

6<sup>th</sup> March 2006

Lilian: Hello.

**Hello.**

Lilian: How was your journey tonight?

**It was better, thank you. I had a very easy entry.**

Graham: Is that because conditions have returned to what they were, or have you managed to adjust?

**I believe conditions have returned, and we are also improving our links all the time.**

George: That's very good to hear.

**Hopefully, if things can improve, then we can move forward.**

Lilian: Yes, we look forward to that. Have you a full house tonight?

**Yes, there are the usual numbers gathered. We look forward to it each time.**

Lilian: I'm sure you do.

**It's always a beautiful experience for us...**

Lilian: And for us!

**...meeting with other aspects of creation.**

Lilian: And you are much more used to it than we are.

(Pause) **It is something you never really get used to.**

George: Yes—a good thought. I'm not sure how many of us have been attempting to project things to you. I have been attempting myself, and I must apologise, because some things seem more difficult than others. I chose an object which I felt was reasonably simple, but I found it very difficult to hold a good image in my mind. So if you didn't receive anything from me, I quite understand, because my image was so fleeting. Sorry about that.

**But it is a sign of progress, when you are aware of your image quality and you have an idea of the quality that you would like. So that is a good sign, and you will reach a much better quality, if you continue to practise.**

George: Yes—thank you.

Lilian: You didn't by any chance pick up one of our small animals—a frog? I remember one was mentioned in the early days...

**I'm still waiting for a really clear mind projection from any of you. I am picking up blurred images. But I'm still waiting for that crystal clear unmistakable...**

Lilian: I picked one up the other day to rescue it from one of our roads and I thought: that's a good idea, I'll send Bonniol a little frog.

**Yes, I understand, the frog would be something you will...**

Lilian: Something you would recognize...

**...yes. It is not the easiest of things to project when you are starting off, but if you feel you can create that image mentally, with enough clarity that it is as if it was in front of you, then it will be possible.**

Rod: Last week, Bonniol, I stood an orange watering can on our bin and I spoke to you and I'm sure you were with me—at least on thought—and I looked at this—I don't know if you know what a watering can is—for watering plants...

**Yes, we also use them. I will continue to watch for these images, and I am sure they will become clearer to me as you send them each time. But at the moment they are still shadows of the things they represent. If I was of your world, it would be possible to read the shadows, but it is very hard to read them when these are all new to us, but it is very good practice for you all.**

Lilian: Yes it's a good practice for us I must say—yes.

**And it is nice that you are doing it during your day, at various opportunities.**

George: Yes, and you're happy for us to continue to attempt to send to you?

**I am always very happy to be given these thoughts and to monitor them for you.**

George: Right. Thank you.

Sarah: It seems to be a very good connection we've got this time Bonniol. Do you feel it's a better one than before?

***Yes, I have had a little bit of quiet time with this one (Paul) and I think it has helped this time improving the link. We are improving each time and it should become more 'varied', if I could use that word—the communications may become more interesting as we get the sort of link we are hoping for. It is always hard to talk about more unusual things at the beginning. We have had to be patient and discuss things that we are familiar with. Hopefully we will be able to broaden our communications.***

George: Well, so far we've had a wonderful mixture of science and philosophy, music and poetry and an incredible mixture—and a little bit about living things and industry, which has all been quite fascinating. ***Yes, these are all topics, which are familiar to you. We also have much that will not be familiar, and we hope to share a little of that.***

Graham: That would be interesting.

George: Yes. I was doing a little overview recently and the picture that is emerging, is that spirit/mind of God—however one wishes to define it—extends throughout the universe, and is an influence obviously, throughout the entire universe, so that both our planets are subject to the influence of this mind/spirit which extends throughout. So it's not surprising really that there are so many similarities within both our cultures. There are the joys of understanding music, literature and theatre—so many things of the mind, of the spirit. It seems so natural that we have these similarities.

Sarah: I think that's partly because Bonniol and his people on his planet are similar to us, but if you think about the planet with the 'mushrooms' on it, they would I expect be quite different. ***(Yes.)***

George: Well, I wonder if their philosophy would be different—the things that connect to spirit.

Lilian: Yes, I see what you mean George.

George: Do you have any thought on that Bonniol?

