

~9th May 2005~

Good evening. (*general greetings*)

Salumet first referred to a minor adjustment of schedule that had become necessary and then addressed us on the subject of reincarnation:

To just retrace our steps a little—we have spoken much have we not, about reincarnation and the affects that that brings to your lives.

George: Yes, I think we have an approximate understanding, but I'm sure there are many details that we don't know.

So often within your world, there are contradictions about this topic, as you well know. (Yes.) And I feel that I have given you a reasonable explanation why this should be so.

(Yes.) But I would like just, this time, to elaborate just a little more about this subject. As you know and understand full well, there are many planes of existence within our world.

(Yes.) And so often we hear: why is it not possible to go forward, once we reach the Spirit world, and of course, that is a genuine question to be asked—why do you not go forward and progress instead of returning to this dense world?

Sarah: We're not quite ready to go forward, we need to learn a little bit more? **(Yes.)**

Lilian: Maybe we can't learn all the lessons in the Spirit world that we need to?

All lessons can be learned within our world, but...

Lilian: ...I see—maybe experience?

Yes, but what you have to understand, and again, I am returning to words I have used to you often: *fear*. Although there is much love surrounding the Spirit, that connection to this Earth plane is so strong, that Spirit chooses to return to learn what it feels it needs to know. But what I wish to embark upon this time, is when the Spirit reaches the point of knowing—of acceptance in feeling the love which surrounds it's whole being, *then* will the Spirit accept that it does not need to reincarnate into human form, but that it must go forward.

George: I see, so it's entirely the choice of the Spirit. Would also a *liking* for the Earth life come into it as well?

Yes, as I have said, the attachment is strong and it is almost sometimes, how shall I say it to you, like the being is attached by 'elastic' to this Earthly plane. You understand? (Yes.)

Sarah: The first time that we would have come onto this planet, there wouldn't have been that draw would there, because...**(No.)**...no...

No. The purpose would have been to have become attuned to Earthly life and its existence. But, as you know, in this world and in the etheric plane, the attachment to all things human is so strong. But of course, although there are many in our world who are there to advise, to provide love, which is needed, we cannot, as you know, interfere with what is in the mind of the Spirit. As on this plane we must allow all to have their free will, but that is not to say they are not *counselled* in what would be best for them. (*affirmations*)

Sarah: So if we have the knowledge that we can learn what we need to learn in Spirit and we don't actually need to come back here anymore, if we take that with us—can we take that with us, so we needn't come back again, because we can learn it all in Spirit?

Yes, provided you have the knowledge, the love and the intent to go forward that is exactly what you could do.

Paul: Like Open University...(*chuckles*)

I am not familiar with that I am sorry, yes, but obviously it is recognised by you all, because I could hear you chuckle. (*more chuckles*)

Paul: It's like studying and getting a degree from university, but we call it *Open University*, because you can do it through the post, so you don't have to go to university.

I see. That is a rather good explanation. So, I shall prepare your caps for you! (*more laughter*)

Lilian: So, our friends on other planets, they would be drawn back as are the Earth people, would they, depending on how advanced they were I suppose, spiritually?

There is no difference from planet to planet when each returns home to Spirit.

George: Some seem to take much longer to return to the Earth. Does that mean that they've taken longer to make up their minds or to receive the counselling? Sometimes it seems a quick decision and they're really keen to get back to Earth, but sometimes it is a more lengthy process. **Yes. It would depend on each individual as to whether they recognise that they have returned truly home in Spirit, or whether they realise that if they quickly return, they return to what sometimes they miss. There is not one clear answer to this question.**

George: Yes, I imagine sometimes some will feel much more comfortable in Spirit than others.

(Yes.)

Sarah: In saying that—you say there is no time in Spirit, so therefore...

It is insignificant to the Spirit. (Yes.) They are not governed by your Earthly clock; as long as it takes for that decision to be made, then so be it.

Sarah: So they're not actually—I supposed if you've just come from the Earth, or a planet, and you go back into Spirit, perhaps you're a little more aware of the speed to get back again, but if you've been there for some time, you wouldn't realise that you'd been over that length of time...

