

~28th November 2005~

Good evening. (*general greetings*)

As I join with you this time, I am happy to see that you are more uplifted than last time we met. (Good.) **As we are few in number this time, I will say to you that until we have gathered more of you together I will continue with questions, but before we continue with those, I wish to say that there are many gathered who would wish to come close to each one of you over the following weeks. As always, I tell you that I shall be with you on the next two occasions that we come together, and then, as always, I will withdraw for a short period of your time.**

Lilian: We look forward to more people being able to come.

George: Yes, we have our various little difficulties. **We fully understand your earthly conditions and that try as you may, it is not always possible. But no matter, so long as the information is passed to each one, which I know that it is, then that is most gladdening.**

Paul: Yeah, hopefully they get to read it even if they don't manage to get here in person. **(Yes.)**

George: And I'm aware that with our email system we are sending the transcripts steadily out to more people all the time.

Yes, is it not of interest to see how your progress develops so quickly upon your planet?

Paul: It's tremendous.

Yes, in your past few years there have been many steps to help you with your daily lives. I will not go as far as to say that I think all of this is progress, but I will accept that if it helps to make your lives easier, then so be it.

George: Well I guess it's nice to have these various assisting things, as long as we make good use of them and that's rather down to each one as an individual I guess.

Yes, you do not want to become a slave to machinery—you are much more than that. Now as we continue this time, I am happy to take your questions.

Paul: There was a question on my mind about animals: we mentioned how dolphins have a very developed brain, even more developed than humans. I know it's been said that animals have a different system when they die and come back—they haven't got the spiritual awareness that

humans have, but I was wondering if that was definitely applying to *all* animals, or whether there were a 'select'—I don't like that word, but I wondered whether there were some that were much closer to the human awareness.

Yes, I understand your question and I feel that it is probably quite obvious to you as human beings which animals have that closeness to the human way of thinking and the human spirituality. Yes, every animal upon your planet is Spirit—all things belong to Spirit as does your planet. Therefore let that be the starting point: that all is Spirit. But when mankind has a connection with some animals whose brains have also developed over eons of time, then there has to be some similarities and it is only *now* that your many scientific minds and those who deal with animals all of their time, are beginning to understand that these animals have the ability to think and to feel and have *intelligence*.

Paul: And I think some have freewill, I'm not sure if all do...

There is an element of freewill of course within all animals, but not to your understanding of freewill. There is freewill within the regime of the animal kingdom. You only have to look at those great creatures within your oceans—your whales and your dolphins and even those sharks that man is so intent on calling—what is the word I seek—a *vicious* animal. This is not true. In fact the shark could teach mankind *many* things. You probably already know that the shark in the deep oceans do not suffer the disease that the rest of the animal kingdoms do. There would be much to find from those sharks; but it is coming as all information gradually comes.

Paul: Because a lot of these animals, they've existed since the dinosaurs...

Yes, so of course their minds and their brains evolve as does the human being, although as human beings you have developed a little more quickly—that is all—neither better, neither worse, but different. You only have to look at the animal kingdom of the apes and the monkeys within your world to see their intelligence. But it is not only within those animals that display some form of intelligence, you must also look to those what you would term 'lesser creatures' and look to how they plan and think, and of course, whatever anyone

says within your world, they *do feel*. So I hope that has been a little helpful to you.

Paul: Yes, thank you very much.

George: Where sharks are concerned, they're certainly recognized as superbly efficient creatures. **(Yes.)** I'm not quite sure what that means, but perhaps it means that they in a sense live a good life.

They have the ability to cast off disease and that is something that mankind has not yet the ability to do for himself...

George: Yes, that's an interesting point...

But I will stand corrected, mankind *has* the ability, but he does not *use* it.

Sarah: But we cause our own disease, **(Yes.)** so you told us, so at some point, even though we've caused ourselves to have a disease, we could get rid of it.

Yes, there is no doubt about that.

Sarah: Because some diseases that we get today can kill us...

Yes, there is always confusion when we speak about this subject. Always we hear: 'but we do not *wish* to be diseased'. No, with the thinking brain you do not *wish* to be diseased, but with the *mind*, which belongs to Spirit, there is an inner feeling and thinking which has to have a result within the body. That is where you must look to find the beginning of disease. You are only open to disease if somewhere within your lifetime you have been open to wrong thinking. It is as simple as that, and yet humankind finds this so hard to accept.

Sarah: I was quite surprised to see in a woman's magazine that I was looking at, and the heading was: 'Heal yourself with your mind.' I thought this was good news.

