

~17<sup>th</sup> April 2006~

Good evening. (*General greetings*)

**I am happy to join with you once more my dear friends.**

Lilian: We're very pleased to have you.

(*Affirmations*)

**There is much I wish to tell you in the weeks ahead, but it would be appropriate for more to be here with us. So therefore for this time only, I will speak to you thus: I have to tell you my dear friends, how happy we are, the way you have become such good ambassadors for spirit and this applies to all of you. In your own individual ways, you have created a great wave of knowledge, which has touched the hearts of many. So firstly I repeat our great thanks and love to you.**

George: It's very nice to hear that. I think we all feel that this year will be a very good year and so much is now coming to fruition, in terms of the written word, in terms of the computer discs that Paul has been working on and we feel there's so much being placed on discs and in the written word and we should this year, be able to take a huge step forward in presenting this material.

**Yes. Not all of your earthly creations are bad. In fact you are finding some *good* in your technology. (*Affirmations*) Yes, and your world as a whole has much more awareness of what surrounds you on this beautiful planet, because there is so much that man can take advantage of. And as I have told you previously, there is much to find within the waters of your world.**

Sarah: We look forward to finding out a bit more about that.

**Yes, but as always, again we must be patient and all good things will come.**

George: And I think in relation to the water that includes our ongoing energy resource, which I think you said something about, as energy, will eventually come more from the sea.

**Yes, it has to be so, but as always with human kind, you have to somehow *believe* that the knowledge comes from yourselves. (*Amused chuckles*) Although as you well know my dear friends, much is inspired not only from our world, but from people such as yourselves, who are devoted to the truth.**

George: Yes, the idea that it comes from ourselves, seems almost like a cosmic joke now.

**Yes, I understand, yes.**

George: We have become so much more aware of the sources of knowledge and inspiration that particularly comes to us from spirit. **(Yes.)** This is much appreciated.

Sarah: You were thanking us Salumet for passing on the word, but I can only say that it's your inspiration and those in spirit, that has inspired us to *want* to pass it on. It seems the natural thing to do now.

**Thank you for those words my dear friend. That of course is our purpose, to gather together those of you who are willing to listen to truth and who are willing to stand up for truth and also who are willing to spread their truth. On many, many occasions, in this planet alone, have we tried to inspire amongst humankind, elements of truth, which somehow have been corrupted and changed. But I am sure not only from what I say, but from your own recognition of humankind, that you also can see a quickening and an awareness throughout your world. It is there for all to see, but our object is to try to spread the truth even further at this time in your evolution—and much is being done.**

George: Yes and perhaps we should not overlook the development with Bonniol, which *in itself* I feel, is a further help to us in spreading the truth **(Yes.)** and presenting a particular slant of interest to people. It's so nice that we are being able to compare our own progress as physical beings on a physical planet, with another group of physical beings on another planet. **(Yes.)** It seems somehow to reinforce everything, in making those comparisons.

**Yes, you have very aptly, led me into the introduction of my next words, which were to say, *why* as a group, you *have* been introduced to such knowledge. Because my dear friends, you *have* been ready to receive, you *have* been ready to accept, and you *are* now ready to *give forth* that knowledge also. And I am sure in some way, you will find disbelief, but it matters not, because as I have told you on many occasions, if only the seed is sown, then you have achieved what you are meant to do and we cannot ask more of you dear people.**

Sarah: Are there many other groups having visits from other planets?

**There are many groups throughout your world, who have contact with other beings, who can speak as you do, with a certainty and a**

knowledge. The way I have introduced you, is slightly different, in as much that your visitor comes through another, whereas with lots of groups, it is through trance work, but this is a conscious effort within this group.

Sarah: What was the word you used...a trance group?

Paul: Trance 'state'...

**Yes, they receive information in that way. But of course we had been speaking much of 'mind projection'. So, as it is not easy for each here to project mind easily, we felt it was a very good exercise to combine both things. But to answer your question, 'yes' many people would clarify knowledge of other life.**

Sarah: Yes, that's good.

George: It's interesting too that it comes to us by this other method of communication, (Yes.) which apart from anything else, helps us to understand the nature of mind, which by and large on this planet, is rather poorly understood. **And still it is. (Yes.) Yes, you will never fully understand the workings of the mind, because after all, mind is spirit, therefore there must be limitations in your understanding.**

Sarah: So only when we return to spirit will we fully understand it?

**Fully understand, but of course as we continue forward in our knowledge, your understanding will become a little greater, of course it will. But to fully understand the mind, you must belong in spirit. And even then, I would have to say, it would take some considerable time for the understanding, because you see, it is a natural part of your spirit to use the mind, without fully understanding the mechanics of it.**

George: Yes, at least we are becoming more and more aware, that 'mind' is so much exterior to the physical brain.

