

~17TH July 2006~

Good evening. *(General greetings)*

I am happy to join with you this time.

Lilian: We are very happy to have you.

When last we met, we spoke about the energy and the pyramids and I remarked to you that when we came together once more I would ask you about your many thoughts on this subject. But because we are few in number, I will leave my discussion about the pyramids for this time until we have more in numbers. But nevertheless my dear friends we can discuss amongst ourselves what the individuals here have gathered from thinking about that energy within pyramids.

George: Yes, gladly.

I am sure that you have given thought to those words and are indeed happy to discuss this amongst yourselves. *(Affirmations)*

Lilian: Bonniol, he talked about different shapes that give energy—plants and water. **(Yes.)**

George: Yes, I remember you talking to us about making a sound vibration within ourselves—to have the feeling of this—and I rather fancy that the energy of the pyramid is like a ‘micro sound’ form of energy—a higher vibration than what we think of as sound-in-air. I feel there are two parts to it in a way: shapes have their energy, I can see that, and the pyramid going to an apex will have a sort of condensing effect as the sound rises to the top and beyond, but also the orientated pyramid with two sides facing the east-west direction has a collecting effect of energy I feel from its passage through the ether, with the rotation of the planet. So I think there is a collecting effect within the pyramid and an effect from the shape in refining that collected energy. So I feel that there are those two aspects to it and it’s a higher vibration which can get into things and modify structures. There’s one other point: the pyramids made on the Earth are of two different side angles. The Egyptian pyramids are built to the ‘pi’ ratio and the Russian pyramids are built to the ‘phi’ ratio, which is a steeper incline of side, so I rather suspect that the angle of the pyramid is quite flexible, but the orientation of the pyramid is very important.

Paul: I think the Central American pyramids are a different ratio again.

Of course the shape dictates the way the sound vibrations are used and as sound becomes more refined, then it reaches the point of not being audible to human ears—you cannot take one without the other. When you experience the sound within yourselves, remind yourselves of what you then felt. Can you remember?

George: Yes. I felt an on-going vibration within self.

Yes, until you became as one.

George: Yes, perhaps a better word than ‘on-going’ is a ‘resonance’.

Yes. What you should have felt was that sound energy being refined until you became unaware of the human form and you became as one with the sound energy. So you see, all shapes, all sounds go together and, after all, is not the human form in some shape? And where does the sound rise to? Were you aware of these conditions, or was it just a little too early for you to recognize what was happening? Yes, I feel that it was.

George: Yes, I was not aware of the sound rising to any particular place.

The sound will always rise to the pinnacle of the shape, to that point within the shape that allows that sound to vibrate at a higher degree.

George: So with ourselves it would rise to the top of the head... **(Yes, yes.)**

Lilian: How about a round shape, because in nature, the planets and so on, are often round...

Yes, you would have a vibration which would be surrounding the whole shape of the circle—no beginning, no end, but there would be a crescendo of sound and vibration.

Lilian: I was thinking of the energy that needs to keep the planets in place—it must be tremendous.

Yes, of course, but that is something that we cannot discuss at this particular time. I feel that to speak of shapes and energies is what you are now ready to receive.

George: I was wondering about a perfect cone on a round base; **(Yes.)** that would have its energy-enhancing effect, but perhaps it would not be a collector of energy in the same way that a pyramid collects?

No, of course not—because of the base, that would change the energy frequencies. There is so much that can be spoken about energies and while we speak of energies, my dear friends,

have you become aware of the talking going on within your world of harnessing the waters of the seas? (*Affirmations*) I did tell you previously that that was the way forward.

George: You did indeed, yes.

Paul: There is so much energy there.

Yes. May we ask now for someone else's thoughts about the pyramids and the energies?

Paul: I was giving it thought, but I couldn't get much past the idea—it seems like it's a chamber then, like a musical instrument for producing certain vibrations, which—I guess it's got a very pragmatic use for the Egyptians and the ancient people. I think you indicated in the past that—I understood that the pyramids were involved in the travelling to other stars.

Yes, as the gentleman, my dear friend here (*George in an earlier session*) has noted that certain shapes and sides of the pyramids relate to those of other planets for the purpose of space travel, which was not unknown to those ancient civilization.

