

~22<sup>ND</sup> August 2005~

Good evening. (*general greetings*)

How pleased I am to join with you once more. I do not intend to stay long speaking with you this time. I have work to carry out with this instrument and I would say to you that she will be taken a little more deeply than usual and therefore may need some little help at the end of this meeting. I was most interested to listen to you before this meeting about remembering words long past and how it reinforces your thinking about the words I have used to you.

(*Paul has been typing up some of the old Salumet tapes and some of their contents were discussed prior to the meeting.*)

Paul: Yes, we had very special meetings with Leslie and continuing—we're very lucky.

**I would not call it 'luck', but I would say to you, this was always meant to *be* at this time.**

George: Yes, we have some expressions and 'our good fortune would be another expression and we certainly rate ourselves as being in much light as a result of this work and I think we *feel* it is our good fortune.

Lilian: Maybe that's the human part of us...

**Yes, in that case might I be included in feeling so honoured to work with each one of you.**

Sarah: That makes us feel even better when you say that Salumet.

**But it is the truth. Now, because I have much work this time, I know that you have words to say to me, (Yes.) therefore let us speak of them so that your evening may continue.**

Lilian: Yes, do you mind taking—one question this time, from a young lady who lives opposite me—and she's obviously searching. She's read some of the transcripts—would that be alright? **(I will be happy...)** Yes—this is about her daughter: *'My daughter is an extremely sensitive and anxious child who feels both physical and emotional pain intensely, both her own and others. I am increasingly seeing a strong nurturing instinct in her toward all living things—plants, animals, insects and human, and she can show great distress if she sees anything being harmed. How best should she be guided in view of her young age, so that she can retain her kindness and gentleness without being overwhelmed by the challenges of life? She is often unhappy and deep in thought and I would like her to have greater*

*peace of mind and confidence.'* She is obviously searching herself.

**Yes and as all mothers upon this Earth, she is concerned for this young soul. (Yes.) Not only does this happen with youngsters, but mothers of the adults in your world also feel they need to protect. To protect is not all, but to allow the Spirit within to grow is a much greater gift of Love. If the child has sensitivity and emotional sensitivity, how can you decide that she needs to find more strength? That sensitivity belongs to her Spirit, and should be encouraged, although I have to say it is innate within this child. What I would say to this mother is that she must help her on the emotional sensitivity, because, as you well know, you must take control of the emotional aspect of your being if you are to move forward in life. Do you each remember my words about emotion?**

(*affirmations*) (Yes.)

Lilian: And she has gone through a pretty tough time herself.

**That is her choice. She came to this life with those choices—that is something that the mother is still to understand. She can only protect her in as much as she can offer in the purely physical sense, but the child needs the spiritual aspect, if she is to develop that great sensitivity which she now has. The mother is in fact 'borrowing' this child for this lifetime and the way that she can best help, is to allow the child full rein of that sensitivity in all aspects of living, but to try to help her to understand that to become too physically emotional, is not the way forward. But of course the mother at this time has trodden a pathway, which for her has not been easy, so she would find at this time it most difficult to deal with the emotional aspect of the child. So I would say only this to her, that to encourage the sensitivity and just to allow the child those times of great love and also of *unhappiness*, because as you know, you cannot have full rein of one without the other.**

George: So I think your previous words on emotion included: if we can distance ourselves from the seat of that emotion and view it from more afar.

**Yes, because your emotional body belongs to the physical, the sensitivity belongs to Spirit—there is a great difference and it is something which you human beings struggle with throughout your lives, but having the knowledge**

helps to ease many emotional institutions. I have seen it within this group, how you now view matters within your world, which at one time would have caused you great concern and distress and which now you accept as part of a fuller picture.

George: Yes—the knowledge certainly helps. Yes, but it is not something that comes easily to the human.

Lilian: Thank you very much.

**Now, I will continue my work with this one and please do try to refrain from any sudden loud noise.**

George: Might I ask if the music we played last time, was an inconvenience at all?

**No, because I am *aware* of what you are doing; it is any sudden loud, sharp noise—and again, it is not for my benefit but for this instrument.**

*(thanks an farewells)*