

**SALUMET – 6<sup>th</sup> August 2012**

Lilian: Good evening Salumet.

**Good evening.**

All: Good evening.

**As I join with you once again, my dear friends, we give a warm welcome to the lady. She is, as many have been before, a seeker of truth and light. I am sure that she will be comfortable within the presence of this room. As I always do I offer her to ask any questions that she may have?**

Serena: Nothing at the moment—I may have later!

**Yes—we will continue then with other questions this time.**

George: Yes, I have some questions from the one who is leading the excavation of the Bosnian pyramids. But firstly perhaps, I could mention something very topical: Salumet, have you been watching the Olympic Games, or are you aware of the Olympic Games?

**I thank you for your question, but I have to tell you, my dear friends, that there has been much for me to do other than watching your Earthly games.**

*Chuckles*

**So my answer to your question is: I am aware of them of course, but not as you would imagine.**

George: Thank you. It occurred to me that a number of the people who are doing particularly well—especially in the shorter races, are the ones that originated from the terrible slave-trading days, and are black or mixed race people now living in the West. And it just occurred to me that perhaps there's a spiritual connection with ancestors watching over as well as a genetic factor which helps them in their efforts. Any comment on that?

**Indeed—I would say my dear friend, that you are over-activated! I would say to you: of course, all of your forefathers are keen to watch over each and every one of you. But to simplify your question, I have told you—what is the most powerful thing that you possess?**

George: Thought.

**Thought—that mind which belongs to spirit gives you that force that is to be reckoned with, besides the general ability of these people. Many more people could be, as you would say—'champions' of this world, if they would so put their minds to it. So I would suggest that you dwell upon that thought (yes). Yes.**

Lilian: I remember you saying once how much better it would be to feed the hungry, with all the money that is spent on these games—we are not ready I guess—

**Yes, that is—of course, you live a physical life, and of course these things are given to you in a sense, in order that you *find* yourself—that inner self. But, from spirit point of view, there are many people in your world in dire need (yes) and they must not be forgotten.**

George: Yes—better not to waste the funding on warfare and games, better to help those in dire need. I think that is your—

**Yes, but as I have always said to you, especially at celebration times in your world—that people come together—that the positive energy that is created, and which is being created at this time, with what you call 'games', *is* something positive (yes), so you know you must not decry it as being totally wrong. There always has to be a balance whilst you live in this world.**

George: Yes, well thank you for your words on that Salumet.

Sarah: I think that's definitely right that there's been upliftment with these games—I feel uplifted by them. We were beginning to get quite low with all the problems with the banks and what have you and you begin to think that some people are getting too greedy or whatever and this is just generally an *effort thing* which is uplifting people. They're spending money on it, but equally they're spending a lot of money on sending people/machines to Mars to check on whether there might be life on Mars and we think: how many mouths all that money, sending that machine up there, might have fed?

**You must remember that there is always good as well as bad. You must always try, my dear**

friends, to find the balance in ALL things. And I believe, when we spoke before I suggested that there would be some good come from those travels (yes) and indeed there have been many medical positive happenings from those visits. So, you know, you must be careful, my dear friends, to always look and find and of course never to judge (no).

George: Well, thank you for those words Salumet. Where the Bosnian pyramids are concerned, I did not make it clear last time that the tunnels which are associated, go far, far beyond the pyramids themselves, and you indicated to us that they were for transportation. Might I ask: would that be for transportation of building materials and for food supplies?

**Partly—transportation for those beings who needed to be there.**

George: And beings (yes). Thank you. And our friend is asking if there are more than the five pyramids in Bosnia that they know about?

**I would say to him, that one more may be found (ah!). I cannot guarantee that it will be in his lifetime.**

George: Thank you—and during their excavation work, there is some indication that there are rooms or caverns within the pyramids at a low level, and a question associated with that would be: will further excavation work to find out more be a good thing?

**I cannot be the judge for another being. If it is that he desires to continue, then so be it. I cannot at this point in time say 'yes' or say 'no'. I cannot give you the answer that you expect, because at this present time I do not know.**

George: Yes—are you able to say if there are rooms or meeting places within?

