

SALUMET – 13th JUNE 2011

Lilian: Welcome to you Salumet.

Good evening.

All: Good evening,

I am happy to join with you this time.

Lilian: We're very pleased to have you.

I have been listening to you speaking about birth and also the prospect of dying. I have been, my dear friends, helping you with your energies this time.

George: Yes, thank you for that. Were we a little depleted?

No, I on occasion, like to join with you and feel your energies—no particular reason why this time, only that I felt it was necessary for us. Are you all able to hear me speak this time?

All agreed it was fine!

George: You are coming across very clearly and I hope the light isn't too difficult for you.

A little, but it only means more adjustments.

Sarah: It's certainly much better than last time.

Yes, thank you!

George: And, last time, we did fade out rather at the end. I imagine that was an energy loss and apologies for that.

My dear friend there is no need for apologies amongst friends—

Rod: That's true—

Yes. I feel this time that if you have any questions for me, I will take them and hopefully next time I join with you, I will have more to say.

General thanks and Lilian turned to Sarah, being aware that she had one concerning her daughter now living in Australia—

Sarah: I would like to ask, Salumet—you told Emily, my daughter, that she knew the answer to her question—to her problems; and she feels that she has got the answer. Her father, on the other hand is telling me quite the opposite, and I wondered if you would be able to—or wish to—just confirm that Emily is believing the reason she had had so many problems, is the right reason—

Your daughter has found her answers. That is why I gave those words to her.

Sarah: Thank you, yes, she believes she had got the right answer.

Yes—now I will address you, my dear friend, because within your heart, you also know the truth.

Sarah: Yes, I thought I did—I should go along with what I knew (**yes**), but when you're being told something very different, it's sometimes, it's—**You know the truth—**

Sarah: Yes.

Lilian: Sometimes it's very difficult.

Sarah: It's difficult when somebody tells you something and you think they *should* be telling you the truth.

But that is why it is essential when there are troubled times, no matter what those Earthly troubles may be, you must 'go within' (yes), and that spirit will always guide you.

Sarah: Yes, that is true. Yes, thank you very much for those words, Salumet.

I hope it has helped you.

Sarah: It certainly has helped me and your words have helped Emily too, because she didn't know what the reason was—when you told her those words at the beginning, but, when she found out, she understood what you'd said to her then.

Yes, she will go from strength to strength, but you must allow her that *thinking time*. Human beings are always in a hurry, you do not see the benefits of quiet times, and you do not see that by slowing down and 'going within', all the answers of life are there—you understand?

Sarah: I do understand—yes, thank you! I think Emily, actually, has been dealing with it very well, and she is taking her time and she is making headway, so thank you for that—and she's already got some petals opened from her bud.

Yes—and there will be acquaintances that come into her life at the right time in order to help her go forward.

Sarah: Acquaintances— yes—they have already, actually begun. My cousin, who is over there, has been absolutely fantastic to her (**yes**). He's been so helpful and kind.

Yes, but not only people that she knows, but what you might call ‘strangers’ (yes). It is an onward journey (right, thank you!). But tell her to be patient.

Sarah: I will tell her, thank you!

Lilian: It’s been a tough journey.

Why do you say so? It has only been a tough journey in the physical sense. In the spiritual sense, it has been a great ‘learning’ journey.

Sarah: Yes, that is true!

Yes. That can only benefit the spirit.

Sarah: Yes, thank you! She’s already had—she feels very much that people are coming into her life, and they all seem to be there helping her—even medical people seem to be very understanding—helping her on her way; and Paul, here was, I think, the first to help her on this particular journey, so you think, well, he started off on another little journey of his own which was all meant to happen—all meant to be.

Yes—there are no coincidences in life. Each step forward you take has always been for a reason, and again to repeat myself, which I know sometimes you must think ‘no not again’—but I say: you all have helped other people at some stage, just by the knowledge that you have passed to them. So you are all emissaries of spirit—you understand?

Sarah: Sometimes, maybe we’ve passed on things—we’ve helped them, but we don’t realise we have, and maybe they don’t realise it either.

Yes, yes, that is true.

Rod: Sowing the seed—

Yes, that is one way of describing it, sir, yes.

Sarah: That’s been very helpful, Salumet. Thank you! I know Emily will be very pleased to hear that too, especially the bit about the physical and the spiritual.

