

One of the builders of the Bosnian pyramids, who came from a planet in another Galaxy, called Simkah—channelled via Sarah



Lilian: Welcome.

Good evening.

(General greetings)

I know that you are all with knowledge of spirit and therefore I do not need to tell you that I have come with much love from your friends. Your friends are those you were talking to last time. They wished me to come back just one more time, because these friends of yours who are from other planets, they were the ones from South of America, but there is a group here who have asked me to tell you they are aware of your knowledge of the visit made to the other pyramids that you were so interested in last time. So this is only a message from them to tell you they are aware of your interest and what you have discovered about them. They are most happy that you are on the right track.

George: Oh thank you for that. Yes we feel we are beginning to understand now. There's obviously much that we don't know but we have some knowledge of these pyramids which were built by our extraterrestrial friends many, many years ago and we do respect all this work which has been done and I think we are beginning to understand that one of the first things that visitors to our planet have done in the past is to build a pyramid which will provide energy to assist in their return journey.

Yes, and not only for the return journey but also to give energy to those who are on this planet visiting, because although they are able to travel in such a way that they can arrive on your planet earth, they still need extra, what you might call 'boost,' to be able to function here.

Paul: Mmm yes, because it's all very different—can I just clarify, are we talking about the builders of the Bosnian pyramids?

Yes, because these friends were very much aware of the conversation last time and they wished you to know they are ALL able to communicate and this communication lead them to wish to tell you that they are aware.

George: Yes, I think I'm right in saying this is 'Mind-Link' communication, at least that's our word for it and sadly the earth is rather backward in that we have done rather little of this, but as far as the rest

of the universe is concerned, mind-link communication is the way it happens!

Yes, in many, in many parts, but I will tell you, not in all. Yes, although you are as you would say, a little backward in your knowledge, or should I say the use of it. There are indeed other planets who are in perhaps not quite so less a degree of knowledge, but still they are struggling. So do not feel too down trodden because—

George: Oh we are not alone in this—

No, but you will get there I am sure.

George: Well it's wonderful when people like yourself come through to tell us just that little bit more—it's very helpful, thank you.

Yes, well I would say also we are pleased that you are interested in us, so it is a good thing for us both.

Paul: Well we'd love you to come back and build some more, or show us how to when the time is right.

Well maybe we can arrange something, let us work together and see what we can do.

Paul: Mmmmm!

George: Might I ask is the pyramid building to produce that energy something of the past or does it still go on? Perhaps you've found a better method to produce the energy now?

I would say that if we were to come back to this planet earth, we would still build something similar, but it could be that we could make them perhaps a little smaller now.

Paul: And I guess you could only come back if your guides directed you as to when the appropriate time would be to re-visit Earth?

Yes, the problem we have now with your planet earth is that there are so few places where we would be left alone to work with you and it would be most difficult if we were to be interrupted in the middle of a session.

Paul: Yes, it would have to be a very quiet, isolated part of the earth. **(Yes)**

George: Yes I would imagine it could be quite damaging to be interrupted?

It might well be that we could get trapped here.

Ray: How long would it take to build one of these pyramids, would you say?

It can be as long as we feel that you need for it to be built. It could be quite instantaneous, but it would depend on those we are working together with.

Trish: And if these pyramids are smaller, or *would* be smaller, would the energy be the same and would it be used for the same task or tasks?

It would—Let me start like this: Your planet has evolved and so has ours, so knowledge is ever-growing. So we would also be able to condense things. Let me take as an example, your computers. In the beginning (they) were so large—they can now do so much and they are so small.

Agreed

We too can achieve more with less. So we would be able to make some smaller structures, but there again, we have not done this before with the smaller structures. So it would be a trail to start with, but let us not push this completely away, because all is possible, because we are as keen to work with you as with other planets. So maybe this is something that can be achieved if it is felt it would benefit your planet at this time.

George: Well as far as those in this room are concerned, that would be wonderful. Are you able to say if your planet is in the same Galaxy as ours?
I would say not, I would say no.

Ray: One other thing—Are you in the same time frame as us or are you in a multi-dimensional time frame?

We are working on a different system to you. We do not have the time that you have, but when we come into your (pause) atmosphere, your way of living, then we have to work the same way as you do.

Ray: I see.

But no, we do not work the same way

Ray: Thank you.

Olive: Can I ask a question please—you are talking to us now — are using astral projection to come through, or magnetic fields as the Egyptians used to use thousands of years ago? How are you transmitting your thoughts to us now?

I am using spirit. I have lived, but I am not alive as you would say with a body now. So I am only able to take messages and pass them on.

George: That's interesting too. Can you say when you work with people are a similar size, are you larger in the physical being?

Are you asking me how I was when I as a being?

Paul: You mean the beings from the other planet?

George: —Yes.

I was a being from another planet, yes, but I was I would say smaller.

Paul: Yes that makes sense. We walked some of the passageways in the Bosnian pyramids and they

were a little bit small — we had to bend a bit sometimes.

Ray: Yes, but also there is talk of the 'Nordics,' very tall beings — blond hair, blue eyes and larger frames. Have you heard of these?

I do not distinguish between how various earth beings are, only if they are earth beings or not. So I'm afraid I cannot tell you if I've come across this particular type.

Ray: but there are others around, aren't there? Other beings from other planets?

George: Well I imagine they would not be associated with the Bosnian pyramids—

Ray: No, possibly not.

