

~23<sup>rd</sup> May 2005~

**Good evening.** (*general greetings*)

(*Our aging tape recorder failed to respond to a kick-start.*)

**It is a trial sometimes for you.** (*chuckles*) **But nevertheless, you cope very well.**

George: We don't want to lose any words. We do in fact have two recording systems going, which does allow for one going wrong now.

**Yes, I am aware. This time, after I have spoken with you, we would like to invite our young lady (Sara) and ask if she would be prepared to invite another through her.**

Sara: Yes, of course. I would be very happy to try.

**That is good, because the time is right for you.**

Sara: Wonderful! I am very excited by that.

**But of course it is always much better for you to be aware and to be prepared.**

Sara: Thank you for that.

**So, after I have spoken with you, I ask that you go into your silence.**

Sara: Thank you very much for telling me. I am very pleased.

**I will take questions this time, but before we do that I would like to speak a little about so many words that reach our world and we feel causes much confusion amongst you on your planet. Those words so often are: how can I be a medium? Well, let me clarify it for you: each and every one of you, whether you know or accept, is of course a medium, because you are Spirit after all. But, what we feel is being asked is: how can we make communication between the two worlds—which is a different matter. But you ARE all mediums in the sense that you are already in contact with Spirit. Do you understand?** (*affirmations*)

George: I think we understand that we receive from Spirit in our various ways...

**Yes. Therefore you are all Spirit, therefore all mediums. But the confusion lies when people want to communicate consciously, in the conscious state and provide what you term 'evidence'. That of course is not open to everyone in your world, only in so much as they do not wish to develop their own spiritual gifts—it is not because they are not *able* to. I think this needs to be made clear to *all* of you. Therefore, when you hear someone say: how can I communicate? Then you must tell them, they are already in communication, but on an**

**unconscious level.** (*affirmations*) **Now that I have clarified that small point, do you have questions this time?** (*pause*)

George: I'm sure we have—could I begin with one? Lilian recently came upon a book written in the year 1700, about Myddle in Shropshire. And there is within its pages, mention of one who remembered that there had been a small monastery near Myddle, and described its location. We all accept that we had a previous life at that location, but it's nice to have historic mention, written down, of that small monastery. But what caught my eye was a story about a nearby farmhouse, where six people had been taken ill at different times and died, and on each occasion, two pigeons came to the farmhouse and perched on the roof and remained around the garden until the deaths until 2 weeks prior to the deaths and then they departed. There's one other who fell ill and recovered and during that period, no pigeons were seen. There seems to have been an interaction between the birds and the deaths. Can you say anything about that?

**Of course my dear friend, I will try to tell you why, on that occasion there should be birds present. The answer, also as always, is simple that on many occasions, but again, not always on a conscious level—remember our talks about angelic beings, (Yes.) how their form can be changed at will?** (*affirmations*) **It, I would say to you, was a form of an angelic being, being present and waiting for the Spirit to depart.**

Lilian: That is interesting. (*affirmations*)

**It can be a butterfly, a bird, an animal, a human being, but they belong to the angelic realms which help people to pass to Spirit.**

George: Yes, thank you for that explanation. That had not occurred to me.

**Yes. Of course, you must not assume that every bird you see perched upon your window ledge when someone is ill, is an angelic being. But remember that they *can* change form, because you see, the pigeons at that time, or any bird, is well accepted by most people.** (*affirmations*)

George: Yes, and I have noted there is a very similar story written down by Carl Jung at a different time, so I felt it had to have some significance.

**Yes. But it is a simple explanation.**

Lilian: It's strange George mentions about a death, because there's a man up the road who is obviously near the end of his time here and he's

talking about the strangest things, some of them not very pleasant and I also noticed it with my mother in the last few days of her life—hallucinations—would that be the drugs or is that something to do with when they're near?

