

SALUMET – 11th April 2011

Lilian: Welcome to you Salumet.

Good evening.

All: Good evening.

As I joined with you this time, we hear your thoughts, your words, and your offerings to help other people. We accept with thanks all that you give for others, but my dear friends, I would like to take this opportunity to thank each and every one of you—those who are here, and the others who are absent. We in spirit, wish to offer *our* thanks to you. We do not often say those words to you, but I would like you, my dear friends, to understand the importance of the communication that you make with us on behalf of others—those who are lonely, those who are ill—so many people in your world who need help, but do not for some reason ask for themselves. Without your prayers, it would be a little more difficult to reach many people, so I will say once more, with much love from those in my world who stand by to help and to listen to you—we thank you always.

George: It's very nice for us to have that recognition and for all of us and for those who read these transcripts of the meetings I'm sure it all brings it to the fore and shows the reality of the help and the oneness that follows.

Yes, the power and strength of your prayers should be noted. Not only are those who you ask for *helped*, but also each of you is helped to some degree, because of that selfless love which you show for other people. Do not forget, we love you also, and although you do not often ask for yourselves, we are ready and waiting close by to help each and every one of you.

All: Thank you!

I have said. On many occasions, once the connection is made, it is not so easily broken.

Sarah: And we're glad it's not. We're very happy to have the contact with spirit.

Yes, so many come who wish to be involved—so many leave and we are not allowed to interfere in anyone's life whilst on this Earth plane, but we can be very influential, if we are allowed to be.

Jan: I'd like to share with the group—two occasions recently. You've often said Salumet, that we're never alone, that you come close to us (**yes**), and we have to learn to be able to recognise that. There are two occasions just recently—one was today, when I asked before I went into my office for help, because I had a difficult task to do, so I'd like to thank the computer technology expert who helped me, because my task just went so well, and yet I had come back to that task three times—and I felt that I was being guided. And the other time was at the dentist recently, when I asked for help before I went in, and I had no fear, no pain, and it was a nasty operation that I had to have—and I just felt that I was surrounded then (**yes**). So, I'd like to say 'thank you'.

We are always happy if we have achieved help for anyone, but of course, if you do not *ask* we cannot *give*. So often, you people on Earth feel that it is wrong to ask for *yourselves*. Let me reassure you my dear friends, that is not so. You should ask, because in asking, you are making that close connection, and although we are always close to you, that impetus of asking for help is all that we need to come even closer. So, I am happy, my dear friend, that you are now a little *more* aware of our presence around you.

Jan: I had a different sense after both occasions—I was asking for, but I had a sense that I was 'being helped' (**yes**), which is rather different—but a very nice feeling afterwards, especially today. I did give thanks that they had been there to help me.

You, my dear friend, have been helped, and I am sure you will agree that you are becoming a much more placid person (yes). Yes, because your understanding goes deeper—yes.

Jan: I feel it. Step-by-step, I get much better.

Yes, that verifies what I say about recognising that contact—not *belief*, but *knowing* that we are always with you.

Jan: Yes, it's the non-doubt (**yes**) that you need and that leap of faith that it is so (**yes**), and once you've made that leap of faith, things seem to happen—**It becomes a bit easier, yes—**

Jan: —because you are not fighting against it—

I do not say life becomes easy—

Jan: No, not at all!

After all, what would this Earthly life be if all was so simple? What would it be like if you did not learn? I would say to you it would be a life not of much use.

Sarah: Also, you said, Salumet, and I did give thanks this evening, which I'm sure you heard—you told Emily, my daughter, that she knew the answer to her problem, and she thinks she *has* found the answer, and she's very grateful for your help for that, and I think she's maybe, on the road to recovery. So, thank you!

She is like a beautiful bud that is slowly opening.

Sarah: Ah, thank you! I'll tell her—

Give her time.

Sarah: Yes, thank you!

George: Yes, I think all of us have had these feelings of presence, and I certainly have good feelings sometimes during periods of writing when just the right words seem to come along. I feel I'm getting help, but there's also this business of synchronicity which we've spoken about before—and this is quite fun sometimes. Quite recently—well when we moved into our house twelve years ago, it had the name 'Ruyton', which seemed quite a strange name. We kept it, and I discovered only this last week, that there's a village called Ruyton, quite close to the old 'Myddle Wood monastery' that we had in our past life. It's a little strange, the way that synchronicity has come about.

Yes, I believe that the topic of past life arose some time back, and this, my dear friend, was, for you, a little reminder of those times,

George: Yes. We've recently had a gentleman come through who was with us in those monastery days.

Yes, I see, but, of course, as you know, I have again told you, on many occasions, that nothing happens by chance. So, still it makes me happy when I see your excitement about these things—yes.

George: That's nice! Are you able to take questions, Salumet?

I will—yes.