Jan: Were they (*Egyptians*) visited by other planets? (**Yes.**) They were—that's how they gained most of their knowledge?

The knowledge was innate within them, which would make it easier to accept other cultures from other planets. Their knowledge was indeed far superior to anything on this planet at this time.

Jan: At that time, or this time?

Far superior in *their* time.

George: And I think I can say that in addition to the pyramid energy that we talked about and how it becomes enhanced, I think I would be right in saying that there were further structures in granite and rocks (**Yes.**) within the Egyptian pyramids to further enhance and develop the energy.

Yes, you are correct and this is something I will discuss with you when we have more people to listen. Yes, of course it is not only shape and sound but texture, and remember, as we have said, all *things* have their own vibration. You all, my dear friends, are nothing but vibration.

Jan: What came first in the ancient Egyptians, for example their thoughts—to entomb their dead so that they could pass into spirit more freely, in their belief that they take all their possessions with them...

That came to a later civilization. The knowledge of which we speak was innate within them.

George: I think we are speaking of a time which is 10,500 BC or thereabouts.

A little longer, yes.

Lilian: Our friend who visited last week from spirit who lived quite a long time ago when the (*later*) pyramids were being built. He was aware of the energy in water and the food.

As were all of those people. This knowledge belonged to all of that civilization. So you see it was normal to them, but gradually that knowledge was lost.

Jan: Why was the knowledge lost Salumet?

Because of the karma of the people.

Lilian: They didn't want to listen, I suppose.

Materialisation [sic] (*materialism*) was beginning to take hold. There are many, many reasons, but the downfall of many civilizations was caused by man's own ego and although that seems too simple, that is the basis of many, many civilizations' downfalls where mankind assumes a role of being the 'creator'.

Jan: Was that part of creation's—was that part of man's freewill or was that part of our evolution that we had to lose that to come full circle which I am sure one day we will. (**Both.**) Both...

Yes, both; yes.

George: I think what we are talking about having lost would come under the heading of 'spiritual attributes' (**Yes.**) and while one can write down material things, can keep records, and the records don't necessarily get lost, but spiritual attributes *can* get lost, through our deviation from spirit. Would that be fair comment?

Yes. I...

Jan: So the wealthier they became and the more natural minerals and gold and everything else they found in the Earth—that became their downfall.

And their beginning of abuse of all things spiritual.

Jan: Including themselves.

Yes, mankind basically, in simple terms, has lost his way; but as you well know my dear friends that is being reversed gradually in your world.

Jan: In our lifetime this time—the people in this room—we've just been talking about how many years before Christ? 10,000 before Christ did you say?

George: Well, Salumet says more than 10,500. **(Yes.)** But haven't we come a long way spiritually in the last 100 years even?

As human beings, let me say it to you this way: You have always been spiritual beings, but you have been in the dark as far as *recognizing* those spiritual gifts. And perhaps 'gifts' would not be the correct word this time ...

Jan: They're attributes as you put it, aren't they? **Yes, they are innate within you, but the recognition of who and what you are over time, has become lost. Mankind's focus has been placed in areas of living which are not spiritual, (Yes.) but slowly, as mankind has become more aware and able to accept and understand his own way of thinking, he can rationalize more easily that which he knows to be true, and at this time in your evolution you cannot deny what you know to be true. So, yes, you could say that you have 'turned full circle' I believe your words were.**

Jan: I believe that one day we will, but I don't think we are there full circle by any means yet. **I would not be here if that were the case! There is much, much work to be done.**

Jan: The other thing is we are developing at a very fast pace.

Yes. In this one of your centuries, the whole of your planet has become much more aware, because of the great effort from our world to come to you in many forms and to help you to know and understand who and what you are.

Lilian: We are very grateful to you.

George: Yes, we are very grateful.

And I have to say my dear friends, apart from all of the other information given, that is what is the most important part of our coming to you, that each one of you, whether it be within this group or in the many, many others throughout your world, it is to *recognize* and to *know* that you are spirit and that you have the abilities of spirit at your call.

