

19<sup>TH</sup> November 2007

Good evening.

All: Good evening.

As we come together once more, I hope my dear friends that you feel the peace and love which I bring to each one of you. Once again, your thoughts and thanks for healing have been noted and again I say to you, continue with this love for your fellow man and you my dear friends will be repaid in kind. But of course, that is not a reason to do and ask for help, that you may in return *receive*, but that you continue to do it from the *heart* and with *Love*. I do not intend to stay too long this time, because we have, my dear friends, an exercise for you this evening. When I leave you, I would like you to focus on a loved one in spirit and see how close they can come to you and how much your awareness of *them* has grown. I hope that you are happy to do so.

*General agreement*

I would say to you, I will take just a few questions this time, and I will continue my work with this instrument.

Lilian: Thank you, if I could start. Did you have anything you wanted to say, Richard, to Salumet about what happened to you?

Richard: If there was any part played in the weather at our wedding, we both give our extreme thanks for that. But my question would be: I had a voice wake me up the other night after we came back, with a girl introducing herself as 'Arnia' or something like that. I believe she's come through to play about with the levels so that I can actually hear who's trying to come through to me. She comes through sometimes quietly, sometimes loud and it's difficult to judge. I think she's there to help. I just wondered if you were aware of that?

**She is indeed a helper for you. Let me reassure you, as I did last time we met, that you are now beginning to accept what can be achieved. If you are open enough, we can come close, but because of the human spirit and the doubts which creep into the consciousness of the human being, very often these occurrences are denied or put down to be 'in your mind', as you might well say. Only when you allow the awareness to take over and you can fully accept that these things happen, then we can give you so much more. Not only will you be aware of**

**this female as you say, there is with you close by a gentleman who is waiting for you to accept that you cannot only *feel* but *see* and *hear*. In fact my dear friend, you have the gifts of spirit at your very finger tips, but until now you have had too many doubts. Now is the time to fully open, to allow that spiritual being to come to the fore. You must not listen to the voices of others who are not sure of spiritual happenings, because then your sensitivity becomes such that you then begin to doubt also. Is that not true?**

Richard: Yes, there are quite a lot of people around like that.

**Yes. You must rise above all of that and be true to yourself. You can do it and you will achieve it.**

Richard: Thank you, Salumet.

Lilian: Will this gentleman who is waiting from spirit, will he eventually give his name?

**Yes, in time—only when the time is right. All happenings of this kind must be done slowly but surely; it is a two-way communication, as you all now understand within this room. But our dear gentleman friend is quite young in this knowledge. Although he has always had these abilities, it is only now that he is beginning to truly understand; but it takes time. I hope that is helpful to you.**

Richard: Very helpful, thank you.

*Lilian the asked if there were further questions:*

Sara: I recently gave a talk on colour healing and it was the first one I'd ever done, but I did feel that it was a great platform to put across something of the teachings and I felt that it was perhaps something I should do more of. Would you agree, Salumet?

**I believe I have told you that your sweet voice is healing. So, yes of course, I would encourage you to use it in any manner that you feel is useful, not only to you but to others.**

Sara: Yes, thank you.

**All answers are available to you my friends. It is only that you do not listen clearly enough. All of you still say, 'was it my imagination'...**

Lilian: That's so true!

**... when by now you should realize that we are always close to you.**

Sara: Yes, I knew that people were helping me with that talk. I knew because it took on an energy—a new energy. It was a good feeling, thank you.

**Yes, and you may find at times there is a strong voice comes from you that is not perhaps**

**recognizable to your own, but is indeed part of the help you are receiving. I do not mean the voice of a male, but a strength within your own voice.**

Sara: Yes, I felt that I was being given some inspiration when they were asking me questions—I did feel it then.

**Good.**

Jan: Salumet, in time as you've mentioned to Richard, I have a deep feeling within me that this will lead to platform mediumship eventually. I don't think that the work that Richard is on the pathway for is just for this room—I have a sense of much, much bigger. Can you comment on that, please?

**Let me say this to you: Each one of you has come here with a pathway, each one of you has chosen the pathway to meet once again and each one of you at some time has made choices either for good or not so good, but that choice has been attributed to your own spirit. What I would say to you is that whatever choices are made to go in any direction, that responsibility lies entirely with the one who is treading the pathway. I could tell you what is in store for this young man, but I do not intend to ...**

Jan: No, I see now that would be unfair.

**... because—not *unfair* but *unwise*, because he is still of an age where he can influence his own movements and it would not be wise for me to tell him where he will be in 20 years' time. You understand?**

Jan: Yes I do, yes I do.

**Although I could, I will not. If he so chooses he can develop the spirit to a degree, because, as I have said, he has all the abilities to do so, but only *he*, only he can make those decisions. Once he has developed, not only developed, but he has chosen to understand and become much more aware, then the choices that he makes in life will be the right ones.**

Jan: Maybe the question was unwise of me to ask ...

**No, not at all.**

Jan: ... but I have had dreams or clairvoyance about him in the past in that way.

**Yes.**

Jan: So we will see.

Sarah: Could I just ask one quick thing. Somebody who was dying a little while ago, I don't know if he was frightened of dying in the beginning, but eventually he kept saying, he didn't want to go

there because it was a terrible place, it was awful. It was obviously his fear at that point why he didn't want to let go. What exactly was he seeing? Where exactly was he going? Because he said he thought he had sort of died and gone somewhere horrible. He wasn't a bad man as far as I know, so what exactly was ...

**No, but it was fear.**

Sarah: It was fear.

**Fear created the conditions and although he was not, as you say, a bad man, remember my words: you either have fear or love. So if you approach your passing with any kind of fear, then your surroundings as you well know from your rescue work, it creates many situations of being lost, of being uneasy, of just not knowing what is happening to you; and that is all that it is—that is why it is important that we have good mediums on the Earth plane, who can help these people to pass into our world safely and with love. You understand?**

Sarah: Yes, I do. I did say to my daughter to tell him to look for the light, which he did, and he did actually go soon after that. It was actually my daughter's boyfriend's grandfather and I had meant to ask before what it was he was actually seeing: I knew it was the fear but I just didn't quite know how to explain to him.

**So many people say they are not afraid of dying, but deep within their hearts, it is the unknown which creates the fear. Instead of allowing the spirit to go forward, they create fear and anxiety and therefore their own conditions. I hope that is helpful to you.**

Sarah: Yes that is, thank you very much.

**Now, I feel for this time, I will allow you to quietly await those who wish to come close to you, but you must send forth that thought to one particular person for this exercise to work, and with those words my dear friends I will continue to work quietly and allow our good lady to guide you and allow you to speak as necessary.**

*Thanks from all present*