Trish: I read somewhere that there were more pyramids build in China than anywhere else in the world—in remote China, because China is obviously a very big country. There are things on the internet, but the internet can be sort of played with—can you confirm that there are pyramids in china, but no one's bothered to explore them?

I know that there are many pyramids around your planet, but I cannot at this time confirm, because I have brought with me the messages from those of the Bosnian pyramids. And we can do some communication with others and find this information out, but at this time I cannot confirm this for you.

Trish: Thank you.

Paul: One thought I had—If you did come back to earth, would it be difficult to use your spaceships without being detected by our satellites. Or could you land on our earth without the satellites detecting you?

Yes we could. And do not forget they are already coming here and giving you messages with the crop circles.

Agreed

Paul: Well it would be lovely as far as we are concerned to have you back on the earth.

Trish: It would also be very, very nice to understand the messages sent with those crop circles, though I expect that is far off for us on this earth.

Yes, I think you will find that part of these messages is to help you to focus on your inner self and to work them out for yourselves, because if this knowledge is just given to you, it will not be accepted as well as when it has been worked out and suddenly the light dawns. (Yes) So I am of the understanding that it is something for you to work on and not just to be given.

George: Yes, so it is up to us to go within and discover within ourselves the meaning. There are I believe residual energies with the crop circles. Is there some factor in the crop circles that might help us to go within.

Yes of course. That energy which has been left behind, was used by those visitors and yes, I would say any extra energy that your bodies can be given can only be of good. But I would say it is up to you to focus, you cannot allow others to do all the work for you. But yes, I would say if you were to put yourself on this area that has been left energized, you would find your thoughts much easier to come to the fore.

Trish: Is that energy staying within those circles for such a time?

Yes, not for all, but it does stay there for a while and then like other energies it gets absorbed into other, in this case areas and you will have other crops growing on there that each time they grow, they take a little of the energy away from the soil.

Trish: I understand.

George: So there would be an advantage to visit these crop designs and imbibe that energy — ***Yes, if you are interested in getting to know what messages are being sent then I would say yes, this would be a good idea.***

Paul: Going back to the Bosnian pyramids, I think they are being excavated at the moment and I know they would love to be able to find an artefact maybe left by the beings that built them. I don't know if there was anything left that could be discovered amongst the ruins there? Would you know if there were any artefacts left?

We would not have brought any with us, but I can tell you that much work was done in the pyramids, and as gifts to each other, small artefacts were indeed exchanged. So it is possible that you may find, let us say a small tablet or perhaps and I don't know if this would still exist, but carving into wood was always most popular. So I would say there could be some small tokens, but if you are looking for something from our planet, I would say you won't find that.

George: That's interesting. Of course there are large, what one might call artefacts, there are large ceramic blocks which weigh several tons. I believe they were used—I think they were enclosing devices which have an effect on the ground waters on that area. But I know there are large fired clay objects in some of the tunnels.

Yes they were used to fill with water and then you could take water from them without water coming up into the passageways.

George: Ah yes, so that would be water for your use, your drinking?

Yes and for whatever other reason.

George: One of those other reasons might well have been for making what we call large concrete blocks, for constructing the outer faces of the pyramids. Is that a term that you would understand?

Yes I do understand what you are saying and yes, some was done by the population and indeed they would have needed water. I would say quite a bit of it was done by the visitors and this was not needed when the visitors did it.

Paul: Using Power of Thought—

Yes.

Olive: We are talking about levitation are we?

Paul: Not just levitation, I think you would sort of like imagine the whole pyramid into being.

Olive: Yes I agree with that, but I also understood that levitation was also a thought—I've been levitated so I know it exists —my own personal view is when I do think about it, is that everything that the guide is saying to us is true, but I think a lot also is done with the power of levitation—in my own mind.

May I say something to you?

Olive: Yes please.

We were able to create and place in one (Pause) movement. But yes, you can levitate and levitation of those things that have been made by man, but those that are made with the mind do not need to be levitated, because they are made placed directly in the right position, once created.

George: That's very clearly stated, thank you.

Agreed

Trish: Can I just ask where the water was drawn from that you used in the pyramids?

Yes I can tell you: It was underground and it was used within the pyramid itself. So all was able to be achieved within one place and for us visitors that was not so important, but for the people from earth, they needed shelter and would not have found it so easy if each time they needed water they had to go on long journeys. It was all very well planned.

Agreed

George: Can you tell me, was there any element of teaching involved once the pyramid was there? Did you have gatherings where the earth people were instructed in any way?

I would say to you that the main teaching that was done was during the construction. Much was learned in this time and because the knowledge and the actual physical building was being constructed at the same time, there was no doubt in the minds of those there, that what was happening and what was being taught was real.

George: So it was teaching by example —

Yes that could be a good way of saying it.

I am afraid I am being called, I must go now.

George: Yes—just finally, this was a happy occasion for you, you were all good friends?

Oh yes, it was a most useful and cordial time.

George: Well it's wonderful that you've come through and spoken these words to us and we are all here most grateful to you, thank you very much. *(Much appreciation/enthusiasm uttered by other sitters)*

Yes, I am beginning to smile because maybe I come again for real.

(Even more enthusiasm expressed)

George: Oh that would be really wonderful. Do we have a name for you?

I do not remember my name, but if you would like to choose a name for me, I will use that, should I come again.

Paul: Or possibly the name of the planet that your people were from?

Yes I can tell you that, it was Simkah.

So now I am returning.

(Much gratitude and love expressed for our new friend, or should I say our 'old' friend from across the Cosmos!)