

SALUMET — 28th January 2013

George: Good evening Salumet. Welcome to you.
Good evening.

General greetings

It is good to see so many of you coming together this time. (eleven) When last we spoke, we discussed the Angelic Realms and those of you who were here, were asked to think carefully about it. Would anyone wish to speak about their thoughts and their feelings?

George: I think my limited knowledge of angelic realms, is that these are caring, overseeing realms, that watch over and interact with humanity — not just this planet, but all planets I believe have a similar system. Angelic realms are formless, yet there are beings and these beings can take form, for the benefit of appearing to those of us who live in space-time. Those are my thoughts.

Yes, a very good description. I will say, you have to understand my dear friends, that — I will use the word ‘hierarchy’ — It is not the most appropriate word, but one a feel you will understand. There are those of course who have never lived upon a planet and they are a group of angels — there are so many types of course — who are here to express their desire to work and help you. Those further down the ladder, shall I say, are those that the gentleman speaks of, whose form can be transmuted at certain times, to show themselves in the efforts to help others.

Sara: Do you mean they could show themselves in a human way?

They can do, but that is not too often. What I wish you to discount, is that angels are those people who have lived upon this planet and returned as angels — this is not correct. So I would like you my dear friends, to move away from those thoughts.

Sara: So they are not a worldly energy, they are a purer energy?

The true angelic energy is of ‘Pure Love.’ They are a perfect example of ‘Unconditional Love.’ They come to you always to help, to uplift and to try to instruct you.

Carol-Anne: Would they come back as an animal, say a dog, for a child who is in trouble?

They can if they so desire, but I do not want you to think that this happens all of the time — it does *not*. Very often what you see in animal form, is indeed an animal who has been loved upon this Earth, and can be used in some way, for that help. So I do not want you to think that all of these things happen because of angels. The angels are beings — beings of Love, as the gentleman said earlier — beings of love who are here to serve you at all times.

Jan: Salumet, a lot of people believe and it’s happened to me on numerous occasions, when the Soul needs an upliftment and a little robin or in fact once I saw a rat and it looked at me in such a way, I couldn’t help wondering whether it was an angel of some sort.

It is not an angel as such, but it can be influenced. This is what you have to remember. All creatures, all animals, all peoples can be influenced, as you are all subtly influenced in your daily living, without even recognising it. Do you understand?

Jan: Yes I do. As everything is interconnected, (Yes.) then why not use an animal? —

But that would not be an angel that has transmuted into a creature of the land. So I just say to you my dear friends: Be careful in your thinking. It is all too easy to give credit where it is not due. You understand?

General agreement

Sara: I have read a lot of Doreen Virtue’s books. (Yes.) I don’t know if you are aware? She is considered to be something of an expert on angels. (Yes.) I’ve sensed that perhaps she is correct with a lot of it, but I wonder if you could comment. Archangel Rafael, Archangel Metatron, Michael, Mother Mary — I have I suppose been trying to connect a bit over the years with some of these ones, because of reading her books.

Yes. The archangels do much work with human beings. They are a little way *down* the ladder. Most people assume that because they are named ‘archangel’, that they are the most important. This is not so. But yes, the Archangels Michael, Raphael and the others — each has a mission, which they help to perform in your world.

Sara: Would you say that she is accurate with the information that she gives? For example that

Metatron is particularly good at helping children?
Would you say her information is correct?

She does have contact this lady, but there is a little element of misinformation, but not too much.

Sara: So she is fairly good to read?

Yes, no one is completely correct. But she has given much of her time to making those connections, as I believe many of you within this group, has no knowledge of angelic presence. They may feel that they do at times, but they are never quite sure. But the connections with the angelic beings, has to be constant, has to be true, has to be of the purest thoughts, before that connection will be made. But yes, they all have their place in existence. But I just say to you my friends, do not be fooled that everything is from Spirit — that is a message I give to you this time.

Jan: I think we start trying to find reasons, (Yes.) and messages in lots of things. Maybe it's because we don't know how, or haven't practised tuning in, in the correct way. So, we interpret lots of wonderful things as being sent from Spirit, when like you've just said, we read into it too much.

Yes, the desire is great to have something wonderful, or some event that you can say comes from us, when in fact on many occasions this is not true. And we do not want you my dear friends to fool yourselves. Just to open your hearts and you will be able to distinguish between what is real and what is not — but you have to remain open. And my dear friends, that is something I wish for all of you in this coming Earth year, that you become *more* open to those who are close to you. Because I assure you, you are surrounded even now, by those who love you, those who wish to help you in whatever way is best for you — not always what you would wish, but what ultimately is best for you spiritually.

