

SALUMET – 26th April 2010

Good Evening!

All: Good evening!

As I join with you this time, I feel your unity and love, as always. For this I thank you, my dear friends. I would just like to say to our lady friend here, who helped so much last time with the one who could not speak. I have to say to you that help had been given previously, and had taken two visits before yours, but you, my dear were able to help. For this, we give you our thank you and our blessings.

Lilian: Thank you, that's very kind and, of course, for Eileen as well.

Also, as we always do, we would like to welcome our visitor this evening, and I must say, the feeling of love within this room is not estranged because of her presence; but in fact, she blends very well into the energy of this room.

Lilian: That's nice. This is her first time, I believe.

Yes. For the purpose of our guest, I will have a short time for any questions you may have.

Lilian: Thank you.

George: Have you a question Kelly that you would like to ask?

Lilian: Maybe you will think of one in a minute.

Kelly: Yes maybe—

It matters not, but we must give our guest the opportunity to ask.

Thanks

In this year of your time, my dear friends, you have been aware that I have not been with you quite so much (yes), but I told you this in the last year of your Earthly lives. This will also happen in this coming year, because as you may be well aware, it is imperative now that each one of you grows spiritually—expands those gifts that you possess, and I am sure, my dear friends, you will agree with me when I say that each one of you is slowly making some progress in this way.

George: It's nice to hear your words on that Salumet—thank you.

Yes—sometimes I have been aware of just a little disappointment that I am not with you so often.

Lilian: That's true!

But you know, all children are weaned, and basically that is what is happening to you all. That the time is coming that you must stand firm on your own two feet, without the knowledge

that I will always be with you to help. So that is the purpose of my withdrawing so often now.

Sarah: I suppose it does give us the opportunity for others to come through (yes), but it's always nice to have your backup Salumet, from time to time.

I am always with you—do not be too concerned about that, but you need to grow, you need to expand, you need to recognise more that first and foremost you are spiritual beings. And, of course, it is important that you take care of the physical being, but, as you know, I wish you to become much more spiritual here on Earth.

George: And, you have spoken with us about the changes that are happening on our planet, and it is nice to be part of that and to see things happening. Something that is happening at the moment—there is a Russian team led by Artem Miheev—they have developed electronic instruments that are capable of communicating with spirit, and I note that they are not the only team, but there are teams in, I think, ten different countries—teams of scientists that are working towards this and communicating with instruments with spirit world. I feel this will have far-reaching implications, and many more people will be convinced of the life in spirit than at present. Would you care to comment on that?

Of course my dear friend! The country that you name as Russia, has indeed been, for a long time, most interested in all aspects of what you call, spirits or phenomenon. It is a well known fact within your world, that they have, at times, been most secretive about many aspects of development. But I have to tell you that all the major countries in your world now have the ability to communicate. Whether they use this for good purposes is always in question.

Lilian: Yes, I was wondering that.

Yes—as always, human beings abuse what is given to them, but I can state to you that all major countries are aware of this particular phenomenon. Whenever something you term as 'new' happens in your world, we in spirit, smile, because there is nothing new. As I have said, on many occasions, it always has been, but you are re-inventing all of these things.

George: Yes—is it that the scientific pathway to this is new, or is that something 'old' as well?

No—that is not new, it is just that you are listening more to what we give, whereas in time gone by, most of our influence was rejected, as

nonsense or imagination or many different things. The scientific community has always been difficult to infiltrate, but now it is different. You will find throughout your world my dear friends that man is much more open to what is not understood fully. Mankind has reached a point where he is open to all, and, in doing so, that knowledge will grow and expand throughout your world. I have told you on previous occasions, it cannot be rushed, but this time we in spirit, are prepared to work hard in order that mankind fully understands what has happened and gone wrong in past times. You understand?

George: Yes—perhaps it would be true to say that scientists are at long last becoming more open? **Yes—yes they are. It is almost like they listen or are impressed with new ears and new eyes; and of course what also is happening in your world is that *people*—I believe you would say ‘*People Power*’ (Yes!)—‘*People Power*’ is instilling into these scientists that they will not now just accept anything that is told to them.**

Sarah: You have also told us in the past that we would also learn a lot from the sea, and I have heard recently—I can’t remember exactly what the details were, but from the fishes and some of the animals in the sea, they’re beginning to find new ways of treating humans (**yes**), from the way the fishes are. Whenever I hear something like that, I always remember your words.

