

**SALUMET – 29<sup>th</sup> March 2010**

*As usual, healing thoughts for others were voiced prior to more specific communications*

Lilian: Good evening and welcome to you Salumet.

**Good evening.**

All: Good evening.

**As I join with you this time, again it is noticed how much you give to others. Always, my dear friends, you give out so much when you come together in this room. Those of us in spirit are gladdened each time this takes place. I do not intend to stay with you too long this time, because there is work I wish to do with this instrument. But let me say this to you: when the ego takes second-place to others that is when your spirit grows stronger. Each time you cry out for help for another, you also, my dear friends, are being helped; because the ego is forgotten and allows that spiritual element to come forward. So, not only are you helping others, but you are becoming stronger and more noticeably spiritual. There is a difference between *spirit* and being *spiritual*. To be spiritual upon this Earth, you have to work for it, and that is what we try to encourage each one of you to do. Of course you know your freewill is always to the fore, but that does not stop us trying to influence you in the way of good. But you, my dear friends, need no talk from me about this, because you are naturally becoming much more spiritual in your human outlook. Whether you agree with those words or not I can assure you that this is so. If you have any quick questions this time I will be happy to answer them in the best way that I can.**

Lilian: Yes—thank you.

**And then we will allow the rest of this evening to those others who stand close, whilst I continue to work quietly with this instrument.**

*Short pause*

George: Perhaps I could express a concern for others, in the way so many on the planet at the moment are looking still towards this year 2012 with some feeling of 'doom prospect'. And the latest development of this is the idea that a planet which is sometimes called 'Planet X' and sometimes called 'Planet Nibiru', is rapidly approaching the solar system and will cause havoc. I don't believe this myself for one moment, but it is just part, I am sure, of this 'doom malaise' and I only mention it so that we

can talk of it and firmly knock the idea on the head. So I hope you understand Salumet that this will go out to the readers of our emails. And would you care to make comment on that?

**I believe I have spoken to you about this before. Let me say only this to you, my dear friend: You can never be responsible for others' thoughts, and unfortunately, as human beings, there does seem to be an element of impending disaster—not only in this day and age, but in time gone by. How often have you heard that 'the end is nigh'?**

*A few understanding chuckles*

**I believe those are the words used? (Yes indeed!) Yes, and still you are here with feet firmly on the Earthly Plane—**

George: Yes—the new development is this rogue planet idea (**yes**), which unfortunately is getting an enormous amount of publicity.

**In the same way as you have mass-hysteria, so thoughts travel and people are brought into this way of thinking. Instead of standing back and being rational, they are gathered along in the sea of disaster.**

George: Yes, 'being rational' (**yes**)—that is the appropriate expression.

**But I will say to you, give out thoughts for those people, to help these negative thoughts to dissipate quietly. And the best that you can do, my dear friends, is *not* to discuss these negative aspects that go around, but always to remain positive, not only for yourselves, but for your planet.**

George: Give out positive thoughts (**yes**) for those who—in a way it seems like a kind of depression—

**Yes of course, that is what it *looks* like also—that you have this negativity that veils your planet. But, as I have said, it has happened so many times before, and for some time to come there always will be those people who seek disasters. Send out love—that is my only expression to you—*give Love*.**

George: Yes, thank you—thank you very much!

**Now, my dear friends: continue with this evening. I am close by, but I also have to say to you that last time you met, I believe each one of you had some improvement in your capabilities, shall we say? And each one of you left this room, except perhaps for one dear friend—left this room feeling that something had been achieved.**

*Sarah indicated it was probably she because she was very sleepy that evening*

**Yes, do not be concerned. But for each one of you, for your own individual development, it was a good evening.**

Lilian: Yes, it was a good evening.

**Yes. Now my dear friends, as always, I will leave you surrounded by my love, knowing that I am always close by, that I am with you at all times and also, that when we come together once more, that love and strong bond which you all feel, will continue to be there.**

*General thanks and farewells*

George's Notes:

*Planet X / Nibiru / 2012: We are in receipt of a magazine article concerning this. Consulting the Internet, it declares approximately 322,000 results for a search re this subject. 'Nibiru' is a name that has been borrowed from Babylonian astronomers and it has several possible meanings. Planet X is modern fabrication and December 21<sup>st</sup> 2012 is a date from the Mayan long count calendar converted to our Gregorian system. It declares the interface between two great time cycles as calculated by Mayan astronomers from movements in the heavens. It was seen by them as a time of change, from one calendar cycle to the next—no more no less. As Salumet reminds us, there have been many prophets of doom throughout history and all of them have been completely wrong because we are still here. (And since Nostradamus prophecies are stated to continue until the year 3797, none of his statements can be said to indicate the end of Earth—only very bad and careless interpretation of his prophecies!) And there is no need for alarmists to stand on street corners any more with 'The End is Nigh' boards, because it's now much easier to flood the Internet with false fantasies loosely linked to ancient cultures. And perhaps the size of the mass-hysteria publicity is now made possible by the new media.*

*Following Salumet we were joined by Bonniol, (transcribed separated/also freely available) and following Bonniol, a brief 'rescue' of an 11-year-old who had fallen from a skateboard with fatal injury.*