

**SALUMET – 16<sup>th</sup> January 2012**

Lilian: Good evening Salumet, welcome back to our New Year.

**Good evening.**

All: Good evening!

**It is good to see so many of you here, my dear friends. I join with you in another one of your Earthly years, and it brings me great joy to know that each one of you continues along your Earthly pathway—not always easily, but nevertheless with a determination that is a credit to you all. I will say once more, life’s journey on this Earth’s plane does not always run smoothly, as you would like, but my dear friends, what you should gain from those experiences is a strength and a knowledge that, spiritually, you are growing strong. That will be my hopes for you in this your coming year—that each one of you recognises that divinity which you all are—that you recognise it and you make full use of the knowledge that you have gained. I do not and could not expect more from you, and I know that at times, it must seem that I constantly repeat myself. I do this only for *you*, my dear friends, in order that anything you gain from our meetings sinks into your minds and hearts and souls. That is my wish for you all. I will not stay with you too long this evening, but, if you have any questions for me, I will endeavour to answer them for you.**

Lilian: Any questions?

George: Perhaps, I could just mention that two friends—Professor Ervin Laszlo and his Executive Assistant Gyorgyi Szabo plan to sit in with us during April. This, I am sure, will be a great treat and experience for all of us here, and I look forward to your meeting, Salumet, with two of rather more qualified intelligence than we who sit here. (*Chuckle*) I hope that will be a pleasant experience for you too.

**I accept that it will be pleasant to meet those who wish to come, but do not underestimate yourself or anyone within this room. I came to you in all simplicity, and I am happy to meet all kinds of people. Therefore, I understand your**

**excitement—of course I do, but I have to say: within this room, there are souls who will far outshine anyone of greater intelligence in your world. I ask you dear friends not to forget this.** (*Well, perhaps we should not overlook spirit links. We are not just us who gather here!*)

Lilian: That’s kind of you to say that.

George: I think we are aware of wonderful connections that we have here.

**Yes, and let us hope that those dear friends who wish to come, find the joy that I know sometimes you all do by just being in this room. I do hope they are in tune with the energies which all of you supply—but it will be a pleasure.**

George: Yes—yes.

**I, of course, will endeavour to be here whenever they so wish to come.**

George: Mm, wonderful! I’ve had things going through my mind recently. Your statement, ‘*spirit has always been*’ and then, the space-time creation, seems to have followed—and I had the thought that spirit has ‘no space’, so the entirely materialistic mind will see the beginning of the universe as ‘a point source’—simply because it has ‘no space’. But as spirit has no space, perhaps that is a scientific error of our modern times—that everything did *not* begin from ‘a point source’, and there was never any ‘big bang’. *Said with tongue in cheek!*

**Let me say this: you say spirit has no space—no material space. Spirit has no space, but all of space.**

George: Yes!

**Yes! Let us clarify that situation—a simple point, but a point that is neglected by your scientists in the most part. Their knowledge is gaining ground at a tremendous rate at this time of the Earth’s evolution, but they still have to find within themselves, ‘spirit’.**

George: Yes, while spirit has no space as such, it nevertheless—I take your point—(yes) it is extensive throughout all...

**It is everywhere!**

George: This is a difficult fact for us to get our brains around.

**Yes, that is why there will always be things you cannot understand whilst you exist in a material world.**

George: And the other thing that scientists *think* they understand is the expanding universe, for which there are two reasons for supposing that it expands. One is the erroneous ‘big bang’ beginning, and the second point is what is known as the ‘red shift’—the absorption spectra of the elements seen against the light from distant galaxies, seem to move towards the red end of the spectrum.

Jan: Surely that has got something to do with the fact that, in my little wisdom, I see it that more and more of us are on the planet and more and as more of us return to spirit and, obviously things are going to grow because of spirit.

George: There are alternative explanations (**yes**) for this red shift, and one that I would like to voice is that—just supposing in its lengthy journey across the universe, light gives up some of its energy to the energetic void, if I could put it like that—then it would increase in wavelength—and that could be a further possible explanation for the red shift that is seen (**yes**)—in which case we have a ‘steady state’ universe.

Jan: I would much rather simplify things—much rather.

**I was about to say: you can give names to anything at all within the scientific world. I will repeat what I have said on a few occasions: energy is never static.**

George: It is transmutable.

**Yes, of course—so I would like to simplify, as the dear lady says, to say that energy is all around, in the same way as spirit is nowhere but everywhere. Energy can NOT be static—it is transmutable. Therefore it can travel across many universes as quite a natural happening (yes). Your scientists complicate matters by their theories (yes). You would agree?**

George: I would agree, and I was going to put the question if I may (**yes**): would you feel

comfortable with the idea of a ‘steady state’ universe as opposed to an ‘expanding’ universe?

Jan: I’d much rather it expanded, personally.