**Oh, of course, it is I would say, almost separate. There is a union of course, but the mind exists on its own merits—it does not need a physical body to function.**

George: I know that in the past many have credited the physical brain with far too much. **Yes of course, but it is their lack of knowledge, which brings forth these kinds of words. They do not understand, they only see a physical being and nothing, nothing else; so of course their thinking is dulled. Now my dear friends, I have one more thing for you this time and I would like you to look deeply within yourselves, because I**

**bring to you a question, a question which I would like you to think about and to answer. And the question my dear friends is this: What with all the knowledge that you now have, and with the truths which I have brought to you, what do you now feel is the purpose of your earthly life this time—past, present and time to come? (Pause) And again I feel your silence.**

Paul: I'm thinking, to sort of put the record straight, on the spiritual meaning of life. To set the right—what others have done in the past that's been forgotten or changed—we can put it in such a way now, with the technology we've got, such that the truth *stays* and can grow and reach all those people that perhaps missed it, or didn't receive it properly.

**I understand your words and of course that is the purpose that you recognise for time to come. What do you *feel* has been your purpose in a more human and personal sense?**

George: Life is a journey and it's a journey towards greater perfection of spirit, which seems to be learnt through these physical bodies.

**Of course, but do you recognise your purpose this time?**

Sarah: My immediate thought was your little story about the diamond and trying to make ourselves better and I was just feeling a need to be less selfish, and so become a selfless person—that 'you' perhaps don't count so much, that you can just give rather than take. I think when I first came onto this Earth it was a 'take' and now it seems to be changing to a 'give'.

**Yes, now you are beginning to understand my question. Of course each one of you has the knowledge now to give of the truth and to allow others to partake of your truth. But as individual human beings, you came here with a purpose and this was part of your purpose, but there also was a human learning as well, to enrich and to enlarge your spirit. That is what I speak of and yes my dear friend, I would put one question to you: Where does that feeling come from?**

Sarah: It must come from within. It's just something I feel now...

**It is something you *know*.**

Sarah: Ah right.

**Yes. It is a knowledge that brings itself to the fore. And now that your understanding has grown, you see yourself in a much different light. Yes, that was a very good answer and as always I do not promise life to be easy, but it**

**will be a life enriched with knowledge for each and every one of you.**

Sarah: Thank you.

George: As a child, as a young person, I seemed to feel that the horizons one looked to were so much closer then. The horizons today are so much more distant and that expanse to the horizon embraces so much more knowledge and awareness.

**Yes, I may say to you my dear friend, that even as a child, you exuded a knowledge, which captivated others and that has been one of your life's purposes.**

George: Well thank you, yes there were moments, **(Yes.)** I was not a paragon of virtue all the time. *(Chuckle)*

**I did not say that you were, but the purpose that brought you here, you have endeavoured to carry out, in the best way you know how. And these purposes in life, have lead each one of you to come together at this time, for the purpose that we have spoken of. But I would like you to ponder in your meditation state, what that human element, what that purpose has been. Whether you have achieved it, or are yet to achieve it, the recognition will be instantaneous for you. As the lady has said, it is a 'knowing', not a wondering, not anything else, but a true inner knowledge.**

Lilian: Well I remember you saying to me, that I was learning tolerance. **(Yes.)** I remember mentioning my mother at a time when we were both finding life difficult and yes I can see that hopefully I've become a much more tolerant person.

**You have my dear friend, but you still have a way to go.**

Lilian: Oh! *(Chuckles)* **(Yes.)** Yes I can see that too.

Sarah: Talking of mothers, my mother always used to go to church right up to not so long ago— 2 or 3 years ago, and now you said when you get dementia, you start getting nearer to spirit, but now she's saying, she doesn't think there is a god at all. So from all her life believing there was one, she's now deciding there isn't one. I don't know if that's because she's not thinking...

**Yes, she is becoming not well in the human form, which creates the human thinking. But spiritually she will be moving towards that all-knowing. Whether she is aware of it or not, I can tell you that she will be moving closer to going home, *(said with great gentleness)* to the joy of**

**returning home. But she still has to endure the physical life, with all of its problems and all of its disturbances. You cannot change that for her.**

Sarah: She's looking forward to leaving this physical life, I know that much. I hope she's looking forward to another life unknowingly, because as I say at the moment, she's thinking there isn't one.