It depends on your knowledge, how much you have gained, how much you recognise that you have come home and that there is no need to return to this density, to this dark planet, as we say in our world. But for many, many people it is more comfortable to return to another life. They feel rightly or wrongly that it is their only choice.

George: Could one say, in the near planes, there is a memory of *time*?

Yes, of course, you must always consider what is there, what is within each individual Spirit.

Paul: That makes me think it's even more important to teach people properly *here* about reincarnation, so that they all go over, *knowing* the full facts.

Yes, that would be most helpful, but you would find even although they are given that information whilst in the human form, that when they return home, the pull to this Earth plane, is still very, very strong within many.

George: And I think it's true to say that some Earthly religions are much better at recognising the importance of reincarnation and the teaching of it, than others.

Yes. It is a subject, as I have said, that has created many diverse opinions, but in recognising that it has been a time of learning, but that you do not necessarily have to reincarnate, then that is the message that should be put forward in your world.

Lilian: Well I think with the wonderful teaching we've had from you, I think we probably won't want to come back—we shall have to see...

Sarah: There again the planet has still got life in it, so it still needs people that do come to it, so obviously there are going to be some who'll want to come back.

There will always be those souls who will return, yes. You cannot change the thinking of individual Spirits in a second of time, and after all, as we have said, *time* really is so insignificant. (Yes.)

George: Of course occasionally, one will return to the Earth, out of compassion for the Earth.

Yes, and in the hope and desire of meeting once more, those they have loved and left—that is also a draw that pulls them towards the Earthly connection.

George: Yes, of course.

There are so many reasons, but there are those within our world who take counsel with them, to try to advise what is best for them, but as I have said, *free will* is a most important part of the whole making of Spirit.

George: And a group such as ourselves, we could desire to meet again on the Earth...

As you already have...

George: Yes, and equally I imagine we could be together in Spirit.

If you so desire and that is what is best for the Spirit, then of course, but remember that your *options*, if I may use that word, in Spirit, are far greater than anything you will recognise in this world. Your recognition of all people that you know and loved and have encountered—it is like opening a river to a sea—that is the difference. (*affirmations*) I hope you can understand those words.

Graham: I think you once said that the purpose of our life is to rediscover what we already know. **(Yes.)** And this process presumably will carry on into Spirit world when we no longer incarnate on this planet?

Yes, it is the recognition, because within, you already know. But, as we have said, you come to this planet in order that you may regain that knowledge.

Sarah: In the case of somebody like Hitler, he too could learn all he needs to learn in Spirit, but would he *need* to come back to get it right the next time? I know we shouldn't judge, but can you understand what I'm trying to say? If you've done something that you know perhaps you shouldn't have done, would you *have* to come back from Spirit to sort it out?

Paul: The karma? (Yes.)

Again, there is no one answer—it depends upon Spirit, and someone such as the one you have named, will eventually recognise that what he

has done has been against the laws of love and light. But that may take many, many hundreds of your years before that recognition comes. But, in saying that, these lost souls are never left alone. There is always love ready to surround them, but again, free will intervenes and prevents that love and advice which is waiting for them. But, if the Spirit has recognised and is willing and has the intent to move forward, then there is no reason why someone such as Hitler cannot move forward in our world, without returning to the Earth plane.

George: It's amazing how that 'doctrine of fear' I think I could call it, went through the German nation and extended to other nations as well. But of course, that was not all down to Adolf Hitler, but that doctrine of fear was exacerbated by many others as well.

Yes, you cannot have conditions such as has existed, by one man alone. (affirmations) You are correct in saying this, but in so many people's minds this one name is spoken of as 'pure evil'. But remember, I have told you that each Spirit cannot be all-evil. There has to be the balance between Love and the *darkness*, if you like; it may be an imbalance, but always there is love and light there. And that is the part of the Spirit which is reached out to, to touch and hopefully to grow, and that that Spirit might recognise all that he has done.