Yes, she is making progress.

George: As we go through life, there is so much learning, and so often we are not aware of what is happening and why it is happening.

Again, any of you here now look at another and see the love that emanates from them. Can any of you?—you should be able to, but because you are so busy in your physical lives, you do not allow

what you call ‘instinct’, and what I would rather call your ‘True Self’, to look at what is around you.

Paul: You can certainly see it with the smaller we are—the smallest children it’s as clear as anything—the goodness within (**yes**).

Murmurs of agreement!

Paul: It’s more of a challenge with some of the older adults, but I know what you mean, we all still have that goodness inside us.

And, you should develop those feelings that you have all experienced from time to time, and you know instinctively that those feelings are correct, do you not?

Affirmations

Sarah: Yes, you do meet people and you think: what a really lovely person that is! (**Yes**). So that’s probably what we’re seeing, isn’t it?

Yes, that is your spirit self speaking.

Paul: But when it’s say, Christmas time, you tend to look around you more and smile at everyone. But you can have that Christmassy feeling any day of the year (**yes**). We forget this.

It is like, for example, when you have what you call ‘disasters’, or ‘tragedies’ in your world, you have to see the love that comes with those occasions, and to feel the love and help that others wish to give, in those what you call ‘terrible times’ (yes).

Jan: Those—I often call them ‘light bulb moments’—when people emanate the light. Talking about disabled people—one particular person that Cheryl, my daughter works with—one of the patients—tried to commit suicide when she was in her thirties by taking a huge dose of insulin for her diabetes—this is what they *think* happened—and it left her extremely brain damaged. And when I first met her, I had one of those ‘light bulb moments’, as I call it, where the person that she was, I believed I could still see; it sort of shone through this shadow of a person—this shell of a person that’s left—but that was a wonderful moment to actually see what I think was probably her spirit or her soul that I was observing, but that’s one of those occasions.

Yes, I would say that you can have the most disabled person, who is unable to see, hear, whatever the problems, but in those eyes, shines

through the spirit or the soul, as you have called it (yes). Within those eyes, you see the real YOU—the Spirit.

Jan: The real 'us'—It was a kind of all-knowing feeling (**yes**) that she was giving me and I suppose there was a connection.

No, it was an all-knowing experience from you—because you were picking up her vibration.

Jan: Oh, I see!

You understand?

Jan: Yes, that's nice to know.

Yes, and that part of you, is what you should try to develop—all of you. I hope that has helped you.

Rod: I do find it strange—I was telling Daphne, a lady went by two days ago and she turned round and gave me a wonderful smile, and it went on for seconds and I thought she must be an angel!—that doesn't happen very often. Then I get a bloke come up, probably coming back from work and he looked quite miserable, and I thought—well, I'll try and get something from them—but they don't give it. Well, I suppose what I should do is give it—well that's what I've just thought of—**(Yes.)**

Sarah: Well, if you smile at them—

Rod: But they don't look—

Sarah: I do find when you are walking along if you smile at people, they can be looking as miserable as anything, and if you smile at them, their faces completely change.

Agreement

Or you smile anyway, whether they respond to you or not—that smile from you is enough to spiritually trigger some feeling.

Jan: Yes, it's very powerful.

Yes. So don't be too concerned about reactions from another. Just know what you are about. You understand?

Sarah: Yes that's interesting that it can just trigger something off in them (**yes, yes**).

Rod: It's the love aspect that I realise is so much more important than I realised in the past.

It is powerful, yes, and if I may re-iterate again, your thoughts are the most powerful things, you will ever possess (yes).

George: Perhaps, I could refer to a book that is having quite a *powerful* influence at the moment. I was looking at a copy earlier today, and it's a book by Professor Brian Cox and Andrew Cohen, and it is called '**Wonders of the Universe**'. It's a beautifully produced book and we can certainly compliment them on it, and they have a nice way of putting over the known information about the *physical* universe with its galaxies and planets. But, I think I should have a word with them about two statements that appear, and perhaps I could quote:

Some anticipatory amusement at this point

They say: '**Light is the only connection we have with the universe beyond our solar system, and the only connection our ancestors had with anything beyond Earth**'. Well, I think, thanks to your teaching and your introduction to Bonniol and Planet Aerah, Salumet—we know different from that!