**If you have tunnels for transportation of people as well as goods, it becomes obvious that there has to be what today you call accommodation. I would suggest that that is the way forward.**

George: Yes, thank you. He is also asking questions about the energy—the energy beam from the pyramid, and is it still active today?

**It is still active, but to a lesser degree—a much lesser degree—but it is still active.**

George: To a lesser degree (yes)—thank you.

Sarah: Why has the energy been depleted—because it has not been used?

**It has not been depleted, it has been transmuted (ah—yes). I hope that is helpful to this gentleman.**

George: Yes, I'm sure. He has been very pleased with the questions so far—answers to them. He was asking if there are ley-line connections in relation to the energy generation.

**Yes as always in all of these places, you will find that energy is there.**

George: So there would have been—**There would have been, yes.**

George: And this perhaps would indicate a selection of the site, with the available ley-lines—**Yes, of course—much more was known in those times—yes.**

Sarah: Much more was known by man, or was it the extraterrestrials who knew these things?

**Both—as I have told you on many occasions, mankind has lost so much—so much more was known in times gone by.**

Sarah: I was watching a programme on television about an excavation in the Orkney isles. One site was for burial and another was for living, but they were in two separate places. They seemed quite advanced places for Neolithic man.

**Yes. Past people were so much closer to spirit than you are. I have remarked on this on many occasions—yes—it is up to mankind now to see for himself—to go within, to seek and to know that spirit; and with that knowing comes knowledge (yes); knowledge which has not been lost, but only has floundered a little. All of you have the possibility of great things.**

George: Yes. In relation to extraterrestrial matters, you have told us, or confirmed that the governments of the world withhold information on that (yes) for their various reasons. Would the matter of the Bosnian pyramids be in the same category? Do governments know about this, but are not anxious to promote the information?

**That is not an obvious one to answer too. But of course all governments should know and understand a little of what is happening within their country. So my answer, my dear friend, is that they probably do know, and have stifled the information that was already there.**

George: I imagine that some may simply just not understand—

**Of course—yes.**

Sarah: Going back to those Bosnian pyramids—if they were having extraterrestrial help, how long would it have taken to have built one of those pyramids?

**If you want a truthful answer—from extraterrestrials, it could be instantaneous.**

*Various exclamations of surprise!*

Paul: Instantaneous—I thought you might say that.

**Again we are speaking of the ‘power of thought’, as we do in our world in spirit—what you think becomes reality. Again, I am repeating myself, but the thought is instantaneous.**

George: Yes, we appreciate that the thought is instantaneous, and where pyramid construction is concerned, it may well be that things associated with that thought are also instantaneous (**yes**). Would that be true?

**You have to remember that, not only are you speaking of other beings, but you are speaking of humankind, of mankind. Therefore there would be slight alterations between the thought of the beings and the humans. There had to be collaboration. But that, my dear friends, is something I would like you all to think about this time—THOUGHT—(yes). You have forgotten my words I feel.**

George: Now that you’ve reminded us, I’m realising how central thought is to this matter. **Yes, and how negligible all of these Earthly things are (yes), yes. That is something that you should ponder on.**

George: Our friend was asking also: are you able to confirm that the beings who built these pyramids and are associated with them, no longer

have that contact—the pyramids are not active now as links between us and those beings?

**Those links were broken long ago.**

George: Long ago—

**Yes, long ago.**

George: Thank you, I thought that would be your answer to that, but our friend wished to place the question. There is one further question I would wish to put, concerning the filling of the tunnels with riverbed material. And you indicated to us that the reason for that was concerned with water. Are you able to help us in this regard? Perhaps you’ve already given the answer with the instantaneity of thought, but were the tunnels filled by human or extraterrestrial endeavour, or was there some kind of water cataclysm which filled the tunnels naturally?

**Yes, it was a natural occurrence. That is the simple answer. It was a natural occurrence.**

George: Thank you—thank you. That answer will be well-received I’m sure.

