

16th November 2009

Lilian: Good evening to you Salumet.

Good evening.

All: Good evening.

As I come to you this time I wish to say just a little on something you touched upon last time. You spoke briefly about what you call 'karma' and 'karmic debts'. So often in your world there is confusion about this subject. I have spoken to you about karma and karmic debt. Following your discussion last time—why is it some people wish to come back to reincarnate into another body, whilst others are happy to stay in our world and to work through those issues?

George: Yes, there was a very interesting one who came through last week, named Freda, and she seems to have elected to continue in spirit, and it was most interesting to hear her commentary.

Yes, as you know full well by now, there can be many explanations dependent upon the development of the spirit. Yes, but I wish to say to you, no one who returns home to our world is *made* to reincarnate. That decision comes from the individual with a little guidance from those in our world who work with them. The only difference between those who wish to reincarnate and those who do not is simply their free will—that is the only difference. Some people do not like to feel that they have left something undone and would much prefer to return to another *human* form to continue with whatever they have started, whilst others find fulfilment in the spirit world. It is as simple as that.

Sarah: So the first time that we come onto this planet—that is also free will then?

Of course—no one is *made* to do what is against their will.

Sarah: So could it be that somebody could choose if they did not want to come to Earth, they might choose to go onto another planet? Or if they were to go anywhere, they would come to Earth? **You have to remember that like gravitates to like. Therefore, if someone wishes to reincarnate back into this world you now live in, they cannot decide to inhabit another planet. It may be that they can *find out* and develop their knowledge of other planets, but you would not have that intermingling.**

Sarah: No, but I meant on that very first occasion they were going to go anywhere from spirit, could they choose which planet?

From the Creative Force you mean?—(Yes.) That is how all planets are inhabited. The choice would be theirs. But you cannot jump from one to the other.

Sarah: No, I appreciate that—

—Because all form of life is from the Creative Force, no matter the nature of their form—you understand—that spirit within is what is important, not shape, form or planet or universe—you understand?

Sarah: Because you did say that human beings have helped create this planet—

—With their thoughts, yes, of course.

Sarah: Yes, so would it not depend on your *need* as to which planet you went to? Or, if you chose that first time to go to a different planet, you would get the instruction that you needed?

I think you are making things a little complicated. The purpose of all life is to return to that which we know. That which we know is that we are all part of the Creative Force and wish to return there (yes). That is all.

Sarah: But we start off in spirit—

You *ARE* spirit. You do not begin anywhere. You *are*, you *have been*, you *always will be* (yes). You try to complicate it, spirit seem physical. Do you understand?

Sarah: Yes, I do understand that, but would I was getting confused with is...

You are seeing spirit as individual entities before that has happened—you must see the wider scheme of life (yes). Yes, it is a much larger picture than you can see.

Lilian: The lady who came through last week—I think I'm right in saying she had chosen not to come back any more—

That is exactly what I have just told you—

Lilian: But she didn't remember any past lives, so it's only the lessons that are important for that spirit—

As you continue in our world, there is no need of Earthly memories. You leave those behind.

George: Yes, we know that she was certainly more than a hundred years away from the time when she was on the Earth and her memory of it had faded.

Yes, because it was no longer important to her.

Sarah: She'd probably been back many times before and that was probably the last time she needed to be here.

Yes, the choice always belongs to spirit—as I said, no one is *made* to reincarnate, that is your free will.

Sara: And presumably if somebody, when they leave the Earth plane, feels fulfilled and a great sense of peace with all their relationships (**yes**), they probably wouldn't feel the need to come back.

Exactly, it is only those who *feel* that they—

Sara: Unfinished business—
'Unfinished', thank you—that is the word I was looking for. They feel that what they needed to achieve has been left undone. You are correct. Do you have any questions on this?

Lilian: I was thinking about the Buddhist religion, and the Dalai Lama comes back, time after time; but he's doing that for the good of people, I take it?

He is doing that to help others and because he feels that is his purpose in living. I do not say that is necessary, but for them it is part of their religion, it is part of their *belief system*.

Therefore, that is why it is done. It all comes down to your *freewill*, your *thinking* and the way you wish to progress in spirit. Again my friends, I will remind you of the *Power of Thought*. It becomes your reality, not only in spirit, but here in your Earthly lives, as it does in any other planet which is inhabited by spiritual beings, as you are—spiritual beings. Please try always to place this thought to the forefront of your minds—YOU ARE SPIRIT**. These Earthly forms are but for such a short time. Try always to remember this.**

Sarah: I know I'm being awkward, but I still haven't actually quite grasped what I was asking you earlier. I understand that we are spirit with a physical overcoat, but what is it that determines which planet you go to? You've said we can't mix up once we've chosen to come to the Earth planet. Is there somebody helping us the first time to decide which planet to go to?

