

SALUMET – 21st June 2010

Lilian: Welcome Salumet.

Good Evening!

All: Good evening.

As we join together this time, let us give a warm welcome to the one known to you as 'Natalie'.

Lilian: Yes, it's lovely to have the younger people here.

Yes. I would say to her—what is your question?

George: Do you have a question, Natalie?

Natalie: I can't think of anything at the moment.

Paul: Maybe it will come (Yes).

Yes, she has a question, but we will leave it for now. But although she has not been included in past weeks, we would like her to participate in our topic this evening—and that, my dear friends is: what is your Truth? You remember last time I said we would speak about it? (Yes). Yes, I delayed it from last time, because some of you have had much deeper thinking this week, but, my dear friends, it may sound like a simple question, but, I am sure, each one of you has found it to be not so easy (yes). Yes—therefore, my dear friends, let me say to you, let each one of you speak, whilst the others listen, and then when each one has finished, you may converse among yourselves to see what similarities or how different your own truths may be. Are you happy to do this?

Affirmations

I will not interrupt whilst you are speaking.

George: Perhaps we could begin with an email from Jette, from Denmark (**Yes**)—who has sat with this group (**Yes**) on occasions and perhaps I could read what she says.

A small shielded torch/flashlight is used on these occasions

George: Jette receives our transcripts and thanks us for sending them. She says: "As always, I feel just as near as when I sat with you. On the question—what is truth?—I would like to give my sacred wisdom taught by Jeshua Ben Joseph, my friend and teacher. I have adopted his words of wisdom: "*The truth is true always—there is only LOVE—lots of it*".

I thank her for those words. Yes, truth is that all-encompassing love, which you are all aware of; but what I am more interested in is the individual interpretation of your own truth.

Lilian: So we'll talk amongst ourselves. I know Sarah and I had the same ideas, didn't we Sarah?

Sarah: Well I can say what I felt was it was the inner knowing, reaching out to what we instinctively know is right and wrong—in that sense, that's a truth—it's searching for—you've told us we'll never actually get as far as the Great Creator, but everything that has been created—anyway I just feel that it's what's inside you—the inner thing. I can't get anything like as good an interpretation of truth as the other person you mentioned—**The Road-Up-To-Heaven**. All I could come up with was—**Thought-Races-Upwards-Towards-Home**. So your thoughts, which you say are the most powerful thing we have, are searching for the truth which is in *spirit*, which is *home*. That's as near as I can get.

Lilian: But on a daily basis, it's listening to yourself and knowing right from wrong—yes, I think its inside—it's part of us—the truth is part of us

Sarah: I think it comes out in you, as well. It makes the person. The truth is not just what's inside you—it sort of seeps out into your whole being. So that when you meet somebody, you feel something about that person, because it's that inner something that's glowing out—or not glowing out of you!

Lilian: What about you Paul?

Paul: Yes, I thought that was a very good description. I was also thinking along those lines of the inner knowing. When you *hear* truth, you feel it inside, and, also, when you *speak* the truth, its coming from—you could say, your centre or your heart—the gentle heart area—or you could say your 'core'. I think we've talked before about the spontaneous thought—the first thought being the *true* one, coming from your spirit, rather than the secondary things, which are often from the mind. They're not from the heart—that inner central part of you.

Sarah: When you say the mind—do you mean the mind or the brain?

Paul: Oh yeah, the logic side—the reason side. That's okay, but that's not 'truth' for me. Truth is much more coming from what you know—not theoretical, not deducing or anything, it's from all your spiritual knowledge and experience.

Lilian: So it would be different for everyone, wouldn't it?

Ann: It is different for everyone, isn't it?

Paul: Yes, it'll be different, but I think there's something that's shared as well.

Sarah: The *core truth* is the same for everybody.

Paul: So if someone speaks the truth in this room, we'll probably all feel it.

Lilian: What about you Ann?

Ann: Yes, I think I went along a slightly different tack. I felt there is an inner knowing—as I've been reading the transcripts over the years and I came to know within me that what Salumet what saying was true. I feel truth is about your belief and values and, for me that is—I AM—always have been—and always will be, and that I am one with all Creation and what I think, do or say about or to another, is as about or to myself. This seems to me my truth—not necessarily anyone else's. For me 'Do as you would be done by' is important, though I often don't practise it, and also, 'there but for the grace of God go I'.

Lilian: George?