*Slight pause*

Paul, I think you had a question?

Paul: Yes, in the author’s book, (*Pyramids around the world by Dr. Semir Osmanagich*) he found some runes written on one of the ceramic blocks inside a pyramid. And it was translated as: “*We are at a standstill. We will have to be as warriors and defend and conquer, until we can move again through the star-gate.*” So it seems like the pyramid as a transportation device to their home planet was no longer working for some reason. Can you shed any light on that?

George: It seems these rune-like marks were on one of the large ceramic devices within a tunnel. **I would have to—yes, I am not being shown the reason for this, but I will return to it next time we meet. I will give you an answer.**

George: Yes, I’m not sure how accurate this information is, but—

**No, there is some block as far as this goes, but I will look to it and give you an answer.**

George: Our question does involve human interpretation (**Yes**) of the rune-like marks. I

cannot guarantee that is accurate, but we have reason to believe it might be.

**It is most interesting for you human beings I know, when these things are discovered. But again I reiterate: it is nothing as compared to your spirit; please remember this, my dear friends. That is the important aspect of yourself that you should be discovering.**

Paul: Yes, we should devote more energy to that (yes), rather than (yes) looking at pyramids that were built so long ago

**That time has gone, yes.**

Paul: It's gone, yes.

Sarah: These extraterrestrials that came—the humans were then ready to make contact with them?

**They were not ready, they already knew—it was not a case of being *ready*, it was a natural 'knowing,' that is the word—a *knowing*. So contact was very easy for them, in the same way as you make contact with spirit now (yes)—you do not prepare yourself, it happens. You understand?**

Sarah: Yes, so like when we've been in contact with Bonniol?

**Yes, you see.**

Lilian: We were ready for that—as were they—(yes)

Sarah: Just as a matter of interest, are there any extraterrestrials helping or in contact, apart from like with Bonniol, helping physically on this planet at the moment anywhere?

**Let us say there are presences all around your world.**

Paul: They're making the crop circles, aren't they—interacting.

Sarah: That's true, yes.

Rod: I don't know if I can put this over correctly—you've talked about the power of thought Salumet and I wonder about the president in Syria, who seems to be upsetting things a little and I just wonder, if you had millions of people putting their thoughts out against his wishes, whether that affects his brain/outlook, whether—

Lilian: Whether it would help?—(yes).

**Of course positive thought has to be for good, but you cannot change a human being's way of thought, if he is against it. It is a much more difficult procedure I would say, when you have someone who thinks they are completely right and their thought pattern is telling them they are correct. It is a little more difficult to overcome those kinds of thoughts, but of course it is possible. Positive thought will always overcome eventually any negative thoughts.**

Sarah: The thing is though that people might be putting forward positive thoughts to him, but the rebels, if they do get into power—that won't be perfect either. So is it right that we should be intervening, when we don't really know either?

**You should never try to interfere in someone else's life pattern. But you are not to know what their life's pattern is. That is why I have always told you: try never to judge other human beings, because you do not have the full picture.**

Sarah: No, that's right.

George: While it is sad to see a civil war in progress, and one has feelings for all the people who suffer there, I also have the feeling that we in the West have had our periods of civil war in the past and...

**And still mankind does not learn (yes).**

Sarah: That's right—you miss a couple of generations and then it all starts again.

George: And therefore we should not intervene in a military way, if other countries have their civil wars.

Lilian: I was thinking of the Irish thing—that's not far away.

Paul: The only thing we can do I guess is to stand back and send our loving positive thoughts.

**Just give out love—that is all you *need* to do, that is all you *should* do and in that way, you are not *interfering* in someone *else's* life. It is a great responsibility, to decide what is right and what is wrong.**

*General agreements*

Paul: Our media doesn't help, by painting one president as the 'baddy' and the rebels as the 'goodies' and—

**No, that does not help at all.**

Sarah: Better to think of them as, they are all *beautiful spirits*, all of them.

