

SALUMET — 18th February 2013

Discussion and prayers prior to Salumet coming through had led to mention of deplorable atrocities. These included the attempted assassination with serious injury of Pakistani schoolgirl Malala Yousafzai, by a Taliban gunman for her campaigning for girls' education; also the ongoing bombings with huge death toll that continue in Iraq.

Good evening.

General greetings

Again as I join with you I have been listening to you and your discussions about your world. I am here this time to say to you, that Spirit regeneration is happening *NOW* and although still you speak of all these what you call '*atrocities*,' I will remind you my dear friends, of the *goodness* which is in your world.

George: Yes indeed —

When we speak of these things, it is hard to believe I know, that there is any kind of regeneration of Spirit, but speaking about the young woman and the way that she has stood for justice, is only just one indication of what is happening around your planet. I believe I said some time ago that there would be changes and my dear friends you are at the very beginning.

George: Yes this is indeed very exciting! And I think we appreciate there are the huge changes and there *is* so much good (**yes**) and the atrocities just show up so sharply against this *backcloth* of what is good.

Yes of course. Are you also aware my dear friends, of what is happening in your oceans, your seas? Did I not tell you that they would find, or seek and search for good in your oceans?

General agreement

That also has now begun.

Paul: Ah! I don't think we are aware of any recent developments.

I can reassure you that it has *begun*.

George: Is this energy from oceans?

They are looking towards help and for medical conditions. If you do not know now, soon you will hear.

Enthusiasm expressed

Sarah: I know they've found that in one of the fish that is illuminated—they can use one of its genes to help humans to see what's going on — **Yes, so you see my dear friends, I do not want you to despair about all the negativity in your world, but rather to focus on the good that is now happening, because *good*, will always stand to the fore of *negativity* — if you will allow it.**

Paul: And just having people finding their voices and there are so many more ways to communicate now. Even though they haven't perhaps always worked out the '*best*' way — what they want, whether they want '*democracy*' or not and exactly what that word means, but there is far more *talking* about it.

Yes, you must allow evolution to continue in the way it is meant to. But yes, I would say your planet today is a very small place indeed, compared to what it has been.

General agreement—the world seems a smaller place on account of communications technology
Today the technology is available to you all if you so desire and it is up to those people such as yourself, who are willing to pass the good and the truth. In this way, that goodness can be expanded. So you see how much good there is before you.

Sarah: Yes, on another scale, we've had all this business about horse meat being found in beef and I couldn't help but think of your words that really we would be better if we didn't eat meat (**yes**), but that was our choice; and I couldn't help but think that the purpose of this scandal was to get us to not eat so much meat. And in fact I did hear someone in the supermarket asking where is the '*Quorn*' *is*—which is a type of mushroom (*fusarium*) protein that you can eat instead of meat. So I think there is some good coming out of this.

Always good comes from these things, but as I have said, no matter what I tell you, you have been endowed with your freewill. And yes, you mention horse, but what of the other animals? You cannot separate one from the other.

General agreement

Sarah: No, it was just the fact that people now don't know what's in their food (**yes**), that's the thing.

Yes, but have they ever?

Sarah: No, I suppose that's what's coming to the fore now **(yes)**.

Jan: No—not since processed food began **(yes)**.

Lilian: No, it comes under the heading of mutton or beef and people forget the cow behind it **(yes)**.

Jan: I think there's a big movement behind this particular scandal, as it is peoples freewill to eat meat or not. I was listening to a butcher talking and he was saying that his profit margin has risen by 31% in the last week, *purely* because people are turning away from things that they *cannot* tell what they are eating, to only wanting *local* produce. So as we have the freewill, I think that's an extremely *positive* step forward.

Yes, it has created awareness, there is no doubt. It has always been a topic with so much being said about what is right and what is wrong. I say to all of you, you know deep within yourselves, what is right and wrong for you. Only then can you go forward and make comment about what others are doing.

Jan: Because really what you are saying is — you're not saying that this is wrong, or this is right; you are saying that if it sits well within you **(yes)**, then it's right for you at this particular time. **Yes. You must remember that the Spirit, as all of you within this room, have different lives, different life situations — neither one is right or other wrong; it is just what is for you, at that time of existence.**

George: Perhaps there is the general good in the *awareness* **(yes)** and the encouragement to think on these things.

Yes, when you have awareness you have knowledge and with that knowledge, it is then up to every individual to do what they instinctively know to be right.

