

3<sup>rd</sup> March 2008

Lilian: Welcome to you, Salumet, and thank you for coming.

**Good evening.**

All: Good evening.

**As we come together this time, let us give a welcome to our dear lady friend. As always we are happy to join with those who seek and as they come and go, it only enables us to spread the truth of life a little further. I hope you would agree my dear friends.**

*Affirmations*

George: Yes. This is always a nice feeling.

**I will take questions if the lady has any to ask.**

Lilian: Thank you. Valerie?

Valerie: Please could you tell me how we can heal ourselves, please?

**Yes. Everyone has the ability to self-heal, but to be able to achieve this, you have to go inwardly; you have to allow that spiritual being to be the stronger force in your life.**

Valerie: I understand now, thank you.

**As all of the others within this room realize that sometimes earthly life can be harsh, but the ability that is within you to heal is a natural happening. But firstly, as the others know, you have to allow all fear to leave you and we know full well that you human beings find this most difficult. You have to allow the fear of life and loss and sickness to be forever gone from your thought, because you see my dear friend, your thought is that strong force, which can bring to you help. But I have to tell you, it is a huge responsibility for you, but it is achievable. Are you happy with that explanation?**

Valerie: I am very happy. Thank you very much. I will try very hard.

**You will find that after this meeting you should feel some upliftment of spirit when you leave the room. It should carry you forward and allow you to realize the power of spirit.**

Lilian: Thank you.

Valerie: Thank you.

Lilian: We have another—I'm sure you know what I am going to say, but we have another person who has shown an interest to come and listen to your words. He is on our television ...

**I have already noted your excitement!**

*Laughter*

Lilian: I don't need to explain (**no**). If, and I say if, because I guess he's got a long way to come, I don't know—if he could come, you're happy to speak with him, are you?

**Of course! Any seeker of truth should be welcome within this group. I am always happy to meet with those who seek, to express and to grow.**

Lilian: So I'm sure if we can arrange this, you would come through and speak to him, thank you.

**Yes. I will be happy to speak to him.**

Lilian: Thank you. Did you want to ask a question, George?

George: Yes please. Connected with that, he being in the position that he's in, it would be nice to be able to predict a suitable date—I'm not sure how possible that is going to be. I would also mention that we've had correspondence and he has actually brought up a question. I know that it's a question that's a great concern to some people. It concerns what is known as the Yellowstone Park in Wyoming, USA. It is a volcanic area, it is a large caldera of volcanic workings, an area of hot springs and there is geological *persuasion*, shall I say, and coupled with satellite observation, also psychic prediction that there is a huge potential disaster developing at this time. I don't know if you would wish to comment on any way at all regarding the possibility of this form of disaster?

**I will make comment for you, only because you have broached the subject. You will not stop the evolution of this planet. There will always be what you term 'catastrophes', 'disasters'—this we have previously discussed. I deliberately do not bring to you predictions of this kind, because I feel that it is more important that we bring the positive aspects to life that mankind can look forward with that positive state of mind, rather than dwelling on predictions of disaster, which, at times, cannot be avoided.**

George: Yes, I was rather expecting you to comment in general terms on that, which you have (**yes**). Thank you very much for that.

**What purpose does it serve to tell you of pending disasters? It would only allow your thinking to become warped or fearful and that is not my purpose. But you cannot stop the evolution of this Earth planet. You understand? (Yes.) I am not evading the question, I am rather**

**trying to steer you onto a more positive way of thinking.**

George: Yes, and I would comment myself that I would expect a Master to handle this in general terms. Thank you.

**Yes.**

Sarah: Salumet, last time you were talking about when we go back and everybody is pleased to see the returning spirit (**yes**). I just wondered how it is when you have a returning spirit who is in his or her own darkness. When do they recognize that person coming back, when they've come out of the darkness or when they come over nonetheless within that darkness?

**The recognition is there before they leave behind the physical garb. No one is left alone, whether they are in spiritual darkness while on Earth, they still have those of us who are trying to support them at all times. So no one is ever left alone. But, as you know, it is up to spirit to recognize for himself what he must go towards; he must learn to recognize the true self. So do not be fearful for them.**

Sarah: I was just wondering if they would still be just as pleased to see that spirit come back?

**Yes, because they can see the wider picture.**

Sarah: Yes, this is our problem, isn't it? It's too narrow.

**Yes. You are speaking of one lifetime of darkness perhaps, when in fact the whole picture is a different story.**

Sarah: Yes, yes of course.