*(Chuckle)*

**You cannot be comfortable with a steady state universe (ah!). No—energy is ever changing, ever moving, transmuting itself—energy cannot stay still. But I know where your question is going, and I understand how your scientists and people of knowledge feel; but basically, a lot of the time these people do not believe in spirit; therefore their outlooks and their views are coloured by this (yes).**

Jan: If it’s not a judgemental thing to say, I think that their egos are jostling for position to write the next paper more than if they spent the time meditating / going within and doing something completely different with their time.

**I understand your view, but they are after all people who are only seeking what I call the truth. Therefore do not be too harsh on them. They are trying to find out, but they fetter themselves by their own views. You understand?**

Jan: Yes, I do.

George: Yes, there’s a great need to take on board the values of spirit (**yes**) and place those values together with scientific thinking—I think that is a way to put it.

**Yes—only in that way will they arrive at the true conclusion. But you have to give credit to them for the work that they are trying to do.**

Jan: Yes, I do appreciate and I respect, but they have a long way to go before they are willing to look at the other side of the coin.

**Those who have partly closed minds will never find the full picture. In the same way as you, my dear friends, within this room, will never know the full picture whilst you inhabit human garb.**

George: yes, I think I would be right in saying that our friend Rudolf Steiner, who has been through to us on three occasions recently—he seems to have been a scientist or philosopher who had spiritual connections whilst in his Earth life?

I have to tell you, dear friend, there are many in our world who have had minds of *seeking knowledge*, but who have also been spiritual people. So be careful that you do not judge another by their viewpoint, because, as I have told you, you cannot always know what or who that real person is.

George: I merely wanted to pick him out as an example.

**Yes, I understand.**

George: I appreciate there are many others.

**He is one of what I would call the more modern age—yes; but remember that much of spiritual knowledge has been lost on your planet through time (yes). Therefore, it would only make sense would you not agree, that those who have gone before have had a far more superior knowledge?**

George: Yes, I think you're referring to the past great civilisations (yes).

Jan: Salumet, changing the subject if I may, can I ask a question about freewill? (Yes.) Not the freewill to remain on our Earthly plane, but the freewill in which a person who is encumbered whilst here with a body and a mind that they've chosen to come back with—a disability. Cheryl had a patient who died last Saturday in front of Cheryl. I had the overwhelming feeling, and I said so to Cheryl, that her freewill to die because she was unhappy seemed to override everything. Am I correct that certain people do have the freewill to do that—to pass on at will?

**I would hesitate to call it 'freewill', but rather the 'power of the thought'. I have told you so often that 'thought' is the most powerful thing that you can possess, and of course then, freewill can change the course of where you are going. So, if someone creates the situation of wishing to leave the body, then that power of thought creates the reality.**

Jan: Right, yes, I understand that.

**So that is why these things happen. I would not say always that it was the right choice or that the freewill was used wisely, but you have to take individual cases as they are. You understand?**

Jan: Yes, I do.

**Remember always, the power of your thought creates the reality (yes), whether that be right or wrong.**

Lilian: I believe you said something like that about Leslie when he passed over.

**Yes, yes he did.**

Sarah: I was going to ask you actually—there's been a lot of discussion recently about euthanasia—people who want to take their own lives. They're not going to do it through the power of thought, but they want to go to a clinic and end their lives, and I know you've said in the past that that isn't the right way to go about it and you've also told us that maybe we weren't ready to understand why, and I wonder if now you're able to tell us a little bit more about why we shouldn't do that. Is that possible?

**Because you are curtailing your life before your life span is finished. Why should you curtail that lifespan because you think it is right, or you are right? You do not see the wider picture, once again. So therefore, why do you feel it is right to curtail that life? It is not correct. (Affirmations) It is never right, and I will stress NEVER right.**

Jan: In no circumstance whatsoever is it right—is that what you're saying?

**When the spirit is ready, they will go naturally.**

Jan: So, no matter how much pain and discomfort they are in—that is where they have to be at that particular time (yes), and, even if they were to touch one more life while they were in that despair that is their—

**Yes—very often, in the time of discomfort, does the spirit come to the fore.**

Jan: It seems to soar, doesn't it?

**Yes, and although I understand that human beings find this distressing, and so often we hear: we would not allow animals—and I understand that love that you have, but you do not have the right to shorten your own lives. You can use your mind to help you along (yes), but it should be a natural end.**

Jan: So with an elderly domestic animal—

**Animals apply to the rules of the human beings on this Earth. Yes, they belong to *spirit* in the same way that you do. So, I would say no!**

(Okay.)

George: It's very good to have your firm statement on this, Salumet, because there's been much discussion in the media.

