

~18th July 2005~

Good evening. (*general greetings*)

As I come to you this time I am aware that this past week of your time has seen each one of you raise your own individual awareness and consciousness. I wish to say to you my dear friends, I know that you have been most grateful for the information which has been given to you in the form of mind projection. (*affirmations*) Of course there is more to come and I hope that your interest will be retained for that. But what I wish to say to you this time: I wonder if you realize by this mind projection which has been given to you, just how small the communication is between us all, that the world is not solitary, that many universes are closer than you can at first imagine.

George: Yes, this I believe is viewing it all in terms of Spirit, which we should, (**Yes.**) but what is seemed to make it all far away is our physical observation and thinking.

Yes. What has transpired before you is meant to make you think more deeply, not only about mind projection, not only about the information given, but to your connection to the whole of existence, and just how unique that is. So you see my dear friends, your part is to play your own individual interpretation of what you receive. Would you have any questions about my words?

George: There was one question I was going to ask anyway: There have been occasions when Bonniol, the one who comes to us from Planet Aerah, has arrived a little early. In fact he has listened to some of your teaching on account of accidentally arriving a little early.

Let me stop you. There has been no accident.
(*laughter*)

George: Yes, I was going on to ask if it would be possible for him to deliberately arrive early and sit in for one of your sessions. Would that be a possibility?

If he so desires, of course that is possible. If the gentleman who offers his voice for his use is willing, then of course he may sit and listen to my words.

George: This possibility was voiced and I can say that he regards that an interesting experiment.

For you my dear friends I am willing to accommodate anything which is to the betterment of your Spirit.

George: Wonderful—this is certainly a most interesting area for us to explore further.

Yes. I recognize that you find all of these things most interesting, but of course it is all part of living as far as we in my world are concerned, but it is important dear friends that you expand your awareness and consciousness at this time. I have said to you previously, *this* is a year of your earthly lives when you could make great progress in your spiritual growth, but as always, the choice is yours. We can offer the help to you, but we cannot make you. Therefore, each individual within this room has the possibility of expanding, of growing, of becoming much more *aware* of all those who are around and are willing to help and to teach, not only within the confines of this room, but in your everyday living. That is the gift I offer to each one of you. (*thanks expressed*) The help is there for you to use, but we cannot make you use it. And before I go further, I would like to say that when the end of this meeting is near, the two gentlemen within this room will be used to the degree possible that they will allow. Therefore, as we sit quietly towards the end of the evening, please my dear friends, be aware of what is being given to you. More questions? (*thanks expressed from the 2 gents...Graham and George*)

Graham: Yes—at the moment I am doing a little experiment at home where I have a balance. I've got a see-saw set up and I'm trying to mind-project one of the sides to go down. (**Yes.**) I haven't succeeded yet but I thought it would be a good idea if I were to bring the scales to this place, where we could gather round as a group and have a go. Would that be a relevant thing for us to do?

There would be no problem with that and in fact the combined energy would make it even easier for you, but do not expect it to work first time.

Graham: No, I realize it is going to take time, but it's an exciting thing to do. (**Yes.**) Thank you.

George: I wonder what would be the best approach to that: to work on the idea that one pan on the balance is getting lighter—floating. Would that be the best approach to try to *impress* on the device in that way?

The best way to work is to *feel* the energy, to *feel* the heaviness of the earthly object and to

transform and transmute that energy to one of a lighter degree. You understand? (Yes.)

Lilian: Is that what happens to apports?

Yes. It is the change of energy which creates these things.

George: So in a sense we are visualizing a transmutation?

In a sense, but you are also focussed with the spiritual mind. There is a focus which must be used. You understand? (Yes.) But of course, when you attempt this first time, you must remember that many minds together can also create havoc, therefore it will take some discipline. But you may be surprised—I feel it would be something worthwhile for you to attempt.

Graham: Is it best to do it with your eyes closed to focus? I have been trying with my eyes open.

Yes. What happens then is that with earthly eyes you see only the solid object, so I would suggest to you my dear friends that perhaps—and again I do not wish to make *rules*, because that is not our way, but I *feel* that to have the eyes closed would simplify it for you. But of course whatever is most comfortable for each individual is of course the best way. (*thanks expressed*)

George: Last time we spoke, you said something about music, and since then there has been a world-wide event and ten concerts were arranged largely by three people: Bob Geldof, Richard Curtis and—the other name escapes me. That was a set of concerts listened to by many, many people and held in aid of poverty and hunger in Africa and unfair trading in Africa. I would imagine that this would be seen from Spirit as a very good event and a step forward for the world?

Yes, not only seen by us, but inspired by us! (*laughter*) You must know my dear friends that as I have told you in past times, that as your life continues, although there are many actions within your world which disturb the human race, there are also many which are born out of good for humankind, such as the one you speak of. I have said that as time progresses, human awareness and the acceptance that life continues and Spirit is something that is part of everyday being, then humankind will slowly change in its outlook.