Jan: So when we get a message Salumet, that many people are with us, are close by — we need to practise to feel those people who are close by. (Yes.) Of course we've been focusing on Spirit — as I see it Spirit is everything — all-encompassing, (Yes.) so you are not necessarily focusing on one particular thing. But you do say that Spirit comes close to us —

Yes, do not forget my dear friend that within Spirit there are those who are close to you —

Jan: That I don't know —

No — who have been connected to you in a worldly way. People such as shall we say your grandparents, or further back.

Jan: Yes, those ones are kind of obvious, (Yes.) because we can *feel* those around us.

Yes, but when you move further into Spirit it is a different sensation completely. But you can still become aware — let's use our word 'energy.' It is a subtle energy *then* that you feel — not the human touch, or the brush of the hair — nothing like that.

Jan: Although that does happen, doesn't it?

Of course.

Jan: Because it's happened to me this evening, on the left hand side (Yes.) So you know that that's tangible and you are grateful for it and say 'That's lovely, thank you very much,' and your love goes with them, because you know somebody's loving you.

Yes, they are Spirit who are close to Earth and are able to come close to you. The spiritual realms as you know, is a much deeper, deeper thing and we are speaking of something different there.

Jan: Yes. I listened to a woman on the television. I don't know what her name was, but she was saying that everybody has a guardian angel, (Yes.) and she was able to see this guardian angel, stood at least a foot back from most people.

Yes, some people are able to. That is not, I would say, the majority of people, but those people whose souls have opened and are aware of that guiding light.

Jan: Yes, she did say she saw them mainly as light (Yes.) — light and colour.

Yes, energy, yes that is correct. But you all have what you call a 'Guardian Angel.'

Jan: Can you explain the difference?

These *guardian angels* have been with you throughout time. They will never leave you, they are there at your birth; they are there at your passing.

Jan: Just while we are in this particular body or forever?

Forever.

Jan: Right, yes she did say that.

Yes, forever — they are almost like the heartbeat of you.

Jan: So is that the angel that we should be in tune with first, **(Yes.)** because they are almost the first port of call.

Sara: Would we feel such an angel in our heart chakra do you think?

You will experience their presence in all parts of your being. It would be a very deep and satisfying love.

Sara: Because I wanted to ask you this evening: I don't know if I am becoming more clair-sentient, but I have had a lot of energy experiences within my body, since my mother died actually, since July and I have had experiences within different chakras. It is something which has happened to me over the years occasionally, not always knowing where the energy is coming from. But certainly this year I have had more of that kind of thing happen to me. Do you think I'm too open? I wonder sometimes if I need to close myself down sometimes.

You must always close yourself down. You must never allow the Spirit to be constantly open.

Sara: Ah, because I think I am too open sometimes.

Because what happens then, (is) you attract not only those who love you, but those who are mischievous. So you must at all times, when you have opened up to Spirit, become grounded each time.

Sara: How do you suggest I best ground myself?

You must sense your feet in the ground as if they are belonging to the Earth. Be as the tree, where the roots go deep. Be aware of what is around you and what is happening in the world. But you would I suggest, find your own way.

Sara: Yes, I do a lot of exercise. I think that's quite grounding sometimes.

Yes, whatever suits you best, I would suggest is the right way to go.

Sara: Yes. If an experience is very heavenly, very beautiful, very divine, even if we don't know where it's coming from, presumably that's not a bad thing; should it happen. I've had beautiful experiences in my heart, feeling a sort of blending feeling of energy, **(Yes.)** and a beautiful feeling of completeness.

That is a true connection.

Sara: And I tried to find words to describe this feeling, but I had the feeling of liquid love. I called it that because of the feeling of being so loved and cherished.

Yes, it is the word that most people would use, when they have this connection with Spirit, when it is a deep satisfying love.

Sara: Yes I have felt this. There is nothing more beautiful I have ever experienced.

There should be nothing more beautiful.

Sara: It was a divine feeling.

And because you are so full of music, that helps to raise your energy also. So I suggest that you stay focussed on your music and that attracts to you that divinity which you seek. But also be careful that you do close yourself down. You understand?

Sara: Yes I do. Because these experiences have come unexpectedly sometimes, would that be because I'm still open at the time?

