

*Our opening prayers this time included mention of the several ‘troubled zones’ around our world and those who suffer in consequence*

Lilian: Welcome to you Salumet.

**Good evening.**

All: Good evening.

**It brings me great joy to be with you once again, my dear friends.**

*Collective warm responses*

**I feel your own joy, and as I joined with you this time, it comes to me that you people, who have been so dedicated to this task of truth, are surely true followers of all that the Creator would wish. Again, I will say to you, my dear friends, that your Earth has many troubles at this time, but I would like you to think about these, as you call ‘problems’—to think of them as a time of change and a time of learning.**

George: Yes I imagine changing consciousness embraces all these, what we call ‘troubles’.

**Yes—after all, in time of trouble, does not the human soul come into its own? (Yes.) Does not that swell of love and kindness shine forth, no matter which part of this Earth plane you are residing on. Languages do not matter, the differences mean nothing when it comes to the love of the soul. Therefore, I would say to you, look upon these changes as parts of the evolution of your Earth plane to the change in consciousness of its people, and, know that from that growth in consciousness, comes true knowledge of truth, and after all, that has always been my purpose in coming to you, to remind you that truth is always there. Everything changes and yet, nothing changes—you must look upon the whole picture. As I have said on many occasions, look to the fuller picture, and your understanding is greater. I know sometimes, as human beings, it is difficult to picture the whole, because, as human beings with faults, it is natural that you allow the heart to rule sometimes. But life upon this planet is no different than when man first came to step upon it. The way of existence is to allow yourselves just to ‘be’. Those are simple words, my friends, but their meaning is great. So I**

**remind you, dear friends, allow yourselves just ‘to be’. That will be my words to you this coming year of your Earth lives. No matter your circumstance, no matter your feelings—be true to who you are, and in so doing, you will allow that inner being to come forward. Have you any questions so far?**

George: I think we’re all beginning to feel that bigger picture. One also feels compassion for people who suffer within it, but I think we’re all appreciating that the world is changing and *has* to change.

**Yes, have compassion, but do not become—I use an Earthly term here, for your understanding—do not become too ‘bogged down’ in individual situations. I know that what I ask of you is no small feat, but I do have the responsibility to remind you, my dear friends, that truth is simple. It never changes, it will not change, it always has been and it always will be—no matter the situation on this planet or any other. You understand? (Yes.)**

Sarah: I think it’s getting easier to step back a little bit and not get quite so involved, not get quite so emotional about things—so I think the understanding is beginning to come to us.

**Yes, I almost feel that I repeat so often the same words, but my purpose in reminding you is that you are striving for the same goals—that you are beginning to understand what your lives are truly about. So much is happening in your world, I am sure you have been aware, at times, that words I have used in time gone by, have materialised at some point. Yes?**

George: Yes, indeed! And it’s so nice for us to become aware that your teaching to us is spreading much further afield. In fact, we’ve mentioned the scientist Dr. Ervin Laszlo, and we’ve had further communications with him, and I feel he’s a wonderful scientist. And his personal assistant is a Hungarian lady, named Gyorgyi (*pronounced ‘Georgie’*) and she plans to fly over from Italy to join us one evening. She would very much like to experience your teachings, Salumet. In connection with that, I would like to ask you: do we need to arrange a date for this or will you simply ‘know’? Perhaps, you already know that this is under way—

and will you simply be here on the evening that she arrives?

**I will be happy to greet her with this group. Yes—no pre-dates are necessary. I will be here.**

George: Thank you!

**And whilst we speak of scientific matters, I wish to say: much progress is being made in scientific and medical fields, even although, you may not be aware of these advances. Let me assure you dear friends that much is being given from spirit at this time in your existence. There are many things which will come to light.**

Sarah: Well, I was just reading the other day again about something they found in fish. I can't remember what it was now—they think it will help one of our diseases, and I did think of your words, Salumet, because you said we would find much from the sea.