George: Yes and he did have his good points as well. **(Yes.)** He was vegetarian, he abstained from drinking alcohol and he set up the 'people's car factory'—he did a number of admirable things! **That is why I say: never judge another human being, because you do not have the whole picture. And only the whole picture will appear when that individual returns home to our world. But that is not to say he has got to remember many, many deeds of creating fear amongst his fellow man.**

George: While on this subject could I put a question that I promised to place from another? We're familiar with what you have said about similarity of soul aspects, about for example, the reincarnations of the Dalai Lama being all different aspects of the same great teaching soul. **(Yes.)** Someone came across the information that Saddam Hussein the Iraqi premier and the military commander Lord Kitchener and Nostradamus are aspects of the same soul. Is it possible to be that diverse from one soul?

Yes, there is no reason why that diversity should not exist, because each aspect of the soul would come here to learn something in that lifetime, and although it is not usual for aspects of the soul to reincarnate at the same time, it is possible, as I have told you previously. But yes, they can come from the same soul aspect, only in as much as the diversity is upon the Earth plane and not when they return to Spirit.

George: Would you be able to confirm that those three are of the same soul?

I would say not. My answer to that, my dear friend, is 'no'.

George: Yes, I must say I had my doubts myself. **Yes. I say no, but I wish you to know that there can be much diversity when incarnating into human form.**

George: Yes, that's something else we have learned from you, thank you.

After all, what you must remember is that when you are within the human form, it is up to you how you live that life. The purity of Spirit is there for all to see, but it is the free will that creates the fear when in human form, which then creates many, many other complications for life. You understand?

George: Yes. We come back to this duality of love and fear again.

Yes, this you must always remember, all of existence is either based upon 'love' or 'fear'. I hope that is helpful to you.

George: Yes, yes indeed. Thank you!

Sarah: I was talking to a lady the other day and her daughter arrived at the door and as she stood there, her mother appeared instead of the daughter—her mother was sort of superimposed over as it were, on the daughter. Could it be that maybe the mother was once the daughter or the daughter was once the mother, or she just put herself there because it was convenient?

It was her opportunity—it was superimposed in order that the mother could see the *mother*, and what better vessel than one who was loved by the one from Spirit. (Yes.) But it was superimposed upon the young lady.

Sarah: Yes, thank you for that.

It is the same as when those who connect with you here, or when you are in your quiet times and you *feel*, although you cannot see yourselves, you can *feel* that people superimpose themselves upon you. It is the connection—it is a way of connection.

Sarah: Yes. Thank you very much.

George: I have another question I would like to ask—I was with a group of forward-looking scientists yesterday...

And you did very well! (*laughter*)

George: Well, chairman of the group has your book and so I expect that may have registered. (*But on reflection it might possibly have been the several good one-to-one chats during the day that Salumet tuned into.*) They have this idea that they'd like to prove the validity of out-of-body experience. And they are liaising with several hospitals that have resuscitation units. People temporarily 'die' sometimes—the heart stops and sometimes they can be resuscitated within four minutes and life begins again. Several have reported that they have been up near the ceiling somewhere and have been able to see the resuscitation team down below. But in order to convince the world and sceptics of this, they propose displaying an eye-catching sign at a high level that can only be seen from up above. Then if the people that recover and return to consciousness say: '*yes I saw the resuscitation team and I saw this sign,*' they will indeed have irrevocable proof that the Spirit was out-of-body and above. I feel a little uneasy about this myself, but can you say if that procedure would work?

I have to say to you, my dear friend, firstly let us say to those who seek to find evidence: how glad we are that they have that vision at this moment in time. But for so many of your Earthly years have people been trying to prove that this does happen. So many times has good evidence, as you call it, been given and still your doctors and your scientists have tried to deny that this has happened. I will say only that as long as they try to continue to prove, then the time WILL come, when it will be more readily accepted. My only words on your scientific friends is: if the Spirit leaves the body and does not see what they are trying to place before them, does that mean that they have not left their bodies? Of course it does not it means only that they have seen what they want to see—it does not prove or disprove. But, I can say to you there will be a good proportion of those who leave the body, who will in fact see whatever symbols they attach to the room or wherever they wish to place it. There will be proof for them, but it will not categorically be every one, because, after all, the Spirit is still very close to the body and

may well be absorbed in what is happening to their body, rather than what is placed upon the ceiling. You understand? (Yes.) Or they may feel that they can travel outside of the room and listen to another conversation.

