

~3rd April 2006~

Good evening. *(General greetings)*

I am pleased to join with you once more.

Lilian: We are very pleased too.

(Everyone echoed these sentiments)

George: Yes, welcome. I think an apology is in order, because I gather the music we played last time was disturbing *(some taped music was played for the benefit of Bonniol from Planet Aerah whilst Salumet was working silently with Eileen)*—we heard that from another, so apologies for that.

Do not concern yourself my dear friend. It has been noted and I have to say it did not cause too much disturbance to this instrument.

George: I'm pleased to hear that. Also I'd like to say how pleased everyone was that you joined in the discussion with Bonniol, and he too was delighted. **(Yes.)** Thank you for that.

He was faltering a little and I did feel at that time that interruption was perhaps necessary.

George: He used the word 'cherished'. We all cherish that occasion when we were all together. Thank you.

Yes, it only goes to show, does it not, how much connection and communication is possible between all, when it is needed.

Paul: We're so lucky to have that here.

Lilian: Very!

There is no point in always having philosophical views if you cannot then expand the consciousness—it would be a fruitless task I feel. And you should, my dear friends, thank yourselves, because without you and without the dedication that each one of you shows, you cannot move forward. I offer only encouragement to you.

George: Thank you again. *(affirmed by others)*

I feel this time that some upliftment is needed for some of you and therefore that will be forthcoming before you leave the room this time. I know that when this is given in times past, you are aware of the difference in the atmosphere before you leave. *(Affirmations)*

Therefore this time you will feel a great upliftment. *(Thanks expressed)* Now, although it is good to join with you once more, because the instrument has some physical problems with *her* throat, I will not indulge her too much in the matter of the speaking voice, therefore my dear friends, for this time if you have questions, I will take them and try to satisfy you with an answer.

Sarah: I'm sure I know the answer but I will just ask anyway. When people are ready to pass over back to spirit and they're not in a very good physical frame of mind, they don't know the people who are perhaps coming to visit them, it's still important to visit them because the spirit would recognize the other spirit as well.

Of course—of course! When the time comes to discard the physical overcoat, whether they can speak or communicate matters not, it means only that the spirit is closer to home. Therefore their awareness is heightened of all things that are happening and they would of course recognize who, on this side of life, is speaking to them. In fact I would say to you, they would probably be more aware than when they would be more physically aware. Does that answer your question?

Sarah: Yes, thank you very much.

George: Could I mention two synchronicities that I've come across? The singer, Gracie Fields, was on the deck of The Queen Mary, on one occasion, with her music director, when he dropped his spectacles over the side of the boat. He couldn't see to work without them. Later they went down to the ship's shop to see if they might have something that would help. On the way they passed a notice that referred to a pair of spectacles that had been found. They were rather surprised but went along to enquire, and they were indeed the music director's spectacles that had been found. It seems that, at the time when he dropped them, someone in a cabin below put his hand out of the porthole to see if it was raining and they dropped into it. So that is rather a nice synchronicity and the music director was able to continue his work. *(Chuckles)*

I am pleased to hear the laughter from you, but all too often do these, what you call 'synchronicities', these happenings should not surprise you, because have you not learned by now that you are watched over, safeguarded so often throughout your physical lives, *(Affirmations)* **and this is a case in hand of probably his own angel taking care of him for some particular good reason.**

George: Yes, that feels right.

But you see, these stories are sent for people to stop and to think.

George: The second one I was going to mention was quite different. It was about a ship that sank in the Menai Straights and of about 70 people,

there was just one single survivor. His name was Hugh Williams. That was in the 17th century. During the 18th century, there was a similar happening: there was just one survivor from a ship that sank and the name was also Hugh Williams. And during the 19th century, exactly the same thing happened again with one survivor— Hugh Williams! So that one is rather strange and I haven't been able to think of a reason, but you've just given me one actually. **(Yes.)** I was going to ask you if you could tell us more of the nature of synchronicity?

It is meant to make you think. That's why, all of what you call *mystical happenings*, occur. It is not to make you go 'Awe!' like so many do, but it is for the spirit to come forward and to analyse all of these happenings, to be reminded in one sense of what they can accomplish whilst clothed here in these bodies upon this planet.

Paul: That's an excellent demonstration that the universe is not governed by chance events.

That is true, but be careful that you do not *always* assume that any happening is from our world; there are sometimes within your world, happenings which are created by the physical side, by the human nature. So do not always say: this is a *mystical happening*—be aware that there has to be some balance. Do you understand my words? (*Affirmations*)

George: I have a picture that the true synchronicity might be seen as the interaction between the two universes, **(Yes—always.)** and this would be a guided interaction.

Yes, of course. Anything in your world, such as you mention, *always has a purpose*. It may not be obvious to you at the time, but in hindsight, most people see the common denominator and all becomes clear.

George: And it might be simply to start us thinking...

Most definitely—as do all events, which happen in your world; from the time you are born till the time you are reborn—all events within your life are usually there for some good purpose, for some reason and that is why, and I will take your example of one survivor of many, that I may add that that one survivor had a continuing purpose throughout his life and therefore *he* would have been saved for that purpose. I hope that is clear to you.

George: Yes. Thank you very much.

Lilian: Can you take any more questions? **(Yes.)**

Sara: I do have one question. I know that you've talked about the question of lying before Salumet and we've said that lying is not a good idea. A friend has a dilemma at the moment in that her employer has prevented her from moving on by giving a very bad reference. She feels there's justification for lying in this situation. I've encouraged her to have faith that the universe will support her to move on if she tells the truth. **(Yes.)** I just wondered about your comments, because she wants to progress.