There are always those in our world who are there to offer advice, we are there to offer upliftment, we are there to help you choose if that is your will. Yes, there is always a higher counsel.

Sarah: Yes, because there had to be some reason why we would come to Earth—

But they cannot *make* you—that is your free will.

Sara: But clearly there is a planet that would suit you better for your first incarnation—
Yes.

Sarah reminded Emily she had a question prepared:

Emily: A few weeks ago, they launched some rockets to the moon to see if there is ice or water there, and I was just wondering what happens when we do that. Does it affect what's on the moon in terms of spirit?

I would say only that every action has some reaction. That applies whether you are here on Earth or other planets or in space. There is always an effect from any action. So of course, it makes some difference, perhaps not always anything you can be aware of, but these things are all part of the evolution, not only of your planet, but of many others, because mankind is always striving to learn more about his own modality and that of other places. Mankind is always thinking, questioning, trying hard to find answers, answers which he possibly may never know whilst he treads this Earth, but nevertheless feels the need or the urgency to continue forward. Has that helped you?

Emily: Yes, thank you.

Sarah: I think man believes that the moon isn't inhabited and maybe it's not. It's not inhabited with people like us, but it might be inhabited with people or beings that we are not able to see—
It is inhabited by creative energy, as is every other planet, everything that exists is energy. The only difference is the form that it takes. You understand?

Sarah: Yes, so blasting a rocket into the moon could harm part of it, even if it is meant to be. We might be learning something and it is good that we're learning, but the harm is still occurring to the moon itself—

Well, until you have the fuller picture, you cannot know what that is doing or achieving.

Graham: I suppose, one of the reasons we incarnate, is the fact that we are very curious, we like to experiment and get involved with things and think about things—and the whole planet takes an interest in these experiments and things that are done. And I was thinking—our lives on this planet, and probably reason we incarnate, is this acceleration. It is a school of hard knocks and

our lives here can sometimes quite challenging but we do progress quicker.

And of course you will always have those beings who feel that the way forward is to reincarnate (yes), when in fact, perhaps at times, it would benefit them to go forward in our world. But again, as with the small children, they take many falls before they learn to walk. It is a slow progress, and that is equivalent to mankind (yes). Yes, it is a good equation (comparison?) I feel. Children have so much energy, wish to learn, to grow and will do their utmost to do so.

Graham: Yes! It is very exciting to live on this Planet, especially at this time. We do enjoy ourselves!

Chuckles

Well, that has to do with your own positive thinking. There are many in your world who suffer unnecessarily at times, because they do not recognise that joy from within. They do not recognise the innate knowledge and understanding which is there for them.

George: It is most interesting that physicists are getting down to smaller and smaller particles (yes), and getting closer to spirit (yes). Equally, computer engineers are getting to smaller and smaller 'bits of information' (yes), and one feels that they also, are getting closer to spirit, with their work in getting down to the very, very small. And, even microscopists who are looking at smaller and smaller particles through their microscopes see that nothing is still, when you get down below a certain level and the movement—

—that all is energy, yes.

—it's called 'Brownian movement', after the gentleman that first noticed it (yes). So one feels that all these scientists are getting down to something smaller and smaller, and realising that the tiny particles behave differently, and one feels that they are all getting closer to spirit in their searching.

And where would you suppose that influence comes from?

George: Yes indeed! Spirit would be acting like a magnet.

Yes, we are fast approaching a time when scientists no longer can say: 'that is not so—that is not so'—no longer, because that information is becoming available to them. Then mankind will stop and have to consider what truly is *Life*. Do not underestimate the power of that

knowledge. It is an exciting time in your World's history that these things are taking place. I hope you would agree with me on that fact.

George: I'm sure we all agree that these are indeed very exciting times.

Yes! Too often you dwell on the misery and the sadness that is your world also at this time, but, each one of you here, as there are in many, many groups around your world, have the ingredients to *change thinking* and the way that people react. After all, we have reached a time in your world where mankind is more intelligent with his brain than at any other time. Therefore his understanding has become greater.

Knowledge has become available to *all* who wish to seek it. These are powerful happenings in your world. Never underestimate what is going on.

Sarah: You say we have become more intelligent—in the past, a long time ago, man was able to create all sorts of things, like the pyramids and what have you. They must have had pretty good intelligence then to have been able to do that, or was it just influence from spirit then?

They had more spiritual knowledge in those times; that is what is lacking. If only the spiritual knowledge could go hand-in-hand with the education of the physical brain, then indeed you would have a powerful source. *That* is what is lacking today.

Sara: The school experience isn't easy for children who have more spiritual awareness than other children.