George: Well, one who recently came through to us, introduced himself as being of 'The Black Feather'

tribe of Amazonian Indians (**yes**), and he described how they all sat round the camp fire of an evening, and could read messages in the flames—I think the word for it is 'scrying', but, all the tribe, apparently, could sit there and read things in the flames—little warnings of danger, perhaps. Would you care to say something on this?

All I would wish to say about this has already been spoken about. We speak of peoples of long ago in your time, whose awareness was much, much greater (yes), and because their awareness was so much greater, it was used for the good of the whole people. It was not unusual for all of the people to use what today you would call 'spiritual gifts'—it is not a gift, it is your right that you were created with—it is just that today, mankind has lost the use of these things. I can tell you that, even today in your world, in the remote forests of your world, there are peoples who still use many methods of spirit. They can hear the coming of the rain, they can hear the footsteps many miles hence, and it is quite natural for them.

George: Ah, yes, so the flames—
That is only a focus—

George: —A focus, yes, I understand.

Yes, the same way today people use your cards, people use your crystals, people use what you call balls to see what is to come. My dear friends, you need none of these things; all that you need is what is within you. You can see what is ahead, if you look closely enough. You all have the ability—you all have it—why not try it for yourselves. Make it an exercise, and we will discuss it next time—but I do not recommend fires (*Laughter*), but what about some beautiful candle flame?

George: Yes, I guess the fire just suited the tribal situation.

Yes, because that was their way.

Jan: I've noticed—I'm only around domestic dogs, but it's so apparent that five/ten minutes before somebody arrives at the house, both the dogs that I have know that that person's coming (**yes**). It's wonderful to watch and you think: 'Oh she'll be here in a minute', because he's got up and is waiting by the door, and she's nowhere in sight, but he knows.

In the same way as many animals are aware of spirit presence (yes). But you my dear friend have an affinity with one of those animals.

Jan: Yes. I do—a strong one!

Yes, you do and you should, if you developed it properly, be able to know what that animal is thinking (Wow!)—but it is up to you to use those—what you would call *gifts*.

Jan: My word! Thank you! I will definitely work on that (yes). Is it just the one dog?

Just one, yes, but, have an exercise, my dear friends, with the flame, and you might all be interested in what you can see.

General thanks

It will not happen in one instance. You have to focus. You may have to do it for many evenings before anything happens.

George: We have the experience of thinking of a friend and that friend then appears—

Jan: Or telephones—

Affirmations

Yes, which is an indication of how apt the mind can be, if it is used properly.

Jan: Yes, and so many of us in this room and Mum and I have done it to each other when you say: 'I was just thinking about you', as the other telephones'. You hear it so much! **(Yes.)** People don't realise, I suppose, that that is what is really happening to them. They think it's just a coincidence, but, as we know, there are no coincidences.

That is true.

Sarah: Before you go, Salumet, there's just a light hearted thing—I thought you might like this wording: I had a mechanic came to the house today, and I always take the opportunity of dropping something in something about spirit if I can and it seemed that he was actually on the same sort of wavelength and he said about our bodies being here: *'You take a lease out on your body, and when the lease is up—that's when it's time to go'*.

(Laughter) —and I thought that's a rather a nice way of putting it!

Yes, there are many ways are there not, but yes, you would be surprised by how many people in

your world, at this moment in time, who truly believe that there is something more than that which is spoken about (yes). And you have given a very good example. So, continue to use your words to try to influence others, but not to try to make them *change*—that must come from them (yes). But you can, as I have often said to you—you can sow the seed of knowledge.

Sarah: Yes, you get a feeling when you know you have got to stop—when you can't go any further. **Yes, that is because your own awareness has reached that point where you understand where to stop.**

Jan: That's when your own spirit comes to the fore. **Yes, of course.**

Paul: Can you take another question?

I will take just one more before I leave.

Paul: Yes, I was reading a book about this Llama from Tibet whose body was getting so weak, and he knew of a way—he called it 'transmigration' **(yes)**, where he agreed with another man who was a bit younger, I think, who actually wanted to depart his life before his body was ready to go, and they arranged it—I think, on the astral plane, if you like—their higher selves considered it. He came to a point where he felt he had more of a mission left in life, but his body, for various reasons, wasn't going to last much longer, so before his body died—before the lease ran out—*(amusement)*—he, with the help of two other llamas, who, I think were astrally projecting—helping in the background—it seems that this one died, the cord was severed, and he returned to the spirit world, and this llama then took over the body, for the rest of that natural life. Part of me felt that if you can do that, surely you could have healed your own body to survive a bit longer. I don't know, I felt the book was true, but part of me wondered—and it would be nice to have it confirmed or not confirmed.

Yes, I understand what you are saying. There are people in your world—people such as llamas as you call them, who are so in-tune with spirit and their own physical bodies that—they are so in-tune that they know when the time is right for them to depart the physical body—to leave behind that

shell of Earth. This is not unusual. Many people, as all of you here could do, if you would but allow yourselves to *let go* of the physical body. It is nothing unusual—it is only that the spirit is so strong that it can allow this to happen. But the instance you speak of—of changing a body to remain longer on the Earth—would have to be arranged in spirit and not in this world. But it is possible that these two people had made agreement that time to do so. It is possible, but not usual.