Yes, you may know differently from that, but the gentleman, in question, does not.

George: The gentleman in question is, shall we say, a traditional scientist and the book refers entirely to space-time, and I think we can say, not about anything beyond space-time (**yes, yes**). That's putting it in *their* scientific language.

Yes, and to put it into your simple language: no one person knows everything.

Sarah: I've heard Brian Cox speaking on more than one occasion, and I think, actually, he's got to be quite spiritual, and I think he wouldn't be averse to hearing Salumet's words, George, so maybe, that's something you could pass on to him.

Rod: He's a lovely gentleman.

Sarah: I think he would accept it.

George: Yes, well, that's what I'm saying—we should have a word, compliment him on the beautiful book, and point out what is missing, and see if we can stimulate his interest.

Sarah: I'm sure you would actually.

George: And he goes on to make a statement about light, and he says: '**it is the only way we will ever be able to explore the universe beyond our galaxy**'. Well again, we know different to that! **(Yes.)**

Jan: I think for the purpose of this particular book and programme, it's whether or not he believes

there to be any further truth behind it. It's appropriate for the time—the time of the book and the programme—it's appropriate I think, that's as far as he goes.

Sarah: You might be right there, because, if he starts in the book referring to spiritual things at this time, people may not take anything he says seriously.

Jan: No, although I take your point of view, George—it's a good point of view—I think the book is appropriate for the moment.

Sarah: I still think it would be worth letting him know.

Jan: Yeah—I think he'd be open to it—email him George!

George: My feeling is he is young enough to begin thinking in that different direction.

Jan: Absolutely! I think Sarah's right. He would be open—definitely.

Sarah: Well, he's certainly changed course. He started out as a pop star, didn't he?

Well, perhaps we all got a bit carried away and salumet got left out for the moment, but Lilian brought us back down to terra firma

Lilian: Do you agree with this, Salumet?

It makes me smile!

Much laughter!

Rod: Well, that's rather nice.

My dear friends, I have, I hope, taught you much about your existence and you know my views on those people with closed minds, but it would appear to me that this gentleman may well be ready to *listen*—I do not say accept, but to listen to what we have to say.

Sarah: That's the beginning, isn't it?

And all truth and knowledge has always begun somewhere and moved forward—to be moved forward by people such as your selves and throughout your Earthly world.

George: And the other gentleman who is the co-author, Andrew Cohen, he is head of BBC Science unit, and Brian Cox, being a professor—they are both in very influential positions, so it would be a nice thought if they began thinking in the spiritual direction.

Yes—I will never discourage any one of you who wishes to move forward, and to spread the truth. That is all we have ever tried to achieve in your world—that the truth, eventually, is recognised for what it is. That humankind realises that he is not the only 'people' who exist in the many universes that we have.

Brief pause

And, now I feel, that for this time, I have said enough.

Sarah: That's very interesting. Thank you very much for coming through.

George: We very much appreciate your words, Salumet.

I hope they have helped you.

Sarah: Very much! Thank you and thank you for making the adjustments so that you've been able to come to us.

Yes—it has been okay, I feel, but now, my dear friends, I must take my leave. I leave you with love and I ask that you take that love, divide it amongst you, and that you may, in turn, spread your share of love to others.

General thanks

George's Notes:

1: Andrew Cohen: *He ran the very popular TV 'Horizon' programme from 2005 and is now 'Head of BBC Science'. In this 21st century that is quite a responsibility!*

2: Professor Brian Cox OBE: *Born 1968, he has achieved much and is an inspiration to the current Earthly generation. He first became noticed as keyboard player for the rock band 'Dare', and then the rock band 'D:Ream'. Their number 'Things can only get better' was adopted by the UK New Labour Party as they sought power in 1997. The group then disbanded and the keyboard player had to make a choice between continuing in music or develop a career in physics. He chose the latter and he has since been quoted as saying that careers tend not to last long in rock, and he left to do physics at the right time. How very true! Now he is a Research Fellow of the Royal Society, works on the Large Hadron Collider (Atlas Experiment) at CERN, Geneva, presents science programmes for BBC including*

'Wonders of the Solar System' and 'Wonders of the Universe', is a Manchester University Professor and received his OBE last year. He has clearly done much to popularise physics. And he was quoted in the Observer Newspaper as not having a strong view of religion other than illogical religion. That's fair enough!