George: We are making contacts with other people around the world who seem to be active in presenting spiritual information.

Yes, much, much is being given.

George: Can I mention a new contact that we have just made or would that be a digression?

Of course, if you wish.

George: There's one Victor Zammit in Australia who is a retired lawyer and he's presenting

evidence of the continuing life in spirit. He's very active and has a website and his findings are going out to the world. I know he has several times sat in with a group and there is David Thompson who is a medium in the Australian group and he seems to be very good at materialisations. He has materialised Sir Arthur Conan Doyle, and the materialised form shook hands with Victor Zemmit and he was *most impressed* with this. I wondered if you would have any comment about the idea of shaking hands with a materialized form?

But there should be no doubt within your mind my dear friend that this can take place.

George: Oh no, there is no doubt in my mind! **Firstly, I would say this to you: that that form of mediumship is becoming quite rare today, because very few people are prepared to sit as diligently as the one you have mentioned to allow this phenomenon to occur, But I would say to you, 'materialization' is good for all of your senses, because not only can you touch, you see, you experience the *whole form* of those who have gone—they can speak to you, therefore your hearing senses are in force and there can be no doubt when this occurs that spirit *is indeed*.**

George: So, if our friend Victor is impressed in this way and in turn recounts this to the world, this is a useful presentation of evidence, can we say?

It has already been presented to your world by many people, but let me say that as long as you have sceptical people, the most amazing what you call 'evidence' you will not shake their foundations; but to those who are seeking, it is the kind of evidence which cannot be disputed. But again, as human beings, there are always doubts and suspicions and as in all forms of mediumship, it takes personal experience sometimes for people to truly accept. So, do not be surprised that this wonderful evidence is ridiculed by some, but I would say, apart from healing, it is one of the best forms of mediumship as far as giving evidence goes.

George: I can perhaps add that there has also been a materialization of the jazz musician Louis Armstrong with him singing and the sound can be played through computers today so that the evidence—I take your point that there will be many who will remain sceptical, of course, but

the evidence itself and its presentation are I think becoming more impressive.

If you are a seeker of truth, then of course you would be impressed, but as I have said my dear friend, the past century of your living here on this planet has produced much evidence in the form of materialization and still people wish to deny what they see with their own eyes.

George: Yes, you are absolutely right, of course.

But I would say that this type of mediumship should never be lost and we are trying to encourage those who are capable of it to develop and come forward, but of course it takes many years of dedication from our world and from the medium involved.

Jan: Going back to the subject of energy, Salumet, is the ancient practice of FengChui altering the energies within our own environment? **(Yes.)**

Obviously that would be of a similar but very much smaller—same vibration as we mentioned of the pyramids, wouldn't it?

Because everything has a vibration, not only human beings, everything vibrates at a different speed ...

Jan: Even a man-made material?

Yes, everything that exists vibrates. What you are speaking of is recognizing the best use of the energies available, whether it belongs to a light bulb or to a vase or whatever.

Jan: So we can all experiment within our own environments, can't we? **(Yes.)** We don't have to necessarily follow what somebody else has tried. **Yes, you should have that inner feeling for what is right and that would be a much better way to go, and not only be aware of the outer energies, but what is far *more* important is that you recognize that inner energy; and that then, my dear friend, returns you back to energy within the body and would help. You understand?**

Jan: Yes I do.

Yes, that is a good way to go.

Jan: That's something I am interested in I'm definitely going to really try to mediate and concentrate on that.

Yes, it would be far better that you regain your own finely attuned instrument, and then you can become aware of all forms of mediumship which surrounds you within this lifetime.

Jan: Yes. It's a human feeling, but I feel very frustrated sometimes, which is a negative feeling I know, but all the information that is within, you

have to spend so much time—it's the giving it the time...

Yes but the knowledge is worth waiting for.

Jan: I think it's the excitement rather than frustration, it's an excitement. Richard and I were talking about the knowledge that you have given us. He said that you could be sitting within a group of people on a train or bus and suddenly have this overwhelming sense of '*I know, I know*' and you want to shout and share that knowledge, **(Yes.)** but you know you have to be one step at a time and tread carefully. I know exactly how he feels.

