

**SALUMET – 20<sup>th</sup> February 2012.**

Lilian: Welcome to you Salumet.

**Good evening.**

All: Good evening.

**As we join together this time, let us welcome back that one who has been absent for some time.**

George: Yes we're all pleased to see him back.

Paul: Thank you!

**There are many who wish to be here with each of you this time. As you grow, so too do those people who stand close by you at all times. Some of you know and understand why so many come; some of you understand that at different times of your lives, upliftment is needed, information is needed, but most of all, especially within this group, that you need to feel the love of spirit; and they are only too happy, my dear friends, to oblige. As I have said on many occasions, you must ask for our help, because, without the asking, we cannot then interfere in your life plan. Some of you are still a little reticent about doing this. So again, I say to you, my dear friends, always ask for the help that you need.**

Lilian: Yes, sometimes, for myself especially just lately, I feel a bit of a pest—I know I *can* ask.

**My dear friend, you are a child of love, how then can you become what you term a 'pest'?**

Lilian: True.

**Those of us in spirit are only too happy to help in any ways that we can. Sometimes our help is not what you would expect, but nevertheless, the help you receive is a gift for the spirit; and again I remind you, my dear friends, it is the spiritual aspect of you that is ever important. Therefore, that is why I continue to remind you many, many times that that spirit within is what brings you here together. That spirit within is what helps you along life's path, and that spirit within is your teacher for all of your physical lives. I hope, my dear friends, you can see and understand what I am saying to you (yes). I feel, sometimes, my dear friends, that you complicate your own lives, and all I can say to**

**you is: give yourself to spirit and they will always endeavour to help you to the best of their ability and to what is the universal 'right' that you deserve. Do we have any questions on this?**

Lilian: Yes, I do have one. Last week there was a particularly sad and difficult 'rescue' through Jan. I hope she was helped to go on her spiritual journey, and I just wondered if you could say that she was on her way?

**Yes, of course, we would not bring anyone who we did not feel to be ready to move forward.**

Lilian: It's just that I felt so sympathetic towards her and it was a difficult one to handle.

George: That one had such a mother-bond attachment to the very young children that she would be leaving behind; although she could see the light and those waiting for her, there was a moment of panic at the end and she was drawn between—well she didn't wish to leave her children, but I think she knew she had to go forward. It must have been very difficult and distressing for her,

**The trauma belonged to the fact that she knew that she had already left those children behind (ah, yes) and she knew that that next step forward would take her beyond their reach—so to speak. Do not be concerned my dear friends, we were here with you (yes) and we wish to take this opportunity to thank all of you within this room for the help that you give to these souls who are finding difficulty in passing to our side of life. Although, it will seem traumatic for you, you, (*referring to Lilian*) my dear friend are helped in such a way, that you find the correct words at the correct time.**

Jan: We've said this lots of times to you, haven't we mum? They do come to you.

(*Jan is Lilian's daughter-in-law*)

Lilian: Yes, but I was struggling. I think the sympathy from me was getting a bit too strong maybe.

**But it was a successful rescue.**

Lilian: Yes, that's the main thing.

**And each one of you completed the task that you were asked to take.**

Lilian: Yes—it's kind of remembering there's a job to do.

**Yes, and I would suggest—and I know it is not always easy, that after each rescue, you just allow it to be part of your work (Yes). These people are brought to you at the time we feel is right, for the time is ready for them to take that last step further into spirit, because so many are tied to the Earth plane, which is in a way, understandable, because, after all, you are human beings on this planet with many attachments; whether it be children, husband, mothers, fathers. But again, I say to you: remember *who and what you are!* Human living is but a transient stage, and you must allow it to take place. But so many are ill-advised or ignorant of spirit, that sometimes these difficulties arise (yes), and we need many, many more people who can be as yourselves in groups who give out love and wish to help those who are lost. My friends, you should be happy that you have been given the opportunity to do this kind of work, because not all people are suitable.**

Jan: It's what we first came to do—to help rescues when Leslie and Ruth were at Kingsclere (yes). That's what first introduced us all.

**And there was reasoning behind it, because it took many years to find groups who were willing to give part of themselves to help others.**

Lilian: And they were so dedicated.

**As you are!**

Lilian: Thank you! (Yes.)

George: And as has been implied, we are privileged in being able to do this work, and we are privileged in so many different ways.

**Without you, my dear friends, we could not complete some of these tasks so quickly. I am not saying we could not help them, but in the nature of your time, it would take much longer.**

George: I think earlier your words were echoing some words that were spoken by Jesus; '*ask and it shall be given you—seek and ye shall find*'.

**Yes, those words are very true. Always ask, always *seek*. Your seeking should never end whilst you are part of the human race. Continue to seek, and, my dear friends, I promise you, you will find what you need at that particular time.**

Sarah: Even passing on your words to other people and then they question you on various aspects, makes you think as well, and helps you to find out more. So it's, as we would say—'killing two birds with one stone!'

