

~29th May 2006~

Good evening. (*General greetings*)

I am happy to join with you all once more my dear friends. As we begin this time, I want to say a warm welcome to the gentleman of logical mind, but who is willing to place that to one side for the betterment of his understanding. As always, my dear friends, it is better for any individual to come within this room, and hopefully to feel and to know and understand the difference in the energy that surrounds you, and of which you are part. It is important for every individual to come to know for himself what there is to know and experience, and to have a fuller understanding of life beyond this life. Now my dear friends, as always when we have visitors to this group, I feel it is essential for times of questions and answers, in order, not only for those who seek more knowledge, but for you also, my dear friends, that I might reiterate things said in past times. So, if you are happy to do so, we will continue with some questions.

Lilian: Thank you. I know that Jim has a question. Did you have one George?

George: Would you like to go first Jim?

Jim: Yes. I've been so impressed by what I've learned through George and the book and the understanding that I've gained through the messages from Salumet about spirit. I have friends who are in total disbelief, and I'm trying to talk to them and tell them of the good news about spirit. Can you give me some advice on a simple way, if there is such a thing, of talking to them to convince them of the reality of spirit?

Yes, I understand your question. Let me say this to you my dear friend: as one who has for many years had a logical mind and has now come to the realisation that there is more to this life than first was thought. Let me say this to you: that those who have disbelief—you cannot convince them otherwise, because you see my dear friend, they are not spiritually ready. You can of course speak with them, you can tell them what you feel and what you innately know, but you cannot convince another to accept *truth*. This is what we have been endeavouring to do for many years now, and what happens, as I have told all of these dear friends here, is that you can only lay the seeds, and when the time is right for them, that seed will grow into

understanding and the *seeking* of knowledge.

What you wish to do is admirable, but I understand how you *feel*, that you want everyone to have that grain of understanding that you have achieved. I would say to you my dear friend, continue to tell others of what you know, and allow *them* to come to their own conclusions—and do not judge them for their reactions. I hope that helps you.

Jim: Yes it *does* help me and I'll remember what you say. Thank you.

Lilian: George?

George: Yes, I've heard from Jetté recently (*Danish friend*), who has sat with this group and she has sent a fascinating story by one: Mellen-Thomas Benedict. It is an account of he who died, in care, with cancer, and he had a wonderfully developed mind, and when in spirit, he asked questions. And it seems he was given what amounts to a tour of the universe, far back to the 'big bang', and he describes going beyond the big bang, to the 'energetic void'—it is described as, and then he returned. It seems he was dead for at least 1.5 hours in our time, and he was expecting to be reborn as a baby, but no, he was returned to his old body. And with full memory of what had transpired, he was able to write his account and I must say that the account given is very much in line with your teachings—also in line with the information given by Bonniol. I felt I would like to say this and to me, I feel it is a very true account, and I wonder if you have any further comments on the idea of returning to the big bang and beyond and what is described as the 'energetic void', or if you have any comments at all on that account?

Of course, I understand your question. Let me refer to the individual here mentioned. Let me say this to you: he was indeed one of many to have had this experience, shall we say. When someone comes to our world before their time, they are privy to much within our world. He obviously had a task to achieve, and returned to the physical body. You, my dear friends, know full well, because of our many discussions, of what has happened. We have discussed the big bang... (*pause as Salumet's instrument coughs*)...I apologise for causing distress to the voice of the instrument. Let me continue my dear friends... beyond all of existence, there is a pattern of energy that you do not know of as yet. It is a pattern of energy that *all* souls strive towards,

no matter where they have lived in physical form. That is why the mention of Bonniol's information comes into play, because all physical beings are striving towards a greater goal—to that universal force, which you all belong to. *(Pause)* As I speak my dear friends, I feel this energy, which I also come from, as a whole unit. And because I am speaking of such energy, *I now am blending with it*—this has not happened in this group before. But the very mention of the energy raises me to a higher degree of energy, and I have to struggle to remain with you. But this energy force is far beyond all-knowing knowledge at this time. It is not appropriate at this time to try to describe this for you, but the very fact that someone has returned and been shown such things, can only confirm my words to you over time.

George: Yes, this certainly is felt, having read the document.

Yes, yes—there would have been a very good reason for his full memory on return to the physical.

George: Yes, I should also have said that he returned with full remission of the cancer.

