

~19TH June 2006~

Good evening. *(General greetings)*

As always my dear friends I am pleased to join with you once more. This time I would like to say to you on a more general note than usual about the state of this, your planet Earth. In times past, mankind has made life most difficult for himself. There have been many causes of course, but mankind was on a journey of destruction. When first I came to you my dear friends, I did say to you that many of us from our world had come to give to you the truth. That is what I and many, many others are attempting to do at this time. I would like to place before you a more positive energy and say to you that even though mankind as you might see it, is still very destructive, I can tell you that on the whole mankind is beginning to recognize his true self.

George: Yes, I get the impression that these days there are more people who are frowning upon the few trouble spots that we still have, and I just have the feeling that the consciousness regarding that is better.

Yes. I would like you to consider each country within this world and how more open-minded individuals have become, where mankind is now able to speak out, to say what he truly feels, and this can only be good. And of course with the communication that is possible in all areas of your world, then these things are much more available to all of man. So what I wish to say to you my dear friends, is to take heart, and although there will be many incidences of what you would call violence or disruption within your world, always remember that in the wider picture of life mankind is slowly beginning to understand, and all nations are beginning to pull together in the voice of reason and understanding; that to have this world as it should be, mankind must at last take some of that responsibility. Therefore my dear friends take heart that these things are happening in your time.

George: It is very good to have your words on that Salumet. I think many of us feel this change in our hearts, but it's so good to have your words. **Not only can you know that these changes take place, but you know by the power of your thought that you can help to change and alleviate the many difficult areas. Is that not so?**

George: Yes. I think we are all working on that in our small way.

Yes, it is good that you be reminded and not always to dwell on incidents which mankind considers to be destructive, because remember as you dwell upon those thoughts, then your thoughts will become reality, and therefore you will join this pool of thought of destruction. You understand? (Yes.) Therefore at this time, I feel in apt to gently remind you my dear friends.

Lilian: Yes, it does help.

George: It's better that that other more positive thought becomes the reality.

Yes, yes. And it may seem that I repeat myself so often, but in so doing, it reiterates what I have previously told you. Have you any questions about what I have spoken?

Lilian: I was wondering, say, in the past when things have gone wrong and there have been wars and so on, is a lot of that the power of our thoughts or is that mankind just taking the wrong pathway?

Be careful with your judgement! Partly it is part of the Earth's evolution and partly it is mankind himself, of course. He has a great responsibility, but as with all planets with all that exists, there is an evolution which has to take place also.

George: It seems very complicated to us; I mean, with just the Iraq war or the Iraq unrest that continues—there's been influence between governments and there's our own nation who has voted in our present government and there are our various feelings trying to influence decision-making and it's all very complicated!

Of course, but *life* on this planet is complicated. Mankind has always felt in some way that life upon this planet is most troublesome, and yet each spirit is only too willing to return to this planet, because of the learning abilities which are here for them.

Lilian: I was wondering about that.

So you see, there is much to learn.

George: And I guess the ultimate goal—that too is attractive: something to work towards by returning to this planet.

Again, it is part of the growing awareness of the spirit—yes. Have you any more questions?

Jan: I have a concern. I've been sat here trying to ignore it, but it won't go away.

That is why I am here, to help you.

Jan: My concern is a very human one, rather than—I know I should be looking at it spiritually but I'm going to talk to you of the human element. Many people are concerned of the migration of people from different countries into other countries that are becoming saturated and far too overcrowded, where they leave their own countries behind for looking for work and for a better life, which everyone can understand on a spiritual level, but what worries me is what happens in the future when everybody migrates to a certain area, what's going to happen to those other countries left behind?

That can never happen. There will never be migration from one country to another, where one country is left *desolate*. That will not happen.

Jan: I am thinking of Africa in this instance.