**Yes, there is much controversy I know, but always I have to say that is where I stand—that is what I know.**

Rod: Would you agree that if some people get into a deep black hole of depression and within a couple of days they hang themselves—I can only think that something terrible happened in the brain to do this when they leave children and a wife—that something made that chap so ill—

**Of course, my dear friend, but that still does not make it right. We know all of these things are part of Earthly living. We see it all so often and you would be amazed at how many tears are shed in spirit for these beings who suffer so in that way, but it still is not part of 'universal law' (no). You understand? (Yes). I have to say and I know that some people become upset and offended when I say that suicide is the most selfish of acts.**

Jan: It is—without judging them—it is! **(Yes.)**

Rod: Somebody said that to me only the other day—that was a selfish act—I said to him: you can't say that—but he was right!

**No, it is a selfish act and also—often, I only wish you could see the despair they feel at what they have done.**

Rod: When they go over?

**Yes.**

Jan: You can't turn back.

**You cannot run away from a life given.**

George: Can I indicate a rather special type of suicide undertaken by some Tibetan monks who deliberately torch themselves as a matter of protest against their country being taken over by another? It's a political act. In that sense it's not selfish—yet—how would you regard that Salumet?

In a way, I understand what you are saying, but it is selfish that they deprive those who have loved them of that love (yes). Remember: Love is everything and just to hurt deliberately one human being can never be accepted. No one on this planet is a sole entity. All of you are intertwined in one way or another, be it to a husband, a wife, to children, to parents—no one stands alone. So, I have to say: yes it would still be considered as a selfish act; although, as I say, I understand that *they feel* it is unselfish. Their view will change when their whole picture is once again shown to them. I cannot deviate from this answer, (no) because it is the truth.

Lilian: Saying that the picture is shown to us after we pass, how quickly does that happen?

**There is no set time for anything, but quite quickly, I would say in your time. It would, of course, depend on the passing, on the person, and what situation they have passed from (yes). Now, my dear friends, I must leave you this time. I did not intend to stay so long.**

Lilian: We've kept you—sorry!

**But no, I am always pleased to be with you.**

George: It's been a wonderful start to the New Year for us, thank you Salumet!

**I hope that we will have many more discussions and that I can help you in finding your own truth.**

All: Thank you!

*Next, one addressed us very clearly via Sarah:*

***Good evening to you!***

All: Good evening!

***I always hope that I can make myself apparent to you without having to speak, but I never seem to have much luck—so I decided, this time, I would just call in to say how much I enjoy being with you all. You are such an inspiration to many who have just passed over to our world. We often show people the light that comes from you all, and tell them that they are indeed 'spirit' but only in a physical form, and that those who have passed are indeed spirit and they have left their physical behind. So, although you are unaware of the help you have given to so many, I now wish to let you know that you are used in many ways that you are not aware of.***

George: That's very nice to know. Thank you for telling us. Yes, we are hearing it from several

sources now, that there's so much spiritual connection. And we have the knowledge of this without sensing it as much as we would wish to. So thank you for explaining to us.

***I feel that thanks should be from our side—so I think we are both happy with the arrangement.***

Lilian: How does that work with our daily lives with people we know who have passed, when we quietly wish them well, does that help?

***Of course, yes, because you are using your thought process to register with the thought of the one who has passed. But, as you know, there are many non-believers who come back into spirit and it is always useful to have some sort of aid to help them to progress to the next stage.***

Jan: That's where groups like us are useful, is it?  
***You are indeed most useful in many ways, as I have said. I know that you do have some that come back to the Earth plane and are helped. But, my job is to show those in spirit that spirit exists whilst you are on the Earth plane in the physical form.***

George: Yes, so this is quite apart from the formal 'rescues' that happen here. From large numbers, I guess actual 'rescues' are not necessary when those such as yourself can give them a helping hand?

***It very much depends on the situation, and the 'rescues', as you call them, are mainly for those who have been in denial for some time. And my job is more for those who have JUST come over from the Earth plane to spirit. It is a way of appeasing their troubles and it is most helpful, as I have said.***

Lilian: So, even when someone we know passes on, and we also know they have no beliefs of any kind to do with the thought of another life, even our single thoughts, as we go about our daily lives, help?

***Yes, thought—good thought always helps.***

Lilian: That's interesting.

***But, it is not always the case that somebody who is a non-believer—when they are here—sometimes when they come back to spirit they start to realise that they have made a mistake.***

***There are of course others who remain adamant that there is no such thing, but it's not always the case. It varies so much from person to person.***

*Appreciative indications of understanding*

***And now, I am being told I have to return, and I do so with thanks from not only me but all those you have helped.***

*General thanks*

*Then there followed a rescue and clairvoyant messages from Eileen to conclude the evening.*

George's Notes:

Spirit: So what we know as spirit is not of the material or space-time creation—it existed before that happened and therefore it does not include space as such, yet spirit connects with or permeates everything!!!

Energy transmutes: It is probably true to say that there is more to this than just  $E = mc^2$  which does not cover energy changes from one form to another, and I am sure there will be more discussion on this subject to follow.

Euthanasia: It seems that this should not be pursued, whatever the circumstance. In fact, all killing is contrary to universal law in the final analysis. It is impossible to kill in love, whether it be self or others.