

SALUMET – 24th September 2012

Our healing prayers included mention of those around the world caught up in wayward militarism and adverse weather situations:

Lilian: Good evening Salumet and welcome.

Good evening.

All: Good evening.

As we draw close to you this time, we hear your prayers of healing, and always you would imagine your world to be in a constant state of turmoil. I would like to say to you this time that your planet Earth is evolving in the correct way.

Several: Good/Good to hear.

We understand the concerns and the upsets of humankind, when so much seems to be going wrong in different areas of your world. My dear friends we are fast approaching the time when change is inevitable. These changes may be very subtle, but nevertheless they will happen.

Mankind has reached a platform to go further in your development — it is our task as I have told you on many occasions, it is our task to see that this is so. So I would say to you, my dear friends, look forward to the progress of your world, do not despair at all that is happening, but do continue to give of your love and your healing thoughts to *all* peoples ; not only to humankind but to your animal kingdoms also — they too are part of your Earth's evolution. I would like you if you would, to consider what is *good* in your world, rather than dwell upon those negative happenings, because as you see and feel good, so it continues to grow.

George: Yes I think we feel inside the good progress of going forward (**yes**) and I think we realise that the unrest in the world has to be a side-effect of the very general forward motion that is happening.

Yes — if I may use one of your Earthly sayings: 'All of these things must have their day.'—You must remember this—so often have I told you that good comes from bad, on many occasions — not *always* as yet, but on many occasions you can see the good results from bad situations.

Jan: I was reading today some of the previous transcripts where you were talking more of less the same thing— the light and the dark, the good and the 'evil', as we were talking about it at the time, though we know it's not evil at all (**yes**).

One profound statement that you made: How would you know if things were 'bad,' or 'good,' if you didn't experience the other side?

Yes, that is true and it always will be true, that both sides of the coin have to be experienced to know the difference.

Jan: And equal — they balance each other out exactly (**yes**).

Sarah: But actually if we concentrate on the *good*, as you've said, that would create more energy and *promote* the good hopefully.

Yes that is what I've said. Yes, it would grow stronger and then the negativity is dispersed.

Sarah: Yes, I suppose people are so concentrating on the negative side or the *bad things* as we think they are (**yes**), we are actually *helping* them.

You have only as individuals to see and recognise that if you dwell on something that you would term 'bad', you have to see what emotional cause that would create and then compare it to thinking of something 'positive' and 'happy' and again judge your own emotions — and you will see how different that is. That is a simplified statement, but it also applies to all of your Earth. So now you begin to see my dear friends, the responsibility that with the knowledge you have, what there is to achieve.

George: Yes and the knowledge that we've received from other more advanced peoples in the Universe, helps us I'm sure, to see what further evolution that is good, is possible.

Yes, we all come to you with a mission — for some it is to give further evidence or advice about your world. We choose those we come to carefully, and always I have told you: I like to keep to the *simple* word, because *truth* is simple. You need no extensive words / complicated language, to tell you that what you are about is *Love*. It is a small and simple word, but it *has* a meaning that enfolds all of your

Universes. And I would like to think and feel that that small word called 'Love', comes from within each one of you, much more easily than at one time it did — I'm sure you all feel this.

Some agreements voiced

Sara: Could I ask a question Salumet? **(Yes)** From time to time people tell me that they would like to meet a partner and sometimes they ask for advice. Usually I suggest they focus on those qualities that they would like to share with a person/enjoy and then I usually suggest that it's divine timing and that they just need to be patient, and continue enjoying their life on their own terms. Would you like to comment?

I would say that to be comfortable and to, as you say: find a partner, takes time. But first of all you have to love yourself — without that love of yourself, how can you attract the right — I prefer to say spirit to you?

Sara went on to ask a personal question on behalf of a friend who felt they would like to meet somebody but they despair of it happening sometimes:

— Which is a negative response (yes) and while those negative thoughts abound, he almost creates the barrier for meeting that special person, if you like to put it that way. I rather see it on a different level and sometimes it is not necessary that you have a partner in life; but if you wish that to be your reality, then so it can be. But I would say to him that he must first find and love himself, because within him there is a little negativity.

Sara: Yes I did feel that **(yes)**, but I wasn't sure whether to say that, so I thought I'd bring the question to you.