Yes, but my dear friend you must learn how to harness what you call your 'excitement', you must harness that energy within, and then whatever comes from within is what is supposed to happen in your lives. It will be a natural emergence of spirit—but I understand your words and I understand your impatience, if I may use that word, to create a situation of your knowing and your knowledge.

Jan: I'm sure we have all felt that, haven't we?

Yes. Does anyone else wish to comment?

Lilian: Sarah?

Sarah: All I was going to say was that just letting gradually the information come out or the knowing come out and I do find, although I have a tremendously long way to go, but I am beginning to—just suddenly things—I think, ah, I'm beginning to see things differently. The light is beginning to dawn, perhaps I should say that—just various things.

That is the kind of words I like to hear. If but one or two of you *feels* that the knowledge gained is helping you in your expansion of knowledge, then that is so good to hear.

Sarah: It's good to feel, too, so thank you!

But is it not just a recognition of who you are?

Sarah: Yes, I'm sure it is.

And not only who you are but who you have been and the whole form of your spirit. That is what you are giving out my dear friends, not only of who you *are* in this lifetime, but all of the knowledge that has been gained in times gone by. All of that knowledge is within you and it is there for you to use at any time that you choose.

Jan: I definitely feel that those people—I can only refer to those people in this room—I know that they are all used as beacons of light, if that's the

way to describe it, **(Yes.)** many, many people come to us, do they not? You've said, haven't you Sarah?

Sarah: Yes.

Jan: People are drawn to you.

And can I say also my dear friends that people are drawn to your lights, even without your knowledge; they would be attracted to that spiritual light without your knowledge. So you see, your work as channels of lights are spreading all of the time.

Jan: I've begun to recognize when those other like-minded people that you may not even have met before, you're very much drawn to—I'm drawn to them as well **(Yes.)** and in conversation, it comes out—it's amazing, they're on a level and you know, we understand—few words are needed to be exchange.

Because your spiritual lights are compatible, shall we say, you are drawn together. That works also with those people, and I am sure you recognize also that there are certain individuals whom you feel you cannot approach or become too close to. (Affirmations) That is the energy pull between opposites, yes, so instead of coming closer together you feel you must stay ...

Jan: ...avoid.

Yes—that is a good word.

Lilian: So we shouldn't feel guilty about this?

No, but what you must not do is to pass judgement, but to step back and to leave the situation as it is.

Jan: So it's still nice to smile and be pleasant, but...

Yes, but be careful of any negative thinking. So you see again, all of life is energy.

Jan: You can't get away from that word—that's how we started and that's how the conversation is still.

Yes, you are now beginning to realize that thought and energy patterns are as one and how you use those energies in the way of thought is most important to your spiritual well being.

Now my dear friends I feel for now I have spoken enough, but we *will* continue when we have a fuller group together in order that my words are heard by them also.

Sarah: They will get a copy of what you said today anyway.

Yes, but it will give them the opportunity to ask any questions before we move on to something different.

Lilian: Well thank you again, it's been very interesting.

George: Yes. It has been a very interesting evening and I'm sure we will all of us look forward to some further discussion of the pyramid energies.

And you see also my dear friends that knowledge is built in the same way as energy—a little at a time becomes more refined. And that is what you are all achieving my dear friends. So as I leave you, again I say to you, place yourselves in the love of the Great Creative Force and all will be well. I also remain close to each one of you and will try to help each one of you as needed. (Thanks and farewells)

George's notes:

Energy from sea: The internet indicates much activity. The UK has eight possible 'tidal barrage' sites and off-shore turbines are the other likely development.

Egyptian pyramids: Earlier discussions are detailed in the Salumet book, pages 62 – 67, that took place over the period 1995 to 2003.

Evidence for life after death: The Society for Psychical Research was founded in 1882 and over the years, many books and papers have been published. So, for the last 124-years huge quantities of evidence have been presented. This has been much valued by many of open mind. A notable early work was 'The Survival of Man – Sir Oliver Lodge (1909), 379 pp. But as Salumet says, there will always be some who remain sceptical. Victor Zammit's website: A regularly updated, interesting site: www.victorzammit.com