But remember that each country has a karma and karmic effect will take a toll on every country upon this planet. What you speak of, of course, is a human concern, and this I understand my dear friend, but I can only answer you in a spiritual way. It is up to mankind to learn to adapt to all that life brings and in that way to bring forth the spiritual knowledge which is within, to create within this world a kind of humanity that is good for *all* of mankind. There is not one person or one nation who is above another. You realize how diverse peoples and lands and countries are within this planet and therefore it is for mankind to learn tolerance and love towards his fellow man; and yes, we understand that humankind finds difficulty with this, but that is part of your learning.

Jan: So we are all learning a very valuable lesson at the same time.

Yes, yes. It may not feel comfortable in human terms and many people are not comfortable with many things in your world, but that is part of their learning.

Jan: So I shouldn't be concerned, because...

Well, I would say my dear friend it is always good to think, because in using your thoughts you can create much better things, but as I have said previously, the more you are positive in your thinking, the better results you will have and the happier your life will be on this Earth.

Jan: Okay, thank you.

George: I think one aspect of this is that certain countries will be seen as more attractive and people will flock to them and there's some danger that those countries will become rather over-crowded, but on a positive note, perhaps we can see that as setting an example of good living and hopefully other countries will follow in that.

Yes, I am afraid my dear friends that still mainly within your world there are materialistic ideals, which cannot be erased in the blink of an eye.

George: No, I think we have to see that as a really major problem—the materialism.

Yes, that is part of—and I will say carefully, 'problem', but it is still a major factor in your world today. But I have spoken of material things in the past and you know well my views on it, but of course this time I am being much more general and speaking about *all* of your planet. You understand? (*Affirmations*)

George: Yes, it's very good for us I feel, to compare our materialism with certain other planets, including Aerah who have much, much less materialism.

Yes, only because they have grown spiritually. The problem existed of course, as in many other planets—it is part of learning, it is that part of you that is less spiritual, may I say, but it *has to* be encompassed within you—the understanding has to become the reality.

George: Yes, and perhaps it will be good for us to see spirituality and materialism as a kind of balance and know that we have to keep it in balance.

Always there must be balance—yes, all of life must be in balance. Remember you cannot have light without dark—remember my talk about this and many other things. You, as beings, are in balance—the human element and the spiritual being, must be in balance at all times if you are to survive upon this planet. You understand what I am trying to tell you? (*affirmation*)

George: Yes and helping us in our survival was, I think I am right in saying, the first part of your mission.

Yes. If I can help but one of you to come to a fuller understanding of who you truly are, then I feel that my work has indeed helped. And of course I am most fortunate to have encountered so many people of like mind, who come together as you do and are willing to *listen* to

truth. Of course, as I have always said to you, I do not expect you to accept my words without thinking in your own way, but as I know, and I appreciate how much you have come and how much you have grown together.

George: I'm sure I could speak for us all in saying that we *do* accept your words and I think also we are the fortunate ones!

Jan: I wish it were just easier, at the click of a finger, to live the way that you speak without having this human cloak. I find it so nice—I can be looking for example in a book or on TV and wanting and being able I think in my own little way to see the wider picture and feeling that I'm connected to everybody and everything and then all of a sudden something will happen and the human element starts again. If we could only brush that aside, life would be so wonderful.

Yes, but you are much too harsh on yourself. You must accept that indeed you have this human element, as you call it, and yes you have failings as many do, but that does not reflect upon your spirit, because deep within you know what is good and what is true. So do not be harsh, you can only but try your very best and we would not expect more of you. As long you are true to yourself, that you recognize that indeed you are spirit with a learning to do, then you cannot do more in *this* lifetime.

Jan: I understand.

And again, I return to the word I use most often, the power of your thought.

Jan: Yes, I think I've experienced that in my personal life quite a lot just recently, and rebounding thoughts—bad and good thoughts have come back to me in many different ways and I try to amend things that I feel I may not have thought in the right way.

My dear child, it is the *trying* which is important, it is the *understanding* that is important. Of course you may fall down at times, because you are clothed in this human garb, but the *recognition* is what is important. Because you understand that some of your thoughts are not, shall we say, spiritual, but you recognize this and that, that my dear friend is the most important thing for you.

Jan: So the recognition is part of the growth; (Yes.) every time you recognize you grow that little bit more.