When first I came to you, I said to all of you, only accept my words if you find them acceptable, but I also said that whatever I told you would be verified in some way throughout your world.

George: You did, indeed!

And I think what is difficult for you as human beings, is the timescale. When I said it will be verified in other places, at other times, you, I feel, were not fully aware, that this timescale could mean years; but *now* you understand and, I feel, you are coming and realising that my words are ‘Truth’ and that they come to fruition.

George: Yes, I don’t think there’s any question about that, Salumet (**yes**), we accept your words as ‘Truth’ entirely.

But I did not want you just to accept my words blindly; as most people do with their holy books. I did not want that for you, my dear friends, I wanted you to have your own minds to accept as you will.

Lilian: It was nice to get the confirmations of what you said (**yes**).

George: Yes, I was only reading today about—well he wasn’t much more than a child, who was learning the Koran by heart, so that he could recite it; and I thought—well, this is not developing the mind in any way.

But, even within the strictest of your Earthly religions, there are always those who doubt or wonder and question. That is all we can ask of human beings—that you question and you accept for yourselves what you know—not to be led, as your animals are led, but to be free to read, to listen, to see, and to understand. That is all we ask of anyone.

Sarah: With your words, Salumet, as far as I’m concerned, sometimes I might have asked questions because I don’t fully understand, but I have to say I’ve never doubted anything you’ve said, and that’s the first time, I think I’ve had that with anybody that I’ve never doubted something said. So obviously, for me, your words are right. **And I have always welcomed your questions, my dear friend, because it shows to us in spirit that you are thinking for yourself—you wish to have clarity and that you are moving forward. So never be afraid to question, never be afraid to ask questions. You know in spirit, we are not easily insulted—(Chuckle) yes.**

George: Could I ask a question about Craniosacral therapy, which is the method of healing that Kelly is experienced at. In our times, it’s a relatively new method of healing, and, typically, it was frowned upon by orthodox science at first, but much development has happened since, and scientists have, I think, demonstrated now this method of healing does, in fact, work, and would you care to comment on that?

Always, my dear friend, there has been doubts about many of what you call ‘different medicines’. Firstly, let me say this to you—that these types of healing have always been known. Nothing is new, but it is only since mankind has begun the use of chemical treatments that these other healings have been pushed away, as being sometimes called ‘nonsense’, but that comes from ignorance of people. All of these treatments that are available take intuition and insight. I would wish to say to you, no matter the title of the healing, if it works for the *people*, how can that be bad? And again, I hear you use your word ‘scientist’. Oh how often they come

into the conversations that we have. It is their lack of knowledge which holds them back. Let me say this to you: The human structure even now, is not completely and fully understood, but as in all things, people are being influenced from spirit to use these healings for good. There are too many to name, and again, I would say to anyone, use your own intuition and you will find your pathway to the treatments that are suitable for you at that moment in time. Also, let me say, although the physical body is healed, it comes from spirit, no matter what treatment, what healing, whatever—all healing comes from spirit.

George: Yes, with some of these healing practices, it's more *obvious* it comes from spirit, than others—

Than others—yes, but although the practitioner may not be fully aware, they are being influenced.

George: Yes, I think it's fairly obviously from spirit, in the case of the cranio-sacral therapy (**yes**) and the kinesiology that we have also spoken about.

Yes. I know you have said this is a new treatment—let me tell you, my dear friends, that the ancient Egyptians used this method of healing—that is a little known fact.

George: Well, that's nice to know!

So, all of your 'new' treatments are not new.

Lilian: And even the medical treatments?

Medicine, as you know it today is fairly new, because of the chemical construction of what they give you. I am speaking of natural remedies.

Lilian: But, sometimes their so-called cures can be pretty horrific on the body.

Yes indeed—yes, that is true. That is why, humankind, at this moment in time in your world, are turning to these other therapies, other treatments, because people realise that the body does not need all of these harsh chemicals. That is why, these therapies, 'new therapies', as you call them, are coming to the fore.

George: Yes, unfortunately, we have this scientific bias (**yes**), which is most prevalent today and I would say goes too far (**yes**).

Sarah: Is this treatment that Kelly and Paul are using—you said the ancient Egyptians used it (**yes**)—has it continued to be used all that time,

or has spirit influenced modern man to re-ignite it?