It is a matter of balance—they have to find, at some stage, the balance between the two things.

Sara: Yes! The two worlds!

Yes—it is not always easy, but it is a finding of spirit, yes.

Sara: I feel that our son struggles sometimes, because he feels different and because he's very sensitive. I think he must be trying to find his balance at the moment.

Yes, sometimes there is nothing you can do, specifically for him. That understanding has to come from within the being and it may take many years of his human growth, before that may happen; but it is part of your life on Earth to encourage, to be understanding and especially to encourage any sensitivity that children may have.

Sara: Yes, I think our daughter finds it easier than he does, because she's found many of her talents already. So, for her, life is generally, much easier. **Yes, she is more comfortable in the human form (yes). It would be like me asking you to take the form of something else. It would take time to adapt and to adjust to it.**

Sara: Is our son unused to the Earth plane? **He is still a little uncomfortable—that is why you have these problems.**

Sara: But the adapting will come—he will adapt? **It may not come until he reaches manhood—that is something he may have to struggle with, but that applies to every human being who returns to this world.**

Sara: Yes, I see. **In the same way, as your gentleman husband has struggled with his health. In the same way, it is a balancing of spiritual and physical happenings.**

Sara: I see. **It is just adjustment.**

Sara: That's really helpful. I feel he has great intelligence—awareness and intelligence, but he sometimes doesn't apply it as easily as his sister. **No. My advice is to support and speak with him to recognise his sensitivity and just to help him in any way, and not to feel too responsible, if he does not respond to what you wish him to.**

Sara: Thank you for that. **You are only the keepers for such a short time. Think of him as a spiritual being with his own lessons to address and his own life to live. Just because the human being is a child, that does not alter the fact that they are spirit, first and foremost.**

Sara: Yes, we must remember that. Thank you—that does help actually (yes).

Sarah: Salumet, going back to what you were saying about if only people on this Planet had more spiritual awareness—and I know you mustn't judge, but those fanatics who want to cause trouble—if they were to get more spiritual awareness, would they automatically cease their aggression? Or could they, if they had that spiritual awareness, could they use it in a negative way, because it would then be even more powerful than not having it?

Yes, I understand your question. There is always that possibility that if you abuse your spiritual knowledge for things that are not good or healthy—that is so—but you would create much

more karmic debt in your life. But we cannot interfere with how that human being is going to use any spiritual knowledge. Yes, of course it can happen, but we would hope that, if there is a glimmer of light, that we in spirit can move closer and influence for the good. But yes, you will always have those instances of abuse.

Sarah: Yes, because although it would create greater karmic debt for them, they wouldn't be aware of that until they got back to spirit (Yes). So by that time, it would be too late for beings on this Planet. Thank you for that anyway.

And remember my teaching of dark and light—they are both sides of the same energy (Yes), yes.

Sara: Could I just ask you to remind me of the spiritual meaning of the colour silver? **Silver—firstly, let me say to you that colours in your world are influenced by the person seeing them. That is the first thing I wish to say. The more spiritual or sensitive you are, you will have different feeling or vibration for that colour. Silver is not too far from white, which is the purest energy you might have. Is there a reason for your question?**

Sara: My friend who I work with, asked me today, because she's lately been very drawn to silver and metallic gold metallic shades, and she asked me if I knew the meaning and I'd forgotten it, so I thought I could ask you.

Yes, metallic colour is nothing but fragments of light on a baser shade. I would say the silver colour, if it is of metallic influence, is one which is good and can be used for soothing the mind. The dull shade of silver is rather too close to the colour of grey, which is a non-colour. But, because she is experiencing the 'metallic', as you call it, I prefer to say that it is imbued with fragments of spiritual light—they are good colours to use.

Sara: I gave her a silver costume today to wear for dance performing (yes), and she was very pleased and we both want to wear gold as well. **And of course, gold is a colour of richness and both those metallic colours are good colours to use for many things. I would not limit those two, to one specific thing.**

Sara: Thank you, she'll read the transcript now, thank you for that.

Yes. Now, my dear friends, I would like to just work quietly with this instrument, for a short time. So, as I take my leave of you, again I say, I

**look forward to our next meeting, and as ever,
my love is always with you.**

All: Thank you!

George's Notes:

Newton's Third Law: *States that action and reaction are always equal and opposite, and it is re-stated here by Salumet. Perhaps Salumet sees it as applying more widely (to include spiritual considerations) than did Newton.*

Brownian motion: *Scottish botanist Robert Brown noted that the smaller pollen grains (approx 0.5 micrometre) in water, jiggled about in random motion. Einstein later correctly supposed that this was due to bombardment by the water molecules, and so in turn, revealed their motion.*