Yes, of course, you cannot come within those energy fields and return with physical ailments. It would be impossible, because when you are—*forgive me, I am feeling this energy pulling.* When you return from that energy field, it is like a cleansing, and of course most people have left the physical garb behind when any experience of this kind takes place. So I hope that has enlightened you just a little.

George: Yes, it has indeed and I appreciate, we can't understand about the energies, but I think from what has been said, we are beginning to feel that there's the physical universe, there's the spiritual universe, but perhaps there are a number of what we can only describe as spiritual universes within each other.

Yes, of course—it is a much wider picture, and to explain to you energy of which you have no knowledge, would be like—how shall I describe it to you—looking for one grain of sand on a beach. It would be almost impossible at this stage of your knowledge.

Lilian: So when you leave us for a few weeks, is this the energy that you go back to?

Yes, I return to the part of me that...those words are not correct, let me rephrase that for you: I am one aspect of the whole, and the whole

would then be regenerated by the energy fields from which I come. And of course I need to have those breaks in Earthly time in order to recharge that energy, if I may put it that way to you.

Sarah: You said that we're not aware of that energy yet. Will there be a time when the physical being will be aware of it without going into spirit?

No, it is impossible. Not all spirit are aware of this energy.

George: On those rare occasions when you have been speaking to us and another has wanted to also speak, might I ask, would that have been another aspect of yourself?

No. On those occasions it is—how can I say—like a surge of power to help me, but it is not another aspect. I am the only aspect of the soul who has been able to come to this physical world.

George: Thank you. That clarifies that.

Lilian: Very interesting. Did you have a question Sarah?

Sarah: I was just thinking when Salumet was saying you are a conglomerate of beings...

Yes, but I am the only aspect that is empowered, shall I say, to return.

Sarah: So it's really like a bit of back-up you're getting...

Yes, yes.

Sarah: Some years ago, somebody came through Sue to say that there was going to be somebody of similar sort of teaching to you, who would come through her. Is that going to happen, or have things changed since? Do you recall that?

Yes. Let me say this: that when communication takes place, there are many from our world who wish to make connection. But I can say most definitely to you, that there will not be communication within this group by another of my energy. There may be communication by others, but they will not be of this same energy—if that is clear to you.

Sarah: Yes. Thank you.

There are many who wish to communicate, but not...at this level.

Sarah: No. That's fine and we're very happy with your teaching Salumet! *(Chuckles)* We don't feel the need of any more!

George: We'll take that as read, to use an expression.

Yes, I appreciate your words, and of course I would be aware if I was not accepted by you,

and would therefore withdraw from you. Do not worry I am quite aware of all of your feelings.

Sarah: That's good. I wonder if you could clarify some words I have given to my daughter. She got very angry yesterday, and I said anger wasn't a good thing to have, it was a negative thing. And she said: well, it's an emotion, and you said to me that you have to have a balance of good and bad, and so I'm having an angry emotion. So I really didn't know what to say. So, what should I have said to her in reply to that?

Yes, of course the reasoning behind the anger is most important. Of course people have emotions, which you call anger, which in fact sometimes they are being *themselves*. The angry emotion which I speak of, is when it hurts another. If it is directed to another human being, then that emotion is most definitely negative. And it would be for her a good thing to try to control any negativity because of course she is prone to deep and angry feelings. But if it is a feeling to allow her only to express herself without desire to harm another, then that is fine.

Sarah: Oh right, thank you.

After all, it is only a label is it not?

Sarah: It is, yes.

So, perhaps you can dwell upon those words, and think for yourself what the meaning *behind them* is. And in that way, you can see both positive and negative viewpoints, because of course, she is correct—all life is balance; you have the light and darkness and that must always be balanced.

Sarah: Yes, that's why I was confused, because when she said that, I thought well that's right, it is that, but I could see that to have anger that affects somebody else is not good...

Yes, anger directed to another will always rebound, in the same way as your thought-waves will rebound. If you think again, my dear friend, about the spiritual aspect rather than the physical emotions, then you will find the correct answer for her.

Sarah: Thank you very much for that.

You note that I do not give you the words to say, because this is a lesson also for you.

Sarah: Yes—I have to find them myself, yes.

George: But if she recognises the balance, then perhaps we could say: you are teaching her well!

Lilian: Yes, we forget it's a two-way thing. Talking of children, you know I mentioned my

granddaughter—I think the last time you were here. **(Yes.)** Unbeknown to me, she read the transcript and the little bit about her, which surprised her mother, and her mother said: how do you feel about that Catherine? And she was very happy to have read that.