**Yes—never assume that you know *all*.**

Sarah: Oh, gosh no! We know that!

*Chuckles*

George: It's amazing, reflecting on the past, how much help and information has been given to mankind, yet it has been overlooked in so many different ways. I have been recently reading about the Fourth Book of Ezra, that was rejected from the Bible canon, which in fairly unmistakable terms describes a spaceship arriving on Earth; and likewise, the Book of Enoch which again is not part of the Bible, has similar description; and there's the book of Ezekiel which *is* in the Bible and he, in considerable detail describes the arrival of a spaceship and those from elsewhere—and you have said several times, Salumet, how the Earth has been visited by others and there is evidence of this. And yes, I've been looking at this recently—there is much evidence—indeed much has been *written down about this*; but people have been interpreting it in various other inaccurate ways. Any comment on that?

**I have my dear friend. Firstly, let me say one word to you, a word I have used before, but which, in the sense of time as you know it—the word is 'PATIENCE'. Can you not see, my dear friends, why these things are disputed? They arise from fear. That is the reasoning why people deny what is truth. Fear has a great hold in your world for many people, and although, to you of knowledge, it seems *irrational*, to them it is a great fear of not believing. It is not that they wish to reject the truth, but they are afraid of the truth.**

George: A fear of losing the comfortable 'status quo'—

**Yes, yes, you understand, that is so true. So, my dear friends, rather than reject those people who do not follow the same *lines* of understanding, give love to them, that in time, they too, will understand the truth of life—the truth of themselves and the much wider picture of who and what they are, in connection with this Earthly planet. Slowly more people are beginning to *think* and to accept what is before their very eyes, but it will take some time.**

George: Yes, I think we have evidence that there are various disturbances on the planet, which are indications that people are beginning—much more so—to think for themselves.

**Yes—but do not be too harsh. They must find their own truth first. So we give them love—we send them love.**

George: As we ourselves have taken time to find that truth.

**Yes, exactly—you do understand. Therefore there is no need for me to use any more words on that.**

Sarah: I was watching a programme on the television about a tribe. A journalist went out and filmed them 25 years ago, and he went back again just recently, and to his horror the tribe really wasn't functioning well at all, because the loggers had come in and cut down their forest, so they didn't have all the food available that they had before, and the ways that they had lived for centuries were gone. Farmers were coming in asking them to do work for them and they didn't give them money, but they gave them alcohol, so they were now getting drunk, so the whole tribe just wasn't functioning at all—and it did cross my mind when you said about the dinosaurs dying out that they were not needed anymore. I wondered if this was the same with the tribes—that this perhaps isn't their way of living anymore—or should we be giving out love to the loggers who are destroying these people?

**Be careful with your analogies and your analysis of what is happening to these people (yes).**

**Remember as human beings, you have been endowed with *free will* (yes). That tribe of people already had what you would call 'the gifts of spirit', and their own freewill has led them—as have many in the past in ancient times—moved away from their truth—from what they have known. I do not say that is the case with all peoples—it is not, but with this particular people you speak of, they have brought about their own downfall.**

Sarah: Oh—that's interesting!

**So be careful that you do not always analyse things to be '*meant*' by spirit, because it is not.**

George: Yes, 'bringing about downfall' (yes), would this equate to stagnating and just simply not going forward?

**It is a case of not allowing your free will to know what is truth and 'sticking with it'—as you might say—by allowing that truth to become corrupted.**

Sarah: So this tribe—a lot of their forest has been cut down—so I suppose they could have moved deeper into the forest. So they could have actually carried on as they had always been living, if they'd actually wanted to.

**If their decisions had been the right ones (ah, right). Your freewill, my dear friends, is responsible for so many unhappy episodes in your lives. I am sure that each one of you here, if you look back at some time in your lives, you have made wrong decisions. Yes, it is true for all of you, and only as you move forward in the right way, do you realise what that free will has created. (*Affirmations*) Yes, I'm sure you all know of an instance. So, it is a powerful thing that you have been endowed with in this life, but it has been there to make you stop and to think whether you ignore the truth, or whether you move forward.**

Jan: Some of the time, my problems stem from the fact that I know my mistakes, and yet I feel—I suppose my anxiety comes from the fact that I feel that I'm running out of time on this Earth, to actually put those problems right—**That again, my dear friend is fear.**

Jan: It's not the fear of going forward—it's just the fear of running out of time while I'm here. I know that once I've passed to spirit and I can see the bigger picture, and those problems will probably become so insignificant that I learned by them, or I realise that I moved away from those problems, but just while I'm here, I do occasionally worry—

**But you have to understand that that fear has to be conquered while you are here (yes—), yes—that is your problem—you know and understand what lies ahead, but you still have to maintain that physical being, and all that it entails.**

Jan: Yes, if somebody could just remove that fear from me (**yes**)—I know you've been saying I need to ask for help (**yes**), then I think I'd be the most—you know—I'd be complete without that fear.

