

KINGSCLERE GROUP EVENING

25th February 2013.

There had been some prior chat decrying negativity in the world today. There appeared to be one with Eileen, but there was some uncertainty:

George: Is anyone wishing to speak with us?

Pause

I was not going to, but I will.

George: Thank you.

I had to call upon you because of your talk of being negative (Ah yes) and I'm here to tell you that I was one of those negative people, and in fact I am still learning not to be so negative. And yes, you are correct in saying: it is better to put your focus elsewhere.

George: Yes, I think perhaps we need to look more beyond this *space-time* and look more across into spirit world, and view it all collectively.

Yes it is better, but it isn't easy, when you live in a world such as you do, it certainly is not easy; and it is a continual struggle—I found anyway (yes), especially when you have that kind of disposition.

George: A disposition of sympathy with others perhaps—

No, a disposition of being negative! It's very difficult to change that.

Jan: Do you think people are born with a negative disposition or do you think it is something we learn while we're here?

I personally, and this is only a personal explanation—I feel that negativity starts in the womb. After all, we agree to return quite happily, with full knowledge and perhaps with knowledge of what lies ahead, but I feel sometimes that women create negativity whilst child-bearing is taking place.

Jan: I have read that there are scientists that have studied just that really—patterns of women's behaviour whilst carrying.

Yes, it is a most important time and not widely accepted I must say. But being of that disposition, I can tell you how difficult it is to change. And in fact, as I have said, I am still changing. That is why I have been drawn to you this evening.

George: Well, we are very pleased you came through (**yes**).

Jan: Do you think that negativity learned as young as it is, centres around fear more than anything? ***I think it possibly is based on fear, yes. But the problem is you see, it becomes the normal way of thinking, and to people with negativity, it IS normal, and they can see no harm in it. But I am here to tell you that it DOES have an effect upon the spirit.***

Mark: Talking about the things starting off in pregnancy, I've always found the term that women use a lot, I *fell* pregnant — it's almost as if it's something not very good, to *fall* pregnant. ***Yes, well of course there are people who feel that they are not in control of their lives once they are here; and I believe they would be the people you are speaking about. Yes, and of course as you know, your thoughts and words become your reality—I'm sure you've been taught that.***

General agreement

Yes and it is something I use often.

George: And thought is the most powerful thing we have.

Yes, if only people would understand that more. It is your most powerful ally—and also your most powerful enemy!

Jan: I know it's good to visualise what you would like, not only for yourself, but for the wider picture — everybody really, the loved ones and planet (**yes**) and that's a good habit to get into, I would imagine, the visualisation, so that those negative thoughts are not—

They are dispelled when you create good thoughts, yes.

George: Yes, you mentioned 'love' Jan, I guess love is the thought—the power—to overpower negativity—

Yes, you create your own love by your positive thinking, and that thinking grows stronger, stronger, stronger each time you create that loving thought. So yes, it is a subject not spoken of too much but which I feel, because of my experience, should be spoken about a lot more.

George: Yes indeed, I feel perhaps the *most negative* people on our planet, or are included in the most negative, are 'religious fanatics' who will stop at nothing—

Yes, I understand your words, but of course, not only fanatics, but people who are living day by day and are not even aware that they are creating this negativity around them. It is much more common than you realise; and it is only people such as yourselves, who are sending out beautiful thoughts of love and light which help.

Jan: I think in our daily lives, we have to remind ourselves all the time, because like you said, I think it is part of the human make-up (yes).

Would you say this: One of our main purposes while we are here is to dispel those negative thoughts?

Yes, I believe you would have been told that the responsibility for your lives here, sits squarely with yourselves, and that is very true.

Jan: Yes, and we've also been told it becomes much more difficult the more you learn—the more spiritual matters that you learn of, greater the responsibility is.

Yes, that's right—not quite so much more difficult but more responsibility (yes)—yes, I would agree with you. It is a very great responsibility.

Jan: Because there's awareness that you've not necessarily had before and it's that awareness that you carry with you all the time.

Yes, it was rather like when I came to this (spirit) world—to be faced with how I'd thought for a

lifetime—it was quite shocking, and it still shocks me now. That is why I try to help in every way I can.

George: You are obviously progressing.

I would like and hope I would! I will not think negatively about that!

Chuckles

Jan: I don't like to talk about individuals, but I am using this person as an example. Now, my birth mother is one of the most negative people that I've ever encountered. I obviously chose her as my mother. Even though we talk about things at length, and she knows my feelings—you can see glimmers of *she would like to be less negative*, but then like you say, something really pulls her back into that negativity. My question is: does spirit world find it much more difficult to come closer to that negativity?