**Yes, it can be a combination of both. But, I would say hallucinations in the way that you say, is down to the chemicals given in their strong doses prior to passing. But it is known that certain human beings, because of their beliefs and their upbringing, see what they want to see, and therefore their so-called hallucinations may be their own thinking.**

Lilian: Some things are quite distressing really, (Yes.) for the listener

**Yes of course—she must distance herself from this.**

Lilian: Right—thank you.

**If she can, she must stand back and allow it to flow over her. (Yes.)**

George: We have some very wonderful communications with the group on the planet Aerah. Last time they were talking about the energy that they utilise for their machines and things and it is supplied to them by the elementals, who obtain the energy from plants. They describe it as a sort of 'milking' process from the plants. And I couldn't help thinking, on reflection, of the work of one Wilhelm Reich, an Austrian gentleman of about 70 years ago and he researched an energy from plants—it's a universal energy in fact, which he called 'orgone'. This work was not accepted by the scientific community of the day, but I wonder if I'm right in seeing a connection between his research on 'orgone' and the energy that is used on the planet Aerah?

**Let me just say this to you, my dear friend, that all energy belongs to us all, in so much as we are part of the whole. I believe I have told you in times past, that there are many forms of energy of which you would not be aware, and will be brought into your knowledge in future times as your scientific community delves a little further and is inspired more by people from Spirit. (Yes.) But there are many forms of energy that is used throughout the cosmos. And although this is not a topic that I would wish to enter into at this present time, what I want you to focus upon is not so much the information that is being given to you about another planet, but to focus upon the mind projection that is being used—that is**

**the important point. (Yes.) The information remains secondary to that fact. It is the mind projection that you must focus upon, because it is something that later you could cultivate for yourselves. I am not saying, to the same extent as the one that comes to you, but definitely it is possible whilst upon this planet.**

George: Certainly it is a very interesting and wonderful thing that is happening. (Yes.) We do appreciate that.

**Yes. There are many things that will be brought to you, but always focus on that inner spiritual knowledge and all that comes to you must remain on that spiritual level. (Yes.) And although the information is exciting and is available to you, it is still only information. (Yes.) It will not help with your spiritual growth, but in focusing on mind projection, then you will most certainly grow. Do you understand?**

George: Oh yes, yes and thank you for your advice on that. Yes, I'm sure we all appreciate that.

**You are so limited, my dear friends, by those human brains. If only I could expand them for you, I would gladly do so.**

Sarah: We're willing to let you do it! (*chuckles*) **I do wish I could, but of course that would be against all of our laws.**

George: Yes, we do appreciate that there *are* laws—there are cosmic laws.

**Yes—there has to be.**

Lilian: Paul?

Paul: I was just going to speculate that I think mind projection—it's quite different to thought projection. Is it more like 'remote viewing', more like your whole consciousness is projected?

**Mind projection belongs to the Spirit. Thought can be projected from the human being, from the conscious part of the thinking, but mind projection has to be done through the Spirit, if it is to work successfully; always remember that difference.**

Paul: But thoughts are tied to the physical a bit? **Yes, when you are in human form, of course the thought is connected to the consciousness of the body, and to the spiritual mind. But mind projection—remember, the brain belongs to the physical, the mind is spiritual; always keep this in *mind*.**

Paul: I'm trying to think whether it is more like an out-of-body experience—mind projection...

**You could compare it in similarity, but it is not quite that, no. The mind is not something you can see or feel—it is what is part of your whole being; it is that greater part of your Spirit—the mind, the *mind* that will continue to *grow* and to *exist* all through levels of Spirit. It belongs to *Soul*. Is that helpful to you?**

Paul: Yes, yeah...

**I feel you are struggling with that answer.**

Paul: I don't think I understand the...

