

~25th September 2006~

Good evening. (*General greetings*)

As we come together this time, we give thanks to the Great Creative Force, we give thanks for bringing us together once more. (*Pause*) As we come together this time, I am sure that you remember my words of last time, when it was put to me that we may speak on particular subjects and our dear gentleman friend asked that we might discuss 'synchronicity'.

George: Yes.

Yes. I am of course happy to have discourse upon this subject, so do you have a particular question for me?

George: Well, I *do* have a question as it happens. I've been in correspondence with Elaine, whose husband John passed to spirit last year. And before he passed, Michael from New Zealand telephoned, and Elaine asked Michael if he would like John to try to contact him after passing, and Michael said he would very much like that. More recently, Elaine wrote a letter to Michael recalling that moment. And within about an hour of writing, Michael booted his computer, which was malfunctioning, and written across the screen was: I AM NOT DEAD. Because it was malfunctioning, he re-booted and again the message on the screen: I AM NOT DEAD. There is a rational explanation for the origin of the words, which were part of a music album advertisement. But the timing was amazing and Elaine asked me to see if you have any comment on that and what was in her mind, I know is: would John have had any part in that apparent synchronicity?

I understand your question—thank you. Firstly let me say: do you remember my past words to you that communications from our world were altering, and that much more use would be made by electrical gadgets?

George: Yes, I recall your words.

Yes. That is my first statement to you. What better way to make contact with a loved one or an associate than to use the energy of that electricity. (Yes.) So I say this to you now, that of course, what you call 'synchronicity' was in fact, straightforward communication from our world.

George: Yes—thank you.

What I term synchronicity is just very slightly different. (Yes.) Of course, these are the words you would be expecting from me, because you see, to simplify, 'synchronicity'—and remember again, these are Earthly words—synchronicity in

the true sense *proves* that there is a parallel world. (Yes.) Yes, I know that *you* understand this, my dear friend, but not all within this room would understand so clearly.

George: Some of us like to think of it as two universes, (Yes.) the physical and the spiritual, and at times there would be a particular connection or signal—I'm not quite sure how to describe it.

Let me again say to you words I have used many times, and that is: 'energy', energy to which you all come from and belong to—and you know full well my dear friends, that even within your world, your scientists now know how to what *they* term 'split atoms', which of course is energy. (Yes) So, why is it so surprising to those of you who know and understand our world that these energies, which have always been—and again, I repeat myself in saying that there is no past/present/future, but just 'is'. But energy can be transmuted in many ways, and a 'true synchronization,' as I would explain it to you, is when two parts of energy from the same source, re-unite in some form or another.

George: 'Re-unite'—yes.

Does that make sense to you?

George: Yes—thank you.

It shows itself in a pattern of separateness when in fact it has always been joined together.

George: Yes, and we've probably got a peculiar idea about: 'has always been'. (Yes.) When you say that past, present and future, are one...

This is why, my dear friends, it will always be difficult for you to truly understand the explanations for these things, because you have not in this lifetime, experienced that separateness, or that rejoining of energy.

George: Yes, I suspect the phrase: 'has always been' is a phrase to aid our understanding as it stands at present, but...

Yes, but it is difficult...

George: But if that time is all one, then it's not quite to that meaning... I find it difficult to express myself.

As you do...so do I.

(*Chuckles*)

Always this is the problem.

George: Yes, we appreciate you're endeavouring to express yourself in our terms that we will understand.

To explain to you in simple terms of understanding, brings to it a few problems, but always I endeavour to take the simple pathway for your own understanding.

George: Yes, that is appreciated. Thank you.

And as always, and as you well know, as time continues, that understanding becomes a little fuller as time continues forward, and what was once most confusing, suddenly becomes quite clear. And I do feel that this subject is a little beyond your understanding and capability of understanding at this time.

George: Yes, but it has helped enormously and I imagine that as Elaine's story is of a direct communication, I imagine that John might well have had some part in that?

The one you call John would have been aware of the thoughts and the emotions of his loved one.

George: Yes, I have further details that make that clear—very clear.

Yes and that is how from our world, we are prepared and ready for all of these occasions.

George: Thank you, and I know that they were a devoted couple—very close.

Yes, which helps in the communication, of course.

George: Yes, and I shall communicate this transcript to Elaine, and I know that she will be most pleased to receive **(Yes.)** your words on that.