Did you want to say: tell me something new!

(laughter)

Sarah: But I was pleased to see that that sort of thing is coming through now...**(Yes.)**

George: Did you see it in a magazine for sharks?

Sarah: No! *(laughs)*

Yes. But be aware as I have said before, there is much information that can be obtained from looking to the oceans and seas and rivers of your world, as yet not quite discovered.

Sarah: Do you think if we were to give your words to the scientists that would help them to go forward to look—they just haven't even thought perhaps of looking at the sharks and if they were

aware of it they might find the information quicker?

This is always a possibility, but I can say there is influence being given in the right places at this particular time in your evolution. It will come, but of course within the oceans of your world man cannot travel too far down to discover what is there, but it will come in time. But, even now there has come to mankind an interest in all kinds of animals in your world and a much greater understanding in this past century of your years, where men are beginning to see the animals are their equals in life rather than beasts to be preyed upon. That knowledge is already here and in place, so do not doubt that more information will come, because we are giving that influence to those in the proper places.

Paul: People are beginning to—like the song of the hump back whale—they feel it's something very special—we do not understand the clicks and the noises in the oceans, but I think they are beginning to realize that there is so much that they *don't* know.

Yes. It has to be recognized that you *are* different. Mankind and the animal kingdom *are* different, only in as much as you have evolved very much more quickly as a group of animals—that most of you come into this world and have greater opportunities before you than do the animal kingdoms.

Paul: And that applies even to the dolphins and the ones with more developed brains...

You see the attunement today between dolphins and those who feel their energies and I am sure you must be aware of the healing energy that this animal can display.

Sarah: People go and swim with the dolphins... **Because they are in tune with the energy, with the *spiritual* energy, and we all derive from that same energy; that is what you must remember. It may be in a different format, but ultimately it is *all* of the same energy.**

Paul: I've read that the Atlantians had a much better rapport with the dolphins—they interacted with them. Maybe it was the children, I'm not sure, but I read that they helped them realize that the oceans are friendly places.

George: They rode on the dolphins...

They were a race with much more open minds and hearts than anyone today, so therefore any spiritual gifts of the animals and the people

would find that blending so much easier. That is all it was, and of course it was lost, and so mankind returns to the beginning to relearn what has been lost. And that is the situation of it in simple words.

Sarah: I think you did tell us once before, why they disappeared. I know that the city went under water, but the people could have moved.

George: There was evidence that some *did*.

Yes. There has always been dispute in your world as to whether they have survived to this day or not. Always there has been this question mark within your world. And there are those in your planet today who have come from this family of lost souls, but all who lived on that land, disappeared when that land disappeared into the ocean. And you must remember that people did not travel quite in the same way as you have the opportunity to do in this present day. But, yes, I will confirm for you that there were those who survived and travelled to other lands.

Sarah: And took the knowledge with them, but over time that's got lost as well. **(Yes.)**

George: Thank you for the confirmation of that. Some of this information tallies with past life readings of Edgar Casey, which refer to escapes from the continent, which was submerging.

Yes, you could compare it to those of us who join together in this room. At the moment there are most of you here, but there are some who are elsewhere. So if we were to go this evening there would be those few left to continue and carry on the good work. It is a simple comparison, but in your minds it will help you to understand.

George: Could I say thank you to all concerned for welcoming my cousin and his lady last time. That visit was much appreciated.

We are always happy my dear friend to welcome those who show an interest in these words. We are always happy to accept those who are willing to keep an open mind—whether they accept the words or not, is entirely part of their own freewill.

George: Yes, I'm sure it's given them much to think about.

Yes, yes I am sure that they understood a little more by being here with us, because what they achieve by being in *this* room with all of you who brings such energy is that they feel the difference in the communication, rather than

seeing the printed words or hearing the voice upon your tapes. They do not get the feeling of the energy and the unique oneness that is within this room.

Paul: I suppose that's something we'll never be able to...**(No.)**...even if we get a website we still will never be able to give people this experience unless they actually come.

No, that will only be experienced within the group, because of the group energy, and after all, it is your energies my dear friends that brings me to you. So please remember how important each one of you are to this meeting—without you it could not take place.