Paul: No, it seemed unusual, but—

Yes—but it is possible.

Paul: I felt the rest of the book seemed to be truthful for me, so—

Yes, it is unusual inasmuch as it is *not* usual. Do you understand?

Paul: Yes.

It is not something that happens often, but I will say only that it is possible, but the communication and the idea of doing such a thing—the contract would have been made in spirit, not on Earth.

Paul: I'm pleased about that, because I looked on the internet and lots of people said: 'it's not true, it can't be true, that's impossible', but I felt nothing is impossible, and I'm pleased and feel now yes that book was written by a good llama.

Yes, you see—their attunement to spirit—their attunement with their own bodies, is so great that to dispose of their body holds no terrors for them. In the same way, as most people upon this Earth are afraid of passing to spirit, so they cling to diseased bodies, they cling to life, thinking that that is what they need to do; when in fact, sometimes, if healing is not available, they should allow their spirit to soar—they should allow that spirit to be free. But mankind, again unfortunately, has lost many of these abilities, and it is left to a few people in your world who are capable of doing such things. You understand?

Affirmations

Yes, so, my answer to you, my dear friends, it is possible, but not common.

Paul: We're lucky to have the Tibetan race!

Yes, they are much in tune, but of course there always will be the disbelievers, because it is not something they fully understand. As in anything, where you have no knowledge, there is doubt—but they must be forgiven of any doubts, because it comes from lack of spiritual knowledge.

Lilian: That's interesting, because, as Paul was telling his story, I thought no, that can't happen, but you say, 'yes', and I believe that **(yes)**. That's changed my mind in a second.

Amusement from all

Yes, it is something that, as I have said, will not occur just like that—that is not the way it would operate, but it would have been a contract between two spirits (yes). That's what it is.

George: Could I add that even a mouse can have amazing abilities, and I had a little mouse in my greenhouse, and he was very fond of sweet peas seeds. (*Chuckles*) He ignored many flower pots, but he knew which one had the sweet pea seeds and he dug them up.

Is that because you did not wish him to touch it? Was it *his* ability or your ability of mind to try to steer him from it?

George: I was surprised that he knew which pot had the sweet pea seeds and ignored all the pots with other seeds.

Yes—do not give him all the credit!

Much mirth!

I would say that you had a great deal to do with it (ah!).

Paul: George's own *sort of* fears of that happening—**(yes)** created a sort of energy flow.

More laughter

Yes, that's right—which the creature would have picked up on.

Sarah: Mind you, I think they have got a very good sense of smell **(of course)**, because a friend had a mouse in the house and she had some packets of sauces, and one of them was a cheese sauce and it had eaten the cheese sauce and left the other ones. It could smell it through those packets.

Do they not also have freewill?

Sarah: Yes.

Yes, because it is a creature, it does not make any difference. They are part of creation—part of creation.

Rod: I've probably got a stupid thing to say, but I must say it. Daphne was rough a couple of months ago in bed, and she kept asking for help (**yes**). I think she felt embarrassed, because she kept asking Salumet, and I said, well he's probably swamped anyway with other things. (*Chuckles*) That was it—I mean, surely you get overwhelming requests from all angles. How do you deal with that?

Because I am not human!!!

Understanding laughs!

Rod: Okay!

You cannot look at that from a human viewpoint. She must ask—that is what brings us closer to them—but that dear lady has the ability to feel the closeness of spirit to her—she must ask, please. And with those words, I feel, my dear friends, it is time for me to take my leave. As always, I hold you dear—I will leave you with the love of spirit, and know always that we are most grateful to you all.

Thanks from all

George's Notes:

The mouse: I must confess a mouse had dug up sweet peas two years earlier, so it was probably on my mind. That mouse even harvested the stalks to build a nest! That one was trapped and transported to a rural hedgerow, 2-miles away—to start a new life!!! The latest one left of his own FREE WILL.

THE RAMPA STORY: T. Lobsang Rampa, *Souvenir Press* 1960, *Corgi editions* 1962-1975, pp 224. Read by many in the West as 'entertaining fiction'. We would not classify as such, since the book contains many spiritual truths as well as awful but accurate warring misadventures of the early 20th century. Its author, Dr Lobsang Rampa claims 'truth' and Salumet affirms the real possibility of 'transmigration'. Some phrases picked out: "I write the truth in order that Western people may know that the Soul of man is greater than these sputniks, or fizzling rockets. Eventually Man will go to other planets by astral travel as I have done!" "If scientists would investigate astral travel and auras, instead of meddling with fizzling rockets ... they would have the

complete key to space travel." "...three huge mastiffs ... their snarling fangs slavering ... I sent friendly thoughts to them ... suddenly they were upon me, tails wagging, licking and slobbering over me and nearly killing me with friendship, for I was very weak."

RECOMMENDED READING