Yes, as I have said to the gentleman at the beginning of this meeting, the seed is there to be sown—and the time is right for her to begin to think about other things.

Lilian: Yes. Thank you.

So do you see my dear friends, how all of life is connected? (Yes.) And when we continue to discuss these things, that you see the connection more clearly.

Lilian: Yes. Any questions Paul or Rod?

Rod: Yes. You may have been asked this before, and forgive me if I repeat it. I saw a programme last night—the Da Vinci Code—and it was surmised on this programme that Christ had married or had a lady friend and had a child, and this was debated one way and the other, and I thought: well it's quite interesting and why shouldn't he have done like the rest of us? Has that question been asked? Is that a fact or fiction?

I would say this to you: that Jesus the Christ still walks upon this Earth to help, in other forms, and of course, when he came, he came in physical form to teach many of the truth, in the same way as many others have trodden this Earthly pathway. I would say to you, this 'story' as you call it is part truth, part fiction. We have discussed Jesus the Christ many years ago, and without me returning to that subject, perhaps you may find within the transcripts, my answers to many questions—if our dear lady could arrange that for you. (Yes.)

George: Yes, the answers are there. Could I just add that I think this book, the Da Vinci Code—yes, it is a work of fiction, with also historical facts built into it. And it may well be that the interest in this book is one of the factors which is affecting—I could put it this way: it is affecting the influence of the formal church today. I think there are various things that are affecting the old established formal church, and it may well be that the interest in the Da Vinci Code story, is quite a big important factor in the present time.

Yes, I thank you my dear friend for those words, and of course, I have spoken to you about religion also and as I have said earlier, there is a

time in life when seeds that have been sown, grow in order to give truth to mankind. And perhaps at this time, that story is one which will make people stop and think just a little more deeply. So again you see, the seeds are being sown in many ways, to discover what is the truth. But of course you must remember that Jesus the Christ was one person upon this planet, of one religion, which has been abused by many in their writings. I, my dear friend, would wish you to look at the larger picture of life, and not any one individual religion. I hope that has been helpful, but I am sure our dear lady friend will find for you, my words on Jesus the Christ.

George: Of course, our eyes have been opened also by the knowledge that there have been or there *are* religions and different Masters who have been to other planets.

Yes, of course. Again it is always the wider picture that you strive to understand. In that way, you will open more fully to the truth. Man has so much to learn, but he cannot learn with a closed mind.

George: And it's good to look beyond this single planet within the creation.

Yes, yes. It would be ill fortune indeed, for you to centre all of your thinking upon this one planet. Indeed, it would do much harm to your spiritual unfoldment, to be so closed in your minds.

Now, my dear friends, I think for this time, I have spoken with you enough. I would just say to you, that if you are happy, we have one rescue this time—you are happy for that to happen? (*Affirmations*)

And as I leave you, remember always, I leave you enclosed within my love and the knowledge, which I bring to you.

Farewells and thanks were followed by the rescue which concluded the evening.

George's notes:

1. Jesus references: 18th July 1994, 23rd June 1995, 27th November 1995, 26th March 2001, 13th August 2001, 12th November 2001

In the present transcript there are several comparisons to the sowing of the seed, and one is reminded of the parable spoken by Jesus concerning this.

2. Coughs: There is a very marked difference between the voice of Eileen and that of Salumet, and the throat may get a little 'tickly' at times. A

cough is not produced often, but when there is a cough, Salumet seems to be able to deal with it, and usually needs to give attention just the once.

3. All-knowing knowledge: This may seem a quaint term, but 'all-knowing' is a state of knowing to which Salumet and the light-beings of spirit aspire to. They know the workings of the universes and are not shackled by time or spatial factors.

4. Energy effect/blending: Speaking of or being overtly consciousness of the higher energy seemed to draw Salumet and there was a small voice change, with the words becoming 'sharpened' or crisper where italics have been used. (And there was an early Bonniol communication in which he seemed to be drawn and had a little difficulty when speaking of another planet. The condition cleared when his thoughts were returned to Earth-Aerah communication.)

5. Wider picture: We are clearly encouraged to look to the wider, more universal picture in our thinking. The creation extends far beyond one book, far beyond one planetary religion, far beyond Earth, far beyond this galaxy and the creation is much more than just the physical universe. There is no need to be of blinkered mind! The pea that stays in the pod can have comfort but no future. We have now gone full circle and have returned to the parable of sowing the seed!