George: Yes. Could I mention another similar group? Having been away on holiday for the past week, I had the opportunity to read a book concerning Seth and the medium Jane Roberts and her husband Rob. Seth first came through in 1963 and he, I would describe as an advanced Soul remaining in Spirit while the other two incarnated. All three I understand had shared previous incarnations. That group of the three continued for 5 years and then what is known as Seth II came through. Now, we have to see Seth II as a much more advanced being in earthly terms, from our future, our distant future, and Seth II describes himself as a conglomeration of beings, **(Yes.)** most of whom have not had physical existence, but that conglomeration includes the much advanced Seth I. Now, I've heard a similar description in terms of a conglomeration of beings before! (*Knowing laughs—Salumet has described himself as a conglomeration of beings.*) **And did I not tell you that in time there would be confirmation of my words? And I would say that this is one of those times.**

George: Yes! It's a very interesting similarity and *Seth I* displayed a little bit of ego and panache while he was teaching, **(Yes.)** and *Seth II* has a totally different voice, which displays none of that.

Yes, because it is another aspect of the conglomeration.

George: And I *think* I would be right in seeing Seth II as a Master who teaches.

Yes. Yes, we are not always open to a dual reality, it is something that we *learn* when we come to this plane of existence, and I have to say, you *have to* understand the makeup of you human beings to be able to display all of those truths, which we try to bring to you. So,

sometimes I have to say a little dual reality is perhaps what you seek although it is not part of any *truth*. You understand?

George: Yes. I think reading about that one has opened my eyes to a few things. The idea of all reincarnations, as seen from Spirit, happening at once; this is something I hadn't really thought about much before.

Yes and what is happening is that your mind is being broadened to all that exists. It will never expand to the extent of understanding what happens in Spirit, only of what we bring to you—the understanding from our world to you. But you can only expand so much whilst you are in these clothes of human flesh. There is so much that awaits you my dear friend that you will never understand here, but sometimes you can have a *glimmer* of what it is like and our understanding from Spirit.

George: Yes, I can well accept that.

Yes. We know my dear friend you will always be the one to push forward for more and more information—you seek clarification in all things, and that is your part within this group; and may I say to you my dear friend, you do it well.

George: Thank you very much. Well, we all try in our various ways and I think we all realize that it is to no avail unless we manage to put this information before many others.

Yes, the opportunity must be given for others to open up to the prospect that there is much more spiritual knowledge for them to digest, but as always, it is entirely dependent upon their freewill, and we can never force any truth upon anyone and that would never be our purpose—our purpose is to come to you. And remember my words when I told you that you may always reject anything that I say until such time as your understanding is greater, but I have to say your acceptance of my words and thirst for knowledge has made my task just so much easier.

George: I was going to say that the thought of rejecting your words would be—that process would be most difficult. (*knowing chuckles*) **I am gladdened by those words, but that is entirely up to you, as is all information that is given from our world.**

Paul: Some of these books like the Jane Roberts 'Seth' books, though they were written, by our standards, quite a long time ago now, but to my mind they are very clear and obviously full of

more spiritual knowledge than a lot of books that are written today, but they probably don't sell as well unfortunately. But I suppose it's out there for people to dip into if they search hard enough and maybe one day, even though the books were written a few decades ago now, they may actually at some point when we've progressed enough, they'll achieve their more rightful place really, because a lot of these books should be best sellers, (**Yes.**) but they are not at the moment. **The truth will always prevail and throughout your time upon this planet we have always brought to mankind the knowledge that he seeks and it is brought to those individuals who we feel will digest and dissect the information and then to pass that knowledge without any prejudice. It will come at many times throughout your world and in many places, in order, as we have said earlier, that the truth may be *verified* in many places and in many ways. But we cannot make you as human beings accept our words, accept what is truth, unless you are open to us as spiritual beings. That is why it took many of your earthly years *before* I was able to come to you, because many factors dictated that we must wait for the right time, and that is what happened. We needed the right mixture of human beings within your group, we needed the right *place* that had the purest of energies and we needed my agreement to come to you. So you see, it was not something that happened in the blink of an eye as you would say, but something that we waited *many, many* years of your time to achieve.**

George: Yes I can visualize the preparation and there is something in the Jane Roberts book that caught my eye as well: apparently she had a previous incarnation as a medium and I imagine that this was part of *her* conditioning to be ready for that happening.

Yes, it does not happen within one lifetime. These preparations from our world are thought about for *many, many* years of time, before we can put them into action, because after all, if you think of it, each one of you incarnated into a different body in this lifetime at different times, and therefore we have to wait for that coming together, which in your time took many, many years. Although you *have* been together in previous times, in this lifetime the expanse of time has been greater. I hope you understand my words.