Yes, you would have to be open for that to happen.

Sara: So if I don't want to have the experiences, if I feel invaded at all, I would just do what you suggest?

Yes, I do not like the word 'invaded.'

Sara: I don't mean — if it's something good, that's not a problem —

That is not a word to use. Yes.

Sara: It's just feeling in control isn't it, on what I focus on, sometimes it could distract, too much coming into the aura?

Yes, you can bombard your own energy too much and too often. So perhaps your word 'patience' —

Sara: Patience is good —

Yes, it is a large word —

Sara: But it's an appropriate word for now.

Yes, for now, yes.

Sara: Thank you for that, that's very helpful and I will keep the music going. **(Yes.)**

Jan: Salumet, I have another question about guardian angels. **(Yes.)** It seems rather a futile question I suppose and it's one that I probably know the answer to, but I'd like your explanation. **(Yes.)** As the population on this planet grows, there is obviously a non-infinite amount of guardian angels. We never run out of guardian angels, so whereabouts in the realm do they come from?

I will stop you there. You are thinking on a *physical* level. There is no area, there is no number. It always has been, energy has always been and some energy is purer than others shall we say.

Jan: I'm doing it again, I'm thinking of an angel as being physical.

Yes, you have to widen your view. But it is a good question and one that we come across so often. But yes, just the fact that you consider the question, shows that you are growing. Is that helpful to you?

Jan: It is, I did inwardly know the answer, but I have pondered on it just recently.

Yes, unfortunately as human beings, you need to be constantly reminded and that is my joy that I can continue to help you understand.

Jan: Yes, I was pondering on the same lines, thinking in this room: we are so fortunate, we have so much — I know they wouldn't have feelings of sadness and despair, but only pure love — but watching a child die of starvation etc, how it must feel to be those guardian angels in those situations.

Yes, but again my dear friend, you are equating it to *human* feelings and you cannot do that. So therein lies your problem.

Jan: Because I am human!
Chuckles

Yes of course you are human and you have human feelings naturally.

Sara: They don't have that.

No, the angels would not react in that way.

Sara: They only know how to administer the love.

And after all—someone who is dying, after all is coming home.

Jan: Of course, they are still going to be with them anyway.

Yes, so if you keep that thought in mind, it should help you to understand.

Jan: In the same vein as it's changed my perception of death with people you love here and I know it's helped others in this room — that's what's helped us the most.

And that shows that you are growing, when death is not this dreadful thing to be feared.

Jan: No, it almost feels that they are leaving you for a short time to go on holiday.

And have I not told you in times past, that grieving grieves them.

Jan: Absolutely.

When you are happy, they will be happy. So — it is natural for you human beings to be distressed, but what is not natural is to hang on to that distress too long. You must let them go.

Jan: I think our attitudes across the planet really — well maybe not in some quarters — some religions still behave in the same manner they always have, due to overriding beliefs and because their culture suggests that — But I think there is an overriding change. Certainly when you go to certain peoples funerals, like our lovely friend Ann — It's a different kind of funeral when it's a celebration rather than feeling so down about someone's passing — that's the movement that's changing here I think.

Yes. Life will change — Ideas and concepts will change. But that change only comes through people like your selves. You will find I am sure that this coming year, there will be many people who wish to speak to you as individuals — too, who are seeking for Truth. There are many, many in your world, asking that question of themselves — what is Truth? And you my dear friends are those emissaries. You take out into your particular part of the universe, the knowledge that you have gained and you share it with others, in order that they may in their own minds, find that Seed of Truth.

Jan: Yeah. I think our conversations with people — the word '*you've challenged me,*' came up the other day. It came up in conversation that this lady goes to what she calls her free church. I was interested because I'm quite fond of her and wanted to engage in her delight at going to this church and she asked me what *my* beliefs were and to my horror, she asked me to leave the property to start with — that I was bringing the devil into her house —

My question is: when somebody says what do you believe in? — I made the mistake in saying to her I was a 'spiritualist'. What would be a better term to describe the truth?

I believe in 'Love and Truth' — two simple words. That is what you should believe in and that should be your answer to anyone in doubt.

Jan: Yes, those two words did come about, but that makes much more sense than labelling.

Sara: I often say that — I say: Love, Truth, non-judgement, and humility—I sometimes add just a few words.

Jan: She did carry on to me and say how did I know it was the Truth?

