

1ST October 2007

Good evening.

All: Good evening.

I am happy to join with you once more. The instrument would seem to have a little irritation to the throat. Therefore I will try to deal with it for her.

Lilian: Yes, thank you.

Pause of a few seconds

Once more, my dear friends, we welcome your healing thoughts for all of those in need. But this evening I wish to place before you a question which I hope will bring to your minds much thought. My question to you this time is this: is there only one spirit—one spiritual existence? That is my question this time.

Lilian: So, is there only one spiritual existence?

Yes.

Sarah: I think I would say 'yes' and we are all one little part of it.

Do we have any more thoughts about this?

George: I would think we are all one: there is one spirit, but the spirit has many parts and those parts also have many parts. I feel it is one spirit, but a very, very composite form—complex form.

And where spirit resides, is there just one spiritual plane?

Sara: I don't know. My daughter asked me the other day: 'Where is heaven? Where is her idea about spirit—(yes) and I didn't really know what to say, but I told her it's all around us—(yes) it's within us and around us. (yes) But I'm not very clear. (yes)

Sarah: I think it's a bit like the spirit itself; it's probably divided up into different planes, into different compartments, perhaps you should say, where you have the different...

Paul: Stages...

Sarah: ...stages of growth.

Yes. I therefore pose to you another question: You now know and understand of life on other planets, of other universes, galaxies, that it is not only this universe which exists. Let me ask you my dear friends: those people who exist upon these other planets, do they return home to spirit in the same way as you people upon this Earth?

Sarah: Yes.

Lilian: We've created our own spiritual place...

George: Yes. I would say there is the one what we sometimes call the 'deeper spirit', but there are these connecting zones to planets which we call the 'astral planes' sometimes.

Yes. Now we begin to think just a little. Let me say this to you my dear friends that those beings on other planets, when they pass to spirit are of different form, speak different language; therefore what do you suppose they would do if they came upon a place that was inhabited by human beings?

Paul: They could adopt a similar appearance and maybe they can communicate more with thought?

Yes. That is possible at a later stage. What I would say to you is this: that spirit is here and now and when you leave the physical garb and you are in spirit, you are still here in a sense, in the same way as those from other planets meet those of like kind in spirit—but at that point they do not unite or communicate until such stages as it is unnecessary to have any form. Do you see where I am going with this conversation?

General agreement

George: The astral planes contain beings of *form* (yes) and this is the difference (yes) from the deeper spirit.

And up until now we have only discussed the astral planes for human beings such as your selves. And of course spirit is all one, but the united completion of people of different, how shall we say, different aspects of being come together at a much later stage when only the mind is used for communication.

Sarah: Yes, that makes sense.

Therefore you have many—and I use this carefully—many 'spiritual worlds' which are separate but still united. You understand?

General agreement

Paul: Yes, and we can still, like we do with Bonniol, communicate with them and I guess in the astral planes, maybe, there can be link-ups as well.

Yes, of course, there can, but the majority of the time is spent in taking each plane of existence more slowly. And, although there is only one spiritual home, there are places within spirit which are separated—perhaps that is a word to use. You understand what I am trying to tell

you? (Affirmations) Do you have any questions about this?

Paul: So there are ones that are separated, even in deeper spirit, or...

When you reach deeper spirit, all beings are united. There is no separateness, there is no individuality and that comes when you enter deeper into the spiritual realms.

George: Can we think of this as: there are beings, but they are united?

Yes—yes.

Sarah: In this planet we have made contact with Bonniol, we are able to contact him through our minds. Would we not still be able to continue that contact through our minds once we go into spirit, even though we are separated—but we could still maintain that contact?

Yes. If so desired, that is possible, of course—all things are possible—but I am trying to make you understand that the wider picture is not as you have seen up until this point. So I would like you to think a little more deeply about these different areas of existence.

Sarah: That does make sense.

Paul: Yes it does. It seems like a gradual blending as we progress.

Yes, I like that word, 'blending' of spirit—yes, that is good.

Lilian: A bit like the people on this planet, as they began to travel...

Paul: Yes, you have like the blacks and the whites and the...

Lilian: The Aborigines and so on and so on.

Paul: The Orientals—and slowly we are blending. **(yes)**

Sara: The more we progress spiritually on *this* side, the more we are capable of blending. **(yes)** That's not to say that we can necessarily spend long periods with people who are unlike us, but we have the ability to blend at any time. As long as it's not for too long, we can feel that blending with anybody.

Yes. That is why it is most important that you allow spirit to come forward whilst you inhabit these bodies, because then you forsake those astral planes which are limiting, shall we say, for your progression.

Sarah: And is this always going to be the case, these separate things, because this planet's going to come to an end at some point and we are going to be...

No matter, it is what happens in spirit, that is important, not any physical planet, but the progression of spirit.

Sarah: Because I was just thinking that by the end of this planet our spirits will have progressed, we will have got more spiritual...

