

SALUMET – 1st March 2010

Lilian: Good evening Salumet, welcome to you.

Good Evening!

All: Good Evening!

Lilian: We are a tiny little number. (5)

As always, I have noted your conversation, as you have joined together this time. Let me say to you, my dear friends, how little need you have of me now—with your debates, amongst yourselves. It is of great interest to us to listen to you all, but I would like just to say to you a few words. Each one of you has come to this lifetime for a purpose—for spiritual growth. And, I would say, my dear friends that life on this planet, was never meant to be ‘plain sailing’, as you humans would say. But, as spirit, each one of you has the capability to find in life, the strength to cope. You are never given, my dear friends, any situation that you cannot cope with. But of course, it helps if you develop the spirit within you—that makes you a much stronger human-being. So I say to you all: accept life as it is today, try not to be judgemental, do not crave for past times, for they are gone, and cannot be recaptured.

George: It’s certainly a very *interesting* world that we have today.

Yes! It is at the stage of its evolution that it should be at. And it is up to mankind to help himself in whatever situations arise in your world.

George: Yes—I imagine that part of that helping himself will be a realisation that we’ve got our systems a little too complicated and there is a need to simplify. I hope I can say that without being critical.

Yes, yes—I would agree with you, my dear friend. Those words are true, but it is the *growth of spirit* that is important. Do not wish for time gone to return—it cannot happen, but what you must do, is to adapt to the *here and now*.

George: Yes—well, I imagine we can *look* to those past times and think—well, there are qualities there that we could well use today.

Of course! There is nothing wrong in looking backward, but you cannot bring the past forward—there is a difference, and it is in the *recognition* of that difference that will move you forward. You understand?

George: Yes. That makes very good sense. If we do look at the past—it’s how we see it and what use we could make of it.

Yes—take the good and move forward—yes. Too many people cling to situations in their lives, which should be discarded in order for the spirit to move forward. But as human-beings, naturally you find it more difficult, and always there are allowances made because you *are* human, and mistakes come easily to you, my dear friends. But what I wish to encourage within you, is to find that *inner* knowledge and strength—to move forward with Love, with goodness, with realisation that things can be better if you so desire. It is the *desire* which has to become stronger within you. I hope you can agree with my words.

George: Yes, I think you are saying also, that whatever the state or complexity, there is always room for the spirit to grow.

Yes. I use one word—SIMPLICITY—simplicity of thought and mind will always take you forward. Discard any *feelings* of disillusionment—any *feelings* of life being hard for you. All human beings come only to what they can cope with.

George: Yes—I was reading recently the gentleman Lucretius and he had this simplicity. I feel he was a great philosopher of great understanding, but he also approached things with a certain simplicity.

Yes—yes. What is better than simplicity, in all areas of your lives? I am afraid, as human beings, you make your own lives complex, sometimes unnecessarily, but that is a result of having freewill. We would not wish you to be without freewill, but in your humankind, it has created many problems for you, but as I have said on many occasions, you must look and understand—look to the fuller picture of life, before any kind of understanding can take place.

George: Yes, there are certain ingredients that always contribute towards evolution—and ...I’ve lost my train of thought...

You cannot stop the evolution of your planet.

You can alter and change some situations—

George: And freewill, I was going to say (**yes**), is one of those important contributory factors.

Yes—humankind has the responsibility of taking care, not only of the physical body, but of the physical *planet*. And humankind must take responsibility for any thoughts or actions which have caused any result, which is negative to the evolution of your planet. But you will not stop your planet evolving.

George: Yes, responsibility and the realisation of that responsibility.

Yes, the realisation is the bigger word here—realisation—most important. Do you have any questions about this subject this time? (Pause) I am impressed, my dear friends, just listening to you this evening, how much you grow, how your thoughts are listened to, by each other, and responded to with love and goodwill. It is indeed, heart warming for us in spirit to sit with a group, whether it be small in number or not—where people sit harmoniously and can listen to one another with love.

George: It's heart warming to have those words. Thank you Salumet!

Lilian: Yes! It's a nice feeling.

George: Um—yes—going back to 'responsibility'; we were talking and thinking the other day about germs. There's an advertisement on our television, which advertises a product, which claims—KILLS 99.9% OF ALL KNOWN GERMS—a sweeping statement! But I'm not so sure that we're being sensible or responsible, in viewing germs in that way. Many of the microbes and germs are, of course, beneficial to us, so, perhaps, in some quarters, we're being irresponsible, in looking rather darkly at germs and microbes. Would you have any comment on that, Salumet?

Everything that exists within your world has purpose—those are my first words to you. Mankind has unfortunately decided for himself that he is superior in this Earth planet. I have to say to you: mankind may *think* he is superior, but he shares this planet with *so many*, many other things of great importance. Size or brain-size matters not. As a whole, there has to be balance in your world.

George: I think you're coming round to saying we are all one, and we are all members of the same club.

