

## **SALUMET – 11<sup>th</sup> October 2010**

*We were a small group this time, as unexpectedly, there were several who could not make it to the meeting (this in addition being a time for school meetings / interviews)—hence Salumet’s opening words that followed our healing prayers*

Lilian: Good evening Salumet—welcome to you. We are a small group.

**Good evening!**

All: Good evening!

**I thank you for your welcome this time. Again, I say to you, my dear friends, numbers do not matter so much anymore. I am always pleased to join with those of like mind who are wishing to help others and to expand their own consciousness. I am never far from any of you, although, still I feel you are not fully aware of my presence with you, excepting within this room; but nevertheless, my dear friends, know that I am close by you.**

*Thank you*

**Although, I cannot interfere in your lives, as well you know, it does not stop me from trying to influence you in many ways.**

*Thank you!*

**And it is this influence that we send to you that you are more familiar with. So, again, I thank you, my dear friends, for all that you absorb from us in spirit. This evening, I feel from this small number a strong bond of unity and love which denotes to me how strong this little group is—so do not be regretful that we are small in number.**

Lilian: That’s very kind of you to say. We do appreciate that.

**I have much work to do with this instrument still. Although, you progress in these evenings personally, I also work with this instrument in order that she too may progress in her own stage of development.**

Lilian: I wondered about that—

**Yes. So, it is important sometimes that I work with her quietly, and this will be so this time. So, I say to you, my dear friends, be open to all who are with you this time—become aware of their love and guidance—be aware of what they bring to your lives, each and every day. So before I go, if you have any questions, which I know you do, I will answer and then we will allow you to have your own developments.**

*It is so easy to overlook the fact that Salumet is all-knowing! But it seems fairly clear, on this*

*occasion, that he knew the following question was coming, and perhaps it is good to have a reminder of this all-knowingness factor—common to those from the Angelic Realms*

George: Thank you so much, Salumet. I have a question—I related the details (names of course being withheld): *It had been sent in by one of our contacts and concerns a family member experiencing a most difficult-to-understand health problem—psychotic experiences involving blockage of creativity and capacity to love. This, so much so that there is the feeling of being ‘possessed’ and saying something nice results in choking. Medication is currently being used which may or may not be helpful. And the questioner expressed some regret at forwarding the question, knowing that such personal aid is not the express purpose of Salumet’s mission. But any helpful guidance would of course be gratefully received.*

**Thank you—I understand your question. Firstly, let me say this to you, my dear friends: you know that I have never come here to answer questions about your personal lives. That has never been my purpose, but I feel the strong need for help in this case. I will say to this gentleman that this lady has always been most sensitive—she came to this life as a sensitive. She also feels much fear, much unworthiness and fear. You put all of these things together and you have a situation where many psychotic, as you say, thoughts come to the fore. This is what is happening to this one. I would say that this indeed is a case of finding a good ‘medium of regression’, who is prepared to help this one in trouble. There always is a problem when medication is being used, but a good regressionist will know how to help her. As far as not being able to speak with loving thoughts, it is her feeling of unworthiness of love, which is causing this problem. She needs to go back to the beginning and discover why this is so. As I have told you in past times, sometimes these problems do not always show themselves to begin with, but as time continues, it becomes more and more difficult, and this lady needs help—she needs guidance, and she can achieve it if she is willing to let go of that fear—that unworthiness to love. And, I would say, as she becomes older, these feelings become stronger, so they must be dealt with now. So, I say to you, my dear friends: that is the advice I would offer,**

and of course, it is up to those who are in trouble to decide what is best for them. I cannot interfere *directly* with their lives.

George: No, of course, but regression therapy is your main guideline.

**Yes, I do not say this lightly. I, as you know, only believe in regression when there is a problem from past times, to help that spirit forward.**

George: Yes—I'm sure, our dear friend will be most grateful for that advice, and we appreciate that you cannot and would not interfere, but the advice—that's wonderful. Thank you!

**Yes, do make sure that the medium of regression is one who is capable of doing well, because there are many in your world who should not be doing that kind of work (yes). They will have a most sensitive being to work with; they need to be aware of all of the downfalls in her make-up. I hope that has helped you.**

George: I'm sure our dear friend will be most grateful for that. Thank you, Salumet.

**And, now, as I have said, there are those waiting, my dear friends, to come close to you—to help you—to open up your minds to all that is available to you.**

*General thanks*

*There followed periods of silent contemplation, broken by Eileen giving clairvoyant readings—then a message from one speaking through Sarah:*

***I wish to let you know that the lady who was speaking is about to undertake another 'occupation'. She will wish to ask the help of all of you in this new role which she will be working on. We are with her and helping her to achieve a new side to her already accomplished mediumship. We are helping you (Eileen) and will do all we can with the help of this group, to guide you in the direction of this new challenge for you.***

George: That's interesting—we shall all be very pleased to help in whatever way we can.

Eileen: Is it because I've been sending up a few moans? (*Chuckles*)

***We are aware of your capabilities and wish to channel any negative into positive.***

Eileen: Thank you.

Lilian: So you're not going to tell us which way she will be going?

***The lady will know what is right for her when the time comes.***

Eileen: Thank you.

***Thank you for your time.***

George: And thank you for your message—interesting.

***We look forward to overseeing this new venture.***

*General farewells*

George's Notes:

*Salumet has spoken previously on 'regression' and regression therapy' (7<sup>th</sup> December 1998). What follows has been condensed from pages 113-115 of the book: "SALUMET – His Mission to Planet Earth":*

**[Do not assume, my dear friends, that when you are under the 'regression time' that you are absolutely returning to 'past life times'. It is not the case. That is not to say of course that returning to a past lifetime is not possible. It is—regression is possible but there has to be a reason for it. I would say the majority of your regressions are indeed information being shown to the individual, but not necessarily their own past lives. But of course, then we come to those genuine cases where the individual is allowed to be shown, I would say, one past life—for the purpose of freeing their soul, so that their lifetime can be helped. That is the only purpose of being shown any past life—to, shall we say, unblock any emotional or spiritual blockages that may have been taken from the past life and is hindering that soul in its pathway in the present time. Each soul knows and understands what its life's journey is about but sometimes the soul is unable to free itself from spiritual blockages / emotional blockages which have occurred and belong to the soul. The soul (soul aspect?) brings the blockage with them and is unable to free itself in the present existence. That is the only permission that would be given to allow the soul to see a past lifetime whilst it inhabits this human form.]**