**You understand?**

Sarah: I do, yes. Thank you very much.

George: Yes, that of course is a very important point, which hadn't occurred to me in quite such plain terms, but yes, in spirit the picture would be that much wider.

**Of course, yes. If you take a snapshot of someone or a group of people, you are limited to what is within the scope of the frame, but if it was to be extended, then you would see the fuller picture. Think of it in those terms and it will become a little more understandable.**

George: Yes, so that would be a huge asset and incentive for a soul in darkness.

**Yes, it is only that the soul has not created for itself the purpose of this lifetime and is spiritually unaware of what should have been attained, but the whole of the spirit does not rely on only one lifetime.**

Lilian: Yes, that's the thing we forget.

**If you had a child in a classroom who was very bad in one subject, you would not judge that child on one lesson, would you? He may well excel in all other fields. So, again I say my dear friends, be careful in the way that you judge. It is another lesson on judgement.**

George: Yes indeed.

**Yes.**

Valerie: Is it wrong for us to judge people?

**Yes. You must avoid making judgement, because you do not know the whole story.**

Valerie: It's the pebble in the sea?

**Yes, you can put it that way if that is understandable to you, but to pass judgement makes you unsure, because you do not fully understand the whole picture of that being.**

Rod: It's the thought that comes up almost daily in our house. One says something and then immediately says: 'hang on, you cannot form a judgement!' So your words have come out frequently in our house, Salumet.

**That is because your awareness is growing. If you pass judgement and think that you are correct, then that is when you must be wary and realize that you must not judge another human being.**

Rod: Nothing to do with that, but we had in our house this morning a little baby. She's coming up to five months, and I just look at that little soul and think 'that's a brand new spirit in there', and it always amazes me. I've got no statement, but I just think it's such a wonderful thing to see that life and the spirit starting from that little child.

**It is a brand new human being, not a brand new spirit. Be careful how you judge her, because you are making judgement when you make that statement.**

Rod: Oh dear, here we go again!

*Chuckles*

**Yes. You do not know what the purpose of that spirit is—because it is in the form of a human baby that means very little.**

George: Yes, I rather think Rod might have been seeing the purity of the young child.

**Yes.**

Rod: It is the purity of the eyes, the purity—it's beautiful.

**Yes, you are looking at the human frame and the beauty that that in itself creates, and the love that it brings forward from other humans. Yes.**

Rod: Grandmothers and what have you ...

**Yes. If only humankind could retain that kind of love for all of mankind, what a wonderful Earth you would have!**

Rod: There would be a lot of nuzzling, kissing going on as we do with these little kids, don't we? Smell them, kiss them ...

**Well, they are human emotions. I speak of the pure love which you feel. Yes, I hope that has helped you my dear friend.**

Rod: Yes, I better dig that pure love out I know. It's something you spoke about recently with me.

**But I have not objections to you kissing!**

*Laughter*

Lilian: Yes, I think the rescue that we did once with the little girl in the kennel and then you commented the next time you came. I think that was such a big lesson to us on 'judgement'.

**Yes. It is a huge issue for humankind, because it seems to be a natural instinct when you are in human form to think that you know better than another, and as I have said to you in past times, firstly look within at yourselves and if you find fault with another, then look to yourself first.**

Rod: Would it be a wrong thing to, say, if you had a lot of policemen in here, lawyers, judges; where do they come in on this?

**Where do they come? They are spiritual beings in the same way as each one of you are. It depends on where they stand in their understanding of who and what they truly are. It matters not what the title of the human form takes, it is what is within that matters.**

Sarah: I think perhaps Rod: did you mean they have to judge people?

Rod: Yes, they're forming judgements.

**But that does not exclude them from being spiritual people. That is only a profession on the Earth that they have chosen. It does not make them right or wrong, it is what is deep within the heart that matters.**

George: Would you, Salumet, differentiate between judgement of a person and judgement of the ways of a society? This might be a little area of difficulty, because in judging the ways of a society, that could usefully lead to a better way forward. So that's an area that I've been thinking about.

**Yes, but in whose opinion?**

George: Ah! Yes!

*Much laughter*

**I need say no more.**

*More laughter*

**I would like you to think about that.**

George: Yes, well I think the way forward should be positive for a society and not negative.

**It would be a much better way if you were rather than to judge, would be to send positive thoughts that all of those people work and find truth for themselves. In that way positive thinking grows.**

Valerie: Does this also apply to our government?