Yes! When you try to destroy and upset the balance and the equilibrium of your planet, that's when you have problems arise; but as I have said, freewill is an important part of the human being; and let's say to you, that humankind also gets from his experiences the motivation to learn. So, although mankind is often wrong, sometimes it is the catalyst for new kinds of learning and teaching. You understand?

George: Yes.

But, it is still part of the overall plan of your planet. I hope that is a little more helpful for you.

George: Yes, it is! There're some important principles there which we should observe (**yes**) and I can understand, in certain areas—within hospitals, it's right and proper to eliminate germs, but, by and large, on the planet, they should have our respect.

Yes, there always will be a *pecking order*, as you call it on your planet, of course there is, but when it comes to the annihilation of any one type of person or creature or microbe or whatever, then you need to stop and consider things carefully. It is important that your life has balance in all ways. Yes.

George: Yes—I'm not entirely sure about the situation in hospitals, but, certainly one goes to great lengths to not subject patients who are having medical treatments and surgery, and there is a general feeling that germs should be eliminated in that situation. I *feel* that that has to be—I'm not sure if you would agree.

Yes, in situations, as you mention, there has to be some degree, but we are not speaking about the annihilation of *all* germs, as you call them. Some are essential for your living here on this planet. Whether you agree with that statement or not, *all things are created*. And mankind feels, and I use these words wisely, because he has superior knowledge, that he has the right to decide what should live and what should die. But, yes, in illness, as you speak of it in your hospitals, there has to be cleanliness—that is recognised. But, you see, 'germs', as you call them, are happy to accept, that in some places, they are not needed. We are speaking *now* on a level we have not discussed before. You do not look upon germs as something of any intelligence, but there is a form of intelligence in all things; there *has to be* in anything that is animated.

George: So they deserve to have more of our respect, in the general situation.

In the general sense.

George: And indeed, in the home, I would think? I would say it is up to each individual to consider for himself how these things are managed.

George: Yes—I recall the gentleman, Albert Schweitzer, who had a hospital in Lambaréné, in Africa. And there were open sewers there, and

many germs were around, but he had success, and I think there must have been a natural resistance that built up in that situation.

The situation, my dear friend, comes from within each one. That strength, that resistance, that knowledge, comes from a balance of love and peace, no matter what situation, in what part of the world, whether it be 'hygienic', as you call it, or not; you must look inward to each individual.

George: Yes, it's easy for us to forget that spirit has an involvement in the healing.

Yes, that is what is important. Yes—we could talk non-stop about these many things, but what is important is that everything on this Earth planet is here for a reason. Mankind has an intelligence which has grown with his evolution, but he must be aware that he knows not all the answers to all questions.

George: Yes. The other point you made, about man increasing in knowledge—yes, I feel that should not result in a feeling of 'superiority', but in the feeling of 'humility'.

I like those words—yes, if we are speaking of looking backwards, then I would say mankind needs to recapture a lot of humility. Yes, yes.

George: And the more one knows, the more scope for humility there is, I feel, because one has more and more awareness of 'Creation' and how wonderful it is.

Yes, if you do not feel some form of humility, then you cannot be growing and moving forward. It is natural for anyone who wishes to go forward in spirit, to know and to feel what humility is. If you do not feel humility, then you are not ready—you are not ready for the knowledge that is available to you. And I feel within this room, a level of humility, and gratitude, although gratitude is not what we seek from you. There is a gratitude from each one of you, my dear friends, that is almost overwhelming, and I have to say to you, before I leave this time, that in coming to you, in helping you to seek out and recognise the great love in your world, it has helped *me* also to grow, and for this, I will always be most grateful and thankful to you all.

George: It's wonderful for us to feel that in some small measure, we've been able to give something back.

For this time, my dear friends, I will leave you. I hope you can feel the love with which I surround you with.

Agreement and thanks

George: It can be felt—wonderful.

George's Notes:

Lucretius: Titus Lucretius Carus (99BC – 55BC), great Roman poet and philosopher. His greatest work—*The Way Things Are*, quoted in *The Chronicles of Aerah*, p 373-374.

Mankind's responsibility for planet: We of course hear plenty about this on the media. And it is of course ridiculous that we fight against Nature by erasing rainforests, fouling her atmosphere etc.

Germs and microbes: They are indeed a vital part of Creation. Without the constant work of microorganisms mankind would have long ago been submerged in dead bodies and un-decomposed waste! And that is a sobering thought!

Albert Schweitzer (1875 – 1965): Born in Alsace (German-French), he aspired to four doctorates—in philosophy, music, medicine, and theology. One of our planet's most brilliantly gifted, he was awarded the Nobel Peace Prize (1953) for his philosophical work 'Reverence for Life'. His greatest passion was the quest for a universal ethical philosophy that could be made available to all humanity. The main hospital building at Lambaréné was completed in 1926. The cement floors of the wards were sprinkled with fresh ashes each morning to discourage the incursion of ants. If ants got the upper hand, then the ward was flushed with a solution of Lysol—a little crude by modern standards maybe. But of course, the spirit of the establishment was absolutely wonderful and it was a successful hospital, where a variety of conditions were treated.