Because in recognition, you are trying to change.

Jan: Yes, right.

You understand?

Jan: Yes, so you may make the same mistake over and over again, but as long as you recognize it each time.

And try...

Jan: And try...

Yes. You have made many mistakes, not only in this lifetime, but in many others and sometimes you bring with you those failings. So you see it cannot be wiped out in an instant. That is what you have come to learn. You understand?

Jan: Of course, yes I do entirely, thank you.

But don't be so hard on yourself.

Jan: Or any of the others in the room, we all must learn that, not be so hard on ourselves.

Yes, and your hardest task my dear friend is in being judgemental. Try to be non-judgemental in all aspects of life and *then* you will find your own life will become much easier. But thank you for your question and I hope it has helped you.

Jan: It has tremendously, thank you.

Sarah: You saying '*non-judgemental*', I was just thinking that the text that George gave us to read about the person who had so-called 'died' for an hour and a half, (*Mellen Thomas Benedict*) when he came back, all he could see was love in everybody, he just felt love for everybody and I thought, well, those are just the very words that Salumet has been telling us we have got to find.

Yes. It is only when you discard this human cloak, if you like, and truly recognize yourselves as spirit that you understand really what great love means, what not judging another person means, and to have had that kind of experience remains, because it is so vivid and I am sure there are many people in this world now who have experienced similar things and have returned to your world as much better people. It is only that they have recognized themselves as beings of love. But that is not available to many in this world without some kind of event such as you mention.

George: No, I imagine the mind has to be developed to some particular degree before it can question in the way that that one questioned, and before that event can happen.

But that is why my dear friends, it so important that you cultivate your meditating time, because when you go into meditation, then you are closer to *our* world, the spirit is closer to our

world and all questions can be asked. You do not actually have to leave behind the human body for this kind of knowledge.

George: Now that is an interesting and profound thought.

But it is possible for *all* of you, it is just that it has never been considered, but if you ask the many people within your world who meditate for much time, they will tell you that it is quite easy to be within the human frame and yet the mind is free.

Jan: Richard, my son, as you know who comes here sometimes, **(Yes.)** at the weekend he described his experience that he had at home as being with the nature spirits. **(Yes.)** I'm sure that he'd like it and we all would like it confirmed that he was correct, although we believe him 100%, that the nature spirits were with him.

When next he comes, I will speak with him and I will tell him what is happening at this particular time, but I will speak to him when *he* is here.

Jan: Okay, thank you. I will tell him, but he is digging his heels in a bit, but obviously he's on his way...

Yes, his awareness is becoming much greater. He *has* resisted to an extent, but contact has been made and it can only go forward provided he remains open to it.

Jan: And he's perfectly safe on his own, isn't he? **(Yes.)** He is protected at all times? **(Yes.)** He doesn't need us to be there with him?

You can reassure him, once contact is established, then we do not fail you unless the mind so wishes and blocks us from them and of course then there can be *some* problems. But, no, he is okay, I think you would say.

Jan: Thank you very much. I'll tell him.

Lilian: Any questions Jim?

Jim: Well, I keep thinking about the very large number of human beings upon this planet—a number like 6 or 7 billion souls on this planet. Do all of the things that we hope for within this group for ourselves, are they true for everyone? It seems such a big number. It's mind-boggling, the scale of the spiritual existence of human beings. I haven't really formulated a question, but ...

How large is the cosmos?

Jan: Infinity and beyond.

Yes. You are speaking of one small planet where people exist in human form, but in spiritual

realms, space means very little. Everything is part of everything else, and I know this for you is difficult when first you are looking into many aspects of spirit, but let me just reassure you my dear friends that although you call it 'mind-boggling' I believe you say, the mind is never boggled. *(Laughter)*

George: It's a human thought. **(Yes.)**

Paul: Brain-boggling...

The brain becomes confused, but the mind is forever free and you may speak of numbers, but there will come a time when the many aspects of spirit becomes much clearer to you and really that only happens when you return and revert back to a spiritual being.