Jan: That knowledge brings choice and freedom. **Yes, that knowledge brings responsibility. Yes, we have spoken of this, but it is an important point to make.**

Paul: I was just thinking sometimes people *could* have the *awareness*, but it's stifled a bit— because of their choices, I think. They put their attention into more about the *tastiness* of the food, or their *senses* of very *surface pleasures* — I guess that's where their awareness *is*. I always feel people could be more aware than they really are — they are a bit dulled by the modern

lifestyle, but they *could* still choose to break out of that —

You have to remember my dear friend that as *human beings*, you have eaten meat for a long, long time. And for some people even with the *awareness*, they find it difficult within themselves to make the right choices, but that is something that they have to deal with. You cannot change another's feelings or thoughts — that would be wrong also. So be careful how you judge.

General agreement

Sarah: My daughter was saying to me that in the course that she is learning—in the wild, animals that don't eat meat have a very long intestine and animals that do eat meat have a very short one. We have a very long one, so really we probably shouldn't be eating meat anyway, because that's not how our bodies were designed.

Jan: But it was —

I would suggest that you do not make comparison between the *animal kingdom* and *human beings*; their evolution is slightly different.

Sarah: Ah, that's interesting **(yes)**.

Jan: We still have the same internal *make up* as we did *millions* of years ago and we were *raw meat-eaters* when we were first on the planet, so it's going to take much time to —

Sarah: I don't know that we were actually. Well, we don't know do we, we weren't here? But it's interesting not to compare it with the animals.

No, I would suggest that you do not compare.

Sarah: Thank you for that.

George: Might it be permissible to compare Earth to Bonniol's planet Aerah. It's interesting to me to see that on planet Aerah where they *are* vegetarians, it leads to a simpler life; in particular the way that manure or sewage from the homes, from vegetarians, can be simply returned to the soil for agricultural use, whereas on *our* planet, because we are largely meat-eaters and we mix up our sewage with chemicals, it's much more of a complex problem to dispose of.

Yes, might I suggest as our dear gentlemen friend suggested earlier, although people have awareness, it is not the *right TYPE* of awareness. The awareness I speak of, is for the safeguarding of the animal kingdom. Your focus has to change, not whether meat is right or wrong to

eat, or what sewage is better than another, but your awareness should *be* with those *animals* who are *with you* on this *planet* — *that is where your awareness should lie.*

Jan: It's our ethics (**yes**), we need to be aware more ethically.

That is what you should try to focus upon, not the results of eating animals. You could argue on *many* levels about this, but I would wish you to simply remind yourselves, that these *animals* are here for a *purpose* as well as human beings.

General agreement

Paul: I think that *is* a powerful argument, because when animals *do* interact with human beings and form close bonds with them (**yes**), then they do at least —

Their focus will change.

Paul: — change for *that* group of animals (**yes**); they don't apply it to other species of animal, but that's the beginning of that process I guess.

George: Love of other species with whom we share this planet (**yes**).

Sarah: Is the animal's purpose on this planet the same as ours?

Lilian: To learn?

Sarah: — to learn and to improve themselves?

Their evolution is different — you cannot compare. That is why I said to you, *do not compare*, you cannot go *hand-in-hand* with the evolution of your animal kingdom.

Sarah: What is the animal's purpose here?

—**To help to teach mankind to be more *humane*.**

Sarah: Oh, that's interesting.

A simple purpose—but an important purpose.

Paul: Each species almost, cats, dogs — each one you feel *teaches something*.

Yes, and of course they have to *interact* with different animals as well. They have their own '*learning*,' if you like, although that word does seem rather foolish, because they do not have the same intelligence as you are supposed to have.

Jan: How I see it is, the extinct populace of certain animals that has happened on the planet that we are now aware of and are working so hard in certain parts of the planet to preserve those that are left. That's obviously the end goal, that's what we are striving for and that's what a lot of countries are now striving for and I was really interested to watch how the Africans, how

protective they are and little groups that work non-stop to protect one species or another. Forty years ago, they would not have had those feelings towards those animals, so it's such a positive —

Yes, but do not forget that some species, it is their *destiny* if you like, to become extinct; in the same way that you as human beings will not always return to the Earth plane. So if you think of it on a spiritual level — and here I repeat myself again *think spiritually* and your answers will always come more easily. You understand?

