

**7<sup>TH</sup> APRIL 2008**

Lilian: Good evening Salumet.

**Good evening.**

All: Good evening.

**As I join with you this time I would like to begin by just saying to our dear friend, the one known to you as Jan: I give you some upliftment this time (thank you). Sometimes you allow your fears to overwhelm you. I am here to say to you: Do not be fearful, because we are round and about you at all times.**

Jan: Thank you. What has sparked this? Is it something in my everyday life that I'm fearful of or is it a spiritual matter?

**Sometimes you are fearful of *life*, but you are beginning to overcome that, but just sometimes you do allow it to overwhelm you. I know you understand...**

Jan: Yes I do.

**...but we wish you to know that you are never alone.**

Jan: Have you been aware that I've been calling on you personally just recently?

**Do my words not verify this for you?**

*Chuckle*

Jan: Right. Well that is so nice to know. You hear everything I think, because I haven't spoken them out loud (**no**) but I've asked for your protection.

**There is no need to outwardly say the words. You know that all thoughts reach us and I will always endeavour to help each one of you if that is how it should be. Of course, I cannot ever interfere with your pathways, but we can help in many, many ways.**

Jan: I know that you're aware when I asked for protection on two occasions in the last couple of days and I did have an overwhelming sense of calm come over me and I knew nothing would happen to us. But I have realized today that I don't need that 'fear' on this particular—and you obviously know what I'm talking about (**yes**)—and I believe that the animal in question has come to us as a real gift and I really do thank spirit for bringing him to us.

**Trust in us. That is all you need to guide you. Each one of you must give of yourselves, allow those thoughts and feelings and offer it to that great divine spirit, or whatever name you wish to give to that universal love. No matter what**

**you call it, allow it to go and you will always have an answer for your questions. This applies to each and every one of you.**

Jan: I know you've said this to us so often but you have to actually experience it first hand; and now that I have, I don't feel as alone (**yes**)—I'll never need to feel alone.

**You never are alone. All of you have many who stand close by who are waiting to help and to uplift you in your everyday lives, but so too must you not believe but *know* that that help is there for you. It is not a belief system but it should be a deep *knowing*, a knowledge that we are always there for you when you are in need.**

Jan: Well, if there were any doubts before, I don't have them after this conversation and I promise you I will do everything within my power to expel those negative, fearful thoughts.

**Those words from you are most welcome and I know that it has helped you in your understanding.**

Jan: It has, thank you very much.

**And that leads me now to a question my dear friends that I wanted to say to you this time: What is your understanding of the phrase 'brotherhood of man'? Would anyone wish to say?**

Jan: I believe it's our spiritual connection to every spiritual being that walks this planet.

**Very good.**

George: I would say a *oneness* that has many details within it.

**Yes.**

Rod: Everyone being interlinked.

**Yes. So you see, by your expression of those words, you show that your understanding of that phrase has meaning; whereas most people on your earthly planet would say it was a connection to his fellow human being, where they feel that *equality* breeds that phrase 'brotherhood'. But my dear friends it shows to us that you have allowed the layers of materialism to drop from you, that each and every one of you understands and you are like the butterflies emerging from the chrysalis. So I say to you my dear friends, to us it shows just how much you have really grown. It is now time my dear friends for you to begin to fully emerge,**

to become that beautiful butterfly that spreads its beauty throughout your world.

Lilian: That's a lovely way to put it.

**But of course it is no easy task. Butterflies as beautiful as they are have a short lifespan in this material world, as so do you all as human beings. This one lifetime is a very small part of your existence and I also know that you understand this also. So my friends, that is another reason why in times to come we are going to devote more time to your individual development. Can you now see a purpose for this plan?**

*General agreement*

**Yes. Each one of you shines like a butterfly—has the beauty and the gentleness of the butterfly.**

George: Yes, I think you—to perhaps phrase it differently: you speak of a spiritual cell of influence on the physical planet.

**Yes. It is a realization of all that is already known but as always ... (*Salumet was silent for 15 seconds*) ... forgive my silence but to each one of you this time I extend that spiritual love that bonds between you all. I hope my dear friends that you feel it from us.**

George: There is a very special feeling here tonight.

*And discussing afterwards, some of us clearly felt a tremendous 'thick' energy at this point.*

**Yes, there is a unity here this evening, even although we have one who is quite new to our group, but indeed has had a bond with us through your many recorded words. Please accept the love that is being given to you this time; it comes not only from myself but from many, many others who have gathered here this time. So I say my dear friends, accept the love and the light and the knowledge of spirit that it uplifts and upholds you throughout each stage of physical being.**

George: Wonderful. I think our silence means that we are almost overwhelmed by this.

**Yes, and although my stay this time is short, I hope you *feel* the power of the love which is given to you.**

Paul: Yes.

Lilian: Yes, thank you very much.

**And I will say only my dear friends that your next time together will be given over to those who wish to come to help you to develop your**

**own individual gifts—not even gifts but your spiritual rights. With that my dear friends, I will leave you. I will continue to work with this instrument (*Eileen*) for a short while and leave you all in the capable hands of our dear friend known to you as Lilian.**

Lilian: Thank you. Our love goes with you.

*General thanks*