George: Yes, I had the thought that there are more angels associated with this planet than there are human beings, because for a start we each have one guardian angel...

Yes, you are one tiny speck of creation—you really are. Imagine my dear friend the tiniest of ants sitting in the middle of this room. What do you suppose his aspect of the world would be?

Paul: Very small.

And you are but one tiny part of all existence.

Jan: One grain of sand, on a beach.

One grain of sand.

Jan: In the whole universe.

There is [*sic*] many comparisons that you could make, but it is—and I understand the question from our dear friend, that in your search for truth, all of these questions are very confusing.

Jan: That question has been put to me by many people who are just starting to think the way we do. If all of us have been here before and there are souls before us, etc, etc., it's very difficult for them to actually understand. They imagine rooms and rooms I think of people bumping around with each other—and of course, like you say, there is no space.

Yes, you are looking at existence with a human form and that is why it is difficult to understand the essence of just *existence*. All that exists now has always been. We have gone this road before also, but it is a very difficult subject to convince people of. But as you well know, the time will come when suddenly these questions become unimportant, because there just *is* this understanding and knowing of what life is. But I always say *question*, if that is what you need to grow and to try to understand. The

understanding will come, but as always with development, it takes *time*.

Jan: Why, Salumet, would somebody who has never really thought of life in a spiritual term before, suddenly start seeing what they describe as their guardian angel and spirit people around them—they can actually see them. Why would that manifest itself to somebody who may not in their knowledge—of course their true self could be a totally different matter, but their own human knowledge, aware of what's happening to them. Does that make sense?

I think there is a saying within your world, and I will use it to simplify that question, and it is this: when the pupil is ready, the teacher is there. There comes to every individual within *this* lifetime as a human being, there comes some point within their lives when they are ready to accept some knowledge.

Jan: Is that everybody in this human life?

Everyone is given the opportunity—whether they recognize or accept that opportunity depends on each individual. Remember always my dear friend the interference of your freewill, because it plays such a large part in your existence in this planet. But every individual is given the opportunity to seek and to search their own spiritual being to find the truth, and it is then when these happenings, or the seed is placed within their mind, that they then begin to search and question.

Jan: I'm asking this because I am preparing myself to talk and help this person who is very frightened at the moment. I haven't met this person at all, it's a telephone conversation I have had with them and they will get back to me I am sure—I wanted to have the right answer for them (**Yes.**) and you've answered that. Thank you.

And of course remember, I have spoken—all actions are placed either in love or fear and sometimes it is perhaps the fear of death or some 'tragedy' as you may call it, but I would not use that term. It takes something like that for the spirit to wish to *seek*.

Jan: That's clear, I can understand that—I can help her now if she calls me, if she's ready to call me.

Yes, you will find the words. Ask to be helped and guided and you will be.

Jan: That's great. Thank you.

Now my dear friends I feel I have reminded you enough this time. I hope that my words this evening will trigger within you those ideas and thoughts which are sitting within your *heads* and that you will give thought to them, and perhaps, although I have spoken these words before, it will renew your interest and *help you* to go forward with new ideas, to continue to help others, and as our dear lady friend has said, to find the words of comfort towards another human being. In this my dear friends, I will leave you always cloaked within my love, and to know that as we leave this time, we thank you for all the help and the knowledge that you impart to others. (*general thanks and farewells*)

George's notes: It might be interesting to reflect for a moment on how world consciousness has changed since Salumet began his mission in June 1994. The nuclear threat has diminished. East–West relations have continued to improve. Perhaps 'people power' has become more noticeable. Aspects of materialism are being questioned. The environment has become a front-line issue. Alternative energies are fully seen as necessary. Smaller and more fuel-economic cars are encouraged. Recycling is the first step towards a non-wasteful economy. Sensible diet is being seriously thought about. The media are beginning to account spirituality just a little more. The Internet is bringing unity to the whole world. The Planet Aerah communications help us to see our connection to the entire universal creation. Science detects and explores the world's collective consciousness. These are a few of the recent changes that come to mind.