

9TH July 2007

Lilian: Good evening Salumet.

Good evening.

All: Good evening.

As I come close to you this time there is a gentleness and a purity about you that is so good to feel. Again my dear friends it gladdens us to know that your healing thoughts are now much more expansive than just for individual healing, that your love and feelings for your whole planet can only be admirable, but do not forget the existence of *all life* in many universes that exist. Although many of you feel that life on this planet Earth is harsh at times, let me just remind you my dear friends, that you human beings are on an upward curve of consciousness; and although that may not seem possible when you study individual problems in your world, on the whole this planet Earth is making good progress spiritually. So I would like you to remember this—remember my words and it will sustain you in your daily lives. The angelic beings from all other planets are working hard to help humankind and it is a little unfortunate perhaps, that the people of this time have lost that knowledge and consciousness of your ancient people. It would be worthwhile my dear friends, if you would strive to attain just a little of that consciousness which the ancients had. They, of course, were able to see these angelic beings, but they called them in your mythology ‘gods’ and although they may have seemed liked gods because of their great knowledge and help, they *are* in fact the angelic beings which have always been a part of this Earth planet.

George: Yes, I think there’s been a tendency to refer to anything that is not human but seems greater than human, as gods.

Yes. After all, remember, you are gods in your own right, because we are all from the same source. But of course I feel you would think that not possible, but your actual substance is from the Great Creative Force. That is why in all of your religions mankind claims to be part of that god-like energy.

George: Image—yes.

Yes. So I say to you my dear friends, strive onwards to achieve evermore spiritual consciousness in your daily lives, in order

that those spiritual eyes be awakened to all that is round and about you. Be part of the whole, do not have separation, but *be* love—do not only feel it, but be part of it.

Have you any questions?

Lilian: Could I ask one on the same subject? Why is it that some religions or cultures have sacred animals?

It is just part of their religious beliefs and remember that because of your freewill upon this planet, each man must choose what he feels to be right. Try not to pass judgement—they will do that for themselves, because you see, they do not feel that it is wrong to placate their god. You understand? (Yes) Although it would be against what you believe, it does not necessarily make it completely wrong in their minds. You understand?

Lilian: Yes.

George: I find it easy to feel that there are others close—I sense that there are others close with eyes shut, but I think I’m right in saying that the ancients were able to *see* angelic beings with the *physical* eyes.

Yes, because their consciousness was such that they had developed their gifts of spirituality. Yes, beings—perhaps today you would call them materializations in that sense. But yes, your ancients were much more aware spiritually.

Lilian: Would it be possible to see one of these, but not be aware of it?

You would have to be aware if you could see.

Lilian: I see.

You could not, *not* be aware.

George: Yes, I think there have been occasions when Mary and others have materialized before many people. So I imagine the materialization can be enhanced from spirit world so that many humans can sometimes see.

Yes. There have always been occasions for these events to happen in order that there is not doubt, but of course, as you know and understand, there always has been doubt. You cannot convince everyone at the same time, but that is the responsibility of each individual. You cannot change another’s thinking for them. You can try, you can encourage, but you cannot change another until such time as their heart energy is open to the truth. I am sure my dear

friends that each one within this room has come upon some person who, no matter what you say, no matter what proof you give, they cannot and will not accept it. But that too is part of the spiritual pathway. That is part of learning understanding and forgiveness of others. So I say to you my dear friends, in every area of life, give thanks to the Great Creative Force for that experience.

Jan: I saw someone who had a wonderful experience talking to somebody who he'd known for a very long time, who hadn't necessarily thought about the wider picture or any spiritual thoughts at all and suddenly you see them opening like a flower. I know someone in my family at the moment who's doing just that. It's a wonderful feeling that they started to question and ask and feel so differently.

Yes, the opportunity is there for all, but again because of the freewill given to you as human beings, that knowledge and that support can be denied. There is nothing that you can do, but of course, like the flowers in your gardens to watch it grow and blossom and become strong and beautiful can only gladden your hearts.

George: Yes, it amazes me sometimes that organizations such as the Society for Psychical Research. That has been going for something like 140 years now—an enormous amount of intellectual data has been amassed, but still, still there are doubts at every turn. The intellectual path to elucidate, or attempt to elucidate the nature of spirit is a very difficult path and very lengthy indeed!

Of course, but we are making what you would term 'inroads'. Slowly, slowly but surely and you must know my dear friends how many scientist now have turned away from the material data and have turned towards proving that spirit now exists.

George: Yes, as I see it, there's the rising spiritual awareness and there's the intellectual pathway, and the two seem to be coming together to a degree. Does that make sense?

Yes and if you look to the wider picture—that is why I said at the beginning that humankind is on an upward pathway.