Yes, because when you have some who are so fixed in their ideas, you are almost intruding on their belief.

Sara: With some people you can't win actually. **And you should never try —**

Jan: No — I was quite prepared to leave her house, I asked her if she would like me to leave, because I felt — I hadn't overstepped the mark on purpose, not at all. She had asked me a question and I just made the mistake in answering incorrectly I think. But she disappeared out of the room, out of my presence and I saw her an hour or so later and said I was really sorry if I had upset her, but it wasn't intentional and would you like me to leave and not come back to your house? She said no, you've just challenged me and you've made me very fearful. I went away feeling quite comfortable actually. Whereas I would normally go home perhaps and think: oh dear, I've upset somebody, whereas on this occasion, I felt centred in my truth and love and that's where I'm staying. She had to deal with that — I wasn't going to move.

Sara: She gave you quite an honest answer.

Jan: Yes she did, she said: you've really challenged me —

You have enabled that dear lady to begin to think that what she believes may not be the complete whole. So in that sense, you have done nothing wrong. You withdrew when necessary, but that seed is planted there and it is now up to that dear lady to go forward and to find her own Truth. It may be that she remains with those ideas that already are there, or she may move on, but that is entirely her choice. You understand?

Jan: Yes I do.

Rod: Salumet, can I just ask one question? Guardian angels—are they male and female or?—**There is no gender.**

Rod: No gender, thank you.

But they can appear to be of one or the other, male or female — but it is no gender.

George: Might I ask: with the greatest of angels, are they truly universal? That is, is their influence throughout the universe?

Of course. You cannot distinguish and say some have these angels and not others. What kind of love is that? You understand? (Yes.)

Lilian: So when we return to Spirit (yes), those guardian angels stay with us?

They will be with you, yes.

Lilian: I wondered if they needed to go somewhere to recoup.

They already as you say recoup, just by being what they are, who they are. They are pure energy, pure love.

Jan: Once we return to Spirit, we go home, are we able to see our guardian angel then?

If you so desire—of course!—yes and the recognition will be instant. There will be no need to say who they are. You will understand. That is all I need to say — you will immediately recognise them and what a joyous occasion that will be!

Lilian: Yes. So these people on Earth who have killed people and so on—do their guardian angels stand away from them?

They try to stand closer to them, but they have reached a state, where they cannot influence them. That is why these things happen in your world—because they do not feel or listen to those guardian angels.

Jan: That is when they become disconnected — **That is correct, yes. But know they would never step away from that being.**

Lilan: I just wondered if they would stand back. **No.**

Lilian: I see, thank you.

Rod: Well I guess over many years in Spirit, they probably link up again and healing takes place and that person who goes over is eventually healed —

Yes, that is always what is strived for. They are never left alone, or they are never judged harshly, like you would do on the Earth planet. But they are showered with love, pure love. And that is so, until such time as they recognise what they have done—and it is not something you would wish to behold. They are distraught when they realize what has happened; but they are never left alone. So they are loved.

Jan: I'm trying to take the physical and human side out of it and just think purely spiritual, but I just can't help seeing in front of me, what it must be like on a battlefield in our past histories, where ever single — thousands of men on a battlefield and they all have a guardian angel, trying their utmost — **(Yes.)** It must be — well I just can't imagine! —

You cannot because you are not in full Spirit body. So you will always be influenced by human thinking. And I have to tell you that since coming to you, human thinking is confusion. The confusion that is created by wrong thinking is enormous. But my dear friend, you will never fully understand these happenings — disasters as you call them, but which we do not.

Jan: I think we are all beginning to understand from a spiritual point of view—disasters as such; because you've spoken about them before **(yes)**. But I'm trying to imagine from a Spirit point of view, which as you've said I can't, because I'm not pure Spirit yet **(yes)**, but from all those thousands of guardian angels on that battlefield, trying to guide and impress — I find that amazing. **But you are looking at guardian angels as individuals. In that case, you are looking at energy.**

Jan: Of course.

You are trying to see them as individual—yes. Try to visualise that —

Jan: To see a colour above the battlefield? **Yes, that would make it more simple for you, to try to understand. It's a *blending*—it is not an individual happening. Does that help you?**

Jan: It does. You just see a colour or a blanket of love above hovering above —

Yes, that is correct.

Jan: In my mind I see it as a white or a gold glow. It doesn't really matter what colour I see it as.

No, it is the understanding of the energy, yes.