Hopefully!

Much amusement

Sara: So it's a progression on this side, it's a progression on the other side **(yes)** and we're always progressing towards a great blending.

Yes, but it is important that you try to at least understand the workings of spirit so that you are not in this constant wheel of reincarnation—that eventually when you return home you can go forward.

Lilian: Yes, that would be nice.

But again that it up to each individual and their own progression.

George: I think I imagine each planet in the universe to have its own blending zone.

Yes, you are correct; that is what you must understand. It is not instantaneous, because there are too many differences—although you are all spirit, you all come from that Great Creator, but it is a step-by-step union.

Rod: When you said the Great Creator, I just imagined him in our universe, which is mammoth enough, but then when you said 'universes', is the same Great Creator involved with all these other universes? Is it the same spirit?

It is all part of the perfect plan.

Rod: Good gracious!

Creator—it can be confusing to use earthly words like 'Creator' as if that energy was of your kind; that is not so. That is much too deep for you at this time.

George: Yes I found it difficult to imagine another universe. **(Yes)** Yes, a *simple* question: this physical universe is based on space-time, **(yes)** would other universes be based on something different?

They are all tied to the 'laws of creation', which means that in some way 'time' is of some importance, but can be slightly different to your own experience of tangible time.

Graham: Would these other universes have galaxies and planets in the same way that we understand in our universe?

Yes.

Rod: I know that this might be a hopeless question, but are there many universes?

Yes.

Sara: If we wish to step off the wheel of reincarnation, presumably we simply have to embrace each new growth opportunity as it comes and go within as much as we can?

Yes. You have to allow the fruition of spirit in this life. That is the purpose—that you grow and understand and no longer need that great pull back to any planet. Yes.

George: I have the feeling that certain structures within this universe that we understand, would connect to other universes.

Yes, there cannot be separateness in that sense. All is united in the great plan of existence. Does that help you?

George: Yes, because there are certain structures, like black holes for example, (**yes**) where this universe seems to be disappearing, so I'm tempted to think of that as one of those connecting points to a different universe.

Yes, I would encourage that thinking.

George: Thank you.

Graham: Are you yourself, able to communicate with other universes or are you within this universe?

My purpose this time is with you here, but because we are a conglomerate of beings, we have reached the point of unity with many. So therefore my answer to you must be 'yes', if we so desired we can communicate.

Paul: How—I'm not sure of the word, but how much of this unity—because your 'roots', if you like, will have come maybe from certain universes and you will be uniting with other universes and blending. So presumably you'll then have all the awareness of all of them, and yet perhaps also maybe your own roots from where you've come from will slowly disappear, if you like.

You must not, my dear friend, presume that this voice that speaks with you has what you call 'roots' in any planet. That is something we have not touched upon, but I would say to you, I understand your question, but it is—means nothing. You understand?

Paul: Yes.

George: Yes, could I add to that that our understanding of angels/angelic beings (**yes**) is that they have no roots to any physical planet... **Of course.**

...and I'm tempted to think of yourself as very similar to an angelic being.

Yes. I will use your physical word 'rootless'. Is that correct?

Affirmations

...**'rootless'**.

Paul: Yes, we can understand that, yes.

Yes.

Sarah: So why is it—you probably can't answer this question, I don't know—so why is it that you exist and the way we needed to come back to this Earth—what is it that determines, those that are in need of physical existence and those like you?

I understand what you are saying. Let me say this to you: I can only tell you that it is my existence to be what I am. That is in the hands of the Creative Force. It is not for us to question what our purpose is in this existence. I feel we are getting to very deep matters...

George: Yes, and it brings to mind (**yes**) a phrase from one of our religious books: 'I am that I am.'

I am—yes. I am that being of existence, because that it what the Great Creator has made me. It is my part of all being.

Sarah: I can understand. So it's the Great Creator's choice as to how he portions out, if you like, the spirit world.

Again we are confused by earthly words. It does not come to choice; it is just part of existence. That is the only way at this time I can explain it to you.

Sarah: That's fair enough, yes. I can take that, thank you.

I know these thoughts are powerful thoughts for you to digest, but I feel that you have come this far and it is time for those minds of spirit to seek further, to understand truth, to understand existence, and to know the spiritual power that you all have in order to go forward.

Lilian: I was sort of thinking about the parts to a plant: the roots, the stem, the leaves, the flowers, the petals, the stamens—that makes a whole.

Would that be a simple way to put it?

Yes. All of existence has purity and wholeness; it is part of the Creative Force. Therefore all of these things must apply to what is and what existence is. And I feel for this time I cannot say to you much more. I have to at this point take my leave of you.

The voice was fading, an indication that the energy was just about spent

General thanks

George's notes: The Tibetan Book of the Dead accounts 'the great vertical path' to 'undying' immortality, leaving behind all karma. This equates to the progression beyond astral planes described here.