Of course, because what it does is it creates a barrier. It does not mean we cannot come close—it just makes it a little more difficult to penetrate. If only you could imagine negativity as being a cloud that blocks out the sun, then you would have a little idea of just how difficult it is, because as I have said, the negativity becomes normal to that person.

Jan: Yes, they actually find it very strange—it's like *they are normal* and everybody else—

They feel that they are normal—Is wrong, yes.

Jan: They are normal, they are right and everybody else is *off with the fairies!* To put it in other terminology—

I will apologise to the fairies for you—yes!

So we ended this session with a little laughter and exchange of pleasantries

George: Well we thank you for coming through and giving us your view of things from the—if I might say—the other side.

Well it IS the other side isn't it!

Jan: It's been very enlightening because you have answered the questions that we have —

Well if that has helped any of you then I feel my work has been achieved.

George: It has indeed, thank you.

Fond farewells

Next, one spoke via Paul, saying that he had not done this before

Sarah: We can hear you very clearly.
It's actually easier than I thought. It feels quite cosy here but I won't stay long—I haven't got any—

George: Well you're very welcome, and you're very welcome to stay longer if you wish.
I wasn't planning to say anything important to you. I haven't really got anything of special importance to say.

Mark: That's okay.

George: So you're just doing it for the experience—we'd like to help you with this if we can.

Yes—I am happy just to say 'hello' to everybody. Sarah asked what he did when on the Earth I was a farmer when I was last on Earth.

George: Are you able to give us a name?
I was known as Fred.

Mark: Do you remember where your farm was?
It was in—in the Lake District—yeah. But I must say it's of no consequence. I was very interested to see if it could be done. And I'm very happy that it can be—and it's so easy. Makes us feel very comfortable.

George: Well, if any time you would like to come through for a chat Fred, you're welcome. And the Lake District would be a beautiful area of the country to live in.

Yes it was—yes it was. But I don't wanna to waste any more time.

Mark: It's not wasted.

So I'll be on my way.

Sarah: Thank you for coming.

George: Thank you Fred. Do feel free to pop in again if you wish.

God bless you.

Next, one via Sarah

Good evening.

All: Good evening.

I am trying to piece together some information. I have some old metal-ware, and I believe it belongs to the gentleman who has just talked with you (oh?). He was indeed a farmer (right) but he was also one of the first in his area to use the metal plough. He was much scorned by those who had previously worked the land, and as a gesture of peace he gave to the workers these metal objects, so they could do some work in their own right. He was a good man, but his foresight was not appreciated by many.

George: Yes, people often don't like changing to something new. It's a trait that perhaps we have on Earth!

He was not aware, but he came back to see if he would be accepted this time. And, as you are aware, he WAS. And that is the reason why he did not stay for too long.

George: Well it's very nice of you to come through and explain. We appreciate that.

Yes, he is now ready to make his way further in spirit, and although he could re-visit, he will most likely have no more need to do so.

George: Yes, it's a very silly trait that humans have sometimes of not wanting to accept something new, and he seems to have suffered by that, which is a shame.

Mark: Negative thinking!

Jan: I was just thinking that.

Mark: We've come full circle!

Chuckles

But he is a happy man now.

George: Good, we're pleased to hear that.

So my mission has been also successful and I also will return.

General thanks for visit and explanation

Next, a much agitated one via Eileen

Can you hear me? CAN YOU HEAR ME? You have to tell them—I was killed, I was killed, I was killed! Ooh!

Lilian: Yes, we know.

They thought I'd done it. They thought I'd done it. I didn't, I didn't! Tell them!

Lilian: Yes, we'll tell them—yes.

George: Can you give us a name?

Marilyn.

Lilian: Marilyn.

Marchant. He did it—he did it! He killed me! He killed me!

Lilian: Very distressing. But you're here so that we can help you.

No, no. You are here to listen.

George: Are you being helped in spirit? I expect you are.

I can't rest—I just can't rest!

Lilian: So you know where you are?

Yes!

Lilian: That's good.

George: Well, we're listening and this is all being recorded, so we can pass it on.

Lilian: We can still help you. If you can't rest—you need to be able to. Put things behind you. What have you seen so far—someone to help you?

I'm so confused!

We also were somewhat confused, but we decided that this one knows she is in spirit and we assured her that she could not now be harmed Jan then realised clairvoyantly, that what concerned this lady was that people at the time assumed she committed suicide, which was not the case.