Rod: One thing that happened to me 40 or 50 years ago. I was walking along Cleve Hill with my father on my right and the family all spread out in an arc. It was a beautiful day and suddenly I had this beautiful feeling coming through me. I'd never had one like it before and I've never had one since and I've often wondered about — would that have been a Spirit lifting me up or what?

That is more likely to be your *guardian angel*, who for some reason that day would have made himself felt. A feeling as powerful as you have described is usually down to your *guardian angel*.

Rod: Ah, thank you—guardian angel!

Sara: Ah, because that explains something I felt once. I was feeling very low and I was dragging my feet, feeling I just couldn't be bothered as I was going to work and suddenly it was as if my body got occupied, **(Yes.)** and somebody walked my legs for me, **(Yes.)** and I burst out laughing and then felt very happy.

Yes, this is what your guardian angel will —

Sara: That would have been a guardian angel? **(Yes.)** That's interesting, because I do seem to have more than — some people have a lot of dream connection, but I seem to have a lot in my body.

Yes, there are many ways to connect. Now —

Rod: Before you go, do they have names? There is no need for names, it is not important.

Rod: It would be nice to have a chat with them. You can, you can have a chat, but names are not necessary.

And now my dear friends, I am happy to have discussed a little more about the angelic realms, and I hope your knowledge has been improved by such a conversation.

Enthusiastic agreement and thanks

Yes, so I will take my leave of you and like those guardian angels, I too leave a cloak or protection around you and ask that you continue on your journey of development in this coming year.

Thanks and fond farewells from all

There followed a rescue. One spoke via Eileen who was confused but gave his name as 'Anthony Jessop'.

Lilian: What do you remember last, before I started talking to you?

It was like I was in a bubble.

Lilian: In a bubble?

Yes.

Lilian: So how do you feel about the bubble?

Couldn't see much.

He was asked if he had ever thought about death
Of course I've thought about it.

Lilian: Oh good. I think that's what's happened to you.

But I don't want to die.

Lilian explained that it is what happens to us all

George: Well, we say 'die' but we continue living the spiritual life. There is no real death.

But she's just told me I've died!

George: Your physical body—

Lilian: Just the physical body. Now you take on a new body—

He said he didn't like it, and it was explained that he had been brought here so that we could talk with him and help him through it

George: And if you look to your front you should be seeing a light. It may take a little time.

He confirmed that he could see a light

Lilian: And in the light you should see someone you recognise. Someone will be waiting for you.

Darn me! It's old Bill!

He was clearly happy now and there were good-humoured chuckles from all

Lilian: Were you fond of Bill?

Where's he come from?

Lilian: He's come to meet you.

George: He's come to meet you and greet you and help you on your way.

My God! He's spritely!

George: So you can move forward towards Bill.

Well I never!

Lilian: Are you happy to go with him?

Yes indeed.

He wanted to know our names and declared he would remember

Well I never! Well I never! I'm off!

There were further words to Lilian as he moved forward and he was wished a good life

You're a good girl!

NOTES:

DISASTERS: There are hackneyed words in our language that over the years have almost become off-limits clichés. Salumet refers: '*Disasters*', as you call them, but which we do not. We should really think on this. Seen from the spiritual reality, a 'disaster' is of course 'a quick passport to the better life at home' for the many. Only our strictly physical assessment equates to disaster.

SPIRITUALIST: The meaning of this word has also become grossly distorted through various avenues of religious fervour and misconception. It is not 'alien' to acceptable code of belief, as some would have it; neither is it restricted to platform mediumship. The 'essence' that existed before our distortion of a poorly evolved word, is of course as Salumet indicates 'LOVE and TRUTH'. The seeking of 'love' and 'truth' is what we are here for—under whatever flag.

OTHER MISUSED WORDS: 'Terrorist' and 'terrorism' are much used by the news media and terrorists are credited with spreading terror. But they do not spread terror midst *spiritual* people, so perhaps they should be given a different name. Equally, 'alien' is not a good name for our friends across the universe. So why not call terrorists 'aliens'?—because they alienate themselves from the loving collective of society that abounds. We—especially news media—need to re-think how we use language!

ANGELS: The subject of 'Angels' has been with us on several previous occasions. The active links below refer:

[http://www.salumetandfriends.org/resources/Salumet\\$2Bon\\$2BAngels.rtf](http://www.salumetandfriends.org/resources/Salumet$2Bon$2BAngels.rtf)