**And wouldn't you all be—in spirit?**

Jan: Yes, we would, wouldn't we?

*Chuckles*

**Yes—you cannot live this physical life without a few problems (no). It is part of your spiritual growth.**

Jan: There would be no part in being here, would there? (**Yes—exactly.**)

Sarah: You said without the problems, you don't grow (**yes**).

Jan: I feel that some part of me is growing even though the outside is still clothed with this fear, if you like, but, I *know* and feel that the real part of me—the inner part of me has left it behind in some way. It's as though you are multi-layered and the bit that really matters understands far more than the outer layer which is your clothing, if you like, to work through these problems—if I've explained it in a way you can understand.

**Spirit animates the physical being.**

Jan: Yes (**yes**) and I feel that I know my spiritual side more than I actually know my free will side.

**But your spiritual side *activates* the physical, so therefore you should be able to discard all of those problems in the physical being (yes). You have to, if I might put it simply, 'come together'—*physical and spiritual*, and only when**

**both are in harmony are you well—are you without fear, which is the biggest—**

Jan: —problem of all (**yes**). You've said so many times, and it's so right—it's the quietening of the brain—not the mind—it's the quietening of the physical brain.

**Again, I have to repeat to you that when you go to meditation, together comes the physical and the spiritual, which creates harmony in your *physical lives*. All problems are solved when the spiritual and physical are in tune with one another. I am sure you have felt that union whilst being within this room, or with this group of people.**

Jan: Yes—we've all said that we wish we could maintain that feeling when we leave this room, and—like you've said—we know that it's not physically possible all the time, but that's what we need to strive towards.

**That is what you need to strive towards—not completely possible, but for the most part of your physical lives, you can obtain a *peace of mind*, which eliminates *fear* and which allows you to unfold in more spiritual way.**

George: Yes we were reminded at our last meeting of the importance of daily meditation. I think you are endorsing this.

**I know I have repeated it many, many times, but it is the answer to many of your problems. If only you could know and understand, your lives would be so much happier.**

**Now I feel, for this time, I will leave you—leave you cloaked in love, leave you with a feeling of upliftment and a knowledge that all can be well in your physical lives.**

All: Thank you!

George: Thank you so much, Salumet!

*Next, one spoke via Sarah:*

***I am happy to be back with you once more!***

Lilian: It's lovely to have you back.

*But who was it? Then in less certain tone:*

***I am being taken over by another one, who has not yet been with you ... I am now one other who is bringing one to you...***

*It was a slightly strange beginning that had us wondering—and now a louder, crisper voice was speaking:*

*I wish to let you know that the one that you know as ‘Kumbala’ is taking you on a short return journey—one that you will have taken before, but you will not have any memory of it now. You are in a desert plain. You are a group together, working in hard conditions. You have asked for help from those who you termed in those days as ‘Gods’ (ah!). You built very substantial buildings and you used these, not only as your work place but also for your gifts to the Gods.*

George: The ones we called ‘Gods’ were those from elsewhere in the universe, who visited this planet? Is that correct?

*These Gods were ‘spirit’ and you believed them to be human. You were as one with these Gods. You had no fear.*

Lilian: Do you mean the Gods were from spirit?

Jan: Or do you mean the sun and other elements?  
*I am talking about the ones who came to you—who came close to you.*

Jan: Oh I see.

*They were sometimes visible to you and in many cases, just around you. But you believed them to be Gods. These visitors were trying to give you a message, but although you felt no fear, you did not interpret their messages correctly. I am now coming to you, because I feel that these messages that were brought to you so long ago would now be accepted by you in the way they were intended.*

Lilian: I’m sure we would.

*So this is why I have come to you this time (wonderful!). It is just to let you know that we are so glad that you have all developed into such beings that we had hoped that you might be, so long ago. My visit is one of joy, and we hope that, in your quiet times, you might again be able to see us, and when this takes place, you will have some recognition from the times past. We are the same. It is you who have changed somewhat, but that element there—that was so*

*long ago—is still with you, and it is this part of you that we will tap into, should you be able to see us once more.*

George: Well, that’s wonderful! So—I’m just trying to find a description—so you are ‘beings of spirit’, that have on some occasions become visible to humans, and you bring messages, or have attempted to bring messages that will help us to move forward. Is that fair description?

*Yes, that is quite correct, and we are still here to help you should you need such assistance.*

George: Wonderful! (yes) Thank you for making this known.

*We are most happy to reconnect with you, and are always happy when we can be of help. That is our work.*

Lilian: How would you describe yourselves—guardian angel or angel of some kind?