**No matter what you think physically, you can never deny your spirit, because that *is* your existence, that is the part of you that continues, that is the part of you that is reborn. You cannot change, so do not be too concerned.**

Sarah: But what about these spirits that don't know they've died and they're not moving on? Can you just again tell me, why then, if their spirit is all-knowing, why when they've passed over, they don't get the all-knowing? Is it something to do with when they left they were determined they weren't going to...

**Because my dear friend, they still retain their free will. (Oh yes.) You remember my words now? (Yes.) They still retain free will and if their beliefs have 'forgotten', to put it in a casual way, if they have *forgotten* that they are truly spirit, then they stay close to this Earth vibration and that free will, that *free thought* holds them back. They hold themselves back, but help is always available to them.**

Sarah: They've just got to accept it, **(Yes.)** when they're ready...

**...when they are ready, to release earthly feelings and realise their true being. I hope that has helped you.**

Sarah: Yes it has, thank you.

George: It might seem a curious question, but if I were to ask you if there are many conglomerates such as yourself, would your answer be that all is connected anyway?

**Yes.**

George: Yes I thought it might.

**Of course, how can we not be connected? It would not make sense?**

George: Yes, so we cannot really talk of separate conglomerate beings?

**You can speak of separation to a degree in this spirit side of life, but as you progress and you belong to the *fuller* aspect of life, then you cannot be separate, you are part of the whole. You understand? (Yes.) Separation comes only when you first enter our world and there are still many of life's lessons to be learned.**

George: Yes, I was just seeking a further impression of yourself having...

**I have noted your curiosity and at some stage I will try to explain to you, but it is difficult to explain non-human phenomenon as opposed to the physical elements.**

George: Yes I think it was partly from having knowledge of 'Seth Two', who also described himself as being part of a conglomerate.

**Yes, 'conglomerate' is a word we use mainly for your understanding.**

George: Yes, I see that all would be connected anyway.

**Yes, but the greater part—there can be no separation as such. (Thank you.)**

Sarah: Is this a physical question? Did you have to 'work up' to the position that you are in?

**Work up?**

Sarah: Yes, you know, did you start lower and have to work up to get to...I think it's a physical question. (*Chuckles*)

**I understand your question my dear friend. I feel the word you are looking for is 'progression,' progression of the spirit. (Yes.) Yes, that is correct. As time—and again we enter the physical word 'time,' as you continue in spirit, when the knowledge has become great enough, then yes, the spirit progresses.**

Sarah: And you did too?

**No.**

Sarah: No...I understand that *we* do, we progress, but I wondered if *you* had?

**Not in the sense that you understand. Of course, all of existence is progression, that does not stop, that does not stop. Always we are growing, as I too am growing in this situation with yourselves, with this teaching. It is a progression, it is a progression for this aspect of spirit that I am.**

Sarah: Why are there these different aspects of spirit, if I could say—you are, to put it in physical wording, a much higher spirit than us and than we will ever be. But why are there those—I understand we need you to teach us, so perhaps that's your purpose.

Lilian: Why do we have higher and lower ones do you mean?

Sarah: Yes, if we are all part of the whole, why are there these different...

**Because the whole is not static, it is ever-expanding.**

Sarah: So...yes I do understand.

**It is like the small child who is learning. Until they reach such time, as they feel they know all there is to know and then suddenly they *realise* they know very little and they move forward. So is all life—all life is ever-expanding, knowledge is ever-expanding.**

Sarah: I understand that, but why did you start off, being a higher knowledge, a higher being?

**As a being who has never existed upon this planet, that is what you mean?**

Sarah: As you are a spirit, you didn't start off as a meagre, as a lower spirit, if I can put it that way, spirit, and work up or progress to that? **(Yes.)** You started off your existence as a higher being?

**That is your words 'Higher being'—I just AM. I cannot explain it to you in simple words, but there are beings who have always been, not to the extent of the Creative Force, but there is energy which has mutated and changed, as all of creation changes. We are in difficult waters here.**

Sarah: Saying that now that makes sense to me actually, what you've just said.

**I am pleased, because always this is the problem, to try to put non-physical conditions into physical language—it is not easy.**

Sarah: But what you said then, I can understand that.

**That helped you? (Yes.)**

George: I think Jesus found a similar difficulty **(Yes.)** and I recall the phrase, '*I am that I am.*' **Yes, it is something that I feel as human beings, is too difficult for you to comprehend. But yes, not all energy has trodden this earthly pathway.**

Sarah: Yes I understand that, yes.

**As do the Angels—they have never trodden this earthly pathway. It is a difficult subject.**

Sarah: But that does help a lot. Thank you for that and I'm very glad that you *are* as you are, because without you, we wouldn't be able to progress—so that's very good!