**Much more! Much more! But of course, always the problem is the time factor, because although I know these things (*will occur*) in your world, there is always the restriction of time; but it pleases me when you recognise that my words are bringing truth.**

George: Yes, indeed, and we are very happy that both the scientists that we have mentioned by name, have read the Bonniol book and their *theories* have much agreement with our *findings* (**yes**), so that is part of this picture.

**Yes, always, always, I told you from the beginning, that words would be verified from other sources around your world.**

George: You have indeed!

**This is not a singular quest; it belongs to many from my world, who come to your world to help mankind.**

Lilian: Coming back to the cures coming from the sea—if the cures are coming from fishes, would it have been their purpose to cure?

**It has always been—it is just that recognition comes at the proper time.**

Lilian: I see—it doesn't matter if it's another creature.

**Only the Creator can answer that question for you!**

Lilian: Right.

Paul: Could I mention that on my travels recently, I came across what was called a 'Pyramid Water Temple' in Thailand. One of the monks, the head monk, claims to have been inspired by extra-terrestrials to construct pyramid shapes—small stone pyramids, pointing at water circulating through pipes, and using the pyramids to energise the water for drinking—and also for sleeping under. Can you say anything on that?

**I will say this to you, my friend: 'pyramid power' has been on your Earth for as long as the Earth has existed. The energy of pyramids and the water is twofold, and it is not a new happening—it has existed on the Earth planet for a *long* time. Mankind has been given this information, especially since what you term 'New Age happenings'; it has suddenly become more acceptable. It is almost like 'an ionisation of the water', to be used in conjunction with the pyramid shapes. Yes, there is nothing unusual about using this method.**

Paul: So this particular monk is—

**He is more aware of what is being given to him.**

Paul: Ah! That's very good! Yes, I purchased one of his pyramid beds so I will try to set it up to use it.

**Yes, if you think—I give you a very simple example—how often people speak of the Red Indian people of past time. What shape were their tepees?**

Paul: Cone-shaped, yes!

**Yes—not quite a pyramid, but you can see the closeness.**

George: Yes—that general form!

**Yes—you have great structures in your countries that many people feel great power from—your pyramids have been used as energy sources for a long time.**

Lilian: So the connection with the water—**Water has its own power.**

Lilian: So, even people who do water-divining—is that a similar thing?

**Not quite, no—they have the ability to find water. Water plus pyramids is a different energy—yes.**

Lilian: I know my father did water-divining (**yes**).

Sarah: Does the water change in any way or just give out—is it a source of extra energy?

**Both can be altered in structure—the structure, the element of water, depending what the pyramid shape is made from. The gentleman has spoken of stone, which is a natural resource—which each has its own energy. To unite these two elements gives a much stronger force, you see?—together they create an energy field which is much stronger. Does that help you?**

All: Yes!

George: And you would agree that to treat water in this way would make it more health-giving to drink? **Yes, you are ionising the water. You are purifying it in a sense, but also giving more power and strength to it. If you think—I am simplifying things as always for you—if you go to your mountains anywhere on your Earth and you see natural streams of water, are they not always flowing over stones and rock?**

*Agreement*

**Can you see, always in nature there is this connection? (yes)—But the shape of pyramids has a natural energy field, not belonging to anything else. Yes—I hope that helps.**

Sarah: Salumet, when you said the pyramids were as old as the Earth, are these gifts that we were given with the Earth?

**You all are gifts of Creation. All of mankind is a gift of Creation. What you have to remember—all that is material is only here on the planets. All material returns to where it came from. You understand?**

(Um—) **No.**

Lilian: It goes back to spirit?

**Yes.**

Lilian: But not in a solid form?

**Material matter is only a certain density.**

Sarah: So when it's been used, when it's had its use, then it can return back to um—

Lilian: Energy?