Yes, there is someone — I don't like to do this, but there will be someone, but not yet.

Sara: Thank you — that gives him hope.

Yes, but he must look inwards to himself.

Sara: Yes — thank you.

Sarah: I would just like to ask salumet — I know you've said to me before I mustn't doubt what comes through me, but when what comes through me goes out to the rest of the world, I

would just like to have a little confirmation that what I've said is right. A couple of weeks ago somebody came through that actually had been around at the time when the Bosnian pyramids were built. Was that right?

(One of the builders from Planet Simkah)

George: Of course he was speaking from spirit, was he not?—

I cannot answer that question — I will have to look to it and let you know. Next time I come, I will have the answer.

Sarah: Thank you very much.

But let me just say about doubt — some would say that all that is said, comes from our world. But sometimes you have to remember that in being used, as what you term 'channels', includes your own deep subconscious mind and although there is no question of trickery, it sometimes can happen.

Sarah: I think I started to doubt a little bit—when I was talking it seemed right, but afterwards, because he'd said that he was coming to bring a message from others and then by the end it seemed he was actually talking about himself—that's what confused me—

Yes, I will look to it for you.

Sarah: Thank you very much.

I do not wish to detract from this evening, but try not to doubt yourself.

Sarah: No, you've said that before **(yes)**. I just feel that something like that, because it's going out to so many **(yes)**, I would like it to be right.

But sometimes it is healthy to have doubts, because then you are not engaged in thinking that all words come from our spirit world, as so many do. And I have to say that there are many in your world who are creating for themselves much untruth and confusion.

Paul: I think I was reading something recently that was supposed to be a channelling, but it was so wordy and complicated — unnecessarily so — it made me think that that was an example of someone who was — maybe they weren't aware of it, but I don't think it was from a source of truth in a very clear way — usually it's so clear

and simple and the understanding is somehow gentle and clear.

George: Yes I think the account included many long words, which would be beyond many people.

Paul: Yes it was a bit like it was showing off at how many long words — but anyway, truth seems to have a beautiful simplicity to it.

There are many people in *our* world who find words an absolute joy let me say. But that is their passion, but it should have nothing to do with love or truth or philosophy from our world. That is why when first I came to you I decided that simplicity was the way forward.

George: Yes, thank you for that.

Sara: I think with teaching it's very helpful to have simplicity (**yes**). As an art form, words when they're poetry, for me that's an art form, like music or painting. That's how I see *words* at their best really.

Yes, we could all give very colourful descriptions—long sentences of complicated words, when two or three will exhibit to you the same content. Yes, there is no need and that is why we decided when we chose to come to you that our words would always remain simple. That is why I do not like going into too many personal details. There are many in your world who will supply this information. My mission to you all is to bring only simple truth and pure Love.

George: Salumet, I wonder if I could ask a general question about spirit? (**Yes**) Spirit has always been (**yes**), mind is part of spirit and I think we appreciate that spirit has a number of parts (**yes**). And then there is what we call the 'energetic void', which extends throughout the Universe (**yes**). I am wondering if that has always been or is it a part of Creation?

It is a part of Creation, but it has the ability to change. So yes, it has always been.

George: And I imagine spirit has to be in association *with* the energetic void?

Yes, you cannot separate the two.

George: Going on from there — this may be an over-complicated idea, but if the energetic void is part of evolution, then I would imagine it continues to be created and is in pace, in a way, with the expanding Universe?

Yes, as I have said, it is able to change.

George: Yes, and I suspect that what we call black holes at the centre of galaxies, are energy-converters, and I think physical matter and light feed into those black holes and I suspect that the energetic void is being produced here, in pace with Universe expansion.

When all belongs to Creation, we do not speak of static energy. I have told you energy is ever-moving/changing (yes). And of course every planet that is within every Universe has its own pocket of energy, to put it in a simplified way. So yes, you cannot separate the two, although your scientists would say: that is not quite correct— as I am sure you are aware.

George: Yes, it seems a very logical notion that the energetic void is part of Creation and ongoing.

Yes and the word 'void,' is slightly misleading I feel. What is a void?

George: I think it simply means that material atoms are missing from it.

Yes, but it is still part of all Creation (yes)—yes, you cannot dismiss this in any other way.

