

18th May 2009

Lilian: Welcome again Salumet!

Good evening.

All: Good evening.

As I join with you this time, there are those who stand close to you, who wish to give thanks to you all for the healing thoughts that have been sent out tonight. For this we thank you, my dear friends. And of course, we would hope and desire that those healing thoughts, be sent not only from this room, but in your everyday lives. It is so easy to forget, when you are occupied by daily living—to forget those who are in need. So, my dear friends, I would just say to you, remember all of those you are in distress each day of your living. I was interested to listen to one of you ask for help for the children in your world—children specific to the life of the gentleman.

Graham: Yes.

But what I would like to say to you this time is: it is now coming, that the children and the youth of your world must be made aware much more, of their own spiritual needs. This, you know, is a responsibility, not only for parents and close families, but also those peoples who are part of their everyday lives, such as yourself, my dear friend, (*Graham*) but all who come into contact must show these youth and children what is good about *Life*. We would wish that humankind could move gently away from so much materialism that holds your world at this time to ransom—ransom of spirit. The children of your world deserve to know the truth; the truth as you have come to know it, the truth that never changes, the truth of love—love of your fellow man, of each and every human-being, no matter what their status. So, my dear friends, I reiterate to you the simplicities of my teaching and my purpose here is to give you the very simple truth of what life should be about.

George: Yes, that is a very important message for these times (**yes**). I feel there are so many children who *only* get to observe materialism (**yes**), and that is a very sad situation.

We are happy with the way your planet, in general, is moving. There has been a raise of consciousness—yes, we see it and many people now think clearly for themselves, but your children and your youth are much more vulnerable. They are bombarded from every

direction with so many gifts of materialism. You must help them, my dear friends, to return to those simpler things in life, such as ‘love’, ‘understanding’, ‘gentleness’—all the attributes of spirit. I know it is a great task that we ask of you, but it is achievable.

George: Perhaps, observing the beauties of nature is a pathway towards that status.

Yes, it is so untrue that small children cannot appreciate the beauty that surrounds them. I am sure, my dear friends, that you have watched infants who are fascinated by the smallest creatures and insects of your world. That is to be encouraged.

General agreement

Lilian: Yes—as they grow up.

It should be an ongoing teaching.

Lilian: I remember taking my youngest grandson for a walk and we were looking for bird’s nests. I found one and I gently took out the egg and showed him and he asked if he could hold it. I suppose he was about 3-years old, maybe, and he actually kissed the egg. He probably wouldn’t believe me if I told him now.

Yes.

Lilian: It’s a shame they lose that wonder, **But that is where the responsibility of adults comes into play, yes. Children are precious gifts of life and should be treated as such ... yes.**

Graham: It’s getting better for children in schools. They get an opportunity to speak now, more so than before, where we now have things like ‘circle time’, where children are encouraged to sit in a circle. Nobody is any more important than anyone else, because they are in the circle. They all have a chance to speak. It’s quite a responsibility to share such a circle-time meeting (**yes**). I’ve found this to be a very good way to enable the children to have their voice and to feel valued.

And I am sure that you also must feel the blessings of doing such work, yes. We know of your difficulties, but do not forget the blessings also. What better way is there than directing a child on the right pathway of life (yes) and then you have that effect go down each generation of human beings. That is what you should try to strive towards. Yes, you have the knowledge and it is good that the word is spread, but all I say to you, my dear friends is: do not forget those special, small human beings. You should

listen to them sometimes; you might well learn something.

General Agreement

Graham: Yes, I'm sure—I'll do that.

Yes.

Lilian: Could I just ask a question from my daughter-in-law, Jan? She said if you came tonight, would I ask you: does she have ... should she be worried? I know she *is* worried at the moment.

All, I will say is that whatever comes to you, not only you, or the lady in question, but anyone here or outside of this room: you must accept each minute, each hour, each day, each week, and know that whatever comes to you, has to be dealt with. I would say to her, she rather worries too much. It would be most helpful to be a little more positive in her thinking.

Lilian: Yes, she was *trying* to be positive.