***Yes, the (Pause) the word eludes me for the moment, but the ways that spirit defines itself in the various worlds of matter—there is always a—there is always the truth which comes to the surface, in all worlds. But the patterns, if you like, are incredibly varied. The final—it's the various ways of getting to that truth, that defies the imagination.***

George: Yes—I think evolution comes into it. We evolve in our different directions or with emphasis on different things as we evolve. So perhaps, where we have differences, it arises out of that way in which we evolve.

***Yes, the evolving is your pathway—the roads that you take to your final destination.***

George: In recent years, we've evolved in the direction of materialism, whereas you have evolved on your planet much more in the direction of nature, recognition of nature spirits and...

***When you become aware of them, it becomes natural to work with them.***

Sarah: Has your planet gone through a period where it was materialistic?

***It was once very materialistic in a slightly different way, of course, to the way yours has grown. Each person is different and each planet is equally different in the way it displays its material nature. It would seem strange probably, to talk about how we displayed our material natures. But when you look at your past civilisations, they also displayed it in different ways to today, did they not? (Affirmed)***

George: Yes. Just looking back 100 years, we I feel were closer to nature and farming economy then, because one small farm might have had ten people working on it, whereas today that same small farm would only have one person working on it and organizing a lot of machinery to actually do the work. So, in that sense we've moved away from agriculture and nature.

***Yes, machines in some ways have cut you off from the land experience.***

Sarah: And also in the cooking, whereas before you used to use your hands a lot more to make things, now that also has been taken over by machines. So there's very little contact with the raw materials, or the raw produce, which again takes you away from...

George: Yes, we are not preparing the food with love in quite the same way...

*At this moment Lilian noticed Eileen's hand movement and had awareness that Salumet wanted to speak—I think we had all forgotten that Salumet was still quietly with Eileen:*

Lilian: Can I just see if Salumet wishes to say anything?

***Thank you. I apologize for this intrusion.***

Lilian: We're pleased to have you.

I wish to say just one thing—and Bonniol does not have the knowledge which can tell you about the connection between all planets and spirit. There is a simple explanation, and I will put it to you thus: the unifying bond between spirit and all matter, no matter what that form of matter takes, is LOVE and PERFECTION. That is what every planet strives for, and that is the unifying bond.

Lilian: Yes—it's simple when you say it.

Bonniol was struggling to define that question, so I do apologize to him, but I felt it was a point to be clarified.

George: Wonderful! (*Thanks expressed*)

**I will now leave you once more.**

George: Could I just suggest that that bond, then leads to or is responsible for there being so many similarities between cultures on different planets?

**The love consciousness is what connects you—no matter what; whether you be human form, vegetable form, or whatever. And it shows in the vegetable form as perfection in the way that it tries to grow and demonstrate itself. You understand?**

Lilian: Yes.

George: Thank you so much for that.

**But every planet is striving towards the same goal.**

George: Yes—wonderful!

*Bonniol then continued:*

***Thank you! That clarifies it for me too.***

Lilian: Yes! It's so simple.

George: We mentioned the idea some time ago, that it would be nice if you would sit in with us when Salumet is here and now we've experienced it!

***It makes for a very interesting evening.***

George: Wonderful. So, where do we go from here? Are there any questions you'd like to ask us, or would you like us to ask you questions?

***I would like to be a little more frank, about some of our peoples. I think you have an idea that our world is perfect in many ways. And I have told you that we have different problems—of over-population and some disagreements over how we work with the elementals, for example.***

George: Yes, you mentioned this.

***We do not have wars or fighting, but we do have unrest from time to time, and this may surprise you, but we have had assassination—is that the word. (Affirmed) So there are political groups struggling for their points of view to be made.***

George: We understand. We've had occasional assassinations ourselves.

***It's not common, but we have had it. And so, it is something that cannot be dismissed.***

George: But nevertheless, people have the collective good sense not to go to war over disputes or over annoyances...

***There is enough love from the majority of us to not allow war.***

George: So again, 'love' is the key to that matter.

***But there are those who are prepared to take life, if they feel it helps their cause.***

Rod: Do you have armies fighting people, to protect one against the other?

***We have something, which has evolved from your 'armies', but it no longer functions like that. They are like a group who rescue people—deal with natural disasters—are available for many different activities, depending on what is needed at the time.***

Rod: Almost like a United Nations here I should think...

***Yes. They understand medical as well as natural disasters. They can—they understand how to fight, but it is not a main part of their training.***

Sarah: What would happen to the assassin if they catch him?