George: And spirit and mind — **Mind belongs to spirit, yes —**

George: Mind belongs to spirit and in a sense would seem to be conveyed by this badly named void.

Chuckles

Well, there are many ways to explain it, but I feel for the sake of the group as a *whole*, these are complicated matters — matters that although of interest to many, really are unimportant at this stage of existence. It is something that you can begin to unfold and understand at a later date. But I know you have an active mind my dear friend and seek many answers. But again I will say: try to keep all of these thoughts on a more simplistic wavelength.

George: Well that does help clarify and I think it's firmly with us that mind is part of spirit and —
Jan: Consciousness is part of spirit — so you can't have a void if consciousness is part of spirit — it doesn't make any sense that there should be any void at all.

All is energy, whether you give it a name or not — yes, that is true.

George: Well the old-fashioned term was to call it 'aether', which is perhaps a better word.

Yes I would agree. I would prefer to use that word. It is basically a spiritual energy—yes and all is part of Creation—you cannot separate it.

George: Yes, well thank you for that also. Yes, that does help to clarify the thinking. It helps if we use sensible words for our descriptions.

Yes, it is easy to complicate that which is simple. But it is understandable also.

Jan: Well, George does have a scientific mind and background (**yes**) and without George, we wouldn't have got as far in the group as we have. So we appreciate George's inquisitive mind.

George: Well I try my best to relate it all to spirit and to bring the two together.

Yes—and that is his purpose within this group.

Jan: Absolutely.

Yes, as you *all* are involved. Each one of you has a place and a purpose.

Jan: That's why we all blend as a group. I think we each bring something completely unique.

Before we come to this world with whatever mission we have chosen, it takes quite a long time to find those people who are suitable, not only in spirit, but in their daily thinking. All are different within this group, and yet you are all as one. Unity has become purer as time has passed by and for this I am eternally grateful.

George: Well so are we—I have to say that. As a matter of fact I have just written an article and I know that I received help in doing that from spirit and your words this evening have further clarified, so I can present it in a better way. So thank you for that.

Sara: Can I ask, following on from that, did we all make a pact before we incarnated this lifetime, to work together here?

There was knowledge available for you—not so much a pact, but a *knowing* that at some point there would be a coming together. At that time it was not intended that I would take this Earthly mission, but of course as I have said, it takes a long time to find people of what you would say 'calibre'.

Sara: So we were head-hunted!

Chuckles

Well, if you wish to think that, then I will allow you to think that — but no, everything is done *willingly*.

Sarah: And I think you've worked hard to bring us together, because Sara and I met in a choir, which neither of us sing in any more. But just for coming together at the time I'm sure was right to bring *me* here.

Yes, as I have said there are never coincidences, they're always planned for you—*opportunity* is there.

Jan: If we were to actually write down how our journeys brought us here, they would make fascinating reading (**yes**). We have—not only within this room, but even when people have visited once—or we have extended family members. From my own point of view, I came here through marriage. That never ceases to, not amaze me, because I'm not surprised any more, but just how wonderful is the journey! Are you with me?—meeting my partner—meeting my in-laws, who were part of Leslie Bone's group, who introduced me, who introduced my children and we've been together before—my children and I. I just find it—I wish I had the words to write it down for people!

Yes. Perhaps I can say to you, you are all a family of spirit and there are many instances of groups who work with us, who are interested in the way they have come together. But you all have *pathways* and you all have *choice* and it is your *choices* that have brought you together. You may well have for example been married, but

you may have rejected what was in front of you.

So remember—

Jan: Do you mean the free will (**yes**) could have taken me on a different path completely?

Yes, remember always that you have that freewill and it could have been that as many before you have, *rejected* the pathway in front of them.

Jan: But that rejection is *always* part of spirit, so neither choice is ever wrong.

Yes—the choice *can* be wrong.

Jan: It can be?

Yes—you have made the right choice by the right pathway. If you had rejected what was in front of you, you would not now be in the position that you are. You always have the choice.

Sara: Well, there's a better choice, there's a pathway which is going to lead to more fulfilment.

Yes, you will all of course return to spirit—I believe that is what our dear friend means. But there is a right pathway and there is a pathway which will meander in all kinds of ways in life and is not the pathway that is best suited to you.

Sarah: Maybe it meanders because it's still looking for the right pathway—

It meanders because that has been your choice. You understand?