George: I've tried to reason from a slightly different direction—beginning with: truth is *that which is*—but *that which is* requires careful definition. *That which is*, is the physical space-time creation, and the spirit creation that has form, and the spirit creation without form—all is in total 'an expression of the Creative Principle'—so in a sense, one might say that truth *is* the Creative Principle—and that embraces 'love'. And it came to me quite recently—well this last week, and, in a synchronistic way. I was looking at the pages of a book and it referred to the ancient manuscript known as the Bhagavad Gita, and, in slightly different words it stated precisely this—that 'truth is the Supreme Godhead', and of course, the Creative Principle permeates all; so that, I would say, is 'truth'.

Lilian: But it must change with each lifetime as well—

George: Yes! I meant to say as well that we are all part of the physical and spiritual creation, and we are evolving with the entire system, as we are each evolving along different pathways, and to different extents, our perceptions of that truth will differ from one to another.

Lilian: We know there can only be one truth, but I was thinking if the Christians follow Jesus—that's their truth and the other religions as well, so it must change as we go through the lives. There is only one truth.

Sarah: Yes—and all religions really are based on the Great Creative Force or love, so it's all the same.

Lilian: How about you Natalie? Have you had any thoughts?

Natalie: It's that feeling inside when you know what the truth is—conscious truth.

Lilian: But even then we get it wrong.

Ann: Yes, it changes too, doesn't it? Our truth now may not be what it was thirty years ago.

Paul: It grows, maybe.

Sarah: I feel truth is the same. Truth is always truth, regardless of what happens—how we develop or not develop—truth is a sort of static thing.

Lilian: It's what we are searching for maybe.

Sarah: And what *is*.

Paul: Nothing is 'static' exactly. I would say, everything is evolving (Yes). The core of it is the same and yet, it's also expanding.

Sarah: I think 'static' was the wrong word. What I meant was it's unchanging and yet your perception changes, but the actual truth is always going to be much the same. It is just your interpretation of it—

George: I think the central truth can also be approached from different directions. We, for example, know 'spirit' that has always been, and perhaps the closest part of creation to spirit is what we describe as 'the void.' But today's scientists—some of today's scientists—are, through their theorising, describing what they name to be the 'quantum vacuum', and they ascribe properties to this—timeless and without space, and I rather think they are describing 'spirit', or what we would call 'the void'. So that is coming from quite a different direction. I think they too are homing in on truth.

Paul: Is there a distinction between truth and love?

Ann: Probably not.

George: Well, I would say we've all, I think, mentioned the connection to creation and the creation has been created in love, so there has to be a close association, I feel. One might say the creation has more shape to it than pure love, which, I feel, is of a more abstract sense. It is easier to describe the creation than to describe a formless love. I'm not sure if I am phrasing that properly.

Sarah: Salumet has always said everything is always done in truth and love, so perhaps there is a slight difference there, but, perhaps they just go hand-in-hand.

Ann: Yes you can't have one without the other.

Paul: Yes, I feel they are part of the same ball. They are the same—energy—

I feel now is the time to join with your conversation.

George: Thank you.

The diversity of your words are most interesting. You see the connections and the differences between you. I am sure you will agree. I will say only this to you, my dear friends. You have spoken much on truth, you have each given what you feel to be truth. I will say to you: 'cosmic truth' cannot be transmuted in any way, and yes, you are right—truth is love, but the purest form of love, which you each, as individuals, have not encountered. Love is subject to many emotions when you speak as individuals, but 'cosmic love' cannot be changed. It is the very 'being of existence'. As the gentleman, here, by me, has said—it is a word, love is only a word used to describe the indescribable. When we speak of truth—yes, it changes with each individual life and your perceptions of it, as someone here has mentioned, but what is your own individual truth in this lifetime? It is your very being, your heart, your soul, and, someone too has mentioned instinctive feelings. All of these things play a part in individual truth, and I feel, my dear friends, that you have captured, between you what truth truly is; but what I would have liked to hear is a little more of your own personal truths in this lifetime. Each of you has touched upon it briefly. One's own truth may not be another's truth. You are correct in that assumption. That is why, on this Earth plane, there are so many disagreements among mankind, because man cannot agree with what another feels and thinks to be truth. I'm sure you would agree.

All: Yes!

Sarah: So if that is the case, and is always going to be the case that we have our different truths—you've said there will be a time when, with love, we will all get on alright together, but it's going to take a very long time (Yes). They're not going to agree, but they have got to agree on the differences. But then mankind will never truly agree, surely, if we are going to have our own different truths?