Jan: I think we've all commented that we've felt that in our daily lives, haven't we?

Yes, as spiritual beings like you within this room who have accepted that you are more than a

physical being; you can only continue to grow if you so desire. But again, that is why you are so individual, because of your *free thinking*.

Rod: I'm always a little surprised when they show a film about people living in the deepest of forests in Africa and most—well not most—they are *always* very spiritual and whatever they do is based on spirit, so they're well aware of it.

As were all your ancient peoples, because materialism had not taken hold. It is as you move towards material things that mankind has gradually lost these innate gifts. That is why you will find simple-living people are more aware spiritually; whether they know that or not, they are more spiritual in their outlook.

Rod: If you hadn't said what you said, I would've thought we were on an uphill path really, because everything is going that way, isn't it, in the world?

Yes, mankind has reached a peak of materialization that has to then continue on another journey and that journey is to return to know and understand himself and what he truly is. We are making great strides my dear friends, although there is so much fear in your world at this present time. If you were to stop and consider life now and that of many years ago when mankind wanted too much for himself—that is when the gifts of spirit began to fade into the background of everyday living.

Rod: That makes sense.

Jan: I wonder though if in the future if it's possible for us to recapture those spiritual feelings with the amount of materialism around us—as a planet.

Yes. I have said in years gone by, there is no problem with the materialistic things that you *have*, it is the love of these things, it is the false love and the attachment placed upon them that creates the problems. Of course there is a fine balance to be achieved.

George: I feel there has to be a process of devaluation of material things (**yes**) and possibly when the material things come up against floods or failures of various kinds, huge buildings falling down because they're too big really to stand up to the elements—perhaps these things assist the process of devaluing materialism.

It is a time for man to recognize past mistakes and, after all, if one man has so much money that he cannot spend it, but he gives much to

others, then you cannot say he is wrong to have so much money, because he does not have the love of that money for himself—he uses that money to help his fellow man. So, you see, you must always weigh up before you criticize.

George: I think we recall the Andrew Carnegies of this world who were great public benefactors in this way—and Alfred Nobel....

And remember also my dear friend that sometimes these people are influenced in such a way as to achieve great wealth in a lifetime in order that they can be an example to others by helping others. So you see they are a very good example to many who would not give.

George: Yes, certainly when it's like that it's a process to be much admired.

Yes. So do not be too quick to say that all things material cannot allow you to grow spiritually—that is not the case.

Sara: Salumet, recently we've been reading a lot about manifestation—it's a subject that is quite popular at the moment—they call it cosmic ordering. Of course it'll attract many different types probably, but we have also started tithing because we read a book which we felt made sense. And yes we felt we would like to have more wealth, because we can do more with this wealth and I wondered if you had anything to say about tithing? People suggest that by giving away a percentage of your money to others who perhaps need it more, it just simply increases your own flow.

Yes. It is simply cause and effect.

Sara: Yes, cause and effect, give and receive.

Yes. If you truly give with your heart without looking for return, then the laws of all consciousness will return it to you. But what I would say is be careful what you ask for, because sometimes you are given and there is a much wider picture that surrounds it, and may not always be what you expect.

Sara: Perhaps it is better to simply not ask, but give—give but not ask...

Yes, I would suggest that is a much better way because what you give, you will receive, not perhaps in monetary terms, but you will receive in happiness or health or in the love of a family, and after all, these are much better gifts.

Sara: Yes. Thank you.

Rod: Just one question. Millions of people on the Earth are worried about the Earth heating up and

flooding and they see a lot of harm being done with CO₂, and what have you. For some reason I'm not worried about this and I don't know whether I'm right or wrong, but I'm not on that side. Am I wrong?

You cannot change what has already happened, but what can change is your awareness in order to help your planet, and that awareness is already here otherwise there would be no discussions about it. So the awareness is there, but it needs to grow. But to you my dear friend, I say: do not waste your energy in worry and fear. Part of what is happening on this planet is part of its own evolution and that you cannot change; but of course there are many factors which all of you can help to change and to sustain.

Jan: By sending out our loving thoughts to keep everybody safe whilst this change is happening. This is what we can all do in our everyday lives, isn't it?

Yes, that is a much more productive view to the condition of this planet, rather than to be concerned and worried and fearful, because when you are fearful, when you are worried, you change that energy.

Jan: Vibration changes.

Yes. So, I say always to you: no matter how you feel, you have the power to change to love and hope and to continue with your lives in a fulfilling way.

George: Perhaps we could say that nature has the power to change if we allow her.

Of course that has sometimes been the problem where mankind has taken upon himself the attitude that he knows better, when it has not always been that way. But be grateful that the awareness is raised and that most human beings in your world are aware of these changes and what they can do to help. But, as I have said, part of it is an evolutionary change.