George: Yes, the third gentleman who should be mentioned is Bono, **(Yes.)** the lead singer. I felt those were three did extremely well.

Yes, there always will be leaders who will accept positions of honour and trust for many others—there has to be for humankind to accept these things. That is why it is people in public eye who will be to the forefront of these events, but I have to say this time the event was worldwide, it was known of worldwide and that is how these things will progress. As one ripple continues on its way to join another, the wave becomes greater.

George: Yes and I could not help wondering if your few words on music the week before were also no coincidence.

Yes, you are observant my friend, yes. But does not it warm your hearts when you see such things take place (*affirmations*) and the generosity of Spirit from so many. But always there is the positive and the negative within your world, but the positive aspects of living are growing—it may seem slowly, but I know that you will believe me when I say: *we are making progress this time—yes.*

Sarah: Certainly, with the bombings we have had in London, the people—well they were obviously unhappy with it, but everybody was saying that it is not going to set us apart, it's going to bring us together. So, I'm sure that those bombings were another reason perhaps for bringing people together.

There will always be misguided people. I would rather use the word 'misguided' than what most people call evil. They are misguided souls in this world, but of course it brings much heartache to those in your world, but as you well know my dear friends, there is always the wider, bigger picture to consider, and that is what we view from our world.

Lilian: Would there have been a debt to pay at all there?

That is a possibility, but you must not always assume that that is the case. As I have said, many of these human beings are misguided in some way, or are in pain, or are fearful for whatever reason. You must not stand in judgement; *they* will do that when they join us in our world. So always—again I repeat my words to you: never pass judgement on another one of your fellow human beings.

Graham: There's been an awful lot of thinking since that bombing, about what drives young men to do such a thing. I've been impressed by the amount of understanding that people have

actually shown to the situation that arises that causes people to do such a thing. **(Yes.)** Those people are becoming more compassionate and are beginning to understand that people don't do things for no reason. There's usually something behind it.

Yes, whatever the reason, that is for them to decide. Whether the majority of the people on the Earth plane agree with their thinking or not, that is their freewill and that is their life choice. That is why you cannot judge, and as we have said on many occasions, there is always *good or bad, or positive and negative* energies as I would prefer to term it.

George: Yes, running parallel to all of this of course, there is the process of law and I imagine that that is all right, so long as—well what I would like to say is, the opportunity given to those convicted for reflecting within and offering the possibility of moving forward. **(Yes.)** Would that be a sensible comment?

I understand your words. Of course there has to be within your world, what you call laws for your societies—of course there must be, that is the way of human living; but coupled to that law, there has to be humanity in the true sense of the word. It is not up to the human being to make judgement in such a way as to tell each individual what they must think or reflect upon—that remains with each individual. Remember also that there are individuals within your world who are misguided in their thinking, but who feel that they are right in what they do. Therefore it is a difficult equation is it not, when it comes to making judgement. Judgement will be made when every individual comes to our side of life. Judgement will be made by those individuals as they will see how their life path took shape or did not take shape. Therefore, never say there is no judgement, because ultimately the judgement will come from Spirit itself.

George: Yes, I imagine the one thing we can say is that it's absolutely fundamentally wrong **(Yes.)** or has been in the past and that has been capital punishment, because that prevents the accused from having the opportunity of reflecting.

Yes, I understand the way of your thinking. Yes, let me just say this about taking the life of another human being: It is never right in the spiritual sense that one human being extinguishes the life of another. There is always

another pathway for them to take, but the very fact that you *are* human beings, you are not perfect and there are many injustices that you feel exist in everyday living, will create this imbalance in harmony. It is a difficult topic to speak about, because the human consciousness automatically wishes for justice and it takes a Soul indeed, a Soul of wisdom, to stand back and to allow that greater picture of life to continue to continue to take shape and to allow the ways of Spirit to move forward as it always will. There is indeed much influence being given to the world at this present time, and that will never stop, until such time as the human being becomes more gentle within himself and recognizes the Spirit within. The greatest Spirit can change an entire situation into a much better one if they so desire, but that is the crux of the situation—*desire!* I hope my words have given you something to think about.

George: Yes, indeed, they've taken us forward and also they've embellished certain things from earlier teachings and yes, thank you for that. **Yes. Life is most difficult for some, not because that has *been* their pathway, but because that has *become* their choice. So be cautious that you do not make every event something that is preordained. It is difficult I know, but look deep within your hearts my friends and you will come to the right conclusions.**

Sarah: I think we're all thinking very differently now to when you first arrived to teach us. **Yes, I am sure that is so, because your lights are so much brighter, your understanding so much greater and your knowledge of Spirit so full of understanding. Yes indeed, you have grown my dear friends—unfortunately you do not know how much, but that is for me to welcome each time I join with you.**

Sarah: Well I think we are going to give you 10 out of 10 for your teaching. *(chuckles)* **I take it as a compliment, thank you. *(chuckles)* Now I will withdraw this time and allow any others to come who may wish to speak with you, but do not forget gentlemen that you have work to do this time. *(general thanks and farewells)***