Spirit has always influenced. Even throughout the darker days of humankind, spirit has always been by your side, but mankind has gone through many stages, I must say, of self-destruction, and many of these beautiful therapies have been lost. I am always intrigued by the word 'therapy'. To me, all of these 'healings'—because that is what they are—it is a healing of the physical frame. But, as I have said, on many, many occasions, that the spirit has to be touched first, before the physical body will re-align itself. You understand?

Sarah: Yes.

George: Might I ask if this healing principle was developed by spirit and the Earthly-ancient-Egyptians, or did the visitors from elsewhere help in the development?

No visitor was responsible. You must remember the ancient Egyptians at that time were much into oils and bathing and all kinds of healing properties. It was just their knowledge, all of which they lost, as did many communities in your world at different times of your history—but they have always been available, even to your early cavemen! They knew the benefits of healing the physical body. They had their own ways of treating things and so it has always continued.

George: Yes—when you said 'it has always been available'—it is always there in spirit—

The influence—yes

George:—or perhaps the Akashic Records, as we say sometimes (**yes**) and it can be tapped from there—is that your meaning?

Yes, that is always a possibility. Yes, all knowledge has always been available to mankind. You must remember that nothing has been withheld from man. It is mankind himself, who has *lost himself*, if I may say.

George: Yes, it's available by 'going within' (**yes**) and by opening oneself to that knowledge—**Yes, you must go inwards to seek knowledge—it is imperative. Again, I constantly repeat myself: You must sit in quiet times, you must allow yourself to meet all that is around and about you—to know yourselves and to listen in that quietness.**

Lilian: Have you thought of a question, Kelly?

Kelly: I did have a question on relationships and whether it is good to have a relationship, or

whether it's best to focus on the spiritual path if it's a distraction.

Well, I would say to you, my dear friend, as all the others within this room know, that your freewill is the most important part of your human life. Whether you choose to deny yourself of relationships, or to seek another pathway, we cannot live that life for you—you have to choose. You cannot say, is this path better than that path? It is entirely up to you, my dear friend, to choose your life pathway. You can be influenced, you can be guided, but ultimately it is your choice. So many people are able to encompass both—to join two pathways and tread one, but again that is up to each and every individual. I do not say your pathways are always easy, but you ultimately know what is right for *you*. Each and every one of you knows from within, what is the right thing to do. I hope that has helped you a little.

Kelly: Thank you.

Sarah: Paul, were you going to say something?

Paul: I just wanted to ask how Salumet would describe that point, where the spirit is touched.

When the spirit is touched, all healings take place. Remember my friend that you will never be able to use your Earthly word 'cure' people, because some conditions are 'meant to be'. It is part of peoples' pathways to have certain conditions, but when the spirit is touched, then the best of health for that person will be attained.

Paul: It's like a sort of 'magic moment'?
Almost like a light comes within the human being, and they know which pathway to follow. Like we were speaking of treatments, they will be guided and helped to the right people at the right time.

Paul: So it's almost like a little enlightenment suddenly occurs.

Yes, perhaps that might be a good word to use for understanding. Yes, the spirit is touched—enlightenment takes place. I am sure each one of you in this room knows of someone who is *never* better, no matter what is happening, or whoever they see, and that is because the spirit is not ready. I am sure you are aware of someone like that.

Sarah: Conversely, you saying about getting 'light', I think it's been the right time for Emily to meet Paul, and Paul has helped her. In fact, Emily said she did see a ball of light'—

Turning to Emily

—that came into you, didn't you?

Emily: Yes.

Sarah: So, physically, I think you can perhaps be aware of it, as well as spiritually.

Yes—and also, she came into this room, and has stayed. There are many—there is never just one situation. There are usually many, and sometimes it can even take years of your time, but it is open to everyone to live the best way that they can. Some are drawn to the healing therapies, others are drawn to helping people or animals, or go to other areas to help. Each one of you has a pathway in life.

Paul: And it's more about Emily and the individual, opening and being open to these things around them.

But she needed the catalysts—of being here, being helped to relax a little more, having the therapies you have given her—all of these things are a combination, a culmination of different things—yes. And she now, because the spirit has been touched, she is becoming well. I might say she is a good example—yes. Also, I think the one that you know as Graham, is another very good example. When the spirit is confronted, good things happen.

Sarah: Yes, you have said in the past, you need trouble, sometimes, to help you grow, because otherwise, you don't learn anything.

Yes, some people do need to have those different experiences—not everyone—but yes, to recognise good times, sometimes it is necessary for the not so good to happen.