**Pure energy—yes.**

Sarah: Thank you! Could I ask another question on a slightly different tack? I've been reading a book by Lorna Byrne, and she's still alive. Ever since birth, she's been able to see angels and she sees peoples' spirits—their guardian angels. Is this a 'one-off' or

are there other people who can see just as much as she can? She has tremendous contact she says—all the time there are spirits there—she calls them angels who are there and talk to her. She said there was one time—and it has happened before—where they put her body to one side and take her soul/spirit to other places and then she has returned back to her body. She is taken on these journeys—**Yes—these things are possible for all of you. It is only that she has become more refined in allowing her own soul energy to release from the physical body. Of course, many people are capable of seeing angels; but remember, my dear friends, angels come in many guises (yes). Do not assume they are all winged and beautiful creatures. We have discussed this on many occasions.**

Sarah: We have—it's just that she said she saw peoples' guardian angels as well. Is that quite right? **People can see others' angels—yes. It is not unusual.**

Sarah: She said, right from a small child (yes) she's always been able to see!

**Yes, she came to this life with that vision still intact, as many people do who can see spirit. For most of you, it takes hard work to re-align yourselves with your true spirits—but yes, many, many people can see angels.**

Sarah: I knew angels could be seen, but it was just that it was *her whole life*—it seems, daily, it is taken with angels being with her, talking with her and telling her things.

**Yes, she needs to guard against living too much with them, rather than living her life here—there is a subtle balance. After all, you all come to the Earth plane to learn and there is a fine balance between allowing that unity with your spiritual self and your physical self. You have to live your lives here. So I would say, perhaps she is allowing herself to be too involved in allowing her spirit to be free.**

Sarah: Ah yes—it seems like she's being guided—**She is not properly grounded, I would feel.**

Sarah: Ah, right!

**Although, I have no doubt she would dispute that remark.**

Sarah: Anyway, thank you for that, Salumet.

George: Could I mention that great teacher, the Indian gentleman White Eagle, has actually materialised through a materialisation medium in Australia—David Thompson. And it must be wonderful for many people to actually know that that Indian gentleman once had Earth life and has now materialised, so that his form has been accurately seen (**Yes**). Have you any further comment on that?

**Yes, that great Indian is one aspect of the spirit from our world, and yes, materialisations are still looked upon by people in your world as an ultimate expression of spirit. Yes, I am aware of the one you call White Eagle. His mission to Earth and his teachings are still revered by many in your world, but I can tell you White Eagle is one aspect of a greater spirit—yes.**

George: Yes, so it would be that one particular lifetime (**yes**) that would have materialised?

**Yes, much good work has been done by him with that particular medium that was used, and of course, as I say, materialisation is not so much used today as it was in past times. But it is something to behold for you human beings (yes).**

Sarah: But why is materialisation not so common now? Is it to do with us?

**It is not the easiest way to communicate, but it is the ultimate way, because all of your senses are satisfied—you see, you hear, you feel. There can be no doubt and not all mediums can be used. It takes much work from our side and from your side to achieve this; plus there is too much, I feel today—too many comings and goings of people within a group. There needs to be years of dedication to have the true satisfaction of materialisation. All visitors need to be true before this will happen—so there are many reasons why it has declined.**

Sarah: We have been hoping for a materialisation from Bonniol, but I don't think we've been doing all—

**That is different—apports are different—**

Sarah: Ah right—

**—not really classified under materialisation. We see materialisation as the reappearance of a person.**

Sarah: I see, yes.

**But there are many apports. Of course, it is materialisation, but you have to distinguish between the two.**

George: Yes, I think we've been talking about materialisation using a medium's ectoplasm.

**Yes, it has to be a particular medium who produces this for the materialisation of a person.**

Sarah: Are apports easier than materialisations? It is almost the same, but—this sounds like a contradiction, but it is not—the same methods are used, but on a much smaller scale, and more people are able to produce small amounts of ectoplasm as opposed to the amount needed to materialise a whole being. You understand?