Jan: There's something deep down in your core that is very difficult to express, when you know that something is right and we've mentioned this so many times in the group—Paul's mentioned it, and Sara(h)—where you do something and obviously you know that you either *shouldn't* have done it or *should* be doing it (**yes**) and I think years ago that feeling would have been completely ignored, but your teachings have brought those feelings more to the fore, so it's far more important to feel comfortable with a decision.

You all have the ultimate truth—you all have the knowledge of what is right and what is not so good. But that is *why* you have been endowed

with freewill, so that you develop that 'knowingness' that you already possess.

Jan: The freewill is still part of spirit, because that's a learning curve.

Yes, freewill returns with you to spirit, for sometime at least, until the recognition comes that it is not necessary.

Sara: Part of our growth is to recognise what is true and what is good for us (**yes**).

Sarah: And would you say when you make the right decision—

You will know.

Sarah: —you know and it's an easier journey.

Yes, and you feel that upliftment within yourself. Your spirit soars because it knows that is what is right.

Sara: And others also sense when you are on a good pathway, because they become attracted to the light (**yes**), and they want to understand what gives you that light—that feeling.

And you are attracted to continue onwards and further, because of your understanding. So you see, *others* are attracted to you, whilst *you* are attracted to greater things (yes).

Jan: It's not a question—it's just something I've noticed a lot. It's not an egotistical statement at all. I've noticed that I stare at babies and I'm often told that he/she doesn't smile/wave at anybody. It's as if I'm looking at a child's soul; it's a wonderful feeling. I get a response from children that I don't know and I just put it down to a spiritual connection. I don't need to understand it, they don't need to understand it, but it happens.

And your understanding is great because of it (yes). Yes, that is correct.

Jan: I suppose they're nearer to spirit.

They are still close to spirit and you of course would be attracted to that strong light (yes)—in a kind of 'being pulled back home'.

Jan: Yes that's how it feels. I'm sure I can actually see their soul rather than the person, if that's the right word—the physical bit's not there—I'm looking at something much deeper.

Yes, and that is what happens when the spirit develops when still within the physical being. This is what should happen, that the spirit comes forward and recognises what we would call 'pure love'.

Jan: Of course it is—yes.

Yes and pure love, the closest you will find, as I have said before, is the bonding of a mother and newly born child—that is as close to the pure love as you will find—on this Earth anyway.

Jan: I find the same experience happens with animals (**yes**). It's the same love bond.

Yes. Now my dear friends I feel it is time to leave you this time. I hope our talk has been informative to you.

Strong agreements and thanks!

And as always I leave you bathed in love. I bring you comfort and strength and upliftment for your daily living.

George: As always it has been a wonderful evening Salumet. Thank you.

General thanks

George's Notes:

Circumlocutory Prolix: —or excessive wordiness! Salumet is clearly for simplicity of the well-chosen word. How very logical! Having read scientific papers recently that use extremely long words BUT end up saying very little, I couldn't agree more. Yet the very wordiness of those papers and their absence of content have urged me to write the article that accompanies this transcript. It is the reverse—not too wordy but, thanks to our friends up there and everywhere, it is of huge mega-content. It will go onto the 'Scientific Enquiry' page of our website and to any newspaper or journal that will take it.

Medium's Doubts: It is possible that I caused some confusion last time with my question about the visitor's size compared to humans. The speaker was relaying information, and it was unclear if he spoke of the height of the pyramid builders or that of himself. It was my impression that the dialogue developed with really positive thrust, inspiring trust.

AETHER: 'Aether' (sometimes spelled 'ether' just to confuse it with the anaesthetic), is the old name, before it was given half a dozen quite different names to suit mathematician's and scientist's meandering ways. In Plato's 'Timaeus' the Aether is described as: 'that which God used in the delineation of the universe'. A 1930s quote re aether states: '...has dropped out of science, not because scientists as a whole have formed a reasoned judgement that no such thing exists, but because they find they can describe all the phenomena of nature quite perfectly without it.' *The Universe Around Us ... James Jeans*
We are of course, in a position to strongly dispute that wrong-thinking in science, and it is time to reinstate the aether using its original name!
Free Will: It is made clear that opportunities are presented in life. There is no rigid plan, but there is a plan for opportunities; and we can then exercise free will as to whether or not those opportunities are accepted.