agriculture and gardening. Probably the most widespread fault we have is using chemicals to get rid of slugs. These seem to present a great problem. It may be that there is a problem because we have upset the balance of nature. It seems very hard on the slug to treat it with chemicals. Is this a problem to the elemental folk. Are we right to see this as a spiritual problem.

Yes, I understand the question. Yes mankind has interfered in all areas of what you term nature but mankind is beginning to realize that it is far better to return to more natural ways. Yes, the elementals, as you have said, would find the use of chemical abhorrent. You will find the beauty in nature in areas where there are not chemicals used, where mankind has had little to do with it. Therefore that is why, mountains, woodlands, streams are much more beautiful places and where you are much more likely to encounter the elementals. So, I would say to you my dear friend, that until mankind realizes, because after all this planet has been provided with how can I say to you, any problems that arise also has a cure, not only with mankind but with nature. It takes but a little thought on the part of the human being, it takes much prayer and thought for those who govern your countries to understand the seriousness of all that they allow to happen.

30th April 2001

Unfortunately, and I mean no disrespect to great minds upon this Earth, but scientists are

changing their views slowly. You have two schools of thought: the traditional scientists and the scientists of what you call 'new age.' ...new age of knowledge and truth, who are beginning to understand that the physical, the planet, the Universe, is not what it was initially thought to be, that without the knowledge of spirit, mankind cannot go forward. As I have told you on many previous occasions, mankind has lost so much, mankind for many many thousands of years, has taken backward steps.

Jan: Spiritually?

Spiritually. Always I speak spiritually. I should remind you but I expect you to understand by now, but I forget sometimes that the human thinking is apt to forget so quickly. Always always, as I have told you, when you have any kind of problem, when you are confused about any issue, sit quietly and let the spirit come forward and always you will find that deeper answer. We cannot give you all the answers, because you are not ready for it. We can only go slowly, use simple words, in order that you understand what we are trying to give you, in order that you can go forward and give this to other people. You know that this is our objective, that you are emissaries of spirit, that without your help, it would be much more difficult and always I thank you for this.

Sara: Can I just add something to that? So although the planet is evolving physically, we as human beings have to learn to love and attune ourselves to the planet, as it evolves and perhaps that is where the two meet. It's not enough to scientifically analyse what is happening, we have to love it at the same time, to love the planet and that is what is missing.

Yes, love, love is all things. Not only the planet, but all that exists within it. We have spoken about nature spirits, we have spoken about all aspects of life upon this planet. You have to become and recognise each aspect, not only for the vegetation, but all aspects: the land itself, the ground, the Earth, the sea, all things upon the planet. You have to become attuned to them to truly understand what it is about. You are quite correct.

23rd July 2001

I believe I have told you that one of the most

powerful prayers or thought or vibration, call it what you will, is the pure love of a mother for a child. That is the closest you will get to the most powerful thought, it is love, love in it's purest sense, which creates that strong thought vibration. Do you understand this? So many people send out thoughts to our world, very often for their own needs, where do you suppose my dear friends that would be placed in the colour vibration of thought?

Sarah: Fairly low.

Yes, it is difficult to speak on the scale of higher and lower. We have had this problem before, in explanation, but it is the only way I can bring it to you for your understanding. Let me take an example for you. Let us take the people on your Earth plane who are instruments of healing from our world. Sometimes they become aware of many variations of healing colour, but these colours are from our world and not from the physical. They are therefore much lighter in vibration, they are stronger and they are different from colours in your own world. We have heard you say, why is it necessary for colour at all. Colour is part of existence, colour fills your earthly life as it does in our world. It is but a vibration, which shows itself in beautiful colours, that is all. Colour in your world is limited, but I do feel that human beings benefit so much from the beautiful colours in your world. That is why it is important that colour be used correctly by mankind. What is better for the peace of mind of mankind, but to see the beauty of nature's own colours. But they are all of the same energy, they are all part of the same. So, what I wish to say to you my dear friends, about your healing thoughts, is that to give those healing thoughts with pure love, to leave behind the emotions and to ask only that help be given to those in need, then it will be done. Would you like to ask any questions please?

Sarah: Two things Salumet. You said that the colours of nature were all of the same vibration, did you say?

Energy.

Sarah: So if you get a pale flower or a dark flower, that is no reflection of the intensity of the energy, or is it?

It can be, it can be. The most beautiful of your earthly flowers I can tell you energy-wise, are those which you would call white flowers, because

they are as close to pure energy as you will find. But that is not to say that the denser colours do not have their use upon your Earth. All things are here for a purpose and of course the nature spirits of your world, who come to tend your nature upon this planet, use these colours wisely.

Sarah: Do the nature spirits, if there is a dark flower or a light flower, would they choose which colour they were going to look after, because they need that colour to look after? How does it work?

There is a hierarchy amongst the nature spirits and there will be some form to tend to all colours within the flower colour spectrum. It is not as simple to explain as you may imagine, but in the most beautiful of your earthly gardens, they put together the colours of the flowers, which produce the most beauty for that part of the garden. Do you understand? No. We are speaking about something which is difficult I know, but I feel for now that what you need to know and to understand, is that (within) the variations of colours within your planet, there is a need for all; but they belong to the same energy, but they have different vibrations, that is all, that is the only difference.

Sarah: What was this that you said, that each of our colours contains all other colours?

All, yes. All aspects of all colours within the one colour. This is little known and understood, but I will tell it to you now, in order for your understanding for later discussion.

George: In relation to flowers, I suspect that Dr Bark and his flower remedies, I suspect that Dr Bark was sensitive to some of this healing information?

Of course, otherwise he would not have been so successful, if he had not heeded that inspired thought. All of these people within your world who do good, are inspired from our world and he was quick to recognise the information given to him.

George: Yes, I think that connection will help in some way to cement our understanding to this.

Yes yes, I know it is not easy to accept what I say to you, but my purpose is not to convince you but to make you think, to get you to think spiritually, not with the earthly brain. I want your spiritual being to become aware of all of these things and to understand to a greater degree, what it is I try to tell you. If that is achieved, then I am happy for you.

6th Aug 2001

We have spoken of colour, we have spoken of the elementals which surround you in your world, we have spoken of much love and harmony within your world. But that is what I wish you to achieve my dear friends, *harmony* within yourselves but also to transmute that harmony and to become the wider *love* of the universe. It is not beyond you...

13th October 2003

Lilian: Talking of the crops that we grow, I was listening to a discussion the other day on the television and this farmer was into growing or planting crops or reaping them at a certain time maybe when the moon was in a certain position and it was bright in the moonlight. Would that help our crops to sow them at a certain time and would it also perhaps help the nature spirits?

For this my dear friend, thank you for your question. This knowledge has been known in ancient times and mostly forgotten.

Lilian: And it's now coming back.

Always mankind in earlier time revered what they called 'gods of nature' which in effect is exactly what you have said, that they planted at particular times and they reaped at particular times in accordance with what they believed.

Lilian: They also spoke of the energy ...

And of course your earth energy in ancient times was much purer. There was not, how shall we say, spoilt earth that mankind has reaped upon your planet. In those ancient times the earth was more pure because mankind had not abused it.