Sarah: Yes, thank you!

Lilian: What exactly is ectoplasm? Is it an energy of some kind?

**It is an energy—it is life! It is what you are!**

Lilian: I see—that's interesting

**Now, my dear friends, I feel that I will leave you this time. I hope that, as we have re-united once more—**

George: It's been a wonderful evening, Salumet.

Thank you for all the information given and it's so wonderful to be re-united again for the coming year.

**I thank you, my dear friend, for those words, and of course, our wish would be that we meet again in love and joy and harmony—all of the things of the spirit. And I will leave you now, as always, cloaked in my love and the love of spirit.**

*Thanks and farewells from all*

*A rescue followed via Eileen, wonderfully conducted by Lilian. This was a heavily handicapped, blind lady. Lilian talked her through while she managed to nod an inclined head with hand held to it. She was able to see the light ahead and go forward to friends who waited to receive her.*

George's Notes:

Gyorgyi Byworth MA: Personal assistant to Dr Ervin Laszlo. International Relations Associate – Club of Budapest. In London 2009 – Global Coordinator of WorldShift 2012 event. Has been International Relations Coordinator – University of Florence Medical Facility—coordinated implementation of

bilateral agreements between participating European Universities of the Socrates / Erasmus program. Currently studying for PhD in field of consciousness in relation to Akashic Field, metaphysical aspects and how it effects healing. Gyorgyi is fluent in English, having lived part of her life in UK. We very much look forward to sharing a Salumet evening with this lady!

The Pyramid Water Temple: Suan Buddhannarakdham in Maerim, Thailand. Located 4.8 Km from Samoeng-Fang intersection beyond the orchid farm. Head Monk: Pra Ajarn Ratana Rattanayano.



The original water used is natural well water. Two types of energised water are produced: 'Prana (P) water' and 'Mind (M) water'. The P water arrangement has a heating element and four 'strengths' are produced depending on the number of cycles through the pyramid structure:  
P-10—to suit detoxifying the digestive system  
P-7—to energise the body by stimulating blood circulation  
P-3—to relieve aches in muscles and tendons  
P-1900—this should strengthen immune system and protect from infections.  
Mind Water: M-1900—just the one category, produced from a cold installation. Good for internal organs, emotions and mind. It has a good effect on the heart and is said to heal heart disease. There are precise recommendations for drinking for each water / quantity / time of day etc.  
WHITE EAGLE materialization: What follows is an extract from Victor J Zammit's 'Friday Afterlife

Report' giving the news that White Eagle has materialized via David Thompson:  
**SENSATIONAL MATERIALIZATION LAST WEEKEND:  
A MAGNIFICENT SPIRITUAL EVENT: THE GREAT  
MASTER WHITE EAGLE MATERIALIZES THROUGH  
DAVID THOMPSON:**



Last Saturday 22nd January we, the sitters who participated in one of David Thompson's materialization sessions, were extremely privileged to have that great spiritual master White Eagle materialize and give us all a most wonderful, most profound message - not only for us, but for the whole world.

His message was the same as the message of Silver Birch (who came through David on several previous occasions) - the same as the message of William and all of the Circle of the Silver Cord spirit team- that 'there is no death, only transition'. This was the very first time, as far as I know, that White Eagle materialized anywhere. Millions of people are familiar with the wonderful books of White Eagle, a great spiritual master who used to come through the English deep trance medium Grace Cook until her transition in 1979. Like many people, we the sitters in David Thompson's materialization sessions had read the books of his teaching and Wendy and I had even been many times to the White Eagle Lodge retreats in Maleny Queensland. They were all most wonderful experiences, most spiritual.  
<http://www.victorzammit.com>  
Thank you Victor for that good news!  
Lorna Byrne. Irish mystic: Angels are non-denominational—they are here for everyone. Website instruction: 'Put your disbelief to one side and take a look!' Books: Angels in my Hair / Stairways to Heaven.