I didn't, I didn't I didn't —

Jan: They know you didn't now Marilyn, they know you didn't. People here know you didn't.

I want you to find him, find him!

Lilian: You don't need to worry about him. He'll be in a special place, being looked after by someone. He'll be coming nowhere near you.

I needed to talk to somebody.

George: And they know in spirit that you didn't do it—

Jan: Nobody has been unkind to you in spirit have they Marilyn? You are just carrying this with you, aren't you?

Yes.

Jan: You don't need to anymore, you need to move on from it and they'll show you how to do that.

I needed to talk to somebody here.

General sympathies and reassurances expressed and Marilyn was much calmer.

George: Are you able to say where this happened—what country—what town?

I think I was in Missouri.

Lilian: Missouri. It's not important—the important thing is that you feel better.

George: Yes, that's the main thing.

Lilian: You are beginning to feel warm and loved **I feel calmer.**

Marilyn had been brought to us by an Indian gentleman and Jan had clairvoyant sight of him

Jan: That's what the Indian gentleman is telling me—that you feel calmer. He wants to help you and take you to lovely places, but you won't allow him to because you are so upset inside and you need to let that go. You literally need to let it go. Can you do that?

I just want some peace.

Jan: Yes, and you'll get all the peace that you deserve, once you let those feelings of anger go, and almost—dare I say it—hatred—yes?

I hated him.

Jan: You need to let that go—that's holding you back. The only person you are hurting is yourself. You need to let that go. Try and let that go while you are with us. Find somewhere deep inside you where you can replace those feelings with just *pure love*, and go with the Indian gentleman.
Pause

Jan: He is holding out his hands towards you. I think he realises that you're beginning to step forward where you need to go.

I want to—

Jan: That's it, you go. The pull is so strong now, hold on to him and you go. Leave it all here.

She was now calm

I needed to come.

Jan: You did.

I did, I did.

Sarah: And we believe you.

Someone believes me.

Jan: Yes, we all believe you. And those that you left behind believe you—they know and they'll always be with you. You'll carry them with you wherever you go and vice versa.

Yes, I want to go. I need to go.

Jan: Lots of love Marilyn. Off you go.

General good wishes

The Indian gentleman then spoke via Jan:

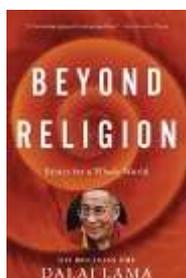
Thank you!

On reflection, this was not what we normally think of as a rescue. Marilyn had actually successfully made the journey into spirit, but was THEN held back from further progress by all that she was still holding onto. Happily, this has now been put right.

Two items from Victor Zammit's weekly e-journal; firstly a new book that looks beyond traditional religions:

DALAI LAMA'S NEW BOOK

Beyond Religion: Ethics for a Whole World



In his new book "Beyond Religion: Ethics for a Whole World" His Holiness the Dalai Lama argues that religion is not

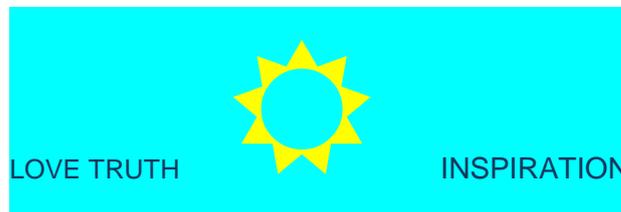
a necessity for pursuing a spiritual life. Rather he proposes a system of secular ethics that transcends religion as a way to recognize our common humanity and so contributes to a global human community based on understanding and mutual respect."

And secondly a TRUE STATEMENT about UFOs, other planetary beings—and how we can learn from re telepathy, dematerialisation etc—and acknowledging government cover-up. All such material that has been covered in discussion with Salumet and with our friends from other planets is at long last coming to the fore:



THE DISCLOSURE PROJECT: ASTRONAUT EDGARMITCHELL most recent interview (February 22nd 2013) about the reality that UFO's are real and that

aliens do exist. Here is one of the most credible astronauts who studied the UFO phenomena and states that alien visitations have taken place and that alien vehicles have been recovered - also talks about alien 'humanoids'. He also says that the government tries to keep everything about UFOs secret. Making contact with aliens, we will get to know a great deal about paranormal activity especially about telepathy and materializations and dematerializations - how to increase and decrease vibrations of matter- and about the afterlife.



And let's all remember that negativity clouds have no place in our lives. Let all the love, truth and inspiration shine through—every day!