**You are all born of the 'Light', remember this also. No one is brought to this lifetime as an evil being. So always keep this in mind.**

Sarah: But does anybody really turn into an evil being?

**Yes.**

Sarah: They do?

**They can do yes, if they do not look after that spiritual self—allow negativity energy to enter their being—yes of course there are people in your world, who are not what you call 'good' people.**

Sarah: No, but are they sort of misguided or do they have some kind of mental problem, which makes them like that?

**All of these things are *possible*, but remember they have their own free will and nothing makes them do anything to harm another human being. That is their sole responsibility. And it matters not whether you or anyone else decides to criticise—you do not *know* the full picture of that human being. There is a lot to think about I know, but if you try to see the wider picture, then you are a long way to understanding what *Love* is.**

George: Yes, LOVE—POWER OF THOUGHT, these are all central to our living—or should be.

**Yes, this is my teaching to you.**

George: This is your teaching, and where the pyramids are concerned, although it's way back in the past, it nevertheless seems to enhance our understanding a little bit.

**Yes, it helps with your *intellect*, but it does nothing for your *spiritual knowledge*, that is the point that I am trying to make. Of course it is most interesting to *you* as human beings, but if as much interest was put into knowing yourselves, think how wonderful this world could be.**

George: Yes.

Rod: Isn't it that when we are reborn / reincarnated, we seem to have the computer up here wiped clean (*our past life memories*) and if we could just leave a little bit of the heavenly memories, I thought that might be an advantage and help things on, because we are a learning planet as you say, but we've got so many problems down here that it doesn't seem to improve over hundreds of years.

**I can say there *is* improvement. I know that it seems that all is dire and everything is bad news. But when first I came to you I promised you that there would be a much better future, and I still am saying those words to you my dear friends. This could be a *planet of love*, but of course it will take much work—not only on your part, but from us in spirit, who are dedicated to helping each and every individual.**

Rod: Wonderful!

**It is a task not taken lightly, by those of us who come to help and sometimes it feels that to use an earthly term that we are *treading water*, but I can assure you, slowly progress is happening.**

George: Well I recall when you first came to us Salumet in 1994, we seemed to be heading for nuclear disaster (**yes**) and I think you and yours in spirit have helped us to move away from that.

**Our task is to influence and to *teach you*, that is what we all endeavour to do and I hope, my dear friends, that you feel I have helped you in some way, to recognise your own spirit beings.**

George: I know we all feel that Salumet and many others around the world as well.

*General agreements*

**Yes, and you only have to think of the words that have travelled from this small number of people and this is only one small pocket of people.**

Rod: Thanks very much for that—great words!

George: And since moving us in that better direction, you have spoken much and taught us much and I'm sure our awareness has improved immensely (**yes**)—we still have far to go I know, but—

**I am forever nudging you. I know sometimes you must feel: 'but you have already repeated those words'—of course I will continue to use those words if I feel they are helping you. (Yes)**

Lilian: Please do.

George: That's appreciated.

*Serena was then asked again if she had any questions she wanted to ask Salumet. She didn't have any at this time and Lilian added: Serena also visited the White Eagle Lodge and asked if Salumet was aware of him in spirit—I think we've mentioned it before actually, so I do apologise if we have—*

**Yes, there are many from spirit who have come to this Earth plane.**

Lilian: As you have, as you do through a medium.  
**Yes, we all come at a delegated time in your planet's growth. As you would expect, no one or nothing stands still. But what never alters my dear friend is TRUTH ... is LOVE. These things will never alter.**

**And now for this time I will take my leave of you. I encompass you as always in my love, in my protection and hopefully in my teaching.**

George: And thank you so much for the answers to all those questions and for guiding us in the way you do.

Paul: And all your gentle nudging.

*General thanks expressed*

*Finally, there was a child rescue:*

*One was with Eileen but there was no response to Lilian's 'Good evening'. Another advised, speaking via Sarah: 'Take that child's hand and he will answer you.' Lilian held Eileen's hand and continued:*

Lilian: Hello, will you tell me your name please—my name's Lilian.