I would like to mention, perhaps another example of true synchronicity, as I view it. We have spoken about how the spirit can be far away in another place, speaking to another person, while the physical body is somewhere else and occupied. That is an example of separateness although belonging together. Do you understand my meaning?

George: Separateness in the sense that the mind...

The energy can separate, but comes together.

George: Is separate from the material body. **(Yes.)**

George: Yes, I see. Thank you.

I feel I have to say to you, that all of your lives—all of your *physical* lives must be associated with synchronicity, otherwise we would not exist as we do. It is the natural laws of life and existence.

George: I think you're saying that it happens all the time, **(Yes.)** but we just are particularly noticing those special examples.

Yes. Once the awareness and knowledge come to the forefront, then you say: *Ah! What is this!* When, in fact, you are surrounded each day by such happenings.

Sara: Yes, I've noticed that names and birth dates are very often—well think of them as synchronistic. But I think that the dealings that

you have with others, whether they are difficult or easy, I feel that these connectors that make you more aware of the links between you and others, I just think they make you look more closely, and I think about past connections, **(Yes.)** other connections from other lives, which have either caused it to be easy or difficult.

But do not forget, my dear friend, that there are those who stand close by—your helpers, your guardian angels—all people in our world who stand close to help you in all matters; and in one sense, this influence comes from them. They also have a hand in these everyday happenings. You understand?

Sara: Yes I do. They are very much meant to happen... **(Yes.)** I do see that and obviously the difficult links are simply to be worked through and understood...

You must, as a whole, accept what life brings to you. But you must not exclude the help that is available to you, because there is so much help available, there is so much love to be given to you, from loved ones in our world. But as always, your responsibility lies with your selves, but perhaps, after this discussion, you will look at happenings and events with new eyes.

Sara: Yes I'm sure.

With—I repeat myself so often—with your *spiritual* eyes. And then you will see your understanding grows much, when this is done.

Sara: Yes, I see.

Have you any more questions on this subject?

Jan: When somebody is in a coma and their spirit leaves that body well before the actual physical heart stops beating, is that similar to what you were talking about—the synchronicity of the spirit being in one place...

Yes, it is, yes—an example. Yes, it is the separateness of the same energy. But in the case you are speaking of, there is connection until that cord is severed, and spirit is free. You cannot put apart physical happenings and spiritual happenings.

Jan: I guess they're one anyway.

Yes. Again, what has been has always been.

Lilian then asked if anyone else had more questions:

Graham: Last week I was finding my teaching rather hard-going. I work with children who have special educational needs. I was finding it all a bit much,

towards the end of last week and I asked for help and the difference was amazing! I knew I was surrounded by love and friends and helpers, because suddenly it all seemed so much more manageable and less difficult than it had done before. It was a very powerful example of what we are surrounded by and again, the link between the physical world and the spiritual world.

Yes—I would like to comment just a little on the word ‘link’.

(At this point Jan began to experience some profound form of healing, which Salumet soon responds to...)

You, my dear friends, are first and foremost spirit. You cannot ‘link’, because you already ARE. So, when you say ‘link’, what you mean is that you are *allowing* that spiritual part of you to *(Salumet’s delivery slows, probably reacting to Jan’s ongoing experience)* be up—that spiritual part of you...

Forgive me my dear friends, for this interruption, but there is much intensity within this room this time. And just for a short time, I ask that each of you feels that love and energy, which is present at this time. Please attend dear lady *(Lilian)* for this one. *(Jan)*

Lilian: Do you wish to speak?

Jan: Just pass that feeling around.

(Sara visited each in turn and Jan then gave thanks for her experience.)

When you feel such intensity of spirit, you begin to understand my words, ‘Past, Present, Future are as one.’ And you will find on these occasions that sometimes the emotional body finds difficulty in containing itself. But I would say to you this: That in times such as these, to allow them forward. It is different from physical human emotions that most of you suffer from. This intensity of emotion brings with it knowledge and an experience of love, which you may not have in your everyday lives. And I feel that on these words, my dear friends, I will leave you to continue with whatever is here for you.

(General thanks)

George: A wonderful evening—and that is an understatement.

I will be most interested next time to see what kind of reactions you feel from this evening. As always, my dear friends, I bathe you in love from that Great Creative Force to which we all belong.

(General thanks and farewells)