George: Yes, why should it be an assumption that life begins on a planet **(Yes.)** and progresses from there? One could say that this is an assumption that is made by a mind that needs to expand more, shall we say?

**You—I will say to you once more, as human beings you are at the bottom of the scale. (Affirmations) And I do not wish to sound disrespectful to you, because human achievement does much for the spirit. But it does indicate that there is much growth needed.**

Sarah: Yes. When I asked you just now about progressing, I knew that you hadn't been physical, I meant it purely in spiritual terms. **(Yes.)**

George: But surely human beings are one way, one method of progression, but we should never view it as the only way.

**Of course not. All of existence is progression—all is expansion.**

Sarah: I think we may have gone over this a little bit before, but all our aspects don't necessarily have to have a physical learning curve? **(No.)** Only this one part, perhaps some parts?

**Some parts yes. No, not all aspects need to return to physical overcoats—of course not.**

Lilian: So what we call the 'Higher Self' that aspect would be...

**Your Higher Self is your spirit.**

Paul: And that spirit already *is* in a sense, is it—quite 'high up'?

**That is the all-knowing part of you.**

Paul: And that doesn't wear the physical overcoat, does it, that just stays spirit.

Lilian: That's what I was thinking.

**You can call it 'Mind,' you can call it an aspect; it is that part of the being that helps to activate all areas of your existence. It is that part of you that is all-knowing and can help you to go forward.**

Paul: So if it's all-knowing, does that mean that it's part of the Great Creative Force?

**Everything is part of the Creative Force. You cannot say otherwise.**

Paul: It's just that when we're involved in the reincarnation cycle, we're perhaps the furthest removed from that purity?

**Yes, yes.**

Paul: But we're still connected to it.

**But it causes confusion, when you try to make a scale of spirit. It confuses your thinking I feel.**

**You must just see yourself as that point, and part of the Creative Force. You must look upon this lifetime, this human lifetime, as part of your growth and not a part of you that is any the less, of spirit.**

Lilian: That's a good idea.

**You are kind of placing the human form to the very bottom of the ladder, which in a way you are, as far as learning, but not as far as your spirit goes. (affirmations of understanding) You have to find the connection at all times.**

Sarah: So all spirit is equal, in...

**When it is pure spirit.**

Sarah: Yes.

George: The material being is just a...

**Yes, it is nothing...**

George: It is just a method of...

**It is a method of growth, yes.**

Sarah: So we *choose* to come here, because simply because that is what we need for our learning?

**You have chosen to come, because that is what you feel is best for your spirit.**

Sarah: Yes it's not that we've been *given* this thing it's that we've *chosen*. **(Yes.)** So the other beings on other planets that are far more advanced or intelligent, or whatever word you'd like to use...

**It is just part of their evolution, within the whole scope of existence.**

Sarah: And whilst they're away from their hold in spirit, that's how they are, but once we return to spirit, we are all equal?

**You will still have the knowledge there, but as I have said, you retain freewill, which can hold you back in a sense. But you have the knowledge to progress and go forward. I hope that has helped you, I know it is difficult.**

George: This evening has been a nice cosy chat and we are very grateful for that.

Sarah: I've found it very interesting, it's helped me a lot.

**If it helps to reinforce your thinking, then my dear friends, it can only be good. You are more than what you think you are.**

Sarah: It's just a shame the whole planet don't know all this, isn't it? If we could get it to all of them in one go, it would be brilliant.

Paul: Well we're gradually telling them all, passing on the whisper.

George: We're back to the object of our project. **(Yes.)**

Sarah: We've got to get it to the world leaders, that's what we need to do.

Paul: We'll do that next week...*(Chuckles)*

George: As I see it, it doesn't really matter which level becomes aware, because even if the leaders don't become aware, they'll be dragged along.

Paul: And also, the very fact that we're understanding it now and thinking along the right lines, our thoughts alone must be sending out waves.

**I will use my favourite words before I leave you this time: You have spoken, and to SEND your thoughts, to UNDERSTAND your thoughts and to PASS ON those thoughts, is the most powerful**

tool that you can possess. There is the power of the *word*, there is the power of your own *one-to-one communication*, but you cannot have better than your THOUGHTS, because as you now know, there is no distance involved in thought projection. And that is part of your way of sending your thoughts. You have now taken for granted my dear friends, the healing thoughts, which you send every time you meet. You do not question, you do not analyse how these thoughts reach our world and how these people are helped; but indeed it happens. So, again I will leave you with that word: *thought*.  
*We all gave our deep thanks for this particularly enlightening evening.*