General agreement

Jan: Yes, we shouldn't feel as emotional about those extinct species, because they've returned from where they came and like you say, they've got to return anyway (**yes**).

Sarah: They've served their purpose.

Yes, but you should always extend love to the animal kingdom.

Sarah: Well I must say — in my sort of language, I do think it's very *big-hearted* of these animals to come back to help us. I think that's changed my view. I mean I've always liked the animals, but it's changed my view enormously to think that they are doing it for *us*, the suffering that they are going through for *us*, is commendable I must say. **But it gives you something to think about.**

Sarah: It certainly has yes thank you.

Mark: Yes, you've made me think about the horse meat issue in a new way, because I'm thinking now that a lot of people who eat meat, have a loving relationship with horses and wouldn't eat horse meat (**yes**), in the same way that they wouldn't eat dog, if they had a pet dog — but some cultures do. And it's just slowly getting people to think about the issues a bit more deeply (**yes**).

Jan: Well I have a problem with that — it doesn't sit very well with me, because the same as everybody in this room, I love all animals, but when I think well, they wouldn't purposely eat a horse — well what's the difference between a horse and a cow? Nothing at all!

Mark: That's right, when you're a vegetarian you can see that can't you? But I suppose some people have to do it one by one —

It is all to do with *conditioning*. In different parts of your world it is *acceptable*—in another part it

would not be acceptable; it is so *diverse*. So for you who have thought about these things carefully, you have the *awareness to change*, and that is all you can do — you can only change your own awareness and be responsible for every action and deed that you do.

Lilian: I was quite aware of the animals that will have been used, with the operation that I've just had, in I'll say, *helping me*. That was one part I didn't want to think about too deeply, I didn't like that idea. So there again they are used to help us in the long run, with our aches and pains and illnesses.

Yes, that is of course another subject, but animals have always as you say (been) 'used.' Not always of course have they a say, which is another matter; a matter for conscience for all who are involved in these things. But nevertheless, the planet is evolving as it should and for this you cannot stop that progress; you have to allow these things to take their natural course.

Sarah: So if the whole planet stopped actually eating beef, there actually wouldn't be any use for the cows anymore; there wouldn't be so many of them anyway.

There *are* people who farm these animals, who have a *great love* for them. Not all people see them as sources of meat. So perhaps not— perhaps it would not be their time to completely leave this planet. We have to see what is to evolve.

Paul: No, I mean even in this country, which is very small really, we have areas where they have wild ponies and I don't think they originated here, but they were brought here and developed little herds and they've done it on their own. Many of the deer varieties as well weren't from this country, but people brought them over maybe for hunting, or for food and they've formed their own groups. And I'm sure some of the farm animals would be capable of forming their own little groups and families, and finding patches where they can survive, even in this small country.

General agreement

This also applies to the human being. Have you not in times gone by, in your histories, moved from country to country and intermingled?

General agreement

So you could say that all of Earth has been a blending of both peoples and animals. Do you not agree?

General agreement (yes)

Paul: Yes, it's like nature always finds a way to adapt, it's always adapting (**yes**), and these farm animals are no different. They'll adapt as mankind adapts — everything starts changing.

Yes, but before I leave you, I just want you to think a little more deeply, but I want you to think more *spiritually*. You will find all of these questions that you have for me, will become easier in your own minds. You *all* have the answers, if you so *desire*.

George: Yes that's a good thought for us. Before you leave Salumet, I wonder if I might read a question from one of our readers?

Yes.

The lady writes:

I wonder if you could ask a question for me please. The night my sister died, we were travelling back to the mainland to be with my family. My daughter told me sometime later that she had seen '*God*' that morning. It was around 4 am. She described a hovering figure in white watching us as we drove along. She was quite young at the time, so I am not sure about her interpretation. She has seen Spirits on several occasions, but does not like to elaborate on these sightings. Is she a particularly sensitive child? She is now 15 years old but was 8 at the particular sighting.

Yes, the *God* that she says she has seen was of course the *Guardian Angel* of the lady who passed. It was not *God*, but as we know, interpretation is uppermost in most people's minds at times like this. So yes of course the child is sensitive. She is a medium, but is suppressing all of those gifts at this time. She will find as she continues, that Spirit will rejoin with her, even if she is reluctant. But yes, she is a '*sensitive*,' as you call it here on Earth. She is a messenger of the Spirit.

George: Would it be well for her to talk about these things more?