Whilst mankind is clothed in physical garb, there will be difficulties, but never doubt, my dear friend, that we in spirit work tirelessly for the knowledge of the cosmic truth to be given to each one—not 'individual truth' but 'cosmic

truth', and that will take much time. But as the gentleman has already said, your scientists are now beginning to find that all that has been believed to be true is changing, and that is as it should be. That is because of the influence from our world. But Truth is Love in the purest sense; Truth can never be changed, because *Truth is existence*—purity of existence—Creation and all that it encompasses.

George: And where we have the many disagreements in the world, I think it is part of our growing up (yes) to *recognise* that this will be so, and to no longer go to war over silly differences, but to simply recognise that there *are* differences and this is as it should be—**Yes. Each individual, as the gentleman said earlier, you need to find that 'core being' to truly understand yourselves, first and foremost, and then to look outwards and to extend that love from within. That is the way forward to recognising truth. It must first come from within. Have you any questions?**

George: I was just thinking about politicians, and sometimes they speak as if it is all on the surface, but sometimes there is one who speaks and one *feels* that what he is saying has come from within. Does that make sense?

Of course, you are as human beings different from one another. That has been your choice, my dear friend—that you come to be cloaked in this physical overcoat with all of its restrictions, in order that you may learn a little more; that that spiritual aspect of you can come to the fore, to recognise and then to give forth the knowledge from within. You understand? (Yes) And that my dear friends, is the basis of your own 'individual truths' in any lifetime. That is what you are trying to achieve.

Sarah: I was just thinking, in this country, we're very free to have our thoughts and, obviously, in private, you can think what you like, because nobody will know what you are thinking—

Ah! But we do!

Sarah: Ah, you do! But I was thinking, in countries where people are very oppressed or even brainwashed—the *humans* wouldn't know what you were thinking. Also, it must be very difficult—I know they choose their lives, but still it must be very difficult if you've been brainwashed. I was thinking of the Japanese—I was reading about 'The rape of Nanking' and they were saying the Japanese were treated badly by their superiors,

and each superior treated the person under them badly. When you've had a lifetime of being treated badly and perhaps not having chance to think well—it's a lot harder for those people to let their own truth come out, because, I suppose fear plays a part in it as well.

Yes, we do not deny the difficulties and the troubles of your world, but remember, each one of you, as spirit, has a responsibility for your own thought. No matter what happens to you in this one life, I am sure, each and every one of you must be aware of those individuals who would seem to rise above all the terrors that exist in your world and their light shines forth. That should be the aim, no matter what circumstance you find yourself in; you must keep that light shining brightly. No one says it is easy, and we do understand the fears, and the terrors and the injustices of your world; but man has created these things for himself. But the light within, as you go through this lifetime, or any other lifetime, needs to be nurtured, needs to be made strong, so that link with your own soul outshines all injustice.

Sarah: We're lucky—we've had your teaching. There are many others who are not as fortunate as us.

But they are never alone (No), but because of situations, they cannot find themselves. That is the sadness.

Sarah: And also, if they're brought up to believe that there is no other life than this life, that makes it doubly hard for them? **(Yes).**

George: Could I just say that this has been a wonderful exercise! We have tended to think at personal levels—those personal levels within the great complex of Creation **(Yes)**—it's helped me to realise just how complex and how wonderful **(yes)** the whole system is—with the different parts, the space-time creation, the spirit part with form, the basic formless spirit, and the lines of communication and feedback between all these parts **(yes)**, and it's an incredible recipe for an ever-on-going-evolution, and I feel I've become more aware of this as a result of this 'thinking exercise'. Thank you, Salumet!

I thank you, dear friend. What I wish to say to you now, before I take my leave, is this, my dear friends: That remember, no matter what your lifestyles, no matter what your thoughts, your feelings—however you may describe yourselves—that deep within, my friends, you

are sparks of pure love. Keep this in mind and always you will be guided on the right pathway, not only in this lifetime, but when you return home, that knowledge of who and what you are, can rejoin that purity of spirit. And with those words, my dear friends, I will leave you as ever, cloaked in the love of spirit, and know that I am with you always.

General quietly spoken appreciations

George's Notes:

Bhaqavad Gita: Hindu, Sanskrit manuscript (Song of God) of the teacher Krishna.

Quantum Vacuum: The quantum vacuum or zero-point field derived of quantum mechanics has no particles but particles may be created from it—it is not 'empty space'. It is a required part of theory to explain 'cosmological constant'. In Sanskrit, the 'void' is 'tamas', described as 'vacuum of 3-D space and ethereal space is 'akasha', which produces all things.

Rape of Nanking, 1937: Said to be the worst atrocity of the World War II era. When the Japanese Imperial Army took China's capital Nanking, 300,000 military and civilians of the population of 600,000 were murdered.