**This is why it is so difficult and this is why it has to be explained and used in simple terms for your understanding. In showing you that mind projection is working, we bring it to you with information of interest, but you have not focussed upon how the mind projection is working. You need to be more aware of the spiritual nature, before you can project the mind. You do not *have* to go into the silence to send out a thought. This you realise, because that every time we meet, you give thoughts for those who are in need (*affirmations*) and although you are beginning to quieten down, it is not necessary, to send a thought for help. But mind projection entails rather more. I hope that is helpful. (*affirmations*)**

Sarah: I've been rather amused, because I saw a something in the paper that somebody had been given a large sum of money to investigate 'the mind'. So maybe I should send this person a transcript... (*laughs*)

**But again, my dear friends, you see the confusion which lies within your planet, because most human beings are accepting of the fact that the mind belongs to the human, when in fact you know full well that this is not so. That is where the confusion lies—the difference between the human brain and the spiritual mind. (*affirmations*)**

George: Could I mention my old friend Cyril Martin, (*Graham's father*) who, 50 years ago, drove 400 miles to the town of Brighton. A clairvoyant was there, seated on a dais and surrounded by a crowd of people. He was at the back of the crowd and the clairvoyant's assistant went around the crowd, placing a hand on a shoulder here and there and the clairvoyant would say a few pointed words relating to that person. And my friend thought: *ha! She's got a few people planted in the crowd that she knows about!* And then the hand alighted on *his* shoulder and she said: '*Mr Martin, you haven't*

*signed your driving licence!*' He fished in his pocket for his driving licence and saw that he had indeed not signed it! Well, I met him recently and he was still puzzled about this. I suggested that there may have been a Spirit with him who was concerned about his driving licence and the clairvoyant lady would have picked up on this concern. Would you care to say anything about that?

**I would not say that they were *concerned*, but it was the opportunity to show him that his *sceptical* thinking was not perhaps correct. (*affirmations*)**

George: Yes, it was first and foremost a demonstration...

**Always from our world we try to bring—again, it is the helpers who work with the clairvoyants and the mediums; they work together to bring the best 'evidence' for that individual. It may seem trivial, it may seem remarkable—it matters not, provided it sows the seed within that person.**

George: Yes, so the Spirit would be with the clairvoyant lady—the Spirits concerned with the communication?

**It would depend who was bringing the information, but of course the medium and the person who was placing the hand upon the shoulder, would have a spiritual connection, of course; it would have to be that way. I hope he is a little less sceptical now, but probably not. (*some chuckles*)**

Graham: He's been thinking about it, ever since I've been alive. (*more chuckles*)

George: Yes, I feel his mind is opening.

**Yes. For some it takes all of their life's existence, for others it is much quicker. Of course that depends upon the human being and their own responsibility for what they accept .**

George: I'm sure he'll be interested in this transcript.

Sara: Yes, he's certainly had some experiences—he's had other experiences too in his life, (**Yes.**) that he has been unable to explain, such as—well, he called it a 'ghost car'...

George: Yes, he's had disappearing cars and rotating flowers...

Sara: And a lost engagement ring that was found on a huge common after months. I mean, a very unlikely happening. (**Yes.**) So I think that was sent, I would imagine also...

**As I say, it takes some people a *long* time to find acceptance of these things, where as another being would have one or two happenings and say: *why is this happening?* It is down to each individual.**

Sara: And possibly other experience in other lives perhaps?

**It could have an influence of course, yes. You are complex beings, you human beings. (Yes.) Yes, but mostly, you are so negative until you open your minds and all begins to fall into place.**

Sarah: And sometimes it only happens when there's a shock or something happens that leads to something else...

**Yes, so often that is the trigger point.**

*(affirmations)*

**Now, I feel for this time, I have spoken quite enough and we would like to give the young lady (*Sara*) an opportunity to open up to whoever wishes to try to use her, and our dear lady friend (*Lilian*) will be on hand to help. But do not try too hard my dear friends and the others will send their love out to you in order for you to open fully. (Thank you.) I will leave you as always, in the knowledge of my great love for you all; and remember, I hear your words.**

*(general thanks and farewells)*

*There followed one through Sara, a 10-year old child who had at some time fallen from a ladder and was now helped by the opportunity to talk with us.*