George: Yes, I think the idea is to have it just below the ceiling, so that there would be a good chance of it being seen if the Spirit were that high.

Yes, of course, anything which helps to provide what they call 'proof', can only further our cause. But if they expect that everyone who leaves the body should find the symbol, I fear they may be disappointed.

George: Yes, well, they do plan to carry out a large number of experiments.

Yes. In that case they will not be able to dispute their own findings. There have been many cases where they cannot find explanation for what has happened, but still with their negative thinking, they will always find some other answer.

George: Yes, I appreciate there is much of this. **But the time is coming when people are more ready to accept what is happening.**

George: Yes, thank you very much for that. I shall send a copy of this transcript to the chairman of the group. **(Yes.)** I'm sure he will be pleased to receive it.

Yes. We are always happy and we will try to influence what is happening, if they are genuinely open to the truth, which I feel they are.

George: Yes. Yes, I'm sure you are right on that. Thank you!

Now, my dear friends, this time I will take my leave of you. It brings much joy to be with you again. And I hope that our words rekindle within you a little more thinking on the matter that we have discussed.

George: There's certainly much joy with us.

Lilian: Our love goes with you. (*general thanks and farewells*)

One followed through Sarah, explaining another would be coming through Eileen shortly. The expected guest then arrived and it turned out to be our dear friend Leslie Bone:

Lilian, lilian?

Lilian: Yes I'm here.

Dratted breathing.

Sarah: Ah Leslie! (*general excitement and warm welcomes*)

I thought I could control it this time, but...How lovely to be here.

(side A of backup recorder ran out at this point and George went to change the cassette)

Lilian: George is just changing the tape. **(Yes.)**

Sarah: Anyway you're coming through loud and clear Leslie. We can hear you very well.

I just hope it's not too uncomfortable for Eileen.

Sarah Anyway she'll be pleased to have you through.

This is the opportunity to say thank you to George. I've looked at the book. Lo and behold, I have to say I felt some pride, even though I shouldn't be feeling that now, but I do and I'm most grateful that the teachings are carrying on.

Lilian: Yes it's absolutely wonderful.

George: Yes we're delighted that they continue.

Oh, I'd forgotten how uncomfortable these conditions can be. Ruth's here, but I'm the spokesman as I always was...

Lilian: I guess you are aware that we now have a visitor from another planet?

I'm aware of all that happens here. I often come and listen and I'm surprised you haven't been aware of some comments...(laughter)But I want to say good luck and god bless you all. (Everyone voiced their gratitude to Leslie.)

George: We think of you often.

I know and you lot aren't easily forgotten.

(laughter) And on that note I'll leave you to it. (much thanks and suggestions to come again.)

George: Do come again, because the next book will require an epilogue as well. *(chuckles)*

Ah, he wants to see me suffer! (more chuckles) Bless you all!

Sarah: You too Leslie.

Lilian: We're ready with a glass of water Les.

[George's notes re Leslie's visit: As we know but other readers may not, Leslie was troubled by breathing difficulty whilst on Earth. On return visits, it is natural for that difficulty to recur for a little while (although it is absent in the Spirit life). The glass of water was to refresh Eileen who would have been impressed with the breathing difficulty and the mention of it was to reassure Leslie that all would be well. The epilogue quip related to the fact that Leslie had been through to provide the final chapter of the book just published. As Leslie departed, we discussed ideas to help with the breathing next time.]

Note re question placed to Salumet: This refers to a DERG/Network meeting held at Hampstead on Sunday May 8th chaired by Dr Peter Fenwick.

~16th May 2005~

One came through Eileen at the beginning to explain the agenda for the evening. There were to be exercises for our various developments. They were going to try to super-impose faces onto our own and we were to see what we were given. After we had sat quietly for some time, we described various faces that we were impressed with. After some time, our friend from planet Aerah came through Paul, which has been transcribed elsewhere.