*I would not say ‘angel’, but I would say: ‘higher being’ (thank you).*

Jan: You mentioned the desert—you were able to be seen by people in that desert—you are not just addressing people in this room—we were together at some other time, were we?

*Oh! My dear friend, I did say at the beginning, you would not remember. You were indeed all together.*

Jan: So those of us in this room—those present and those normally with us were present at this time?

*You were indeed—a part of you.*

Jan: A part of us was there at that time—  
*You were indeed.*

George: We know that we have been together at previous times, but I *think* you are speaking of very early times—

*I am going back a long way in your years—yes.*

George: Perhaps, could I suggest *thousands* of years?

*You could suggest that and I would agree (thank you).*

Jan: Thank you for clarifying that. I was a little confused there for a moment.

*Your association has been over a very long time and I can say to you also that there were more*

***of you at that time and you are only a small part of them.***

George: Yes—there are sometimes more of us meeting on these occasions. We are only seven this evening—quite often there are ten or eleven of us altogether.

Jan: But you are also referring to all the people that have been in this room over a period of years—and there must be others—

***Yes, I am talking about you people now, but there were more people at that time so long ago who are not here. That is what I mean.***

*More was said leading to:*

***Some of those who were in your group were not part of that initial group. I am talking about you now—you people here in this place.***

Jan: So even though we (*some*) are related by blood now, this is totally insignificant—

***Yes, but of course, the fact that you were there at that time does have some bearing on you being related now.***

Jan: Yes, I've heard this before—the love bonds—the love ties cannot be broken. And we go on to reincarnate in the same group with different relationship to one another.

***Yes, that is correct.***

George: There have been books written by people who, shall we say, are more receptive or aware, and they speak of groups of people who help generally in the universe, bringing information to those on planets. There is always a difficulty in describing exactly who these beings are. Could I ask you: are you concerned with people on this one planet? Or are you concerned with other planets as well?

***I am mainly concerned with this planet but I would say I have visited others, but my main concern is this planet.***

George: Thank you for that information.

Jan: What is your main objective regarding this planet, apart from the message of love? Why would you be interested in this particular planet? Are we at an interesting point in our evolution or are we at a crossroads?

***When you take it upon yourself to help those who are in some need, you give yourself over to one project, and my project was this planet.***

Jan: So your involvement goes back millennia, does it?

***A long time, but I could have chosen others.***

***There was no particular reason, but I chose this planet, and I have been happy with my work so there was no need to change.***

George: We are most fortunate to have your attention. Thank you!

***Well, when I see the progress—albeit I have to say very slow—it is such a joy that finally the word is beginning to be understood.***

George: We have received help from others in spirit, especially one we know as 'Salumet', from Angelic Realms. Would you know of this one or are you a quite independent organisation?

***Well, I would not call us 'an organisation' I have to say.***

*Chuckles*

***And yes, I am aware of the one who comes to you, but we do not, shall I say, communicate—but we are aware of one another (good, splendid!) yes. And now, I feel it is time for me to return.***

Jan: You've given us a lot to think about!

***But please, we would be so happy if there could be some recognition at some time.***

George: Well yes, I think we would be most happy also, and we do very much appreciate your speaking with us. This has been wonderful. Will you be visiting us again? You would be most welcome.

***I am happy to have the invitation, and if the opportunity arises, I will come again. But, of course, I do not need to have to speak to you in so many words, because we can communicate in your quiet times.***

***Now I will take my leave and thank you for your time—and your progress.***

George: We shall endeavour to devote quiet time to make contact. Thank you so much.

George's Notes:

Book of Enoch: Ascribed to Enoch, great grandfather of Noah. Only two Christian groups accept it as part of their biblical canon—the Eritrean and Ethiopian Orthodox Churches. And fragments of the book have been recovered from the Dead Sea Scrolls.

Fourth Book of Ezra: Ezra was priest and scribe, also known as Esdras, who came to Jerusalem 458 BC—an Apocryphal book. Ezra was instructed to write one set of clay tablets for ordinary people and another set for the wise ones of the people.

Book of Ezekiel: The prophet Ezekiel is said to have experienced seven visions (593-571 BC) while exiled in Babylon. It is said that the book opens with a vision of Yahweh, God of Israel, riding his battle chariot!—interpreted very differently and more rationally by author Erich von Däniken. And the description includes: raging wind, whirling flashing fire, gleam of polished brass—four beings with appearance of human form but with calf-like feet—wings attached together at the sockets—when ascending they spread their wings—a wheel on the earth at the side of the beings with the appearance of amber—etc etc.

Erich von Däniken: His books published in the 1970s, especially 'Chariots of the Gods' and 'In Search of Ancient Gods' are a worthy read or re-read following Salumet and Bonniol enlightenment.

Kumbala: Re the desert and very substantial buildings in remote past; this suggests Egypt or South America with their massive stonework's.