**Yes. They are being inspired and helped, as all of the others here know. They are being helped to make good judgement for the people who surround them.**

George: So they are being helped from spirit and our own positive thinking could add to that.

**Yes, of course. But do not pass judgement that is not your place to do so. There are many areas, are there not, where judgement takes place without you even recognizing it?**

*Affirmations*

**But again, it depends on your cultivation of awareness. So, I feel I have given you a little more food for thought this time.**

George: You have indeed and judgement is a very complex area.

**It is, it is, but I have to say my dear friends that you do well, but forgive me if I constantly remind you.**

Sarah: Please do.

Valerie: Please do, we need it desperately.

Lilian: Yes, that's true.

Valerie: Should we be living a simple life? I suppose our thought processes should be simpler and not so concerned, anxious—to achieve more within ourselves and our thoughts. Can we make our thought processing simpler to make things a lot better?

**Everything that you wish to achieve, no matter what it is that you choose in this lifetime is possible when you go within. That is when changes can be made. On an intellectual level, you can, of course, make changes in the material world, but to make lasting and spiritual change, you need to go within. Do you understand?**

Valerie: I do understand, yes.

**Yes. But you do not need to live a completely simple life. There is nothing wrong with the**

material world provided you do not seek and make a great love of all material life, but accept it as just part of the life you have chosen to come to. It is the *love of materialism* that is wrong, but in itself, there is no problem with it provided you are generous of spirit with your fellow human man. Is that helpful to you?

Valerie: Yes it is very—thank you.

George: Yes, so there has to be a balance and the material consideration could stifle spirit—nearly.

**Yes, only if you crave for it, and place it far above spiritual growth. It is the spiritual growth which is the important factor in your lives. When the spirit is to the fore, materialism is less important, but it is not wrong provided all other areas within your life are good. You understand?**

*General agreement*

George: Yes, because a society such as ours has to develop some complexity in order for such devices as computers to emerge (**yes**) and these, I think I would be correct in saying, are proving to be useful in connecting to spiritual development and other things.

**Yes, and we are using such machinery to make contact with some. It is a new form of energy and as with all things, there is positive and negative aspects to it. But, as you know my dear friends, as I have told you often, all of life is light and darkness, but you have to have balance. That is what is important—that is important.**

George: Yes and I think we have to observe that not all roads that have been taken are light.

Genetic modification work (**yes**) I think has to be seen as an area of some darkness.

**Yes. There will always be light and darkness, it is the nature of your world; it is a world of learning of many things. So, accept what comes to you my dear friends, accept it with love, because you know fully well that love can dissipate all darkness.**

Valerie: Yes.

**Yes.**

George: Yes, it could even dissipate problems that arise from genetic modification perhaps?

**Yes, it has the power to do that, but it is in the recognition that that power becomes activated.**

George: Yes.

**Yes. Now my dear friends, I feel for this time that I will withdraw and allow those who stand close to come a little nearer to you; and as always I leave you surrounded with my love and**

**light and that you all feel some upliftment from this evening.**

*General thanks*

George's notes:

Yellowstone Caldera: Several points arise; not least of course that Salumet reminds us that prediction is not his object in coming to us. His mission here is to teach and to uplift ... and back in 1994 when it began, his stated mission also included: to steer us away from the nuclear oblivion that we sadly headed towards. But whatever ensues from Yellowstone it will doubtless become part of our learning. Perhaps we should go within if personal decisions are to be made. And we should stay positive in our thinking! A further factor is that our thoughts on positive and negative issues, feed into earth's collective consciousness, and during the past decade our science has been able to actually measure and record the energy peaks of elation and despair that exist in earth's consciousness collectives. So our thought impressions exist as a scientifically proven reality.

Computers: These are of course useful in transcribing and sending out the Salumet emails; also book preparation. But our teacher has also referred to direct-interaction-from-spirit with computers to convey messages. This method of spirit communication is a new phenomenon but we already know of instances.

Genetically modified Crops / Foods: Salumet has spoken on this ... an 'unnecessary step for humanity', but nevertheless it has been taken ... there will be light and dark issues arising. Fresh in mind is an article in *New Scientist*, 15<sup>th</sup> Sep 07: 'The Itch that won't be Scratched'. It concerns Morgellon's disease, the very existence of which remains in dispute. But some evidence is cited that it is a real and rather strange fungal condition of the skin, connecting to 'cross-kingdom genetic modification of food crops. Time will tell on this matter.