**Michael.**

Lilian: That's better—that's good. Where do you think you are? What do you last remember?

**Waiting.**

Lilian: Who are you waiting for?

**Mummy.**

Lilian: Do you know where you were when you lost mummy? What were you doing? Shopping?

**Yes, shopping.**

Lilian: What were you shopping for? Do you remember?

**Shoes.**

Lilian: I see—shoes for you? You know I am here to help you, don't you?

**I'm waiting for mummy.**

Lilian: Yes, I see. Did you talk to anyone else? Someone came along and talked to you?

**I was naughty.**

Lilian: Yes, alright—we all do naughty things, don't we, sometimes? Did you go for a walk with that person?

**Yes.**

Lilian: I see.

George: How old are you Michael?

**Five.**

Lilian: Five—do you remember where you walked?

**I ran away.**

Lilian: You ran away.

**A big bus came.**

Lilian: I see, that's okay—don't get upset.

**I want my mummy.**

Lilian: That's okay, we're here to help you, but first of all, you were hit by the bus and you're obviously not feeling very well are you? What we've got to do is to get you better, and then you can see your mummy again. So what I want you to do—you see in front of you, two nice nurses. Can you see them—nice friendly faces? Can you see them?

George: There might be a light around them—they're there, in a sort of light.

Lilian: Lovely faces. Can you see them?

**Mummy—**

Lilian: Yeah, don't worry about that at the moment we've got to make you better. First you need to go with the nurses and get better. They can explain a lot more to you than I can.

George: Can you see them, in that light?

**Mm.**

Lilian: They're holding something out for you. What's that?

**My scooter!**

Lilian: That's a nice thing. Well when they make you better, you'll be able to scoot around on your scooter. And they'll explain a lot more than I can, because I'm not a nurse, I'm just someone to help you, to encourage you to go with them. Happy to do that? They'll make you better.

**Ok**

Lilian: There's a good boy.

George: That's the thing to do.

Lilian: What colour's the scooter?

**Blue.**

Lilian: There you go.

George: And I am sure mummy would wish you to go along with them, Michael.

Lilian: You'll be very happy.

**She'll be cross.**

Lilian: No, she won't be cross—she'll be pleased that you're ok.

George: We are all a little naughty at times but we get over that. All will be well again.

Lilian: So I'll let you go.

George: Good boy.

*And Michael departed with his scooter in the company of the two nurses and went on his way.*

*Audios of 'rescues' are freely available on the website: [www.salumetandfriends.org](http://www.salumetandfriends.org)*

George's Notes:

1: Lost knowledge: *It is clear from the various teachings that there have been past peoples living on Earth with much stronger adherence to and recognition of spirit. Hence, they would have an 'inner knowing'. The stronger link to Spirit Realm would sometimes mean direct access to 'all-knowledge' contained therein, and for some it would mean a link with spirit guides who would themselves have that access and be able to communicate information. There is some account of this in what are considered to be the more mystical Holy Bible passages; also in the 'Dead Sea Scrolls'. Extraterrestrials visiting this planet would have developed such spiritual connection.*

2: Information withheld by governments: *It is known from spiritual sources and from logical deduction that news of ET visits, UFOs and crop circles (all with ET connection) is being withheld.*

3: Instantaneous construction work: *Thought and the power of it are instantaneous. Our communications with Bonniol on Planet Aerah have been instantaneous. And on that planet, we have learned that houses are erected through the thought-power of a team instantaneously.*

*Thought is an energy, entirely compatible with spirit—aether—continuum energy, so that it can achieve such activation. And events that cannot be explained by material science have sometimes been called miracles.*

4: Something to ponder on: *Our present day Earthly science has yet to embrace spirit and be in a position to work miracles—like for example producing a complex crop circle overnight!*

5: ET presences around our world: *There is clear evidence—UFOs, crop circles and communication with individuals—some of us being much more sensitive to these things than others. Evidence of past visits are spectacular stonework, stone circles, the larger pyramids, Nazca plateau markings etc.*