Sarah: So when we were together previously, we weren't ready for this information?

No, only when you returned to Spirit. You would not have been aware of it at that time of coming together. Each of you has had lifetimes when the others have not joined you, or been aware of you; some have remained in Spirit and some have reincarnated.

George: Yes, we've had very interesting information and visits concerning our past lives and the most recent—I'm not sure how many of us would have been involved, but the South American group who were enslaved by the Inca, I think I understood that that had past life connection to *some* of us at least.

Yes. You have not always been together, but some of you have in different lifetimes, but *this* is the one when it was thought that the information and the truth was going to be delivered by each one of you now at this time in your spiritual evolution of this planet—that the time was right for each one of you to have separate lives, but to come together in order for this truth to be given.

George: I certainly have a very strong internal feeling about that myself and I think I speak for us all in that. **(Yes.)**

Sarah: And Leslie, who started the group off, that was just his job to bring us all together, was it? **He did not *bring you* together, you brought yourselves to a situation, where eventually you came together. But his energy and that of many others throughout the years, was the 'build-up', if I may use that term, to what was to come. He was a little misguided in his thinking, because they had set their minds to other happenings, when in fact what they were doing was building the energy within that place.**

Sarah: When you say 'they', are you talking about Leslie and his wife?

And those others over many years who entered.

Paul: Everyone played their part.

Yes. It is not up to any one individual; it is the coming together of many Souls and the energy being used for the purpose it was intended for.

Paul: I guess we all agreed this before we came and all decided that it was time for us all to really get the clearest message out we could ... **(Yes.)** ...about truth, because this is the clearest way for the delivery of the truth. You can be inspired yourself, but to have yourself coming through

communicating with us like this is, I think, is the clearest way of all—to deliver the words.

Thank you. It is not always easy to find the proper words in your human language, but before I came to you, it was decided that the simple words were the best to be used. Of course, many words within your language can be used, but the truth must be available to everyone—everyone's understanding, and so many times we have seen words used that are confusing to many. Therefore my purpose was to come to not only bring to you truth, but to come to you with *simplicity*, and that my dear friends is what I have tried to achieve.

Sarah: And you have! (*affirmations*) I know you can't generalize, but would you say that those who can't accept your words are young Souls? **They just are not ready in this lifetime, not necessarily because they are young Souls. They may well be old Souls, but cannot accept the truth within this lifetime. It depends why they have returned. (Thank you.)**

I feel for this time I will take my leave of you. As always I feel your love and how receptive you are to my words.

George: I feel there has been so much joy with this particular meeting.

Yes. I hope you may feel the love, which surrounds you all at this time. There are so many who stand close who also listen to my words, but who clothe you with love and with protection, and to them also I will say: until we meet next time, my love stays with you.

Lilian: Thank you. What a wonderful evening. (*general thanks and fond farewells*)

Finally there was one briefly through Eileen called Maizie, who had been mute in her lifetime and worked in a stately home, where she suggested certain infidelities regularly occurred, which was probably why she'd been given the work, as her muteness meant that she could never talk about such capers. She made up for it now, having a delightful joyful voice, full of expression. She said that she would be working with Eileen, giving clairvoyance.

George's notes:

The interesting point is made that sharks are highly efficient and do not attract disease. And Salumet is careful again to distinguish between our physical/thinking brain that 'wishes' not to have disease, and the spiritual mind, the stress of which may lead to disease.

The point is well made that visitors have the added experience of the group energy when they 'sit in'. All are welcome to, by arrangement, come and share that experience.

It was during Salumet's second visit to us (4th July 1994) that, in reply to a question, he described himself as one from a conglomerate of beings, most of who had not experienced planetary life.

And I think his implication is that such 'structures' are a reality of Spirit that we shall know of when in Spirit, but such material does not form a necessary part of the earthly teaching curriculum.

It is a well-known fact that publishers and bookshops tend to steer clear of spiritual and Spirit communication books, even those about Ascended Masters. (They are in business to make a profit and 3-for-the-price-of-2 fiction simply sells better. And I quote Margaret Atwood:

Publishers are in business to make money, and if your books do well they don't care if you are male, female or an elephant.

The 'little misguided thinking' and 'build-up time' referred to, was prior to June 1994 when the group meeting at Leslie's, anticipated 'direct voice communication' as the next step. The next step was of course not direct voice, but Salumet.

Clearly, it is the teaching that is important, and not its method of delivery ... all very quickly came to this realisation.