She must be guided by the young person. It is not good to force these things. When Spirit and this young lady are ready, then there *will* be connection. Yes, I would not suggest trying to draw it from her, after all we are all Spirit and

we do have the right to make up our own minds; again freewill.

George: Thank you Salumet, I'm sure she'll be most grateful for that (yes).

Now my dear friends, I will take my leave of you. As always I feel blessed to have spoken with you all. I hope our conversation has given you a little more to think about.

Lots of agreement

And for the rest of this time I would like to work with this instrument. So I would ask only for not too much noise, but to see what the rest of this evening brings for you.

General thanks

George: Thank you Salumet and it's so good that you've spoken around the subject of meat a little more for us (yes)—most helpful. Thank you.

As always I leave you cloaked in my love.

General thanks

Lilian: Good evening.

Thank you for giving me the opportunity to speak with you. I have been asked to come and give you a little enlightenment on one of the questions that you have asked in the past.

George: That's very nice. Thank you very much!
We are always interested in you human beings, and are often amazed at the difficulties you have in really very simple matters. We are trying to establish why so many of you are unable to FEEL this 'goodness' that is around you all the time. There are so many who are so angry. There are so many who only want to do harm—and there is so much 'love' around, that it does surprise us at times that this cannot be felt; but we know that you humans have your free-will—we know that there are many who have so very much to learn, and we try so very hard to keep close to all of you (thank you). We know that this is part of the life cycle and we are aware that you in this group do have some awareness of Spirit being close to you, but there are still those who have the knowledge but do not have the sense of our presence, and this is my purpose this time: to bring those who are around you, just a little closer, so that we can help you to become more aware of those who are already close to you. We hope that this will help you on

your spiritual journeys—because those who stand close by you—their only wish is for you to go in the best direction possible. So I will leave you with the name, and when you have some difficulty in being close—or should I say: having the awareness of those who are with you, you are most welcome to call on me and I will try my best to help you. My name is Joseph.

George: Thank you so much Joseph, that's very good to hear. We do appreciate your message, and I am sure we all have some awareness of the tremendous good and the spiritual light that is with our planet.

Paul: We'd love to get that connection stronger, with these helpers around us.

That is my purpose tonight. So now, I will leave you, and you are as I said, most welcome to call my name anytime.

Rod: So, have you lived on Earth Joseph?

I have, but many, many years gone by. I would just like to add: I was the worst sinner you could have had

Chuckles

—and it is for this reason that I have dedicated myself to help others.

George: You have clearly changed—you have clearly advanced from that time on Earth. And, as I say, we do appreciate your message so much.

NOTES RE OCEAN DISCOVERIES: There is certainly much activity directed towards ocean research at present. Deep on the sea bed, there is recent awareness of ancient cities, pyramids and what is probably a crashed UFO. It is beginning to be realised that the oceans can be the source of many medicinal aids and a number of research lines are developing. Derivatives of sea cucumber species are found to be anti-inflammatory. The blue blooded horseshoe crab has a blood based on copper and not iron. A chemical is being investigated that can break down the protective shield that certain bacteria have developed against standard treatments. The deep ocean floor is surprisingly rich in bacterial life with properties worthy of study.

08/08/94

Yes, this indeed is a subject that is much

discussed in your plane. Let me speak, as I know. Let me say this to all of you: You should have a regard for *all* life. Once again, let me say, you have all been endowed with your own freewill, *but* I say to you — respect *all* life forms whatever that may be. Examine your conscience. If you wish to *kill* an animal that is up to you, but remember this: (long pause)
All forms of existence were put onto this Earth for their own development, their own growth, their own evolution. Provided the reason for killing is a 'good' one, and I use that phrase reservedly, reservedly — provided it is a good one, then your own spirituality will not suffer. But to kill, to kill an animal cannot be said to be good. I know this may go against the thinking of many of you, but it has to be said.

[http://www.salumetandfriends.org/resources/006a\\$7E1994_Aug_08+salumet.doc](http://www.salumetandfriends.org/resources/006a$7E1994_Aug_08+salumet.doc)

31/10/94

Yes, I don't wish to intrude upon your innate sense of what is right, but the question has been asked of me, and I have to say 'yes,' it would be better for all of you, if you could refrain from your meat-eating, for the reasons that I have given to you before. But I know, like everything else, your life patterns are all different, your viewpoints are all different and you must follow your hearts. But I would say your physical bodies would be much healthier, if you would follow what I have said.

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