***If this person is caught, they would be placed in confinement for a time.***

Sarah: Do you have special prisons like we do? Do you need them?

***We have something like a prison in the sense that it separates them from the world, but it is not meant as a punishing place.***

George: And are they left to their own thinking, or would they be subject to what might be considered to be helpful learning for them?

***They will have many who will try to help them. They are not so many to deal with—it is less common in our world. But they are always those who, for some reason, are unhappy with the way things are, and are prepared to act without regard for another. So they need to be watched over carefully and if possible, finding out why they have chosen that pathway—and if they can be encouraged out of it in this lifetime, as opposed to waiting for the disappointment when they move on.***

Sarah: Salumet has told us that you should never take a life, so all of you must be aware of that as well...

***It is something that we would hope everyone is aware of, but when you have mass populations, it seems there are always some individuals who choose another course other than the one we recommend.***

Sarah: Sometimes they say when places get too crowded you get this kind of thing. Maybe it's partly due to the overcrowding on your planet, do you think?

***There are many possible reasons. That is one that has been voiced at certain times with certain people.***

Rod: Reading between the lines, you seem to know how many people we've got in prison here...

***I have looked through the memories of this one and I do not know the numbers but...***

Graham: It's about one in 800 in this country—I've just done the calculation, about one in 800 in England at the moment.

***I am aware of your problem with prisons and the scale of it. It would seem to be a problem, which has not been tackled very imaginatively, can I say?***

George: Yes, I agree.

Graham: I think they're trying to find alternative methods to punishing other than going to prison—allowing people to reform outside prison, giving them the opportunity to do so, which is perhaps a step in the right direction.

George: Yes, we're trying. We've still got quite a long way to go. Would you like a break? Would you like a piece of music at this stage?

***That sounds a good idea—yes, thank you.***

George: I think we mentioned the theatre before. We have 'musical' shows, and these are often centered on a story; it can be any sort of story. Occasionally it's taken out of politics and there was one musical in fairly recent times called 'Evita', and it concerned the government of Argentina, one of our countries. Juan Perón was its president, and his wife Evita was First Lady, and assisted with running the country. She was in charge of social welfare, and she was *much loved* by the people. She departed this life before her husband and 'Don't cry for me Argentina', was her song: ♪♪♪♪. *(The song was played for Bonniol)*

***It's a little easier now, to listen with these ears ... and that one was able to sound the words a little more easily than in some of the songs.***

George: Yes, sometimes our musical shows are little bits of political history like that, but any subject can be taken. But that is quite a heart-warming little song, and it has been very, very popular.

Sarah: When you say it's easier for you to listen to, is it also easier for you to relay back to your 'audience', can I put it that way?

***Yes. It's not that I relay exactly. They experience it with me--we share the experience.***

Sarah: And they enjoyed it as well?

***I'm sure they enjoyed it too, yes.***

George: So is it as if they were here with us?

***It is for them, as it is for me—yes. They would be listening with me to your words. I speak for myself but when you speak, they are able to listen. We all listen together. So it makes it even more a meeting of worlds.***

George: Could I ask, have you all listened to a Master who visits another planet—have they experienced what was experienced tonight before in your planetary travels? Or is this a first?

***It is a first for me. I would imagine it has been done before, but it is a first for me, and something very special. I have listened to your Master before, but to have him come into the discussion is something I will cherish.***

George: We are delighted that this has happened and we shall equally cherish this evening for that reason.

***But I hope that we will have even better communications now that we have improved our link.***

George: Wonderful.

***And I'm sure we will. But for this evening perhaps I have spoken enough.***

Sarah: And we have a saying: practise makes perfect, so we'll keep practising then.

George: It's been a very good evening...

***I look forward to receiving more from you.***

Graham: We'll do our best.

***Would you like me to send to you as well?***

Sarah: That would be very good, yes. *(Affirmed)*

***I will be sending you something.***

Sarah: Are you going to send the same thing to all of us?

***I think that would be easiest for now, yes.***

*(Thanks + farewells)*

George's notes:

*This was a very special evening. It was at the start of our meeting of 25<sup>th</sup> April 05 that we suggested Bonniol might like to deliberately come early and be in session with Salumet, on a future occasion. On 18<sup>th</sup> July 05, we checked with Salumet that this would be acceptable. Now it has transpired!*