Sara: Salumet, is it reasonable to wish for things if they have an unselfish purpose behind them?

Yes of course.

Sara: Yes, because sometimes we think of future plans which would enable us to spread the word in our own particular way.

Yes. Whatever brings good that cannot be wrong, because I would say to you that you would understand immediately if the purpose of asking is not for the good of yourselves or

others. There is nothing wrong in asking for help for yourselves. Do not be afraid to ask, but be careful what you ask for—that is my only caution to you.

Sara: Yes. I understand that material objects for their own sake often incite envy and don't bring happiness sometimes for that reason; but my feeling was, if you wanted a bigger house, for example, for purposes of teaching or healing, then I was thinking that presumably was a good purpose.

If it is right for you, but it may not just be given, it may be that you have to pursue in some way for this to be obtained.

Sara: Yes, I understand—dedication. Yes, I understand that. Thank you.

Now, I will take my leave this time. I hope my words have brought to you some element that will give you food for thought once more.

George: I feel it's been a wonderful, warm chat and much instruction contained therein, thank you.

Yes, and continue to send those loving thoughts for those in need. Do not forget those in our world who also need your help and thoughts. And as I leave you my dear friends, know that always I am aware of your lives, of your fears—because some of you do have fears, but that is a struggle for you to overcome. And I will ask our dear lady friend, (Sara) whilst this feeling of ease and love remains, to take you on a journey if she will.

Sara: Yes of course.

General thanks and farewells

George's notes: 1. Universes: Salumet has on several occasions referred to 'universes'.

Physicists refer to several 'dimensions', which I think amounts to the same thing, and Salumet has on one occasion agreed that the universes are of different vibrations. With these references in mind it is clear that there are at least three that we know of:

- *Physical universe of material form*
- *Spiritual universe of formless spirit and angelic beings*
- *etheric realms of ether beings/elementals.*

The Astral planes are really different again in that these seem to be realms of spirit having form ... a kind of half-way house between physical and deeper spirit.

2. 'Gods': Earlier mankind has referred to angelic beings as gods. Yes, Homer (8th-century BC) wrote of the gods interacting with humans (The Odyssey, The Iliad). It is clear that sight of angelic beings can result from our improved awareness; also such vision may on occasions be orchestrated from spirit ... and there are numerous examples of this on record, even in modern press reports.

3. Materialism: Again, materialism gets a knock, but Salumet is careful to clarify that it is the 'love bonding to material things' that is negative. There is no problem with wealth or material things per se. We should just not get besotted with selfish gain or with clinging to wealth and possessions irrationally. This seems to be the direction of the teaching.

4. Andrew Carnegie: Born in the year of Hally's comet 1835 and amassed a fortune from the steel industry in the USA. He donated \$350,000,000 to a variety of foundations, endowed 2,800 libraries and was principle benefactor of Carnegie Hall, New York.

5. Alfred Nobel: Amassed a fortune from dynamite, a variety of patents and interests in the Baku oilfields. He left the Nobel Prize moneys for excellence in a number of disciplines and contributions to world peace, operative from 1901.

6. Upward curve of consciousness: Well that can't be bad. We have heard from Salumet more than once on this general pattern of improvement; also from Bonniol, via the input from guides who are so ever helpful with our interplanetary work.

Sara's Guided Meditation: It is summertime and it's still very, very hot as you can imagine ... and you are on the beach and it's still warm after the hot part of the day in the afternoon, and in front of you is the sea. And the sea is very warm still and you walk along the sand with bare feet. In fact you are wearing swimming clothes ... and you just put your foot into the water and it's beautifully warm, and you decide to swim. The sea is very still and tranquil and you are alone. And you start to swim in that beautiful warm, tranquil water ... and you decide to swim out to sea and you enjoy the wonderful freedom that the water is giving you. And you don't feel tired. You feel refreshed as you keep on swimming gently in this wonderful warm water. And you smell the salty, sandy smells around you and feel the gentle breeze on your skin. And you feel a sense of

freedom. All your cares have gone, and when you feel that you've had enough, you decide to come back to the shore. You come out of the water and pick up your towel, which is a very, very big fluffy, dry towel and you wrap yourself in it. And it is still warm, there is a slight breeze but the air is still warm. It cannot possibly be England. So, you are sitting on the beach now, wrapped up in this towel ... and you go into the silence ... and you give thanks, for the wonderful peace that you have in your life ... and give thanks for that peaceful centre where you can re-generate your energy, and draw strength from those around you. As your breathing deepens you become aware of those around you, and you connect deeply with them, and you thank them for being with you and then when you feel ready, you come out... You are feeling dry again now and the air is still warm. You walk slowly back across the beach and home again, without any cares, without any worries, without any burdens ... or fears.