Yes she struggles, I know, with it.

Lilian: It is a problem. Yes, I know where she's coming from.

Yes, but that is all you can do.

Lilian: Yes. Thank you.

Thank you. Are there any questions about children?

Pause

No?

Graham: You have answered this question before when I was asking you about why children can be so challenging: You said that materialism was largely to blame for this; that the values are wrong. It's difficult thinking of a way forward within a school environment ... the best way of helping children, who are incredibly challenging, because in the school I work in, the children are at my school *because* they are very challenging—it's a Special School. I wonder about the best way of helping these children, because they get so upset and so stressed and they can behave so badly really, by what we would consider behavioural standards (**yes**), so what's the best way of helping them? I suppose, it's what you were saying before about teaching them spiritual messages of gentleness, kindness, and patience?

And, of course, by example.

Graham: By example, yes.

My dear friend, before you lies a stairway with many stairs. I say to you: begin at the bottom and live in one moment of time (yes). Do not try to go to the top of the stairway too quickly—that will not work. 'Love', 'understanding',

'patience' and 'example'—those are my words to you (yes). I do not say it is easy, but it is most worthwhile (yes), and of course, as I have just said to our dear lady friend, that positive thinking; remember again, I return to my teaching of thought and that most powerful ally (yes). Yes.

Graham: Yes, staying positive isn't easy when you've a particularly challenging group waiting for you.

Yes, I understand, yes.

Graham: But it's extremely strange that we should feel equally towards all children, but I often find myself feeling a particular something towards those children who are incredibly challenging. Their need is so great, it makes you feel a warmth towards them.

Yes, that is your own spiritual being, being attracted to those in need and being able to offer the help that is needed (yes). That is why all children are bright lights. Remember that; and remember it in a spiritual manner, not in a physical way.

Graham: Yes. I have found that children respond well to touch: when you touch their shoulder or their arm ... when you are around them, it's a way of communicating that can be very effective. I've found that they do respond positively to touch. Sometimes they like to slap your hand; put their hand up to your hand, or something—they all do their funny little things, but it does seem to be a form of communication, of mutual respect or assurance or something that does seem to help them. In England we're not quite used to that type of thing. It comes from America—they call it 'High Fives'—where you can touch the hands and it does seem to work.

It matters not which country you live in. To be tactile is good for all peoples, not only children; but what is happening is nothing unusual, it is just a blending of spiritual energies. That is why it is comforting, that is why it works. Again, look to the spiritual equivalence and not the physical. You understand?

Graham: Yes.

George: Perhaps, this is one area where society in general *does* set a good example, because the touch, the handshake when people meet, it is one small area where the example is set, of touch (**yes**).

Sara: I think the Italians do it better!
Laughter

I will bow to your knowledge!

More laughter

George: But one of the difficulties of the materialist society is that so many *bad* examples are set!

Yes, I do not wish you to forego all materialism in your lives—that would be foolish; but what is important is to put it in its correct place, in your *spiritual* life. You understand?

George: Yes, unfortunately, when bad examples are set, the press seem to publicise these, and the situation *appears* to be even worse (**yes**). This is unfortunate within our society.

If only you could look upon these small children, almost like a blank canvass, whereupon the most beautiful picture can be created. That is something you could keep to the forefront of your thinking, because that is what they are, these *beautiful spiritual beings*; and they want only to be loved, nurtured and guided and to know and feel that they are loved. That is all anyone wishes for their lives. I am sure if you were to ask anyone, and I mean *anyone*, even people who dwell within your prisons in the world; what more do they desire than the love of someone.

Affirmations

It is most important, my dear friends, that you nurture and cultivate the love in your lives today, and I wish to leave you with those words, those simple words—and it is a very small word in your vocabulary, but the most powerful.

Sara: That's a powerful teaching, Salumet. Thank you very much. Wonderful words!

And as I do leave you, I will continue to work this time with this instrument. But I will say to you: there are many, this time who stand close to you. So allow yourselves, my dear friends, to feel their presence, to know their message to you, and ultimately, to thank that Great Creative Force of which we all belong.

General thanks