Sarah: You mentioned about animals, and I was thinking a little while ago—you may have touched on this before—but you have told us that we have illnesses because *dis-ease* causes disease; when animals get ill, have they also done something that they shouldn't have done?

Yes, the laws of life have been broken at some point. It is a slightly different energy, but the 'rules' I will call them—that is not quite correct—but I will call them that for your ease of understanding. Something has happened to create that illness within the animal—yes. Remember that 'cause and effect' is rife in all stages of human life.

Sarah: So, also, with the animals, maybe not in this lifetime, but in a previous lifetime?

Yes, you cannot always make judgement.

Sarah: Could you give me an example—I can understand where humans go wrong—could you give me an example of what an animal might do wrong?

An animal may kill its young, and too often we hear humans say, ‘that is their natural way’. That is *not* their natural way. Too often, if they hunt for food—the big animals—that is their natural way—to survive. But, if you have, for example, what shall we say, a domestic animal that turns upon its young—that is not natural. No matter how many times you hear that said, it is *not* a natural occurrence.

Sarah: That’s interesting. Thank you!

I hope that helps you.

Agreement

And, now I feel, my dear friends, it is time for me to leave you—allow some others if they wish to come, or whatever takes place. I leave you always cloaked with my love.

George: It’s been an interesting session, Salumet, and we’re much rewarded, by your presence. Thank you!

Thank you my friend, I hope you can take something from this evening.

Sarah: Yes, I am sure we can. Thank you!

General thanks

George’s Notes:

Russian Association for Instrumental

Transcommunication (RAIT):

Professor Artem Miheev leads the RAIT project with successful results that have been replayed on St Petersburg radio. He and no doubt many others are now convinced that the ‘other world’ really exists. There is considerable historic record preceding this more recent work:

1949: Marcello Bacci began studying the background sound in radio frequency broadcasts.

1959: Friedrich Jürgenson whilst recording birdsongs, found that he also had messages from close relatives on the tapes—his mother, father and deceased wife.

1964: Dr Konstantins Raudive, Latvian scientist and practicing Roman Catholic, studied parapsychology, was a student of Carl Jung, taught at the Swedish university of Uppsala—read Jürgenson’s book *Voices from Space* and was impressed. They met and they collaborated.

1971: Raudive published *Breakthrough on electronic voice phenomena (EVP)*. His recorded voices were in German, Latvian and French. A woman’s voice saying: *Va dormir Margarete (Go*

to sleep Margaret) had particularly impressed him, since it connected with a dear one, Margarete Petrautzki, who had recently died. Raudive spent the last ten years of his life exploring EVP and recorded more than 100,000 tapes. Four-hundred people were involved and heard the voices. EVPs typically use several languages, speak rapidly and seem to have a fixed rhythmic mode.

1970s: Ernst Senkowski introduced the term *Instrumental Trans-Communication (ITC)* for spirit communication through any electronic device.

1982: Sarah Estep founded the *American Association of EVP* and made many recordings. EVPs broadly fall into three classes—microphone / radio / special devices.

Perhaps EVPs are less ‘natural’ than the voices via mediums. In the latter time-honoured process, brain downloads the thought or the thought-behind-the-words and human emotion and voice character are frequently involved in what is said; hence, EVPs are bound to be more mechanical or not at normal human speech speed. These aspects have not so far been discussed with our teacher.

Craniosacral Therapy (CST):

A brief note on origin of CST was mentioned last time. Further to that— Salumet states: If it works for the people, how can that be bad? How indeed! Kelly and Paul have both attended courses in Thailand, and it is our experience that the treatment is successful (excepting those situations, of course, that are meant to be).

1975-1983: John E Upledger and Ernest W Retzlaff set up a team at Michigan State University to study observed pulse and Sutherland’s theory of cranial bone movement and cranial rhythm. They published results that they interpreted as supporting. Upledger generated the term *cranioSacral therapy* based on corresponding movements of cranium and sacrum.

CST is generally carried out fully clothed in supine position and treatment time is around one hour. It is based on a 10-point protocol which includes sensing, rhythm-analysis and addressing cranial bones, with discretionary variations to suit clients. Despite these tests and findings, there has been considerable doubting and criticism from professional bodies and the suggested complication of a required insurance cover. This would seem completely unnecessary and

senseless for a spiritually connected laying-on-of-hands procedure that involves no chemical treatment. And, as stated, it is both our group experience as well as Salumet's testament that when the spirit is touched, the treatment works!