Yes. Of course, that is a human failing, that in some way you humans feel that some wrongdoing as you see it, must have some form of retaliation to put matters right. I would say to your dear friend: that must never be so.

Sara: Yes, I feel that too.

You must encourage this one to do what she knows—what is right from the heart, and that is always to be truthful and to be true to herself.

Sara: And in some way when these things happen, I think we have to take some responsibility, even though we can't always see **(Yes.)** every reason why it has happened physically. There is usually a reason.

It is for this purpose again that she is faced with this dilemma. She has to make a choice. She has to recognize that the action has created within herself this dilemma, and the dilemma is created by her *self*, not by the person who has written or said the words. Do you understand?

Sara: Yes. I have been telling her that thought is energy—I did tell her this a long time ago, and I know that the thoughts towards this person have not always been what they could have been.

Yes, she must learn to transmute all of this energy.

Sara: I think also, potentially it's a big turning point away from old ways of thinking that don't serve any more.

Yes, it has served a purpose for this very thing.

Sara: It has been a big shock.

But all of *life* is a shock if you like to use that term.

Sara: Yes, lots of learning.

Lots of learning, lots of learning.

Sara: Continuous learning.

Continuous, yes. But you cannot move forward unless you learn all of these things.

Sara: And to look inwards.

And to look deeply within oneself, of course.

Yes. The answer lies with her and all that you can do is to support and encourage.

Sara: And ask for help for her.

Yes, you can do that also, and hopefully she will recognize within herself the *strength* to disregard these *negative* thoughts and to allow the spirit within to come forward.

Sara: I feel there is a lot of hope here, because she has generated a lot of support from people, because she does have a lot of the time a loving personality and I feel that she can be affectionate and giving.

But if she were to exude her own generous thinking and spirit, then she would *not* need backup, she would be the one to give off this aura of truth and honesty. And it is like a mirror effect and it can only be beneficial to her and to all who surround her.

Sara: Yes. Thank you. I know this will be very helpful, because if she can actually read this and see it, I feel it will make some impact.

Yes. Sometimes that is all that is needed, because you human beings tend to withdraw inwards and do not see the wider picture as I am always saying to each one of you: you always must look to the wider picture.

Sara: Yes, thank you. That's very helpful.

I will take one more question only this time.

Paul: I've got a question. I was reading a book and it talked of different star constellations and certain animals from this planet coming from these stars—the Pleiades was one, and I'd also read in other books, I think there's an idea from certain people that humans as well came from certain stars like the Pleiades. This doesn't make any sense to me, because—well our physical overcoats must be of the Earth anyway and our spirits would come from the pure energy that cannot be from anywhere, (Yes.) from any space as such. So I wonder if they're talking more along an astrological influence of these star systems?

That is what it sounds like, yes. Of course you are correct: Spirit has always been. You are all divine parts of all creation. So that cannot change. What changes is where spirit decides to take on physical form in whatever manner it chooses. So human form was decided for this planet alone, in the form that you now behold, of each other. You are physical human beings that belong to this earthly planet, and as you now know, there are many, many planets with

different life forms, but which are activated by spirit. Therefore there are many I am sure who have many theories about what happens within all of creation, but I have to tell you my dear friends, many of these come from vivid imagination.

Paul: Yes, that was my impression. I wondered if there was any significance to this Pleiades constellation, because it seems to occur in many books, but maybe they're just repeating words that started off in someone else's imagination.

Let us take the word. Where do words begin? How do you come by words that you know? Can I place the question out to you all?

Paul: We learn from our parents and from people around us.

And from books, and from the words of others. But what you have to do my dear friends is to *digest* all of these words and then from within you must understand and accept what you *feel* to be true. There are of course *many* constellations within *many* universes and here we are going further than I would intend for you. Mind projection has been brought to you from another planet—a far distant planet, but let me say, there is far too much spoken of other universes which really most human beings could not know. So I would say, be careful of what you accept, but also to understand that there are galaxies within this system, which eventually will come to be known, but not at this time.

Paul: Yes, it sort of comes under the term of 'New Age' information, which—some of it's okay, some of it's a bit faulty and that's why we are so lucky to have this...

You must always be discerning in your attitude to information. As I said when first I came to you, I bring to you the truth, as I am aware of it. I am by no means perfection, but what I wish you to do is to listen and to dissect, and what you do not wish to understand or to accept, then you must disregard. And I would suggest to you my dear friends, that that applies to all reading matter.

George: Could I ask for clarification on the multiplicity of universes? Would I be right in thinking of different universes as coincident, but each based on different vibration?

All is vibration my dear friends, all universes are 'conjoined'. Does that simplify it for you?

George: Conjoined—yes. Thank you! That was beginning to dawn in my mind. Yes, that feels comfortable.

We will expand as time goes on, but I feel my dear friends that it is better for you—and I use one of your earthly expressions—that you keep your feet firmly upon the ground. There is all of time to expand your consciousness. I hope you would agree with me... (*Affirmations*)

Paul: We have all the time in the world...

Now my dear friends I hope I have been helpful to you. (*Affirmations and thanks*)

Therefore I will take my leave of you, but know as always you are within the scope of my love and the blessings that come to you from our world. (*General thanks and farewells*)

George's notes:

Many universes: 'Conjoined' is an interesting choice of word, subtly different from 'coincident'. To coincide means to occupy the same portion of space—but spirit has no space dimensions, so that the word is not quite right. To conjoin however, means to join or to combine. Space does not enter into the word definition. Therefore 'conjoined' is much the better word.

Menai Straits synchronicity: The days also agreed: 5th December 1664, 5th December 1785, 5th December 1860. On each occasion there was just the one survivor named Hugh Williams.